Co-Occurring Disorders 101 Training Sponsored By:

California Department of Health Care Services (DHCS), UCLA Integrated Substance Abuse Programs, Pacific Southwest Addiction Technology Transfer Center & Contra Costa Health Services









Date and Time:	Thursday, January 23, 2020, 9:30 AM-5:00 PM Sign-in will begin at 9:00 AM and the training will begin promptly at 9:30 AM.
Location:	IBEW Union Hall 1875 Arnold Drive Martinez, CA 94553 * You may park in unmarked spaces in the lot or overflow parking is available in the church lot on Hiller lane
Speaker:	James Peck, PsyD, UCLA Integrated Substance Abuse Programs
Who Should Attend:	This six-hour training is free and is open to the following staff: • Psychologists • LMFTs and LCSWs • Registered Nurses • Certified Substance Use Disorder Treatment Counselors • Other Behavioral Health Specialists/Clinicians
Training Description:	This training will provide background information on the consequences of substances commonly used by consumers and will introduce participants to the epidemiology and prevalence, and neurobiology of co-occurring disorders. Participants will also learn about screening, assessment and diagnosis of co- occurring disorders, and how to develop behavioral intervention strategies for those with co-occurring substance use and mental health disorders and chronic medical conditions that frequently co-occur with SU and MH issues. The training will also cover treatment considerations, planning, and an overview of EBP interventions, including DDMI, DDCBT, Medication Assisted Treatments, and integrated behavioral health interventions.
Educational Objectives:	At the conclusion of the COD 101 training session, participants should be able to: 1. Describe at least three (3) mental health and medical consequences of substance use 2. Describe how to use MI to engage consumers in a conversation about health behaviors that emphasize change in the context of cultural values 3. List at least two (2) integrated treatment interventions that can help address the unique needs of consumers with co-occurring disorders 4. Describe two chronic medical conditions that often co-occur with substance use and mental health issues

- 5. Describe three factors that increase risk for development of substance use, mental health, and physical health disorders
- 6. Describe how the neurotransmitter dopamine works in the brain and how it is affected by substance use



The training course meets the qualifications for the provision of six (6.0) continuing education credits/contact hours (CEs/CEHs). UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content.

Continuing Education:

UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for six (6.0) hours of continuing education credit for LMFTs, LCSWs, LPCCs, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N-00-445-1119), CATCs (ACCBC/CAADE, #CP40 872 C 0822), and CAODCs (CADTP, #151). Provider approved by the California Board of Registered Nursing, Provider #15455, for 6.0 contact hours. CE credit will be awarded at the conclusion of the training. Partial credit will not be available for those participants who arrive late or leave early.

Funding for this training session was made possible by DHCS contract number #17-94259 (California Substance Use Disorder Training and Technical Assistance IA) from the California Department of Health Care Services. The planners and faculty disclose no relevant financial relationships with commercial interests. This program had no commercial support.

Pre-registration is required. Register at:

https://www.surveymonkey.com/r/HPY3RFK

Please RSVP no later than January 16, 2020

Cancellation Policy: Notice of cancellation must be made at least 72 hours in advance of the training by contacting Kimberly Valencia at Kimberly Valencia@mednet.ucla.edu.

****Please be sure you have received confirmation before attending this training****



If you need a disability-related reasonable accommodation/alternative format for this event, please contact Shannon Bertea at sbertea@mednet.ucla.edu.