

## The Contra Costa Health Plan Provider Bulletin

### H1N1 Vaccine Update

The CDC's Advisory Committee on Immunization Practices has recommended the following groups be targeted for vaccination:



- Pregnant Women
- People who live with or care for children younger than six months of age
- Health care and emergency medical services personnel
- Persons between the ages of six months through 24 years of age
- Persons 25 to 64 years of age who are at higher risk because of chronic health disorders or compromised immune systems.

If you intend to provide this vaccine and have not yet registered, please register today at [www.calpanflu.org](http://www.calpanflu.org). If you are a CCHP-contracted PCP and do not plan on providing this vaccine, please let us know.

To date we understand this vaccine will be distributed in Mid-October or maybe sooner and will be distributed in order of registration. You can find the latest information about the H1N1 virus by visiting [http://www.cchealth.org/topics/swine\\_flu](http://www.cchealth.org/topics/swine_flu) or go to <http://www.cdc.gov/h1n1flu/vaccination/acip.htm>.

### Health Plans Applaud Governor Signing Bill to Protect Healthy Families Enrollment Statement from CAHP Board Chair Howard A Kahn on AB 1422

“With the swipe of a pen, the future for hundreds of thousands of California’s kids is much brighter today. Their families can breathe a sigh of relief as a result of Healthy Families health coverage being saved.

Without the Legislature passing and the Governor signing AB 1422, families would have faced long waiting lines or worse, no services at all. Our already crowded emergency rooms would have been the only place these children could turn to for care. Or they would have squeezed even sicker adults out of equally crowded clinics.

During these tough economic times, the nation’s largest state could not afford to eliminate access to health care for children. During this time of hope for reform of our health system, the nation’s largest state could not send a message of denial to the nation.

Thankfully, we no longer have to worry about what will happen to our kids next year.”

-Howard A. Kahn is the Chairman of the California Association of Health Plans’ Board of Directors and the CEO of L.A. Care Health Plan.

Health Plans that manage Medi-Cal members accepted a 2.35% tax until January 2011. Because of this tax, the Healthy Families program has been saved for another year. More than 600,000 children in California will not lose their health care coverage. As part of this new legislation, premium and co-pays will increase November 1, 2009 for some Healthy Family Members.

## **Flu Updates**

### **CCHP advises Members to get their Immunizations**

In September 2009, CCHP sent our annual “flu season” letter to all CCHP members. In this letter we stressed the importance of getting immunized. CCHP has strongly encouraged our members to contact their Primary Care Provider to schedule an appointment for their Flu Shot. In this letter to members, CCHP recommended all members that meet the criteria receive the seasonal flu and the H1N1 vaccine this year. The high-risk table below was also part of the letter.

**CCHP will not reimburse flu shots given at local pharmacies or other flu clinics.** This year our Public Health Department has changed the delivery system of the Flu vaccine clinics for the general public. This year there will be free vaccine clinics throughout the County in November. Information on these free Public Health Flu Clinics is listed on page 4 of this bulletin.

| <b>Vaccine:</b>           | <b>People who need to get vaccinated as soon as possible</b>                                                                                                                                                                                                                                                                                                                                                                |
|---------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Seasonal Influenza</b> | <ul style="list-style-type: none"><li>• Pregnant women</li><li>• Children 6 months through 18 years</li><li>• Adults 50 years and older</li><li>• Healthcare workers</li><li>• People with a chronic health condition (immunosuppression, heart, lung or kidney diseases, asthma, diabetes)</li><li>• Caregivers of young children and the elderly</li></ul>                                                                |
| <b>H1N1 Influenza</b>     | <ul style="list-style-type: none"><li>• Pregnant women</li><li>• Children 6 months through 18 years</li><li>• Young adults 19 through 24 years</li><li>• Healthcare workers and emergency medical workers</li><li>• Anyone between 25 and 64 years with a chronic health condition - (immunosuppression, heart, lung or kidney diseases, asthma, diabetes)</li><li>• Caregivers of children under 6 months of age</li></ul> |
| <b>Pneumonia</b>          | <ul style="list-style-type: none"><li>• Adults over 65</li><li>• Adults who smoke</li><li>• Adults with a chronic health condition (immunosuppression, heart, lung or kidney diseases, asthma, diabetes)</li></ul>                                                                                                                                                                                                          |

### **Fraud Waste and Abuse Compliance Requirements**

Fraud, Waste and Abuse (FWA) Training is a mandated requirement of the Center for Medicare and Medicaid Services. Within the next few months, we will be sending our providers an FWA training packet. The training packet will come with complete instructions. Look for it in the upcoming months. For more information, please contact Terri Lieder at (925) 313-9502 or at [tlieder@hsd.cccounty.us](mailto:tlieder@hsd.cccounty.us).

### **Inside this issue:**

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## Pharmacy and Therapeutics Update

The Pharmacy and Therapeutics committee at CCHP reviewed the efficacy, safety, cost and/or utilization of the following therapeutic categories/medications at the September 4, 2009 meeting. The changes are expected to be effective the week of October 20<sup>th</sup>, 2009.

|                                         |                            |                         |
|-----------------------------------------|----------------------------|-------------------------|
| Hyperparathyroidism Agents              | Oral Bisphosphonate Agents | ACE Inhibitors          |
| ACE Inhibitors with Hydrochlorothiazide | Low Cost Injectables       | Insulin Quantity Limits |

The committee approved ***addition*** of the following to the Preferred Drug List (formulary):

Altace<sup>®</sup> (ramipril) capsules added to formulary (tablets remain non-formulary);  
Humulin<sup>®</sup> N, 4 vials/month quantity limit removed.

The committee approved ***deletion*** of the following to the Preferred Drug List (formulary):

Actonel<sup>®</sup> (risedronate). Generically available Fosamax<sup>®</sup> (alendronate) will remain the preferred orabisphosphonate. Patients currently on Actonel will be given notice and 90 days to make the transition.

The following were reviewed and ***prior authorization criteria*** approved or updated (remain non-formulary):

The Health Plan has reaffirmed its criteria on off-label drug use and doses exceeding FDA approved limits. Supporting documentation such as clinical studies will be needed to support these prior authorization requests. The Health Plan has the right to confer with a specialist in the field of medicine for which the prior authorization is being requested. The decision rendered by the consulting specialist may serve as the basis for the Health Plan's decision.

### FYI/REMINDERS:

Clinical Pearls:

Did you know the **cost of insulins** you may be prescribing? Here are some monthly cost comparisons to the Health Plan (at 50 units daily) that we hope will help you choose the most cost-effective form for your patients:

Humulin R = \$42.45, Humalog = \$118.20, Novolog = \$147.15, Humulin 70/30 or N = \$42.45,  
Lantus = \$131.55, Levemir = \$112.95

CCHP found that on our list of top drugs by costs, various dosages of Advair<sup>®</sup> and Crestor<sup>®</sup> were high. We encourage the use of generically available inhaled corticosteroids (i.e. QVAR<sup>®</sup>, Flovent<sup>®</sup>) and Statins (simvastatin, pravastatin).

340B reminder: there are 10 Rite Aids and 12 Walgreens pharmacies in our 340B network.

We encourage use of these pharmacies in order to save the County money. BHC/HCCI patients are still restricted to the 12 340B Walgreens pharmacies.



### SelectCare News

*SelectCare* is a Medicare Advantage Special Needs Plan offered by Contra Costa Health Plan. It is designed for Medicare beneficiaries who are also enrolled in the California Medi-Cal program. More information about *SelectCare* can be found at [http://www.cchealth.org/health\\_plan/selectcare/](http://www.cchealth.org/health_plan/selectcare/). The complete *SelectCare* formulary can be found at <http://selectcare.performrx.com/>. No negative formulary changes thru August 2009 have occurred to the *SelectCare* formulary.

## Seasonal Flu Shots Clinics at Contra Costa Health Centers for Established Patients

|                                                                                                                                              |                                                |
|----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|
| Seasonal flu shots are available at these clinics for established patients<br>No appointments are required at various locations listed below |                                                |
|                                                                                                                                              | Drop In                                        |
| Antioch Health Center<br>3505 Lone Tree Way                                                                                                  | <b>M-F 10am - 2pm</b><br>Health Center Lobby   |
| Bay Point Family Health Ctr.<br>215 Pacifica Ave                                                                                             | <i>Appointments Required</i><br>1-800-495-8885 |
| Brentwood Health Ctr.<br>171 Sand Creek Rd. Suite A                                                                                          | M-F 10am – 2pm<br>Health Center Lobby          |
| Concord Health Ctr.<br>3052 Willow Pass Rd                                                                                                   | M-F 12noon - 1pm<br>Health Center Lobby        |
| Martinez Family Practice Ctr.<br>2500 Alhambra Ave                                                                                           | M-F 10am – 2pm<br>Health Center Lobby          |
| North Richmond Center for Health<br>1501 3 <sup>rd</sup> St.                                                                                 | <i>Appointments Required</i><br>1-800-495-8885 |
| Pittsburg Health Ctr.<br>2311 Loveridge Rd.                                                                                                  | M-F 10am – 2pm<br>Health Center Lobby          |
| Richmond Health Ctr.<br>100 38 <sup>th</sup> St @ 39 <sup>th</sup> & Bissell                                                                 | M-F 10am – 2pm<br>Health Center Lobby          |

If you can't make it to the drop in times, then you may receive flu vaccine in the following ways:

- Call for Treatment Nurse Appointment at 1-800-495-8885 or
- During your regularly scheduled clinic visit

### Free Public Health Flu Clinics

Any Contra Costa Resident can get a free flu vaccine at these Public Health Flu Clinics. These clinics will be drive-through and walk-up clinics. All the clinics will be held at these locations listed below,

**Saturday from 10:00 am—3:00 pm.**

- November 7th—Hilltop Mall in Richmond
- November 14th—Somersville Towne Center in Antioch
- November 21st—Ygnacio Valley High School in Concord
- November 21st—San Ramon (location to be determined)

**If you have trouble making an appointment for your flu shot, please call:**

**1 (877) 661-6230**

Option #2 for CCHP Member Services or  
 Option #1 for Advice Nurse (after hours assistance)

James Tysell, MD  
 CCHP Medical Director

## Healthy Families Program

CCHP will be issuing updated ID cards with the new co-pay information for our Healthy Families members. This information may also be obtained when calling to verify eligibility. In some cases, office visit co-pays have increased.

CCHP Healthy Families Benefit Plans affected:

|              |              |
|--------------|--------------|
| HLTHFAM RMC  | HLTHAFDC RMC |
| HLTHATDX RMC | HLTHCFAM RMC |

## The Bulletin Board

### Welcome!!

CCHP would like to welcome the following New Providers

#### Richmond Health Center

Ann Schnake, MD  
Lynette Stromberg, MD

#### Antioch Health Center Pediatric Primary Care

Ada Ho, MD

#### Martinez Health Center Pediatric Primary Care

Francine Jolton, MD

#### Brentwood Health Center

Lily George, MD  
Lorna Paz, MD

### Holidays Observed

**Veterans Day**  
November 11

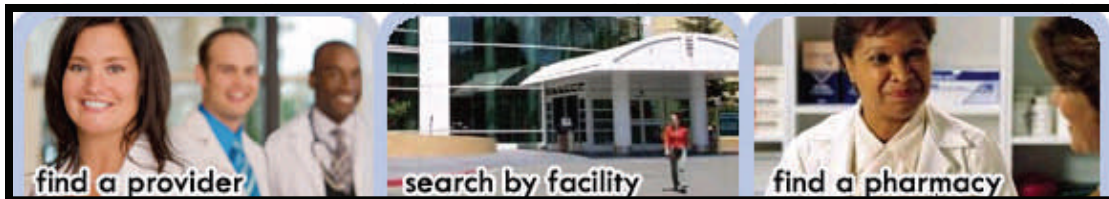
**Thanksgiving Holiday**  
November 26, and 27

**Christmas Day**  
December 25

Find resources for uninsured individuals at  
[www.cchealth.org/insurance](http://www.cchealth.org/insurance)

Our accredited Advice Nurse Unit is available for our members  
24 hours a day, 7 days a week including holidays.  
The Advice Nurse Unit can be reached by calling  
1 (877) 661-6230 (Press 1)





**Visit our New CCHP  
Provider & Pharmacy Online Search Engine (OSE)**  
Please visit our website at: [www.contracostahealthplan.org](http://www.contracostahealthplan.org)

## **Contra Costa Health Plan** **Provider Relations Contact Information**

595 Center Avenue, Suite 100, Martinez, CA 94553  
(925) 313-9500 Main Number      (925) 646-9907 Fax Number  
Email us: [ProviderRelations@hsd.cccounty.us](mailto:ProviderRelations@hsd.cccounty.us)

|                                |                                   |                |                                                                        |
|--------------------------------|-----------------------------------|----------------|------------------------------------------------------------------------|
| <b><i>Tracy Ann Ealy</i></b>   | Director of Provider Relations    | (925) 313-9501 | <a href="mailto:tealy@hsd.cccounty.us">tealy@hsd.cccounty.us</a>       |
| <b><i>Vicki Turner</i></b>     | Administrative Assistant          | (925) 313-9505 | <a href="mailto:vturner@hsd.cccounty.us">vturner@hsd.cccounty.us</a>   |
| <b><i>Terri Lieder</i></b>     | Supervisor, Credentialing Team    | (925) 313-9502 | <a href="mailto:lieder@hsd.cccounty.us">lieder@hsd.cccounty.us</a>     |
| <b><i>BJ Jacobs, FNP</i></b>   | Provider Liaison                  | (925) 313-9503 | <a href="mailto:jacobs@hsd.cccounty.us">jacobs@hsd.cccounty.us</a>     |
| <b><i>Mary Berkery, RN</i></b> | Facility Site Review Manager      | (925) 313-9504 | <a href="mailto:mberky@hsd.cccounty.us">mberky@hsd.cccounty.us</a>     |
| <b><i>Maria Perez</i></b>      | Credentialing Coordinator         | (925) 313-9506 | <a href="mailto:lperez@hsd.cccounty.us">lperez@hsd.cccounty.us</a>     |
| <b><i>Jason Woodruff</i></b>   | Provider Relations Representative | (925) 313-9507 | <a href="mailto:jwooduff@hsd.cccounty.us">jwooduff@hsd.cccounty.us</a> |

### **Provider Contracting Department**

|                               |                       |                |                                                                        |
|-------------------------------|-----------------------|----------------|------------------------------------------------------------------------|
| <b><i>Shenita Hurskin</i></b> | Director of Contracts | (925) 313-9521 | <a href="mailto:shurskin@hsd.cccounty.us">shurskin@hsd.cccounty.us</a> |
| <b><i>Nicole Meyer</i></b>    | Contracts Secretary   | (925) 313-9522 | <a href="mailto:nmeyer@hsd.cccounty.us">nmeyer@hsd.cccounty.us</a>     |

**Provider Call Center**  
**1-877-800-7423**

Press 1 – Member Eligibility and Primary Care Physician Assignment  
Press 2 – Pharmacy Services Department  
Press 3 – Authorization Department  
Press 4 – Interpreter Services (Advice Nurse)  
Press 5 – Claims Department  
Press 6 – Provider Relations Department  
Press 7 – Member Services Department