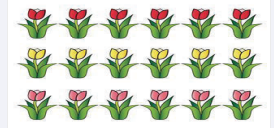




# CCRMC CARE MATTERS

Volume 9, Issue 1.1  
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## The Contra Costa Health Plan Provider Bulletin

### Seniors and Persons with Disabilities (SPDs)

As you may know, the California 1115 Waiver was approved by Centers for Medicare & Medicaid Services (CMS) in early November 2010. This will mean that adult (non-dual) eligible Fee-for Service Medi-Cal patients who are Seniors and Persons with Disabilities (SPDs), will be mandated to enroll into managed care beginning on June 1, 2011. This process will occur monthly for 12 months until June 2012.

CCHP expects to enroll 900 Medi-Cal Fee-For-Service patients each month. Many of these patients you may currently be seeing. CCHP is dedicated to maintaining continuity of care and to meeting the needs of our providers and members by providing timely and personalized service to both. We will assign new members to you who request you as their PCP. We will also be conducting Health Risk Assessments on all these members and offering high risk members CCHP Case Management. This individual information will be sent to you to use in your patient treatment plan.

CCHP is required to present SPD cultural awareness and sensitivity training to all providers in our network beginning in April to meet the needs of the SPDs. The training will be presented to providers in a variety of formats. The first training will be given at our quarterly CPN meetings in West County on April 19 and in Central/East on April 26.

### Facility Site Reviews

Starting February 1<sup>st</sup>, the California Department of Health Care Services has added a new component to our Facility Site Reviews called Attachment C. This new tool is aimed at evaluating offices and facilities for disabled accessibility. Its purpose is solely to allow CCHP to offer information to our disabled members, it is NOT scored and there is no related Corrective Action Plan. CCHP Site Reviewers will be measuring doorways, evaluating parking, checking elevators, etc. For Primary Care offices, this addendum will be done at the time of your next regular three-year site review. For our Specialty Provider offices, we will only review the high volume providers, beginning this spring. The results will be available on our website and directory for our members. We are posting the entire Facility Site Review and Medical Record Review tools on our website, as well as the new Attachment C.

If you have further questions, please call Provider Relations at (925) 313-9500.

### Inside this issue:

<a href="#">Seniors and Persons with Disabilities (SPDs)</a>	1
<a href="#">HEDIS, Authorization Unit, SelectCare News</a>	2
<a href="#">Pharmacy &amp; Therapeutics Update</a>	3
<a href="#">2011 Pertussis Immunization</a>	4
<a href="#">New CCHP Specialist Providers</a>	5
<a href="#">New CCRMC Providers</a>	6
<a href="#">Bulletin Board, CCHP Phone Numbers</a>	7, 8



## Pharmacy and Therapeutics Update

The Pharmacy and Therapeutics committee at CCHP reviewed the efficacy, safety, cost and/or utilization of the following therapeutic categories/medications at the meeting. The changes are expected to be effective the week of June 5th, 2011.

➤ Hydrocodone/APAP combination products	➤ Proton Pump Inhibitors	➤ Inhaled Corticosteroids
➤ Ciprodex	➤ Glaucoma Agents	➤ Ophthalmic Antihistamines
➤ Ophthalmic Fluoroquinolones	➤ Tobradex	➤ Low-Dose Seroquel
➤ Generic tamsulosin		

The committee approved **addition** of the following to the Preferred Drug List (formulary):

- Hydrocodone/APAP 5mg/500mg (**Vicodin**) capsules and hydrocodone bitartrate/APAP 7.5mg/500mg tablets. Please see hydrocodone/apap pricing table below to see what these and other agents cost.
- Protonix® (pantoprazole), **generic** is added.
- **Dulera®** (mometasone/formoterol) is added as an alternative to Advair®.
- Cipro HC® (ciprofloxacin/hydrocortisone ) otic is added. Ciprodex® (ciprofloxacin/dexamethasone) otic will have step therapy added that will process as formulary if the patient has recent claims for Cipro HC.
- Vigamox® (moxifloxacin) added as formulary for ophthalmologist. PA for all other providers.
- Flomax® (tamsulosin), **generic** is added.

The committee approved **deletion** of the following to the Preferred Drug List (formulary):

- **Advair®** (fluticasone/salmeterol) removed. Existing patients will be grandfathered, new starts **must** use formulary agents Dulera® or Symbicort® within this class.
- **Removal** of all formulary hydrocodone/apap combo agents that have **greater than 500mg** of acetaminophen; Lorcet 10/650, Lorcet Plus 7.5/650, Lorcet 7.5/750 Plus . This is in line with recent request by the U.S. Food and Drug Administration's (FDA) safety warning asking manufacturers to limit the strength of acetaminophen in prescription products.

The following were reviewed and **prior authorization criteria** approved or updated (remain non-formulary): ➤ None

### FYI/REMINDERS:

- Walgreens will be using our text pagers to notify prescribing providers in the event the pharmacist has questions about a prescription. Providers will be paged with the 10-digit pharmacy phone number followed by the patient's 8 digit DOB. Please return the call and give the pharmacy the birth date. They will use that info to find the specific question they have for you. This service should be minimally intrusive to you, and yet will help get your patient their Rx promptly.

Active Ingredient(s)	Available Strengths & Dosage Forms	Current PDL Status	Unit Price
Hydrocodone Bitartrate –apap (Norco)	5mg-325mg	Preferred	\$0.46
Hydrocodone Bitartrate – apap (Vicodin tablet)	5mg-500mg	Preferred	\$0.17
<b>Hydrocodone Bitartrate - apap (Vicodin capsule)</b>	<b>5mg-500mg</b>	<b>Preferred</b>	<b>\$0.08</b>
Hydrocodone Bitartrate – apap (Norco)	7.5mg-325mg	Preferred	\$0.46
Hydrocodone Bitartrate – apap (Lortab)	7.5mg-500mg	Preferred	\$0.19
Hydrocodone Bitartrate – apap (Norco)	10mg-325mg	Preferred	\$0.41
Hydrocodone Bitartrate – apap (Lortab)	10mg-500mg	Preferred	\$0.30

## New Law Requires Pertussis Immunization For Middle and High School Students in 2011...

Under a new law that takes effect in 2011, California middle and high school students must be vaccinated against pertussis (whooping cough). Beginning July 1, 2011, all students entering 7th through 12th grades in both public and private schools will be required to show proof of a “Tdap” booster before entering school. This requirement applies to all public and private schools.

### Steps to take to meet Tdap requirements...

Act now to ensure your adolescent patients are protected against the ongoing threat of pertussis and ready for school entry next fall by taking the following steps:



1. **View the free 1 hour CME webcast: *Shots For School: Clinicians' Role in California's New Tdap Requirement for 7<sup>th</sup> – 12<sup>th</sup> Graders***, available at [www.uctv.tv/capertussis/](http://www.uctv.tv/capertussis/).
2. **Send reminder and recall phone calls and notices NOW** to your patients who have not yet received a Tdap booster, including those who have received a dose of Td but not Tdap.
3. **Order enough Tdap vaccine** to immunize your patients affected by the new law. Before ordering, **ensure you have adequate storage** in your vaccine refrigerator for your orders – **in many clinics, multiple orders will be indicated.**
4. **Immunize with Tdap NOW at every opportunity**, including sports physicals and visits for mild illness or injury, and **give other recommended immunizations:** meningococcal conjugate, HPV, influenza, and any catch-up doses of varicella, MMR, and hepatitis B.
5. **Provide clear and accurate documentation about Tdap immunization for your patients and their schools.** Vaccines have similar names and abbreviations, e.g. Tdap, Td, DTaP, DT, etc., which can be confusing to the school staff who will be keeping records for the new law. If you use the California Immunization Registry, consider printing out a copy of the ‘Blue Card’ after Tdap has been given for the student to take to school.
6. **Have parents check with their child's school** about how they should provide the Tdap documentation.
7. **Post downloadable [electronic banners](#) on your practice's website** and in electronic newsletters to help notify your patients.

Contra Costa Health Plan Members who are unable to get their Tdap immunization from their physicians can get them at any Rite Aid or Walgreen Pharmacy in Contra Costa County.

For additional information on the new Tdap school requirement, visit [www.ShotsForSchool.org](http://www.ShotsForSchool.org).

Visit our CCHP Provider & Pharmacy Online Search Engine (OSE) at: [www.contracostahealthplan.org](http://www.contracostahealthplan.org)

Find available on our web site;  
Provider Manual, Provider Directory, and Prior Authorization Forms.



## Highlighting New CPN Specialist Providers

### New ENT—Sassan Falsafi, MD

Dr. Sassan Falsafi is a Board Certified Otolaryngologist and a Diplomate of the American Board of Otolaryngology, Head and Neck Surgery. He is a graduate of the Indiana University School of Medicine in Indianapolis, Indiana.

Dr. Falsafi completed his surgical internship at the Stanford University Medical Center in Palo Alto, California and his Otolaryngology, Head Neck Surgery training at the SUNY Buffalo/Roswell Park National Cancer Institute in Buffalo, New York, and the Boston University Medical Center in Boston, Massachusetts.

His earlier training includes undergraduate and graduate studies in chemical engineering at the University of California. His surgical experience is broad and includes thousands of procedures involving the head and neck region.

His special interests are in minimally invasive sinus surgery, cosmetic and reconstructive facial surgery including soft tissue flap reconstruction and rhinoplasty.

Dr. Falsafi practices at:

Lamorinda ENT, Face & Neck Surgery, Inc.  
911 Moraga Road, Suite 102  
Lafayette, CA 94549  
Tel: (925) 299-9919  
Fax: (925) 299-9924  
[www.lamorindaent.com](http://www.lamorindaent.com).



### Northern California Arthritis Center

Northern California Arthritis Center is a group of six board certified rheumatologists who provide care for both adults and pediatric patients with various rheumatic and auto-immune conditions. Services available include an infusion center, bone densitometry (DEXA), musculoskeletal ultrasonography and MRI.

Providers are; Rajiv Dixit, MD, Rashmi Dixit, MD, Zuzana Foster, MD, John Loeb, MD, Anthony Padula, MD, and David Wu, MD with practice locations in Walnut Creek, and San Ramon.

120 La Casa Via, Ste 204  
Walnut Creek, CA 94598  
Tel: (925) 210-1050  
Fax: (925)210-1082



5201 Norris Canyon Road, Ste 305  
San Ramon, CA 94563  
Tel: (925) 867-9090  
Fax: (925) 867-2787

### New Oculoplastic Surgeon

Dr. Scott E. Lee is a new specialist on the CCHP panel available to see Orbital and Oculoplastic referrals. He has a special interest in thyroid decompression and orbital tumor surgery.

Dr. Lee graduated with a MD-MPH combined program at Harvard and UCLA, followed by residency at UCSF. He trained at one of the largest oculoplastic centers in the world at the renowned Sydney Eye Hospital, in Sydney, Australia, treating a high volume of skin cancer and orbital trauma.

Dr. Lee practices at:

East Bay Ophthalmology  
1420 Tara Hills Drive, Suite D  
Pinole, CA 94564  
Tel: (510) 724-1768  
Fax: (510) 724-4714





# The Bulletin Board

## Welcome!!! New CPN PCP Providers

Parham Gharagozlou, MD  
Pediatrics, Concord

Nita Patel, MD  
Pediatrics  
John Muir Physician Network  
Brentwood

Nirali Singh, MD  
Pinwheel Pediatrics, Concord



Our accredited **URAC Advice Nurse Unit** is available for our member's 24 hours a day, 7 days a week including holidays.

The Advice Nurse Unit can be reached by calling

**1 (877) 661-6230 Press 1**



## Holidays Observed by CCHP

Memorial Day May 30, 2011

Independence Day July 4, 2011

## Welcome!!! To All Our New CPN Specialty Providers

Eric Mariotti, MD, Plastic/Reconstructive Surgery, Concord

Thomas Mampalam, MD, Surgery—Neurological, Pinole

Jaromy Bell, DC, Chiropractor, Martinez

Antonio Brown, PA, Bayspine Medical Associates, Richmond

Bassem Said, MD, Otolaryngology, Brentwood

Rebecca Cole, MFT, River Counseling, Antioch

Akindele Kolade, MD, California Psychiatric Services, Walnut Creek

Vidya Krishnan, MD; Mircea Truta, MD  
Comprehensive Psychiatric Services, Walnut Creek, Fairfield

Lisa Chang, MD, Lerner Eye Center, Pittsburg

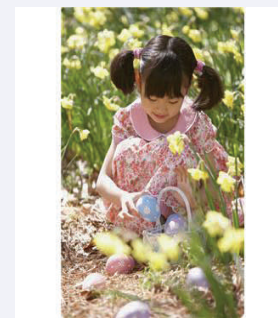
Vahid Feiz, MD, California Eye Clinic, Antioch

Kuniyoshi Kanai, OD; Jocelyn Niimi, OD  
Optometric Vision Care, Antioch

Daniel Grossman, MD; Simranjeet Tagore, NP; Lisa Memmel, MD  
Tara Scott, MD, Planned Parenthood, Concord

Sarah Buenviaje, NP; Esther Catalya, MD; Gigi Chen, MD;  
Jewell Johl, MD; Sachin Kamath, MD; Robert Robles, MD;  
Michelle Rooney, NP; Matthew Sirott, MD; Tiffany Savhn, MD  
Diablo Valley Oncology & Hematology Med., Grp., Pleasant Hill

Find resources for uninsured individuals at  
[www.cchealth.org/insurance](http://www.cchealth.org/insurance)





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Martinez, CA 94553  
Ph: (925) 313-9500  
Fax (925) 646-9907  
E-mail us: [ProviderRelations@hsd.cccounty.us](mailto:ProviderRelations@hsd.cccounty.us)  
Website: [www.contracostahealthplan.org](http://www.contracostahealthplan.org)

## Contra Costa Health Plan Provider Relations - Contracts Contact Information

<i><b>Terri Lieder</b></i>	Provider Network Manager	(925) 313-9501	<a href="mailto:Terri.Lieder@hsd.cccounty.us">Terri.Lieder@hsd.cccounty.us</a>
<i><b>Vicki Turner</b></i>	Unit Administrative Assistant	(925) 313-9500	<a href="mailto:Vicki.Turner@hsd.cccounty.us">Vicki.Turner@hsd.cccounty.us</a>
<i><b>I-Mei Chen</b></i>	Administrative Analyst	(925) 313-9502	<a href="mailto:I-Mei.Chen@hsd.cccounty.us">I-Mei.Chen@hsd.cccounty.us</a>
<i><b>BJ Jacobs, FNP</b></i>	Provider Liaison	(925) 313-9503	<a href="mailto:Beverly.Jacobs@hsd.cccounty.us">Beverly.Jacobs@hsd.cccounty.us</a>
<i><b>Mary Berkery, RN</b></i>	Facility Site Review Manager	(925) 313-9507	<a href="mailto:Mary.Berkery@hsd.cccounty.us">Mary.Berkery@hsd.cccounty.us</a>
<i><b>Maria Perez</b></i>	Credentialing Coordinator	(925) 313-9506	<a href="mailto:L.Perez@hsd.cccounty.us">L.Perez@hsd.cccounty.us</a>
<i><b>Nicole Meyer</b></i>	Contracts Secretary	(925) 313-9521	<a href="mailto:Nicole.Meyer@hsd.cccounty.us">Nicole.Meyer@hsd.cccounty.us</a>
<i><b>Heather Wong</b></i>	Credentialing/Contracts Assistant	(925) 313-9508	<a href="mailto:Heather.Wong@hsd.cccounty.us">Heather.Wong@hsd.cccounty.us</a>

## Contra Costa Health Plan Provider Call Center 1 (877) 800-7423

- Press 1 – Member Eligibility and Primary Care Physician Assignment
- Press 2 – Pharmacy Services Department
- Press 3 – Authorization Department
- Press 4 – Interpreter Services (Advice Nurse)
- Press 5 – Claims Department
- Press 6 – Provider Relations Department
- Press 7 – Member Services Department