

Provider Network Training

Tuesday, October 19, 2021

Agenda Item	Presenter
Welcome and HousekeepingConnect with your peers and the CCHP team	Dennis Hsieh, MD, JD Chief Medical Officer
 Quality Update We'll cover health education self-management tools for your patients, how to refer to our asthma management program, CCHP's performance on HEDIS clinical measures and what you can expect for this upcoming season, and how you can earn incentive dollars from CCHP. Health Education Asthma Management Program HEDIS Data Provider Incentive Programs 	Tammy Fisher Quality Director Shea Gaier Community Health Worker Shari Jones Subject Matter Expert Nicole Branning Quality Manager
Pharmacy Update Dr. Cardinalli will walk you through the steps to get ready for the transition of pharmacy services to Medi-Cal RX. • Medi-Cal Rx	Joseph Cardinalli, PharmD Clinical Pharmacist
 Utilization Management Update Learn about streamlined processes for ordering DME, submitting authorization requests, and new gastric bypass guidelines. Provider Portal Gastric Bypass Form Supply Ordering 	Dennis Hsieh, MD, JD Chief Medical Officer
Telehealth Update Ms. Durbin will provide an update on state and federal telehealth policies, as well as trends in telehealth adoption.	Amy Durbin, Policy Advisor Center for Connected Health Policy
Closing: Survey and Incentive Take the last few minutes to complete our survey and save-the-date for the next Provider Network Training.	Vanessa Piña Clerical Support

Agenda

Welcome & Housekeeping

Dennis Hsieh, MD, JD Chief Medical Officer

Overall Updates

- Finished DHCS Audit
- Going through DMHC Audit
- CalAIM is Coming

CalAIM/Community Supports

Specific Services



Quality Update

Tammy Fisher

Quality Director

Nicole Branning

Quality Manager

Shari Jones

Subject Matter Expert

Shea Gaier

Community Health Worker

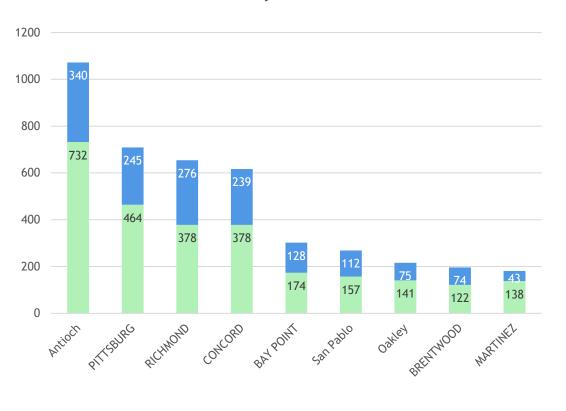
CCHP AsthmaMitigation Program

Shea Gaier, MSBH, CHW Specialist Kathie Phun, BSN, Quality Improvement Nurse

Background

- Recent asthma reports show that children and adults are having higher rates of moderate to severe asthma in Contra Costa County
- Contra Costa Health Services partnered with the Environmental Services and Weatherization Assistance Program to help provide our services to our patients
- 3 year grant

Count of Moderate to Severe Asthma Patients by City



■ Adult ■ Peds

Program Components

Referral to an Asthma and Allergy specialist if needed

Health education

In-home asthma trigger assessment

Free supplies to help patients control asthma triggers

Home remediation to help control asthma

Referral and additional follow up to community resources

- Improve health outcomes for CCHP members with persistent moderate to severe asthma
- Decrease asthma-related hospitalizations
- Improve asthma symptoms and management
- Improve medication management ratio of controller medications to total asthma medications of .50 or greater

Asthma Mitigation Program Goals

Eligibility

- Children and adults with moderate to severe asthma
- All patients must be living in a home (apartment, townhouse, single family home, mobile home)
- Adult patients must be free of severe uncontrolled mental health conditions
- All patients <u>MUST</u> be enrolled with CCHP Medi-Cal



Three Visits



- Asthma control test
- Health education: asthma trigger management and inhaler review

Visit #2

- Environmental assessment
- Home improvement planning
- Asthma Mitigation



- Asthma action plan
- Post asthma control test
- Referrals

How to Refer Patients

- Please send an encrypted email to shea.gaier@cchealth.org to refer patients or contact us over Epic/ccLink via in-basket
- We will inform you of enrollment status
- We will inform you of interventions completed with your patients
- We will collaborate with you on the Asthma Action Plan
- Referrals until May 2023

Information to include in referral

- Patient Identification Number (MRN)
- Patient's full name
- Patient's DOB
- Patient's Preferred Language

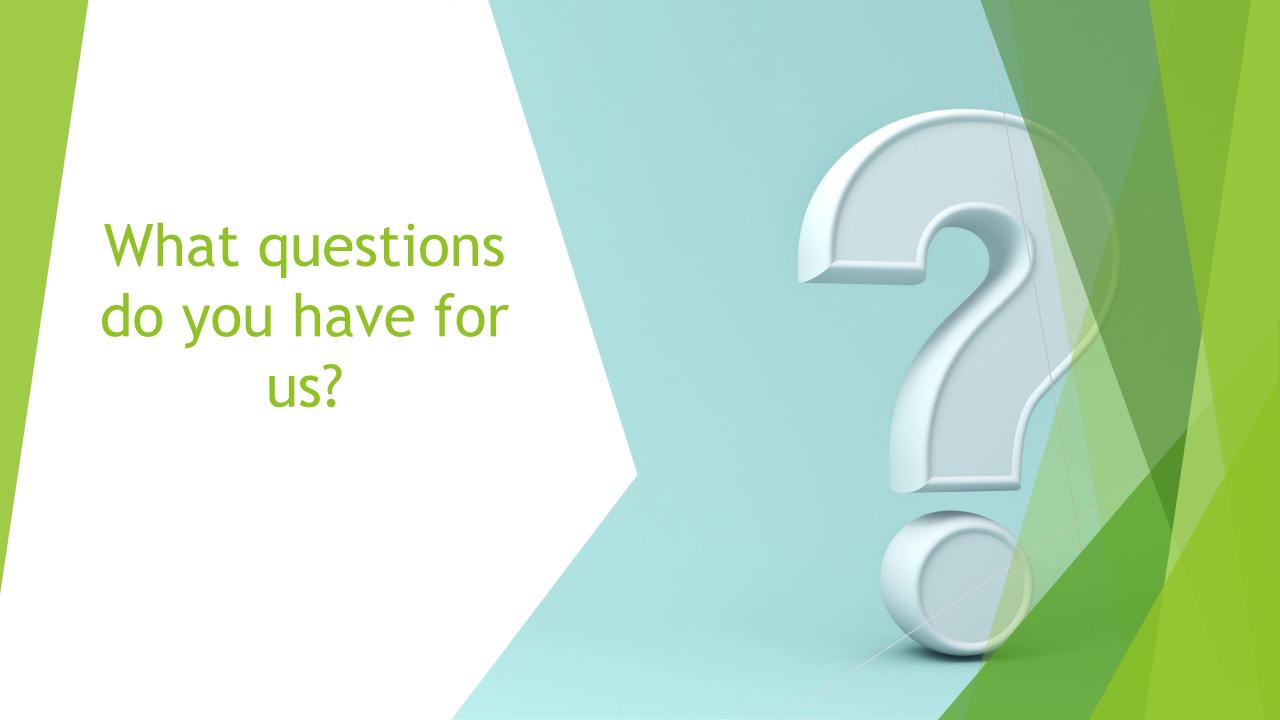


How is the program working?

- > 51 patients enrolled in the program. 38 patients have completed at least one visit.
 - ▶ Of the 38 patients, all but 3 patients are scheduled or completed a second visit
- > 36 supplies delivered to patients:
 - 22 HEPA air purifiers
 - 32 HEPA air filters
 - 2 storage container packs
 - 7 bed covers
 - 7 bed sheets
 - ▶ 1 HEPA vacuum cleaner
 - ▶ 1 spacer
 - 1 trash can
 - 2 scouring pads
 - 2 spray bottles
 - 2 rags
 - 2 bottles of vinegar (for cleaning)

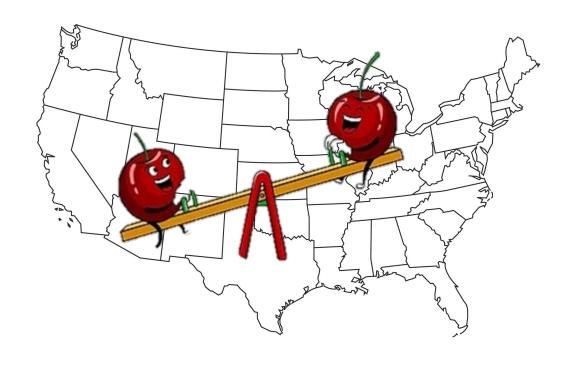
"I really appreciate you taking your time and presenting this information to me. I learned a lot."
- Guardian of an enrolled member

"He's taking his
long-term
controller every
day, and using his
albuterol less often"
- Mother of an
enrolled member



HEDIS for Providers

CCHP OCTOBER 2021 Healthcare
Effectiveness
Data &
Information Set
(HEDIS)

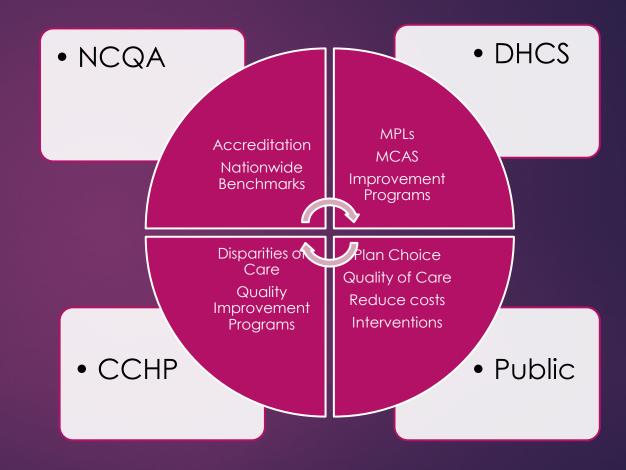


HEDIS IMPACTS









- EPIC/CareEverywhere
- ► EHR
- Pharmacy
- Claims
- Encounters
- Labs
- CAIR
- Remote into Provider's Office
- Faxing Records
- Provider Office Visit



Data Collection Rates Require Proof of Service

Prevention & Screening

- ▶BMI Percentile, Counseling for Physical Activity and Counseling
- ▶ for Nutrition for Children & Adolescents *
- Childhood & Adolescent Immunizations *
- ▶Breast Cancer Screening
- Cervical Cancer Screening *
- ▶ Chlamydia Screening in Women



Respiratory Conditions

- Appropriate Testing for Pharyngitis
- Pharmacotherapy Management of COPD Exacerbation
- Asthma Medication Ratio



Cardiovascular Conditions



- ► Controlling High Blood Pressure*
- Statin Therapy For Patients w/Cardiovascular Disease

Diabetes

- ▶ Comprehensive Diabetes Care*
 - ►HbA1c Testing
 - Control. Poor Control
 - ▶ Diabetic Eye Exams*
 - ▶BP Control*
- Statin Therapy for Patients w/Diabetes



Access/Availability & Utilization Measures

- ▶Initiation & Engagement Of Alcohol & Other Drug Abuse Or Dependence Treatments
- Prenatal & Postpartum Care *
- ► Use Of First-line Psychosocial Care For Children & Adolescents On Antipsychotics
- ▶ Well-child In The First 30 Months Of Life
- Child & Adolescent Well-care Visits
- Ambulatory Care
- ▶ Plan All Cause Readmissions





- ▶Use Of Imaging Studies For Low Back Pain
- ▶Use Of Opioids At High Dosage
- Use Of Opioids From Multiple Providers
- Risk Of Continued Opioid Use
- Non-recommended Cervical Cancer Screening In Adolescent Females
- ▶ Appropriate Treatment For Upper Respiratory Infection
- Avoidance Of Antibiotic Treatment For Acute Bronchitis/Bronchiolities

Antidepressant Medication Management



Behavioral Health

- Follow-Up Care for Children Prescribed ADHD Medication
- Follow-Up After Hospitalization for Mental Illness
- Follow-Up After Emergency Department Visits for Mental Illness
- Follow-Up After High-Intensity Care for Substance Use Disorder
- Follow-Up After Emergency Department Visits for Alcohol and Other Drug Abuse or Dependence
- Pharmacotherapy for Opioid Use Disorder
- Metabolic Monitoring for Children and Adolescents on Antipsychotics
- Diabetes Screening for People With Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications



- ✓2021 Patient Check in
- ✓ Update Contact Info
- ✓ Retake High BPs

CCHP THANKS YOU FOR ALL YOU DO!

Provider Incentive Program

All CCHP contracted primary care providers are eligible for the Provider Incentive Program



Strategy for October

Pay for Service

- All CCHP contracted primary care providers
- \$100 per vaccinated member in subgroups below in CAIR
 - Focus is on Black/African Americans and American Indian/Alaskan Native

Care Delivery Providers Strategy Nov 2021 – March 2022

Pay for performance (P4P)

- For Medical Groups, community clinics, and contracted medical groups with at least 1,000 assigned members 12 and older AND have resources to do outreach and quality improvement
- One-time payment for vaccination plan submission and to "seed" money for efforts (\$10,000-\$30,000 depending on org size)
- Pay for reaching performance thresholds, total payment based on percent of assigned members 12 and older as of October 1, 2021

Pay for service

- Primary Care Providers that don't meet criteria for P4P
- Pay per vaccination entered in CAIR
- \$75 per vaccinated member

Register for one of our informational webinars to learn more

10/25/21, 12:00PM – 1:00 PM <u>https://bit.ly/2Z0hy7e</u>

10/28/21, 8:30 AM - 9:30 AM https://bit.ly/3vBve5b

For questions, please email Tammy Fisher, Quality Director, at tammy.fisher@cchealth.org

Provider Incentives

- Staying Healthy Assessment form
 - Complete with all new members within 120 days of enrollment with CCHP
 - <u>DHCS Website:</u>
 https://www.dhcs.ca.gov/formsandpubs/forms/Pages/StayingHealthyAssessmentQuestionnaires.aspx
 - <u>99212 SH</u> (\$12.12)
- Alcohol Misuse Screening and Counseling (AMSC)
 - If members respond "Yes" to alcohol question in SHA or at *any time* the PCP identifies a potential alcohol misuse problem
 - G0442 for alcohol screening (\$24.00 once)
 - G0443 for brief interventions (\$48.00 up to 3X per year).

Pharmacy Update

Joseph Cardinalli, PharmD Clinical Pharmacist



CCHP Pharmacy Department

Joe Cardinalli, PharmD

01-19

standardize the Medi-Cal pharmacy benefit statewide improve access to pharmacy services

Retail Prescription Drug Carve

Out Background

Per Governor Newsom's Executive Order N-

apply statewide utilization management protocols achieve cost savings for drug purchases made by the state

2. Go live will be January 1st, 2022

CCHP Pharmacy Department

Joe Cardinalli, PharmD

What Will Change for Providers?

- New medication formulary (CDL) and nonformulary medication criteria is now hosted by DHCS not CCHP
- Non-formulary medication authorization requests will now be sent to Medi-Cal Rx (Magellan) instead of CCHP
- 3. Complaints/grievances and appeals will all go through Medi-Cal Rx
 - a. Member appeal option is a state fair hearing
 - b. Provider appeal option via mail, fax or provider portal (15 to 60 day turnaround)-must indicate "Appeal"
 - c. PA Appeal Submissions may be sent within 180 days from the initial denial

CCHP Pharmacy Department

Joe Cardinalli, PharmD

How to Submit PAs to Medi-Cal Rx

- 1. Mail
- 2. Fax
 - a. 1-800-869-4325
- 3. Pharmacy
 - a. NCPDP P4
- 4. Provider Portal
 - a. Registered providers will be able to login to perform multiple functions related to the submission of PA requests
- 5. Cover My Meds
 - a. PA submission channel available for prescribers

CCHP Pharmacy Department Joe Cardinalli, PharmD

How to Register For the Provider Portal

ASAP but before 12/31/2021

- 1. Go to https://medi-calrx.dhcs.ca.gov/home/
- 2. Click on Provider Portal on the bottom of the page



How to Register For the Provider <u>Portal</u>

3. Click Link to Register for Access

CCHP Pharmacy Department

Joe Cardinalli, PharmD

4. Go through Registration Procedure With Magellan through the User Administration Console (UAC)

(CCRMC staff please check with Med Staff office for coordination of this registration)



User Administration Console (UAC)





Log In

I am a Delegated Administrator and need to perform user administration work.



Upgrade Account

I have a User ID and need to be upgraded to a Delegated Administrator.



Register

I do NOT have a User ID and need to initiate registration to become a Delegated Administrator.



Complete Registration

I have received my PIN and need to complete registration to become a Delegated Administrator.

CCHP Pharmacy Department Joe Cardinalli, PharmD

Transition Period

- 1. TARs sent directly to Medi-Cal Rx
- 2. 180 day transition period for medications members are currently taking
- 3. Grandfathering of existing PAs for up to 1 year
 - a. Possible multi-year extension of existing PAs (up to 5 years) for chronic conditions

CCHP Pharmacy Department

Joe Cardinalli, PharmD

What Stays With CCHP vs. What Goes to Medi-Cal Rx

- 1. Medi-Cal Rx=retail pharmacy benefit for Medi-Cal members (including call center)
- 2. For Medi-Cal members, CCHP retains physician administered drugs, DME (when billed as a medical claim) and medications used in LTC
- 3. CCHP responsible for clinical oversight of Medi-Cal member's pharmacy benefit
- 4. CCHP retains 100% of commercial member pharmacy benefit

CCHP Pharmacy Department

Joe Cardinalli, PharmD

Medi-Cal 101 Webinar (Presented by Magellan)

Thursday October 21, 2021 10:00 am-11: 00 am

Being given for exclusively for CCHP providers

CCHP Pharmacy Department

Joe Cardinalli, PharmD

Medi-Cal Prescription Drug Carve Out (Medi-Cal Rx)

Questions?

CCHP Pharmacy Department

(925) 957-7260 option 1

Medi-Cal Rx Customer Service (800) 977-2273

https://medi-calrx.dhcs.ca.gov/home/



Utilization Management Update

Dennis Hsieh, MD, JD Chief Medical Officer

Staffing Updates

- New Manager: Josephine Nwosu
- New Clerical Supervisor: Tina Levine





Provider Portal

- Transition Complete
- Please Do Not Fax





Contacting Us



Email or Inbox Message

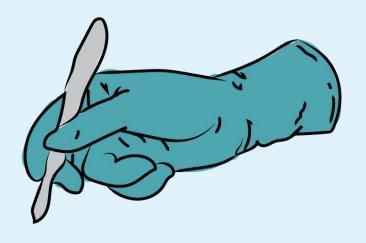


Do Not Call

Behavioral Health Update



Gastric Bypass Update



Major Organ Transplant Update



















UM Letter Update





Action Items



Specific Denial Reasons

TELEHEALTH POLICY LANDSCAPE UPDATE

October 19, 2021 Contra Costa Health Plan Meeting



Amy Durbin, *Policy Advisor, CCHP*



is a non-profit, non-partisan organization that seeks to advance state and national telehealth policy to promote improvements in health systems and greater health equity.

DISCLAIMERS

- Any information provided in today's talk is not to be regarded as legal advice. Today's talk is purely for informational purposes.
- Always consult with legal counsel.
- CCHP has no relevant financial interest, arrangement, or affiliation with any organizations related to commercial products or services discussed in this program.



ABOUT (the other) CCHP

- Established in 2009 as a program under the Public Health Institute
- Became federally designated national telehealth policy resource center in 2012 through a grant from HRSA
- Work with a variety of funders and partners on the state and federal levels
- Administrator National Consortium of Telehealth Resource Centers
- Convener for California Telehealth Policy Coalition







NATIONAL CONSORTIUM OF TRCS

TelehealthResourceCenter.org









2 National Resource Centers

CCHP

- > Technical Assistance
 - One-on-One
 - Webinars
- Resource and Material Development
 - Fact Sheets
 - Issue Briefs
 - Newsletters
 - CCHP Website
 - Legislation Tracking



CCHP

- Telehealth Policy Finder Tool https://www.cchpca.org/all-telehealth-policies/
 - Includes all state and federal telehealth specific laws, regulations, policies, and active legislation
 - Separate section for all state and federal emergency COVID-19 expansions
 - Can Search by State, Federal, or by Category/Topic
 - Live Video, Store & Forward, RPM, Private Payer Laws, Professional Regulation, Licensing, Prescribing & More



Defining Telehealth

California law

• AB 415 (Logue, 2011) – Updated the original Telemedicine Act of 1996 - Replaced term "telemedicine" with telehealth; broadened range of telehealth services and providers; removed limits on location and explicit email/telephone exclusion; required consent.

Telehealth means the mode of delivering health care services and public health via information and communication technologies to facilitate the diagnosis, consultation, treatment, education, care management, and self-management of a patient's health care. Telehealth facilitates patient self-management and caregiver support for patients and includes synchronous interactions and asynchronous store and forward transfers. (CA Business & Professions Code Sec. 2290.5.)



Telehealth Modalities

4 Modalities of Telehealth

Synchronous/Live Video

Real-time

Video system

Store & Forward

Capture, store & transmit information

Not in real-time also called "asynchronous"

Remote Patient Monitoring (RPM)

Continuous monitoring of condition

Can be in Real-time or asynchronous

mHealth

Use of mobile technology to provide service

Usually done through apps

CMS/Medicare has another category for technology delivered health services: Communication Technology Based Services (CTBS) which utilizes telehealth technologies but is not considered telehealth by CMS. Includes audio-only.





TELEHEALTH POLICY CHANGES IN COVID-19

FEDERAL	
MEDICARE ISSUE	CHANGE
Geographic Limit	Waived
Site limitation	Waived
Provider List	Expanded
Services Eligible	Added additional 80 codes
Visit limits	Waived certain limits
Modality	Live Video, Phone, some srvs
Supervision requirements	Relaxed some
Licensing	Relaxed requirements
Tech-Enabled/Comm-Based (not considered telehealth, but uses telehealth	More codes eligible for phone & allowed PTs/OTs/SLPs & other use
	g exception/allowed phone for suboxone for OU fine during this time

STATE (Most Common Changes)

MEDICAID ISSUE	CHANGE
Modality	Allowing phone
Location	Allowing home
Consent	Relaxed consent requirements
Services	Expanded types of services eligible
Reimbursement	Parity
Providers	Allowed other providers such as allied health pros
Licensing	Waived some requirements

- Private payer orders range from encouragement to cover telehealth to more explicit mandates
- Relaxed some health information protections



2021 TRENDS

Federal Activity

- CCHP tracking around 150 pieces of federal telehealth legislation
- Re-introduction of bills to make some of the temporary changes permanent
 - Removing originating site restrictions, adding audio-only, parity, mental health focus
- CMS Proposed Physician Fee Schedule
 - Extending some temporary eligible telehealth services just Category 3 until end of CY 2023
 - Expansions for audio-only and FQHC/RHCs but many caveats and limited to mental health

State Activity

- Payment parity
 - Reimbursement limits by service, provider, modality
- Audio-Only
- Licensing for out of state providers
- Data requirements/workgroups established
- Broadband (infrastructure, affordability, digital literacy)



PERMANENT FEDERAL TELEHEALTH POLICY UPDATES

ADMINISTRATIVE

- Physician Fee Schedule Changes
 - Added some services from the temporary list to the permanent list
 - Created a "Category 3" for approval of services. Temporarily allows some services to continue to determine if they should be permanent

Proposed changes extend Category 3 until end of CY 2023 and allow audio-only for mental health services with many caveats

LEGISLATIVE

- HR 133
 - Added rural emergency to originating site
 - Expansion of mental health services to be without geographic restriction and allows the home
 - BUT one in-person visit with telehealth provider within 6-month period prior to telehealth encounter
 - Additional funding for broadband and FCC Telehealth COVID-19 Program



PERMANENT STATE UPDATES: MEDICAID REIMBURSEMENT BY SERVICE MODALITY

(Fee-for-Service)



Live Video

50 states and DC



Store and Forward *Sa 22 states

*Some states reimburse this modality solely as part of Communication Technology-Based Services, which have their own separate codes and reimbursement rates.



Remote Patient Monitoring*

29 states

Allow audio-only*

22 states

As of Fall 2021



STATE REIMBURSEMENT REQUIREMENTS FOR PRIVATE PAYERS



43 states and DC

have telehealth **private payer** laws

20 States have *Payment* Parity (almost half are new)

Some states have "service parity" others have "payment parity" or both – in addition, some make their telehealth private payer laws "subject to the terms and conditions of the contract" which can limit true parity

As of Fall 2021



2021 STATE UPDATES

- Almost half of state PHEs ended, many telehealth waivers tied to federal PHE or other channels
- Lots of legislation seeking to codify/extend PHE waivers
- Main legislative topics:
 - Payment Parity and Audio-Only
 - Expanding coverage to audio-only (RI, KY, TN)
 - WA <u>HB 1196</u>: Expands existing payment parity laws to include audio-only as well also for RHCs
 - Licensing/flexibility for out of state providers (WV, KS, NY)
 - AZ <u>HB 2454:</u> Allows out-of-state providers to deliver services via telehealth under certain circumstances
 - At least 10 states entered into one or more licensing compacts
 - Data requirements/workgroups established (MN, CA, MD, RI, AZ)
 - NV<u>SB 5</u> Requires Dept. to establish an electronic tool to analyze certain data concerning access to telehealth and creation of a data dashboard for analysis of data related to telehealth access by different groups and populations
 - Limited extension of emergency policies (MD & MN audio-only and parity until June 30, 2023)
 - CT HB 5596: Extends some policies allowing audio-only until June 30, 2023
 - Updating Private Payer Laws
 - Payment parity requirements (8 new states) many have limits by service, provider, modality
 - Prohibiting insurers from contracting with just one telehealth company (AR, AZ)



CALIFORNIA COVID-19 CHANGES & LOOKING AHEAD

- Medi-Cal: Proposing to maintain most payment expansions, including audio-only and parity *subject to new billing protocols
- Private payer: AB 744 passed in 2019 required commercial plans to cover all services via telehealth at parity starting January 1, 2021 for new/amended contracts emergency guidance in essence activated the bill a year early and the date/contract specific language has since been removed from law
- Privacy: Flexibilities consistent with federal enforcement notice still in effect under existing Executive Order
- Consent: While consent requirement was waived, was not extended with above flexibilities and expired September 30th
- Prescribing/licensing: Limited changes to existing/future policies
- **Broadband:** \$6 billion investment in broadband



CALIFORNIA TELEHEALTH MEDICAID POLICY

PRE-COVID-19

Live Video & Store & Forward Reimbursed at parity; Provider chooses when appropriate to use. FQHC/RHC Limited use of both modalities

FQHCs/RHCs limited in where patient located at time of service.

Home not eligible

No audio-only.

No RPM.

COVID-19

Live Video & Store & Forward Reimbursed at parity; Provider chooses when appropriate to use. FQHC/RHC allowed to use both modalities

FQHC/RHC home eligible originating site for all modalities

Audio-only reimbursed for services & parity

No RPM.

PROPOSED

Live Video, Store & Forward along w/audio-only, reimbursed at parity, pending new DHCS billing protocols

FQHC/RHC may use all modalities with no site limitations and reimbursed at full rate

Audio-only reimbursed at parity, subject to new DHCS billing protocols

RPM covered subject to separate fee schedule



NEW CALIFORNIA TELEHEALTH LAWS

AB 133 – Extends Medicaid Expansions

- Extends temporary Medi-Cal telehealth policies to December 31, 2022
- DHCS to convene advisory group
- Protects pre-COVID-19 policies, including store-and-forward
- Allows DHCS to authorize RPM with a separate fee schedule

Other Provisions

- Requires local jail provide DSH clinician access to conduct evaluation through telehealth
- Creates Children & Youth Behavioral Initiative Incentivizes school-based telehealth
- Health Information Exchange and Health Information Technology Advisory Group
- Data requested from providers to inform health care workforce policy

➤ AB 457 — Expands Private Payer Protections

- Updates private payer law removes contract specific language
- Ensures patient choice and third party telehealth provider protections



NEW CALIFORNIA WORKGROUP PROCESS

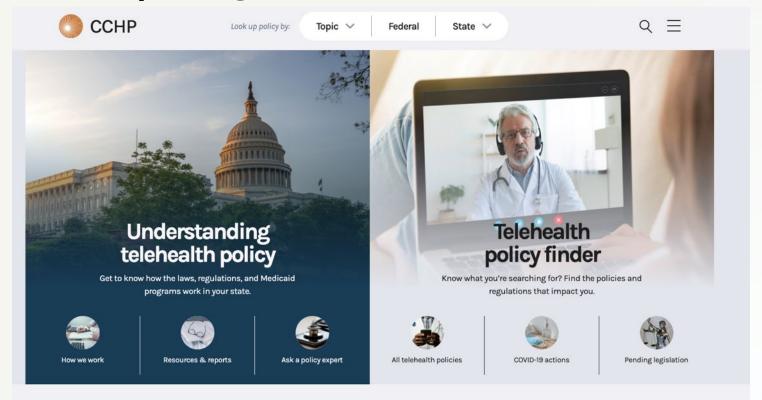
DHCS Convened Telehealth Advisory Workgroup

- Group engagement will inform 2022-23 proposed Governor's Budget
- Three meetings focused on "billing protocols" and "utilization management protocols"
 - Discussing ways to track different telehealth modalities, what codes/modifiers to require
 - How to measure and review telehealth utilization
 - Limit what modalities can be used to establish a patient (synchronous only)
 - During COVID-19 required providers to document in patient record circumstances for audio-only visits and that the visit is intended to replace a face-to-face visit — may continue post-pandemic as part of new policies
- Also looking at regulating "telehealth-only" or third-party telehealth providers, requiring registration
- How to ensure patient choice of modality
- May require enrolled CA licensed providers to be located in CA with some exceptions



CCHP

CCHP Website – cchpca.org



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Thank You!

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info@cchpca.org





Survey & Incentive

Dennis.Hsieh@cchealth.org

Vanessa.Pina@cchealth.org

Incentive Instructions:

- Complete your W-9 and submit to Vanessa.Pina@cchealth.org
 - Include your Individual Name, Tax Status, Address and Signature
- Complete our Provider Network Training Survey: https://bit.ly/3DKB11b
- Deadline: Friday, October 29, 2021, 5:00 PM

Date	Time
Tuesday, January 25 th , 2022	Attend one of the two sessions:
Tuesday, April 26 th , 2022	7:30 AM – 9:00 AM 12:00 PM – 1:30 PM A registration link will be sent as the date is closer.
Tuesday, July 26 th , 2022	
Tuesday, October 25 th , 2022	

