



Agenda

Quarterly Community Provider Network (CPN) Meeting **Contra Costa Health Plan – Community Plan**

When: **Time: 7:30 AM – 9:00 AM**
 Date: July 16, 2013

Where: **West County Health Center**
 13601 San Pablo Ave, San Pablo, CA
 Room A-1194

The agenda for the meeting is as follows:

I.	CALL TO ORDER and INTRODUCTIONS	J. Tysell, MD
II.	REVIEW and APPROVAL of MINUTES from previous meeting	J. Tysell, MD
III.	REGULAR REPORTS	
	<ul style="list-style-type: none">Medical Director's Report Defer to new business	J. Tysell, MD
IV.	NEW BUSINESS	
	<ul style="list-style-type: none">"Covered California" Health Benefit Exchange	P. Tanquary, MSSW, MPH, Ph.D
V.	<ul style="list-style-type: none">Provider Concerns	J. Tysell, MD
VI.	<ul style="list-style-type: none">Adjournment	

Unless otherwise indicated below, Contra Costa Health Plan – Community Plan hereby adopts all issues, findings, or resolutions discussed in the Agenda for Contra Costa Health Plan, dated January 22, 2013 and attached herein.

Our next scheduled meeting is:

Tuesday, October 15, 2013
7:30 AM – 9:00 AM

CPN Quarterly Meeting

CONFIDENTIAL – Protected by California Evidence Code 1157

CONTRA COSTA HEALTH PLAN
West County
Quarterly Community Provider Network (CPN)
Meeting Minutes – July 16, 2013

Attending:

CCHP Staff: J. Tysell, MD, Chair; P. Tanquary, CEO, MPH, Ph.D.; B. Jacobs, FNP; M. Berkery, RN; L.M. Perez, Secretary

CPN Providers: K. Ceci, MD; R. Harrison, RN, NP; A. Lopresti, DO; P. Mack, MD

Discussion	Action	Accountable
Meeting called to order @ 7:45 a.m.		J. Tysell, MD
I. Agenda approved with no revisions.		J. Tysell, MD
II. Review and Approval of Minutes from April 16, 2013: Minutes were approved as presented.		J. Tysell, MD
III. Regular Reports: Medical Director's Report <ul style="list-style-type: none"> Pain Management and Opioid Prescribing <ul style="list-style-type: none"> New protocol being developed Deals specifically with Pain Management groups Sleep Studies <ul style="list-style-type: none"> CCRMC impacted May refer to Parham Gharagozlou, MD, CPN provider has specialty training in Sleep Medicine HEDIS <ul style="list-style-type: none"> Preliminary Report Update to follow as data compiled Provider Bulletin Review <ul style="list-style-type: none"> Highlighted coding and claims MD please share Bulletin with staff as they may benefit from new information 		J. Tysell, MD
IV. DOCUMENT UPDATES: <ul style="list-style-type: none"> Disease Management Referral <ul style="list-style-type: none"> Reviewed new referral form – available on website Use form for adult diabetes and obesity referral – to be followed up by Case Management POLST Document (Pink Form) <ul style="list-style-type: none"> Form goes along with Advanced Directives, Physicians review with patients – Place on “Frig” – EMTcheck “Frig” for Pink Form, available on website Immunization Update <ul style="list-style-type: none"> Update immunization for teens going into high school Schools can refuse to admit students with delinquent immunizations 		M. Berkery, RN M. Berkery, RN B. Jacobs, FNP
V. NEW BUSINESS: <ul style="list-style-type: none"> Presentation on Exchange “Covered California” for CCHP <ul style="list-style-type: none"> CCHP is one of only 13 plans statewide and one of three in the Contra Costa County (CCC) area chosen to be offered through <i>Covered California</i>, the new state insurance marketplace created by the Affordable Care Act (ACA) Reviewed the following information: <ul style="list-style-type: none"> Tax Credits and Tax Subsidies Grid – Health Care Reform Impact on CCC 		P. Tanquary, CEO

	<ul style="list-style-type: none"> • Grid – <i>Covered California</i> – Standard Benefit Plan - Further education and training will be provided to providers, member services, marketing and advice nurses as changes occur 		
VI.	Provider Concerns: No concerns were reported		
VII.	<ul style="list-style-type: none"> • Adjourn: • Meeting adjourned @ 9:00 a.m. 		

Next meeting – October 15, 2013

CONTRA COSTA HEALTH PLAN

West County

Quarterly Community Provider Network (CPN)

Meeting Minutes – April 16, 2013

Attending:

CCHP Staff: J. Tysell, MD, Chair; B. Jacobs, FNP; M. Berkery, RN; J. Galindo, RN, PHN; L.M. Perez, Secretary

CPN Providers: K. Ceci, MD; O. Eaglin, PA; R. Harrison, RN, NP; K. Kaminski, PA; A. Lopresti, DO; P. Mack, MD; A. Wallach, MD

Guests: D. Dooley, MD (CCRMC); L. Jensen, RN, (CCHP Quality Management)

[illegible]

	<ul style="list-style-type: none"> - Insurance offered at various levels - Undocumented will have partial coverage - Expected that only 18-44% of eligible patients will be enrolled • Pediatric Obesity Overview <ul style="list-style-type: none"> - CCHP has Disease Management Unit (DMU) Diabetic management and Peds Obesity under NCQA proposed guidelines - DMU Will track referrals to treatment programs if notified by PCP – reports go back to PCP if not registered in treatment program - Developing classes with community and some medical groups on weight management. Classes in English and Spanish – all parts of county to be included 		D. Dooley, MD L. Jensen, RN
V.	Other Business: <ul style="list-style-type: none"> • Demonstration of access to website of CCHP – various selections of resources and guidelines reviewed 		M. Berkery, RN
VI.	<ul style="list-style-type: none"> • Adjourn: • Meeting adjourned @ 9:00 a.m. 		J. Tysell, MD

Next meeting – July 16, 2013



CALIFORNIA DEPARTMENT OF EDUCATION

NEWS RELEASE

TOM TORLAKSON

State Superintendent
of Public Instruction

Release: #12-48
May 15, 2012

Contact: Giorgos Kazanis
E-mail: communications@cde.ca.gov
Phone: 916-319-0818

State Schools Chief Tom Torlakson Urges Parents to Vaccinate Children and Prevent Whooping Cough

SACRAMENTO—State Superintendent of Public Instruction Tom Torlakson today urged parents of students entering the seventh grade to vaccinate their children to protect them against whooping cough as required by California law.

"I call on all parents to act as soon as possible and ensure their children receive this important vaccination," Torlakson said. "Taking a few minutes now will help protect your child's health, and help them get off to a smooth start in the next school year."

"In 2010, 9,000 Californians were diagnosed with pertussis and 10 infants died from the disease. Due to the collective statewide vaccination efforts this past year, pertussis cases are dramatically lower in California," said Dr. Ron Chapman, Director of the California Department of Public Health. "If your child has not yet been vaccinated, please do so immediately."

Assembly Bill 354, which was signed into law in September 2010, required all students entering or advancing to grades seven through twelve in the 2011–12 school year to show proof of immunization with a whooping cough (pertussis) vaccine booster called tetanus toxoid, reduced diphtheria toxoid and acellular pertussis vaccine (Tdap). The new requirement affects all students—current, new, and transfers—in public and private schools.

For the 2012-13 school year and future years, the pertussis booster immunization requirement applies to students entering or advancing into the seventh grade. If they haven't done so already, current sixth graders should receive a pertussis booster shot as soon as possible to protect themselves. Unlike the previous school year, there is no grace period in the current law.

Pertussis, also known as whooping cough, is a highly contagious disease that can be debilitating at any age and lethal to infants. California's current pertussis epidemic has killed 10 babies and stricken more than 11,000 people. Whooping cough gets its name from the gasping "whoop" sound children make after coughing.

For more information on pertussis and Tdap, please visit the [Pertussis \(Whooping Cough\) Vaccine Requirement - Health Services & School Nursing](#) Web page as well as the California Department of Public Health [Shots for School](#) [Note: The preceding link is no longer active.] Web site.

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Tom Torlakson — State Superintendent of Public Instruction
Communications Division, Room 5206, 916-319-0818, Fax 916-319-0100

California Department of Education
1430 N Street
Sacramento, CA 95814

Last Reviewed: Wednesday, May 15, 2013

Referral Form
Contra Costa Health Plan Disease Management Program
Phone: 925-313-6968 Fax: 925-313-6870

Program Description/Referral Guidelines

Program Description: Contra Costa Health Plan's (CCHP) Disease Management Program is aimed at improving the health outcomes for people with diabetes and for children with obesity. The program uses a multi-faceted approach to achieve the best possible therapeutic outcomes based on assessment of program participant needs, evaluation, ongoing care monitoring, and tailored program participant/practitioner interventions.

Referral Guidelines:

- Pediatric Obesity-children must be ages 2-11, with a BMI%ile greater than or equal to 95
- Diabetes- All members with type I or II diabetes ages 18-75 are eligible

Patient Information-Diabetes Referral

Patient Name: _____ DOB _____ MR# _____

HgbA1c _____ BP: _____ Phone Number: _____

Address: _____

Email Address: _____ Language spoken: _____

Patient Information-Child Obesity Referral

Patient Name: _____ DOB _____ MR# _____

Recorded Weight: _____ Recorded Height: _____ BMI %ile _____

Address _____

Email Address: _____ Phone number: _____

Parent's Name: _____ Language spoken
by parent: _____

Provider Information

Provider Name: _____ Phone number: _____

Fax number _____ Email Address: _____

Comments/Concerns:

CCHP Medi-Cal HEDIS measures	2012 MPL ¹	2012 HPL ²	2012 Medical Avg	2011 CCHP	2012 CCHP	2013 CCHP	Difference (positive means improvement)
BMI %ile calculated for children	29.20%	77.13%	68.3%	61.07%	59.37%	56.20%	-3.41%
Nutrition counseling given for children	42.82%	77.61%	72.1%	58.88%	55.72%	55.96%	0.48%
Physical activity counseling for children	31.63%	64.87%	56.0%	46.47%	46.47%	46.23%	-0.24%
*Yearly well child visit 3-6 yr.	65.51%	83.04%	76.8%	78.82%	77.86%	73.31%	-4.55%
*Combo 3 immunizations	64.72%	82.48%	78.2%	87.16%	85.40%	84.47%	-0.93%
*First trimester prenatal	80.54%	93.33%	83.8%	81.75%	83.21%	86.86%	3.65%
Postpartum visit 26-51 days	58.70%	74.73%	61.7%	67.40%	64.96%	62.53%	-2.43%
*Cervical cancer screening	61.81%	78.51%	69.7%	70.62%	66.67%	66.04%	-0.63%
Diabetes Eye Exam 2 yrs.	45.03%	69.72%	55.5%	49.09%	52.80%	51.09%	-1.71%
Diabetes screening LDL-C	70.34%	83.45%	79.4%	77.74%	75.43%	82.00%	6.57%
Diabetes LDL <100	28.47%	46.44%	40.5%	40.69%	36.25%	41.61%	5.36%
*Diabetes HbA1c testing	78.54%	91.13%	84.2%	86.86%	84.91%	85.40%	0.49%
Diabetes HbA1c(>9%)	50.31%	28.95%	38.0%	33.94%	36.98%	40.39%	-3.41%
Diabetes HbA1c (<8%)	42.09%	59.37%	50.8%	56.57%	53.04%	49.88%	-3.16%
Diabetes Nephropathy screen or treatment	73.48%	86.93%	81.9%	89.23%	87.35%	82.00%	-5.35%
Diabetes BP <140/90	54.48%	75.44%	67.5%	55.11%	54.99%	59.37%	4.38%
Immunizations for Adolescents	50.36%	80.91%	63.0%		59.85%	71.61%	11.76%

New MEASURES

Ambulatory Care - Outpatient Visits	213,256	184,131	-29125
Ambulatory Care - Emergency Department Visits	46,139	51,657	5518
Monitoring for Patients on persistent Medications - ACE	85.62%	83.77%	-1.85%
Monitoring for Patients on persistent Medications - Dig	94.74%	85.71%	-9.03%
Monitoring for Patients on persistent Medications - Diu	80.95%	83.68%	2.73%
Controlling High Blood Pressure	32.85%	51.34%	18.49%
Medication Management for people with Asthma 50%		56.90%	
Medication Management for people with Asthma 75%		33.95%	
All Cause Readmissions - Overall	12.12%	16.99%	4.87%
All Cause Readmissions - SPD	15.60%	19.48%	3.88%
All Cause Readmissions - NON SPD	11.72%	12.72%	0.99%

* indicates default algorithm component

¹ MPL+Minimum Performance level: National Medicaid 25th %ile

² MPL:High Performance level: National Medicaid 90th %ile

PRESENTATION ON EXCHANGE “COVERED CALIFORNIA” FOR CCHP



INCLUDED IN THIS PACKET:

COVERED CALIFORNIA – CONTRA COSTA COUNTY COMPETITORS

TAX CREDITS AND TAX SUBSIDIES – WHAT IT MEANS

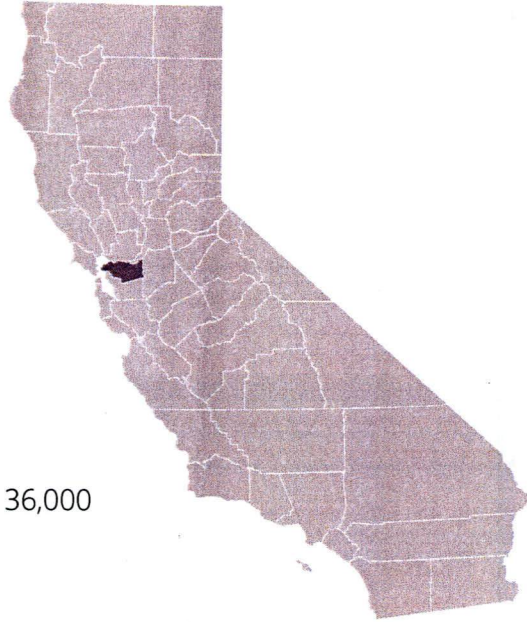
GRID - HEALTH CARE REFORM IMPACT ON CONTRA COSTA COUNTY

GRID – COVERED CALIFORNIA – STANDARD BENEFIT PLAN

JULY – AUGUST, 2013

Rating Region 5

Contra Costa



Number of subsidy eligible individuals: 36,000

The table below is an example of the rates a 40 year old single individual might pay in Region 5 for a Silver Plan. That amount is shown in each box at the top and in black. The federal subsidies are shown in green. Starting this fall, individuals and families will be able to determine the exact amount they would pay based on family size, age and income.

FPL = Federal Poverty Level

Plan	150 FPL	200 FPL	250 FPL	400 FPL
Blue Shield	\$38	\$102	\$174	\$328
PPO	\$289	\$226	\$154	\$0
Kaiser Permanente	\$57	\$121	\$193	\$347
HMO	\$289	\$226	\$154	\$0
Contra Costa Health Plan	\$63	\$126	\$198	\$352
HMO	\$289	\$226	\$154	\$0
Health Net	\$73	\$136	\$208	\$362
PPO	\$289	\$226	\$154	\$0
Anthem	\$77	\$140	\$212	\$366
PPO	\$289	\$226	\$154	\$0

HMO – Health Maintenance Organization

PPO – Preferred Provider Organization

For further explanation, see the glossary on pg. 80

Rating Region 5

Contra Costa

If you are one of the 2.6 million uninsured Californians who does not qualify for a subsidy, you can still purchase high quality affordable health insurance through Covered California. The table below is an example of the rates in Region 5. Starting this fall, individuals and families will be able to determine the exact amount they would pay based on family size, age and income.

25 YEAR OLD		
Plan	Catastrophic	Bronze
Blue Shield PPO	\$204	\$215
Kaiser Permanente HMO	\$203	\$205
Contra Costa Health Plan HMO	\$174	\$237
Health Net PPO	\$150	\$249
Anthem PPO	\$186	\$217

40 YEAR OLD				
Plan	Bronze	Silver	Gold	Platinum
Blue Shield PPO	\$273	\$328	\$390	\$447
Kaiser Permanente HMO	\$261	\$347	\$426	\$458
Contra Costa Health Plan HMO	\$301	\$352	\$398	\$448
Health Net PPO	\$317	\$362	\$411	\$463
Anthem PPO	\$276	\$366	\$444	\$515

COVERED CALIFORNIA – STANDARD BENEFIT PLAN

SILVER COPAY PLAN				BRONZE PLAN		PLATINUM COPAY PLAN	
100%-150% FPL		150%-200% FPL		200% - 250% FPL		INDIVIDUAL 250% - 400%	
ACTUARIAL VALUE – FINAL AV CALCULATOR		94.9%		87.8%		73.3%	
OVERALL DEDUCTIBLE FOR SINGLE INDIVIDUAL *		5.1%		12.2%		26.7%	
COSTS INSURANCE COMPANY PAYS							
OTHER DEDUCTIBLES FOR SPECIFIC SERVICES							
MEDICAL							
BRAND DRUGS							
DENTAL							
(FOR SINGLE INDIVIDUAL *)				OUT-OF-POCKET LIMIT ON EXPENSES:			
		\$2,250		\$2,250		\$5,200	
						\$6,350	

DID YOU KNOW:

WHILE YOU HAVE TO PAY A MONTHLY PREMIUM, YOUR COPAYS (DUE TO FEDERAL SUBSIDY AND COST-SHARE SUBSIDY) ARE LOW.

WHILE YOU HAVE TO PAY A MONTHLY PREMIUM, YOUR COPAYS (DUE TO FEDERAL SUBSIDY AND COST-SHARE SUBSIDY) ARE LOWER.

WHILE YOU HAVE NO MONTHLY PREMIUM, YOUR COPAYS (DUE TO FEDERAL SUBSIDY AND COST-SHARE SUBSIDY) ARE STILL HIGH.

OUT-OF-POCKET EXPENSES STOP AT \$2,250 / YEAR

OUT-OF-POCKET EXPENSES STOP AT \$5,200 / YEAR

OUT-OF-POCKET EXPENSES STOP AT \$6,350 / YEAR

EXPENSES STOP AT \$4,000 / YEAR

HEALTH CARE REFORM IMPACT ON CONTRA COSTA COUNTY

	2012	2013	2014 – ACA	2014 – EXCHA		
	Medi-Cal	Medi-Cal & Healthy Families Transitions	Current CCHP Membership	Medi-Cal Expansion (MCE)	Skinny Bridge	BRIDGE
FPL (Federal Poverty Level)	100% FPL	100% FPL	100% FPL	101% - <u>138%</u> FPL	139%- <u>200%</u> FPL	139%- <u>200%</u> FPL
Yearly Income: Based upon 2013 Data						
• Single Individual:	\$11,170	\$11,490	\$11,490	\$15,282	\$22,980	\$22,980
• Family of 4:	\$23,050	\$23,550	\$23,550	\$31,322	\$47,100	\$47,100
Populations Served	Medi-Cal	3/1/2013 4000 CCHP Healthy Families transition to Medi-Cal 4/1/2013 8000 Kaiser Healthy Families to CCHP Medi-Cal (assignment back to Kaiser)	• <u>CCHP Medi-Cal</u> 92,070 <u>CCHP TOTAL:</u> 121,130 CPN – 32,217 Kaiser – 19,122 RMC – 69,791 • <u>CCHP</u> Expanded Medi-Cal – (MCE) 10,000 • <u>CCHP</u> In-Home Support Services (IHSS) Providers – 2,000 • <u>CCHP</u> HCCI – 2,000	• <u>CCHP</u> Expanded Medi-Cal – (10,000) • <u>CCHP</u> In-Home Support Services (IHSS) Providers – (2,000)	• Individuals who are terminated from Medi-Cal to Bridge	139% - 200% FPL
* Self-reported data uninsured in Contra Costa County			28,433	17,030		22,124
Health Plans	CCHP (Kaiser) Blue Cross	CCHP (Kaiser) Blue Cross	Contra Costa Health Plan and Blue Cross	Contra Costa Health Plan and Blue Cross	Contra Costa Health Plan/ Blue Cross	Contra Costa Health Plan/ E Cross
Benefits	Existing	State Budget decreases rates CCHP pays For Health Families	Existing			
Federal Funding to States	50% Federal Funding	50% Federal Funding	50% Federal funding	100% Federal funding		100% Federal funding to eq 95% of subsidies available under Exchange

* American Community Survey, U.S. Census Bureau 2009-2011

Patricia Tanquary, MSSW, MPH, PhD