



**CONTRA COSTA**  
**BEHAVIORAL HEALTH**  
A Division of Contra Costa Health Services

**Public Mental Health**  
**2019-2020 Service Directory**  
**West Contra Costa County**



**The Path to Recovery**

The PhotoVoice Empowerment Project coordinated by Contra Costa Behavioral Health Services Office for Consumer Empowerment in collaboration with the Committee for Social Inclusion. Funded by the Mental Health Services Act (MHSA).

## ***The PhotoVoice Empowerment Project***

Each year, a piece of artwork from the PhotoVoice Empowerment Project is selected to be displayed on the cover of the annual Mental Health Services Act (MHSA) Three Year Plan. The PhotoVoice Empowerment Project enables consumers to produce artwork that is personal and allows for expression through poetry and narrative. The artwork speaks to the prejudice and discrimination that people with behavioral health challenges face.

The PhotoVoice Empowerment Project also empowers and enables consumers with behavioral health challenges to record and reflect their community's strengths and concerns, promote critical dialogue about personal and community issues, and reach policymakers to effect change. Special thanks to PhotoVoice participants for sharing their knowledge and artwork. The poem below accompanies the picture on the cover and was written by a PhotoVoice participant.

### ***The Broken Road***

*This skateboard is me; the road is the path of life. I've learned that the path of life has many cracks and turns and is not easy to skate on, like it's not easy to move when you are sad. The cracks and turns of mental illness are what you have no control over. When you have a hard life you may want to stop, to just quit, but you can't. If you stop skating when you hit the cracks, you will get nowhere. Falling into one crack might save you from falling into an even bigger one later on. You need to get back up and try again. You can't focus on what you did; you need to focus on what you're going to do. You need to know that every turn you take will get you closer to a smooth, straight path.*

*A very big crack is school, where some people get picked on. Depression is what I struggle with; my ADHD makes it hard to focus. When I was younger I just thought I was stupid, but now I know what it is. I go on this path of life blind, making wrong turns everywhere, getting the label "EMO" and tend to believe there is no one to turn to. Some people fall and quit, while others get back up and prepare for another fall. The fact is, if you quit, you won't know what to do if you come across it again. I know suicide will not be a smart path to take. In my life I know that I can't give up; if I keep going I will eventually get to where I need to go. Most people lack knowledge; family and friends don't accept them so they think they are alone.*

*Just like we can learn from the cracks and turns riding our skateboards, we can learn about the positive elements of mental illness. Mental illness may seem like all it does is trip you up, but there is also a lot to learn. We need positive people to look up to. Facebook, TV, radio and other social networks teenagers often go to can be our skateboards for sharing the good side of mental illness and educating people so they understand that mental illness is a not bad thing.*



## **PUBLIC MENTAL HEALTH SERVICES**

### **WESTERN CONTRA COSTA COUNTY**

Welcome to the directory of Contra Costa Behavioral Health sponsored mental health services in Western Contra Costa County. The Mental Health Division provides an array of opportunities to work together in the hope-filled journey of recovery. This includes programs and services for children, adolescents, young adults and older adults.

For assistance in accessing the type of care you need call the following number any time day or night:

**1-888-678-7277**

In person mental health crisis services are available seven days a week, day or night at:

#### **Psychiatric Emergency Services**

**(925) 646-2800**

**Contra Costa Regional Medical Center (north side)**

**2500 Alhambra Avenue in Martinez**

The Contra Costa Crisis Center provides a 24-hour suicide hotline and grief counseling at:

**1-800-833-2900**

**211 Contra Costa 2 1 1** is the national, toll-free, three-digit phone number to call for information about all kinds of local health and social services. Calls are answered 24 hours per day, 365 days per year by trained information and referral specialists at the Contra Costa Crisis Center. If calling outside of Contra Costa County use 800-830-5380. Information is also available online at the following web address: <http://cccc.bowmansystems.com/>

The following pages provide a service map and an alphabetized listing and short description of services available to Western Contra Costa County. Services for children are listed separately from adult services. A glossary of terms and their definitions are also included.

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**Service Directory for  
Children's Mental Health Services in  
West Contra Costa County**

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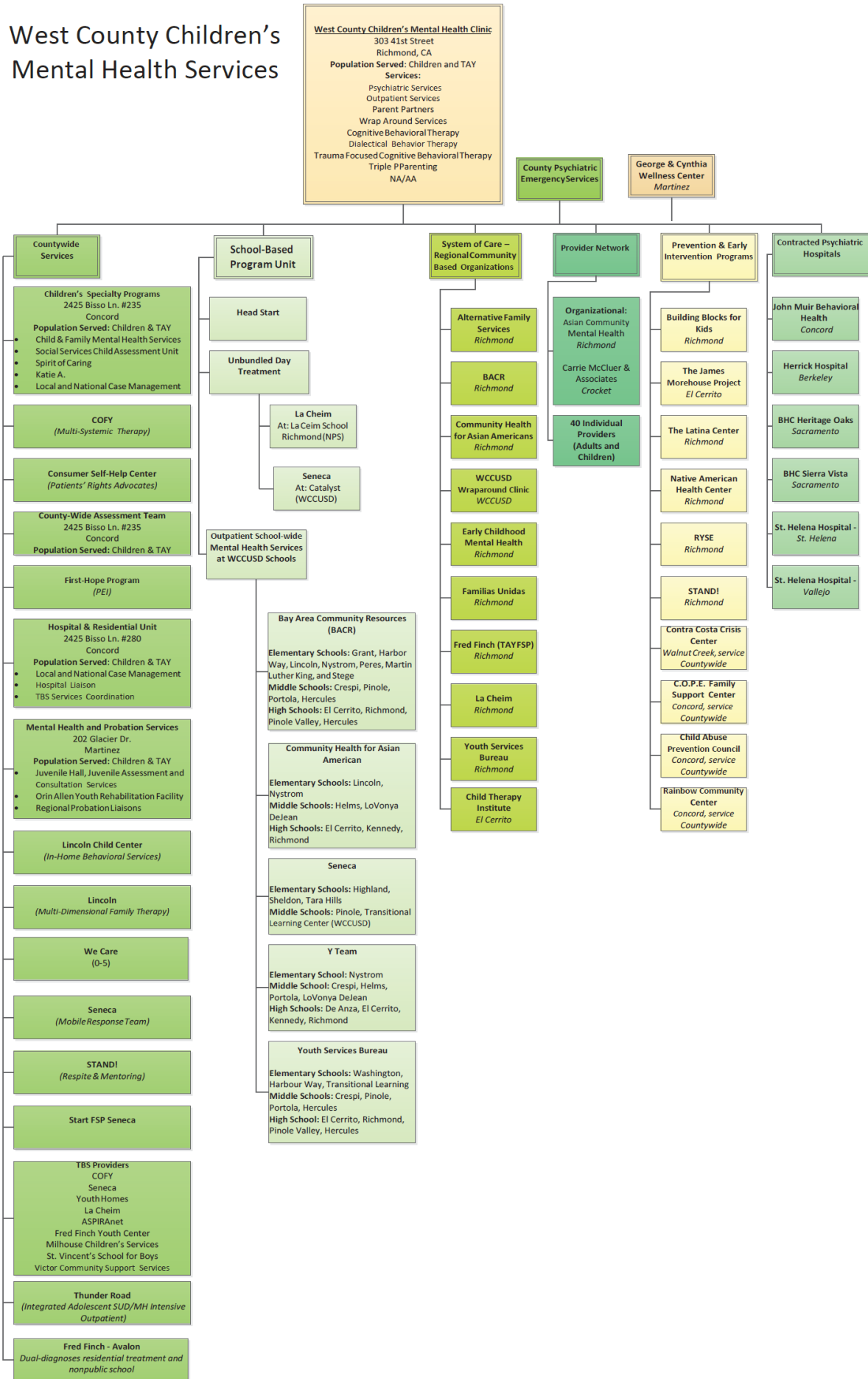
**2019**

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**Contra Costa Behavioral Health Services**

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# West County Children's Mental Health Services



## Crockett

### **Carrie McCluer and Associates**

628 2<sup>nd</sup> Avenue, Suite 204, Crockett, CA 94525, (510) 787-6960

**Services:** Part of the Contra Costa Behavioral Health Services Provider Network, Carrie McCluer and Associates offers community-based mental health services.

## El Cerrito

### **Child Therapy Institute**

11100 San Pablo Avenue, Suite 205 & 208, El Cerrito, CA 94530, (510) 525-6225

<http://childtherapyinstitute.org/>

**Services:** Part of the Contra Costa Behavioral Health Services Provider Network, Child Therapy Institute offers mental health services, including therapy, to children and families. Services and mission reflect vision of affordable ongoing psychotherapy for children and families from many different backgrounds. Seek to increase awareness that our community's children are a precious resource to be nurtured, protected, and guided into adulthood.

### **James Morehouse Project at El Cerrito High**

540 Ashbury Avenue, El Cerrito, CA 94530, (510) 231-1437

<http://www.jamesmorehouseproject.org/>

**Services:** The James Morehouse Project (JMP) provides services that increase access to mental health/health services and a wide range of innovative youth development programs for 300 multicultural youth in West Contra Costa County.

## El Sobrante

### **La Cheim**

4892 San Pablo Dam Road, El Sobrante, CA 94803, (510) 223-4236

<https://www.lacheim.org/>

**Services:** La Cheim offers a continuum of care for children and adults, providing services at their schools, community mental health center, therapeutic behavioral services program and residential treatment center.

## Richmond

### **Asian Family Resource Center (AFRC)**

12240 San Pablo Avenue, Richmond, CA 94805, (510) 604-6200

<http://www.acmhs.org/>

**Services:** Asian Community Mental Health Services (ACMHS) and the Asian Family Resource Center (AFRC) provide comprehensive, culturally-sensitive and appropriate education and access to Mental Health Services to Asian and Pacific Islanders immigrant and refugee communities, especially the Southeast Asian and Chinese population of Contra Costa County.

### **Bay Area Community Resources (BACR)**

3219 Pierce Street, Richmond, CA 94804, (510) 559-3000

<https://www.bacr.org/>

**Services:** Bay Area Community Resources provides a range of services to promote the healthy development of individuals and families, encourage service and volunteerism, and help build community. Services are



delivered at school and community-based sites and include mental health services.

### **Building Blocks for Kids (BBK)**

312 9<sup>th</sup> Street, Richmond, CA 94804, (510) 232-5812

<https://www.bbk-richmond.org/>

**Services:** Building Blocks for Kids (BBK) Richmond Collaborative is a place-based initiative with the mission of supporting the healthy development and education of all children, and the self-sufficiency of all families, living in the BBK Collaborative zone located in downtown Richmond. Staff are also fluent in Spanish.

### **Community Health for Asian Americans (CHAA)**

207 37<sup>th</sup> Street, Richmond, CA 94805, (510) 233-7555

<https://chaaweb.org/>

**Services:** Community Health for Asian Americans (CHAA) offers community-based behavioral health services for children, youth, and adults through therapy, case management, alcohol and other drug prevention and treatment, consultation, and psychological assessment. They also offer wraparound services for children, adolescents, and their families facing emotional and behavioral challenges as well as adults who are homeless or at-risk of homelessness. CHAA has staff that speaks 20 different Asian/Pacific Islander languages and dialects, as well as Spanish.

### **Early Childhood Mental Health Program**

4101 MacDonald Avenue, Richmond, CA 94805, (510) 412-9200

<https://ecmhp.org/>

**Services:** The Early Childhood Mental Health Program has been making a difference in the lives of young children and their families for over four decades. The program fosters healthy development in infants and young children from birth to 6 years of age who are at risk, abused, neglected, emotionally disturbed, or affected by family substance abuse, by providing comprehensive mental health treatment and early education services to them and to their families.

### **First Five**

First Five Center, 317 11<sup>th</sup> Street, Richmond, CA 94801, (510) 232-5650

<http://www.first5coco.org/blog/tag/richmond/>

**Services:** First Five First 5 Center workshops and classes make parenting easier, help parents raise healthy, happy children, and are a great way to make new friends. Each Center has staff to connect families to helpful community resources. Classes are offered each month, like art, science, cooking, dance, music, movement, baby sign language, preparing for kindergarten, and story time. There's also drop-in playtime, Saturday classes, monthly events, and classes focused on dads. First 5 Center staff are trained to check children's growth and development. When children or parents need help, they know what to do.

### **Native American Health Center (NAHC)**

2566 MacDonald Avenue, Richmond, CA 94804, (510) 232-7020

<http://www.nativehealth.org/>

**Services:** The Native American Health Center provides county-wide prevention and early intervention services to Native American families through groups and quarterly events that help develop partnerships and bring consumers and mental health professionals together to build a community that reflects the history and values of Native American people in Contra Costa County. Community-building activities include an elder's support group, youth wellness group (including suicide prevention and violence prevention activities), cultural events and traditional arts groups, and Positive Indian Parenting to teach life and parenting skills.

**RYSE Center**

205 41<sup>st</sup> Street, Richmond, CA 94805, (510) 374-3401

<https://rysecenter.org/>

**Services:** RYSE is a youth center in Richmond that offers a wide range of activities, programs, and classes for young people including media arts, health education, career and educational support, and youth leadership and advocacy. RYSE operates within a community behavioral health model and employs trauma informed and healing centered approaches in all areas of engagement, including one-on-one, group and larger community efforts. In these areas, RYSE focuses on the conditions, impact, and strategies to name and address community distress, stigma, and mental health inequities linked to historical trauma and racism, as well as complex, chronic trauma.

**STAND! For Families Free of Violence**

3220 Blume Drive, Richmond, CA 94806, (510) 236-8972 - *The main office is located in Concord, but the majority of services take place in community-based locations, such as schools, churches, and the client's home.*

<http://www.standffov.org/>

**Services:** STAND! For Families Free of Violence is a provider of county-wide comprehensive domestic violence and child abuse services in Contra Costa County, offering prevention, intervention, and treatment programs. STAND! provides services to address the effects of teen dating violence/domestic violence and help maintain healthy relationships for at-risk youth throughout Contra Costa County.

**The Latina Center**

3701 Barrett Avenue, #12, Richmond, CA 94805, (510) 233-8595

<https://thelatinacenter.org/>

**Services:** The Latina Center (TLC) provides culturally and linguistically specific parenting education and support to at least 300 Latina/o parents and caregivers in West Contra Costa County. Services: 1) support healthy emotional, social and educational development of children and youth ages 0-15; and 2) reduce verbal, physical and emotional abuse.

**West County Children's Mental Health Clinic (Contra Costa Behavioral Health)**

303 41st Street Richmond, CA 94805, (510) 374-3261

<https://cchealth.org/mentalhealth/#simpleContained4>

**Services:** The West County Children's Mental Health Clinic provides psychiatric and outpatient services to children and their families, family partners to assist with advocacy, transportation assistance, navigation of the service system, wraparound services, and linkage to county-wide children's specialty services, such as emergency foster care and hospital and residential unit care.

**West Contra Costa - Youth Services Bureau (YSB)**

263 S 20th Street, Richmond, CA 94804, (510) 215-4670

<https://wccysb.org/>

**Services:** The West Contra Costa Youth Service Bureau is a family-centered agency that provides quality programs to aid eligible children, youth and families residing in Contra Costa County. Services focus on helping a wide spectrum of needs, from aiding children with mental health disabilities to youth transitioning out of Probation. Services include assessment, individual, group and family counseling, crisis intervention, case management and consultation, respite services for caregivers, and referral to other agencies and services.

**Y Team**

263 S. 20<sup>th</sup> Street, Richmond, CA 94804, (510) 412-5647



<https://www.ymcasf.org/locations/richmond-district-ymca/team>

**Services:** The Y Team provides counseling services at 19 elementary and secondary schools in West Contra Costa Unified School District. Services are provided at school sites, client's homes and at the Y Team clinic. Y Team provides individual and group counseling, case management, advocacy, family counseling, information and referral services, collaboration with community agencies, assessment, consultation, and crisis counseling.

## **San Pablo**

### **Community Violence Solutions**

2101 Van Ness Street, San Pablo, CA 94806, (510) 307-4121

<https://cvsolutions.org/>

**Services:** Community Violence Solutions (CVS) is dedicated to working in partnership with the community to end sexual assault and family violence through prevention, crisis services, and treatment.

### **First Five**

First Five Center, 2704 Dover Street, San Pablo, CA 94806, (510) 232-5650

<http://www.first5coco.org/blog/tag/san-pablo/>

**Services:** First Five First 5 Center workshops and classes make parenting easier, help parents raise healthy, happy children, and are a great way to make new friends. Each Center has staff to connect families to helpful community resources. Classes are offered each month, like art, science, cooking, dance, music, movement, baby sign language, preparing for kindergarten, and story time. There's also drop-in playtime, Saturday classes, monthly events, and classes focused on dads. First 5 Center staff are trained to check children's growth and development. When children or parents need help, they know what to do.

### **Fred Finch Youth Center**

2523 El Portal Drive, Suite 201, San Pablo, CA 94806, (510) 439-3130

<https://www.fredfinch.org/>

**Services:** Fred Finch Youth Center (FFYC) provides mental health and social services to children, young adults, and their families facing complex life challenges.

### **Lao Family Community Development, Inc.**

1865 Rumrill Boulevard, Suite B, San Pablo, CA 94806, (510) 215-1220

<https://lfcd.org/>

**Services:** Lao Family Community Development, Inc. provides a comprehensive and culturally sensitive integrated service system approach for Asian and South East Asian adults throughout Contra Costa County. The program activities include comprehensive case management and educational workshops and support groups, including conducting the Strengthening Families Program.

## **County Network Providers**

### **Individual Providers on the Provider Network**

888-678-7277

**Services:** There are 38 individual providers on the Provider Network serving West Contra Costa County. The Provider Network offers mental health services, including services for clients with mild and moderate mental health conditions.

## Countywide Services

### **Alternative Family Services**

401 Roland Way, Suite 100, Oakland, CA 94621, (510) 839-3800 - *While the program office is located in Oakland, the majority of services are provided in the field at community-based locations throughout Contra Costa County, such as the client's home, schools, and local churches.*

<https://www.afs4kids.org/>

**Services:** The mission of Alternative Family Services is to support vulnerable children and families in need of stability, safety, and wellbeing in communities. AFS family therapists provide two forms of mental health services to foster youth and families: therapeutic visitation services and community-based mental health services. AFS specializes in providing mental health services in the foster care environment. Often services take place in the foster home or at a convenient location in the community. The services are coordinated, integrated and customized to best address client needs.

### **Amador Institute**

3701 Lone Tree Way, Suite 7, Antioch, CA 94509, (925) 778-3800

<http://www.amadorinstitute.com/>

**Services:** Amador Institute is an independent mental health organization providing individual, couples, and family counseling. Treatment specialization includes: therapy for depression and anxiety, couples counseling, parenting support, grief counseling, work and career issues, stress management, addiction and recovery, and conflict resolution.

### **Center for Human Development**

901 Sun Valley Boulevard, Suite 220, Concord, CA 94520, (925) 687-8844. Ambrose Community Center Site at SparkPoint Office, 3105 Willow Pass Road, Bay Point, CA 94565, (925) 349-7333

<http://chd-prevention.org/>

**Services:** Center for Human Development (CHD) is a community-based organization that offers a spectrum of Prevention and Wellness services for at-risk youth, individuals, families, and communities in the Bay Area.

### **Central County Children's Mental Health Clinic (Contra Costa Behavioral Health)**

2425 Bisso Lane, Suite 200, Concord, CA 94520, (925) 521-5700

<https://cchealth.org/mentalhealth/#simpleContained4>

**Services:** The Central County Children's Mental Health Clinic provides psychiatric and outpatient services to children and their families, family partners to assist with advocacy, transportation assistance, navigation of the service system, wraparound services, and linkage to county-wide children's specialty services, such as emergency foster care and hospital and residential unit care.

### **Child Abuse Prevention Council**

2120 Diamond Boulevard, #120, Concord, CA 94520, (925) 798-0546. First Five Center 760 First Street, Brentwood, CA 94513, (925) 798-0546 - *While the program's administrative offices are located in Concord, the program serves all regions of Contra Costa County and services take place in community-based locations such as community centers, schools, and other local sites in the community.*

<https://www.capc-coco.org/>

**Services:** The Child Abuse Prevention Council of Contra Costa provides "The Nurturing Parenting" program. This is an evidence-based curriculum that is culturally, linguistically, and developmentally appropriate parent education class. Classes are provided to Spanish speaking families in East County and Central County's Monument Corridor. The Nurturing Parenting Program is a family-centered, trauma-informed initiative, designed to foster positive parenting skills as an alternative to abusive and neglecting parenting practices.

### **Child Therapy Institute**

3720 Sunset Lane, Suite D, Antioch, CA 94509, (925) 978-0208

<http://childtherapyinstitute.org/>

**Services:** Part of the Contra Costa Behavioral Health Services Provider Network, Child Therapy Institute offers mental health services, including therapy, to children and families. Services and mission reflect vision of affordable ongoing psychotherapy for children and families from many different backgrounds. Seek to increase awareness that our community's children are a precious resource to be nurtured, protected, and guided into adulthood.

### **Community Health for Asian Americans (CHAA)**

3727 Sunset Lane, Suite 110, Antioch, CA 94509, (925) 778-1667

<https://chaaweb.org/>

**Services:** Community Health for Asian Americans (CHAA) offers community-based behavioral health services for children, youth, and adults through therapy, case management, alcohol and other drug prevention and treatment, consultation, and psychological assessment. They also offer wraparound services for children, adolescents, and their families facing emotional and behavioral challenges as well as adults who are homeless or at-risk of homelessness. CHAA has staff that speaks 20 different Asian/Pacific Islander languages and dialects, as well as Spanish.

### **Community Options for Families and Youth, Inc. (COFY)**

3478 Buskirk Avenue, Suite 260, Pleasant Hill, CA 94523, (925) 943-1794 - *While the program's main offices is located in Pleasant Hill, the program serves all regions of Contra Costa County and services take place in community-based locations such as the client's home, school, probation office, juvenile hall or other local sites in the community.*

**Services:** Community Options for Families and Youth (COFY) is a county-wide multi-disciplinary provider who works with youth whose high-intensity behaviors place them at risk of hospitalization or residential treatment.

### **Community Violence Solutions (CVS)**

301 W. 10th Street #3, Antioch, CA 94509, (925) 706-4290 – *Community Violence Solutions has service sites throughout the county.*

<https://cvsolutions.org/>

**Services:** Community Violence Solutions (CVS) is dedicated to working in partnership with the community to end sexual assault and family violence through prevention, crisis services, and treatment. Formerly called Rape Crisis Center, CVS was founded by the Greater Richmond Interfaith Program in 1974 and incorporated as a non-profit 501(c)(3) organization in 1977.

### **Consumer Self-Help Center**

(844) 666-0472

**Services:** Consumer Self-Help Center operates the county's Patients' Rights program, providing advocacy services for mental health clients. The office of Patients' Rights is responsible for providing: 1) Certification Review Hearings, Riese Capacity Hearings and Clinical Review services; 2) training on Patients' Rights to providers and consumers of mental health services; and 3) general advocacy services.

### **Contra Costa Crisis Center**

307 Lennon Lane, Walnut Creek, CA 94598, (925) 939-1916 - Contra Costa Crisis Center answers all local calls to the National Suicide Prevention Lifeline (800-273-TALK and 800-SUICIDE) and 24 hour Crisis Line (800-833-2900), as well as calls to the Lifeline's Spanish-speaking suicide hotline (888-628-9454). *While the program's administrative offices are in Central Contra Costa County, all*

*Contra Costa County residents may utilize the certified 24-hour suicide prevention hotline.*

<https://www.crisis-center.org/>

**Services:** The mission of the Contra Costa Crisis Center is to keep people alive and safe, help them through crises, and connect them with culturally relevant resources in the community. Contra Costa Crisis Center provides services to prevent suicides throughout Contra Costa County by operating a nationally certified 24-hour suicide prevention hotline.

### **Contra Costa Interfaith Housing**

399 Taylor Boulevard, Suite 115, Pleasant Hill, CA 94523, (925) 944-2244

<https://ccinterfaithhousing.org/>

**Services:** Contra Costa Interfaith Housing (CCIH) provides permanent, affordable housing and on-site support services to homeless and at-risk families and individuals in Contra Costa County. CCIH case managers are licensed clinicians and receive clinical supervision on a regular basis, to provide the most appropriate support to families coping with mental health challenges. Several programs serve residents with disabilities, predominantly in the realm of mental health and/or substance abuse problems.

### **Counseling Options Parent Education (COPE)**

2280 Diamond Boulevard, Suite 460, Concord, CA 94520, (925) 689-5811 - *While the program's administrative offices are located in Concord, COPE partners with local agencies to provide services in underserved communities throughout Contra Costa County, including West Contra Costa.*

<http://copefamilysupport.org/>

**Services:** COPE's mission is to prevent child abuse, by providing county-wide comprehensive services in order to strengthen family relationships and bonds, empower parents, encourage healthy relationships, and cultivate nurturing family units to encourage an optimal environment for the healthy growth and development of parents and children through parent education.

### **East County Children's Mental Health Clinic (Contra Costa Behavioral Health)**

2335 Country Hills Drive, Antioch, CA 94509, (925) 608-8700

<https://cchealth.org/mentalhealth/#simpleContained4>

**Services:** The East County Children's Mental Health Clinic provides psychiatric and outpatient services to children and their families, family partners to assist with advocacy, transportation assistance, navigation of the service system, wraparound services, and linkage to county-wide children's specialty services, such as emergency foster care and hospital and residential unit care.

### **First Five**

First Five Center, 1736 Clayton Road, Concord, CA 94520, (925) 849-8861. First Five Center, 300 H Street, Antioch, CA 94509, (925) 516-3880. First Five Center 3225 Willow Pass Road, Bay Point, CA 94565, (925) 301-4040. First Five Center 760 First Street, Brentwood, CA 94513, (925) 798-0546

<http://www.first5coco.org/>

**Services:** First Five First 5 Center workshops and classes make parenting easier, help parents raise healthy, happy children, and are a great way to make new friends. Each Center has staff to connect families to helpful community resources. Classes are offered each month, like art, science, cooking, dance, music, movement, baby sign language, preparing for kindergarten, and story time. There's also drop-in playtime, Saturday classes, monthly events, and classes focused on dads. First 5 Center staff are trained to check children's growth and development. When children or parents need help, they know what to do.

### **First Hope (Contra Costa Behavioral Health)**

1034 Oak Grove Road, Concord, CA 94518, (925) 681-4450 - *First Hope's program office is located in*

*Concord; however, the program serves individuals from all regions of the county.*

<http://www.firsthopeccc.org/>

**Services:** The mission of the First Hope program is to reduce the incidence and associated disability of psychotic illnesses county-wide through early identification of young people between ages 12 and 25 who are showing very early signs of psychosis and are determined to be at risk for developing a serious mental illness.

### **George and Cynthia Miller Wellness Center (Contra Costa Behavioral Health)**

25 Allen Street, Martinez, CA 94553, (925) 313-7900 - *George and Cynthia Miller Wellness Center is located in Martinez; however, the program serves individuals from all regions of the county.*

<https://cchealth.org/centers/mwc.php>

**Services:** The George and Cynthia Miller Wellness Center (Miller Wellness Center) provides county-wide services to consumers which includes the diversion of children and adults from Psychiatric Emergency Services (PES). Children and adults who are evaluated at PES may step-down to the Miller Wellness Center if they do not need hospital level of care. The Miller Wellness Center offers urgent same-day appointments for individuals who are not open to the Contra Costa Mental Health System, or who have disconnected from care after previously being seen. Services include brief family therapy, medication refills, substance abuse counseling, and general non-acute assistance.

### **Head Start**

1470 Civic Court, Suite 200, Concord, CA 94520, (925) 681-6300 West County Eligibility Hotline (510)-374-7144 - *The Community Services Bureau, administrative office listed above, operates service centers throughout Contra Costa County, including numerous facilities in West County. Individuals are encouraged to contact the phone numbers listed above for information about each center.*

<https://ehsd.org/headstart/childcare-preschool/>

**Services:** The Community Services Bureau of the Contra Costa County Employment and Human Services Department operates the Head Start program. Head Start provides comprehensive education, health, disabilities, mental health services, nutrition services, and family support services to children and families.

### **Jewish Family and Community Services - East Bay**

1855 Olympic Boulevard, Suite 200, Walnut Creek, CA 94596, (925) 927-2000 - *Jewish Family and Children Services partners with local community-based agencies to provide trainings throughout Contra Costa County.*

<https://jfcs-eastbay.org/>

**Services:** Jewish Family and Community Services- East Bay provides multi-lingual, multi-cultural social services designed to strengthen individuals, families, and the community. Services are offered in Farsi, Spanish, Russian languages. As a problem-solving center for residents of several Bay Area counties, JFCS/ East Bay strives to be a lifeline for children, families, and older adults facing life transitions and personal crises.

### **Juvenile Justice System – Supporting Youth (Contra Costa Behavioral Health)**

202 Glacier Drive, Martinez, CA 94553, (925) 957-2739 - *The Juvenile Justice System program office is located in Concord; however, the program serves individuals from all regions of the county and staff provide community-based services in each region of the county.*

**Services:** County mental health clinicians help youth county-wide experiencing the juvenile justice system become emotionally mature and law abiding members of their communities. Services include screening and assessment, consultation, therapy, and case management for inmates of the Juvenile Detention Facility and juveniles on probation, who are at risk of developing or struggle with mental illness or severe emotional disturbance.

### **La Clínica de la Raza**

2000 Sierra Road, Concord, CA 94518, (510) 535-4000. La Clinica de la Raza 2021 Main Street, Oakley, CA 94561, (925) 776-8200. La Clinica de la Raza 2240 Gladstone Drive, Suite 4, Pittsburg, CA 94565, (925) 431-2100 - *La Clinica has many sites that offer varying services.*  
<https://www.laclinica.org/>

**Services:** With 40 locations spread across Alameda, Contra Costa and Solano Counties, La Clínica delivers culturally and linguistically appropriate health care services, including mental health services, to address the needs of the diverse populations it serves.

### **Lincoln Child Center**

1266 14<sup>th</sup> Street, Oakland CA 94607, (510) 273-4700; 51 Marina Blvd, Suite D, Pittsburg, CA 94565, (925) 521-1270 - *Lincoln Child Center's main offices are located in Oakland and Pittsburg; however, many services are provided in the community at satellite locations or in the client's home and are available throughout the County, including West County.*  
<http://lincolnfamilies.org/>

**Services:** Lincoln Child Center provides an array of outpatient mental health services, including multi-systemic family-based outpatient services county-wide for youth and adolescents with co-occurring substance use and mental health disorders who may be at high risk for continued substance abuse and other problem behaviors, such as conduct disorder and delinquency. Lincoln Child Center also provides In-Home Behavioral Services for Katie A clients as well as Options School-Based Services to children and youth who meet medical necessity.

### **National Alliance on Mental Illness (NAMI) Contra Costa**

2151 Salvio Street, Suite M, Concord, CA 94520, (925) 942-0767 – *NAMI Contra Costa's main office is located in Concord; however, the agency provides services throughout Contra Costa County, including East, West and South County, by offering services in locations such as satellite partner offices, hospitals and churches.*  
<http://www.namicontracosta.org/index.html>

**Services:** NAMI Contra Costa provides provide support, outreach, education and advocacy to individuals living with and families affected by mental illness. NAMI has been assisting people and families affected by mental illness in Contra Costa for over 30 years. All programs are free.

### **Pathways to Wellness**

1210 Alhambra Avenue, Martinez, CA 94553, (925) 228-4200  
<http://www.pathwaystowellness.net/>

**Services:** Pathways to Wellness is designed to provide a vital link in the spectrum of services available to children, adolescents and adults requiring mental health management. Services include psychiatric evaluation/assessment, medication management/support and prescription, individual, group and family therapy, and intensive case management services.

### **People Who Care Children Association**

2231 Railroad Avenue, Pittsburg, CA 94565, (925) 427-5037  
<http://www.peoplewhocarechildrenassociation.org/>

**Services:** People Who Care (PWC) Children Association serves at risk youth residing in the Pittsburg/Bay Point and surrounding East Contra Costa County communities. Key activities include job training and job readiness training, mental health counseling (screening for mental health problems as well as individual, group, and family therapy), and civic and community service activities.

**Psychotherapy Institute of Individual, Family, and Community Development, Inc.**

509 West 10<sup>th</sup> Street, Antioch, CA 94509, (925) 777-9540

**Services:** The Psychotherapy Institute specializes in treating couples, parents, and children. They offer a range of services, including individual, marriage and couples, and family counseling.

**Rainbow Community Center (RCC)**

2118 Willow Pass Road, Suite 500, Concord, CA 94520, (925) 692-0090 - *Rainbow Community Center collaborates with local agencies to provide community-based services in West and East County.*

<https://www.rainbowcc.org/>

**Services:** The Rainbow Community Center of Contra Costa County (RCC) builds community and promotes well-being among Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning (LGBTQ) people and our allies. Services are provided at the main office in Concord and at partner organizations in East and West County. Services include outpatient mental health services as well as prevention and early intervention services.

**Seneca Family of Agencies**

2351 Olivera Road, Concord, CA 94520, (925) 808-8724 - *Seneca's main office is located in Concord; however, the agency provides services throughout Contra Costa County, including West County, by offering community-based services in locations such as satellite offices, clients' homes, and schools.*

<http://www.senecafoa.org/>

**Services:** Seneca Center for Children and Families provides community-based and family-based service options for emotionally troubled children and their families. Seneca offers a continuum of care ranging from intensive residential treatment, to in-home wraparound services, to Full Service Partnership services, to school-based services.

**STAND! For Families Free of Violence**

1410 Danzig Plaza #220, Concord, CA 94520, (925) 676-2845. STAND! Site 315 G Street, Antioch, CA 94509, (925) 706-8477 - *The main office is located in Concord, but the majority of services take place in community-based locations, such as schools, churches, and the client's home.*

<http://www.standffov.org/>

**Services:** STAND! For Families Free of Violence is a provider of county-wide comprehensive domestic violence and child abuse services in Contra Costa County, offering prevention, intervention, and treatment programs. STAND! provides services to address the effects of teen dating violence/domestic violence and help maintain healthy relationships for at-risk youth throughout Contra Costa County.

**Uplift Family Services (formerly EMQ Families First)**

2380 Salvio Street, Suite 200, Concord, CA 94520, 1-877-412-7474, (925) 602-1750

<https://upliftfs.org/our-services/services-by-region/bay-area/>

**Services:** Uplift Family Services is a statewide nonprofit that helps children and families. Uplift Family Services offers the following services in Contra Costa County: Community-Based Family Visitation Center, differential response, enhanced classroom, family finding, foster care and adoption services, intensive family preservation, intensive treatment foster care, kinship support services, and transitional housing.

**Youth Homes, Inc.**

3480 Buskirk Avenue, Suite 210, Pleasant Hill, CA 94523, (925) 933-2627 - *While Youth Homes' residential programs are located in Central County, all county residents who meet eligibility criteria may be referred for services.*

<https://www.youthhomes.org/>

**Services:** Youth Homes, Inc. is committed to serving the needs of abused and neglected children and



adolescents in California's San Francisco Bay Area. Youth Homes provides intensive residential treatment programs and community-based counseling services that promote the healing process for seriously emotionally abused and traumatized children and adolescents.

**YWCA of Contra Costa**

1320 Arnold Avenue, Suite 170, Martinez, CA 94553, (925) 372-4213. Mary Rocha Center, 931 Cavallo Road, Antioch, CA 94509, (925) 778-6234

<https://ywcaccc.org/>

**Services:** The YWCA of Contra Costa offers programs to support girls, women, families, and communities. Their mental health programs help families and individuals cope with the stresses and strains of everyday life, specializing in attachment issues and post- traumatic disorders.

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# **Service Directory for Adult Mental Health Services in West Contra Costa County**

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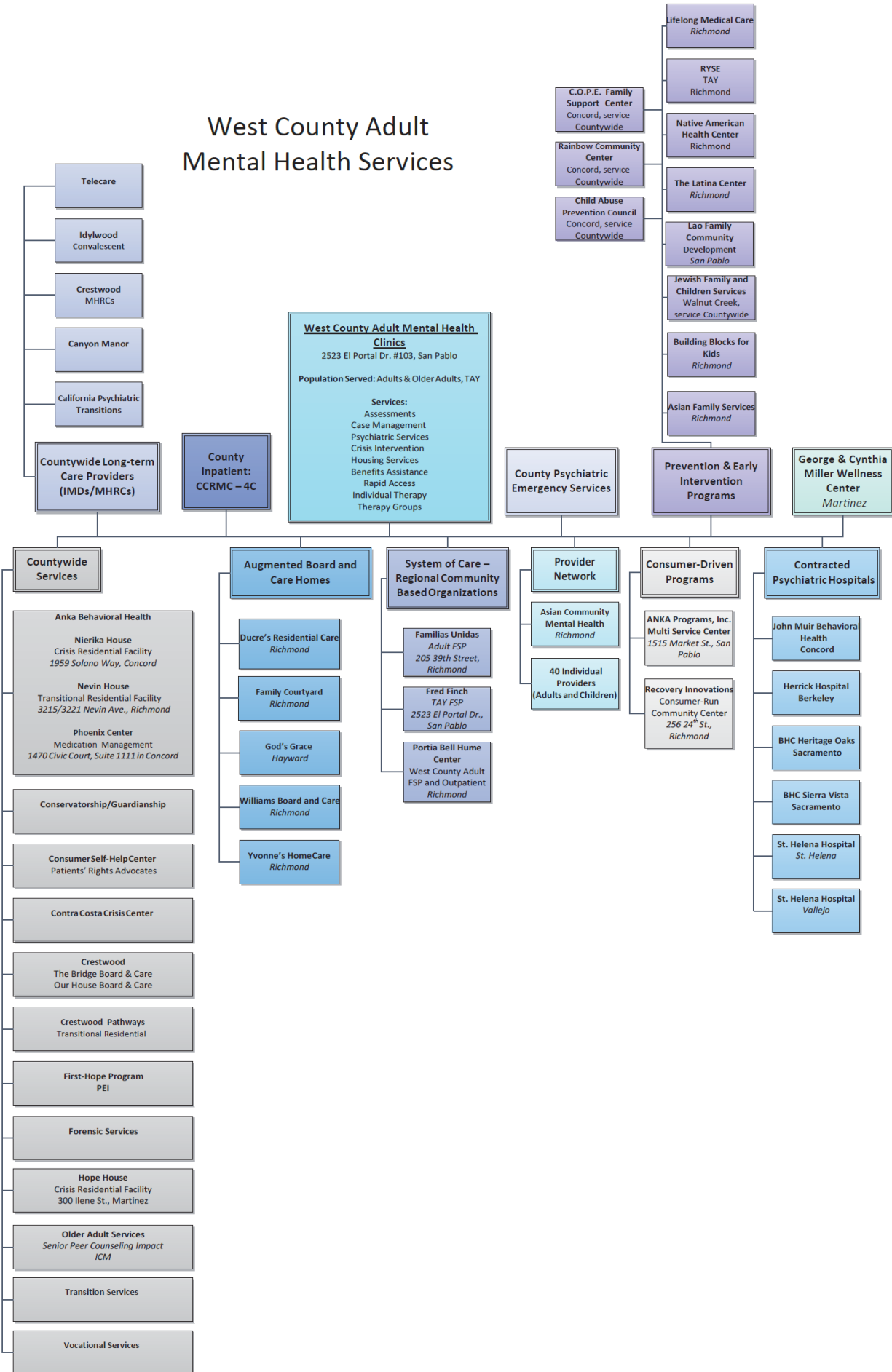
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**Contra Costa Behavioral Health Services**

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# West County Adult Mental Health Services



## Crockett

### **Carrie McCluer and Associates**

628 2<sup>nd</sup> Avenue, Suite 204, Crockett, CA 94525, (510) 787-6960

**Services:** Part of the Contra Costa Behavioral Health Services Provider Network, Carrie McCluer and Associates offers community-based mental health services.

## El Cerrito

### **Child Therapy Institute**

11100 San Pablo Avenue, Suite 208, El Cerrito, CA 94530, (510) 525-6225

<http://childtherapyinstitute.org/>

**Services:** Part of the Contra Costa Behavioral Health Services Provider Network, Child Therapy Institute offers mental health services, including therapy, to children and families.

### **Rainbow Community Center (RCC)**

West County Office: 6491 Portola Drive, El Cerrito, CA 94530, (925) 692-0090 - *Rainbow Community Center collaborates with local agencies to provide community-based services in West, Central and East County.*

<https://www.rainbowcc.org/>

**Services:** The Rainbow Community Center of Contra Costa County (RCC) builds community and promotes well-being among Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning (LGBTQ) people and our allies. Services are provided at the main office in Concord and at partner organizations in East and West County. Services include outpatient mental health services as well as prevention and early intervention services.

## Richmond

### **Asian Family Resource Center (AFRC)**

12240 San Pablo Avenue, Richmond, CA 94805, (510) 604-6200

<http://www.acmhs.org/>

**Services:** Asian Community Mental Health Services (ACMHS) and the Asian Family Resource Center (AFRC) provide comprehensive, culturally-sensitive and appropriate education and access to Mental Health Services to Asian and Pacific Islanders immigrant and refugee communities, especially the Southeast Asian and Chinese population of Contra Costa County.

### **Bay Area Community Resources (BACR)**

3219 Pierce Street, Richmond, CA 94804, (510) 559-3000

<https://www.bacr.org/>

**Services:** Bay Area Community Resources provides a range of services to promote the healthy development of individuals and families, encourage service and volunteerism, and help build community. Services are delivered at school and community-based sites and include mental health services.

### **Community Health for Asian Americans (CHAA)**

207 37<sup>th</sup> Street, Richmond, CA 94805, (510) 233-7555

<https://chaaweb.org/>

**Services:** Community Health for Asian Americans (CHAA) offers community-based behavioral health services for children, youth, and adults through therapy, case management, alcohol and other drug prevention and treatment, consultation, and psychological assessment. They also offer wraparound services for children,

adolescents, and their families facing emotional and behavioral challenges as well as adults who are homeless or at-risk of homelessness. CHAA has staff that speak 20 different Asian/Pacific Islander languages and dialects, as well as Spanish.

### **Ducre's Residential Care**

4400 Bell Avenue, Richmond, CA 94804

**Services:** Ducre's Residential Care is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

### **Familias Unidas**

205 39<sup>th</sup> Street, Richmond, CA 94805, (510) 412-5930

<http://www.familias-unidas.org/>

**Services:** Familias Unidas exists to improve wellness and self-sufficiency in Latino and other communities. We accomplish this by delivering quality mental health education, counseling, service advocacy, youth development and information/referral services.

### **LifeLong Medical Care**

Program Office 2344 6<sup>th</sup> Street, Berkeley, CA 94710, (510) 981-4156; Nevin Plaza 2400 Nevin Avenue, Richmond, CA 94804; Friendship Manor 564 Stege Avenue, Richmond, CA 94804 - *While the program is based in Berkeley, Lifelong provides community-based services at various locations in Richmond, including senior housing sites (Nevin Plaza, and Friendship Manor ) operated by the Richmond Housing Authority.*

<https://www.lifelongmedical.org/>

**Services:** Founded in 1976, LifeLong Medical Care is a multi-site safety-net provider of comprehensive medical, dental, behavioral health and social services to low-income individuals and families in West Contra Costa and Northern Alameda counties.

### **Native American Health Center (NAHC)**

2566 MacDonald Avenue, Richmond, CA 94804, (510) 232-7020

<http://www.nativehealth.org/>

**Services:** The Native American Health Center provides county-wide prevention and early intervention services to Native American families through groups and quarterly events that help develop partnerships and bring consumers and mental health professionals together to build a community that reflects the history and values of Native American people in Contra Costa County. Community-building activities include an elder's support group, youth wellness group (including suicide prevention and violence prevention activities), cultural events and traditional arts groups, and Positive Indian Parenting to teach life and parenting skills.

### **Portia Bell Hume Behavioral Health and Training Center**

3095 Richmond Parkway, Suite 201, Richmond, CA 94806, (925) 303-3770

<https://www.humecenter.org/>

**Services:** The Hume Center is a Community Mental Health Center that provides high quality, culturally sensitive and comprehensive behavioral health care services and training. The agency provides a continuum of care in Contra Costa that includes prevention and early intervention, comprehensive assessment services, behavioral consultation services, outpatient psychotherapy and psychiatry, case management, Partial Hospitalization services, and Full Service Partnership Programs.

**STAND! For Families Free of Violence**

3220 Blume Drive, Richmond, CA 94806, (510) 236-8972 - *The main office is located in Concord, but the majority of services take place in community-based locations, such as schools, churches, and the client's home.*

<http://www.standffov.org/>

**Services:** STAND! For Families Free of Violence is a provider of county-wide comprehensive domestic violence and child abuse services in Contra Costa County, offering prevention, intervention, and treatment programs. STAND! provides services to address the effects of teen dating violence/domestic violence and help maintain healthy relationships for at-risk youth throughout Contra Costa County.

**The Latina Center**

3701 Barrett Avenue #12, Richmond, CA 94805 (510) 233-8595

<https://thelatinacenter.org/>

**Services:** The Latina Center (TLC) provides culturally and linguistically specific parenting education and support to at least 300 Latina/o parents and caregivers in West Contra Costa County. Services: 1) support healthy emotional, social and educational development of children and youth ages 0-15; and 2) reduce verbal, physical and emotional abuse. The Latina Center also provides therapy.

**United Family Care, LLC (Family Courtyard)**

2840 Salesian Avenue, Richmond, CA 94804

**Services:** United Family Care, LLC is a licensed board and care provider that offers additional staff care to enable those with serious mental illness that live in Contra Costa County avoid institutionalization and enable them to live in the community.

**Williams Board and Care**

4229 Taft Street, Richmond, CA 94804

**Services:** Williams Board and Care is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

**Yvonne's Home Care Service**

2856 Shane Drive, Richmond, CA 94806

**Services:** Yvonne's Home Care Service is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

**San Pablo****Community Violence Solutions (CVS)**

2101 Van Ness Street, San Pablo, CA 94806, (510) 307-4121

<https://cvsolutions.org/>

**Services:** Community Violence Solutions (CVS) is dedicated to working in partnership with the community to end sexual assault and family violence through prevention, crisis services, and treatment.

**Divine's Home**

2430 Bancroft Lane, San Pablo, CA 94806

**Services:** Divines Home is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

**Fred Finch Youth Center**

2523 El Portal Drive, Suite 201, San Pablo, CA 94806, (510) 439-3130

<https://www.fredfinch.org/>

**Services:** Fred Finch Youth Center (FFYC) provides mental health and social services to children, young adults, and their families facing complex life challenges.

**LAO Family Community Development**

1865 Rumrill Boulevard, Suite B, San Pablo, CA 94806, (510) 215-1220

<https://lfcd.org/>

**Services:** Lao Family Community Development, Inc. provides a comprehensive and culturally sensitive integrated service system approach for Asian and South East Asian adults throughout Contra Costa County. The program activities include comprehensive case management and educational workshops and support groups, including conducting the Strengthening Families Program.

**Primary Care Clinic Behavioral Health Support (Contra Costa Behavioral Health)**

2523 El Portal Drive, San Pablo, CA 94806, (510) 215-3700

<https://cchealth.org/mentalhealth/#simpleContained4>

**Services:** Behavioral health clinicians staff the county Primary Care Health Centers in Martinez and Richmond. The goal is to integrate primary and behavioral health care. Two mental health clinicians are part of a multi-disciplinary team with the intent to provide timely and integrated response to those at risk, and/or to prevent the onset of serious mental health functioning among adults visiting the clinic for medical reasons.

**RI International**

2101 Vale Road, Suite 300, San Pablo, CA 94806, (510) 236-3020.

<https://riinternational.com/our-services/california/contra-costa/>

**Services:** RI International operates wellness and recovery centers situated in West, Central, and East County to ensure the full spectrum of mental health services is available to Behavioral Health Services clients. Wellness and Recovery Centers offer peer-led recovery-oriented, rehabilitation and self-help groups, which teach self-management and coping skills. The centers offer wellness recovery action plan (WRAP) groups, physical health and nutrition education, advocacy services and training, arts and crafts, and support groups.

**West County Adult Mental Health Clinic (Contra Costa Behavioral Health)**

2523 El Portal Drive, San Pablo, CA 94806, (510) 215-3700

<https://cchealth.org/mentalhealth/#simpleContained4>

**Services:** The West Adult Mental Health Clinic operates within Contra Costa Mental Health's Adult System of Care, and provides assessments, case management, psychiatric services, crisis intervention, housing services, and benefits assistance. In conjunction with clinic services, the Contra Costa Mental Health's Adult System of Care also provides transition services, vocational services, and conservatorship/guardianship services.

**County Network Providers****Individual Providers on the Provider Network**

888-678-7277

**Services:** There are 38 individual providers on the Provider Network serving West Contra Costa County. The Provider Network offers mental health services, including services for clients with mild and moderate mental health conditions.



## Countywide Services

### **Amador Institute**

3701 Lone Tree Way, Suite 7, Antioch, CA 94509, (925) 778-3800  
<http://www.amadorinstitute.com/>

**Services:** Amador Institute is an independent mental health organization providing individual, couples, and family counseling. Treatment specialization includes: therapy for depression and anxiety, couples counseling, parenting support, grief counseling, work and career issues, stress management, addiction and recovery, and conflict resolution.

### **Blessed Care Home**

1429 Springhill Drive, Pittsburg, CA 94565, (925) 286-5669

**Services:** Blessed Care Home is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

### **CC's Adult Residential Care Home**

2343 Crescent Drive, Concord, CA 94520, (925) 518-9028

**Services:** CC's Adult Residential Care Home is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

### **Center for Human Development**

901 Sun Valley Boulevard, Suite 220, Concord, CA 94520, (925) 687-8844  
<http://chd-prevention.org/>

**Services:** Center for Human Development (CHD) is a community-based organization that offers a spectrum of Prevention and Wellness services for at-risk youth, individuals, families, and communities in the Bay Area.

### **Central County Adult Mental Health Clinic (Contra Costa Behavioral Health)**

1420 Willow Pass Road, #200 Concord, CA 94520, (925) 646-5480  
<https://cchealth.org/mentalhealth/#simpleContained4>

**Services:** The Central Adult Mental Health Clinic operates within Contra Costa Mental Health's Adult System of Care, and provides assessments, case management, psychiatric services, crisis intervention, housing services, and benefits assistance. In conjunction with clinic services, the Contra Costa Mental Health's Adult System of Care also provides transition services, vocational services, and conservatorship/guardianship services.

### **Child Abuse Prevention Council**

2120 Diamond Boulevard, Suite 120, Concord, CA 94520, (925) 798-0546  
<https://www.capc-coco.org/>

**Services:** The Child Abuse Prevention Council of Contra Costa provides "The Nurturing Parenting" program. This is an evidence-based curriculum that is culturally, linguistically, and developmentally appropriate parent education class. Classes are provided to Spanish speaking families in East County and Central County's Monument Corridor. The Nurturing Parenting Program is a family-centered, trauma-informed initiative, designed to foster positive parenting skills as an alternative to abusive and neglecting parenting practices.

### **Concord Hill**

3112 Concord Boulevard, Concord, CA 94519, (925) 998-9932

**Services:** Concord Hill is a licensed board and care provider that offers additional staff care to enable those

with serious mental illness to avoid institutionalization and enable them to live in the community.

### **Concord Royale**

4230 Clayton Road, Concord, CA 94521, (925) 676-3410

**Services:** Concord Royale is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

### **Contra Costa Crisis Center**

307 Lennon Lane, Walnut Creek, CA 94598, (925) 939-1916 - Contra Costa Crisis Center answers all local calls to the National Suicide Prevention Lifeline (800-273-TALK and 800-SUICIDE) and 24 hour Crisis Line (800-833-2900), as well as calls to the Lifeline's Spanish-speaking suicide hotline (888-628-9454). *While the program's administrative offices are in Central Contra Costa County, all Contra Costa County residents may utilize the certified 24-hour suicide prevention hotline.*

<https://www.crisis-center.org/>

**Services:** The mission of the Contra Costa Crisis Center is to keep people alive and safe, help them through crises, and connect them with culturally relevant resources in the community. Contra Costa Crisis Center provides services to prevent suicides throughout Contra Costa County by operating a nationally certified 24-hour suicide prevention hotline.

### **Contra Costa Health, Housing, and Homeless Services (H<sup>3</sup>)**

2400 Bisso Lane, Suite D-2, Concord, CA 94520, (925) 313-7706 - *The H<sup>3</sup> program offices are located in Concord; however, the program serves individuals from all regions of the county.*

<https://cchealth.org/h3/>

**Services:** The County-operated Mental Health Services Act Housing Services component operates within the H<sup>3</sup> Program. The H<sup>3</sup> Program operates a number of temporary bed facilities in West and Central County for transitional age youth and adults. In 2010, CCMH entered into a Memorandum of Understanding with the H<sup>3</sup> Program that provides additional funding to enable up to 64 individuals with a serious mental illness per year to receive temporary emergency housing for up to four months. Additionally, having participated in a specially legislated MHSA Housing Program through the California Housing Finance Agency, the County, in collaboration with many community partners, completed a number of one-time capitalization projects to create 40 permanent housing units throughout the county for individuals with serious mental illness. The Behavioral Health Housing Services Coordinator and staff work closely with Homeless Program staff to coordinate referrals and placements, facilitate linkages with other Contra Costa mental health programs and services, and provide contract monitoring and quality control.

### **Contra Costa Interfaith Housing**

399 Taylor Boulevard, Suite 115, Pleasant Hill, CA 94523, (925) 944-2244

<https://ccinterfaithhousing.org/>

**Services:** Contra Costa Interfaith Housing (CCIH) provides permanent, affordable housing and on-site support services to homeless and at-risk families and individuals in Contra Costa County. CCIH case managers are licensed clinicians and receive clinical supervision on a regular basis, to provide the most appropriate support to families coping with mental health challenges. Several programs serve residents with disabilities, predominantly in the realm of mental health and/or substance abuse problems.

### **Consumer Self-Help Center**

(844) 666-0472

**Services:** Consumer Self-Help Center operates the county's Patients' Rights program, providing advocacy services for mental health clients. The office of Patients' Rights is responsible for providing: 1) Certification

Review Hearings, Riese Capacity Hearings and Clinical Review services; 2) training on Patients' Rights to providers and consumers of mental health services; and 3) general advocacy services.

**Counseling Options for Parent Education (COPE) Family Support Center**

2280 Diamond Boulevard, Suite 460, Concord, CA 94520, (925) 689-5811  
<http://copefamilysupport.org/>

**Services:** In partnership with First 5 Contra Costa Children, Family Commission, and County Behavioral Health, COPE is funded to deliver Positive Parenting Program (Triple P Parenting) classes to parents of children age 0 – 17. All classes are available in Spanish and/or English and level 4 is available in Arabic and Farsi.

**Crestwood Behavioral Health, Inc.**

550 Patterson Boulevard, Pleasant Hill, CA 94523, (925) 938-8050 - *While Crestwood Behavioral Health's Contra Costa programs are located in Central County, all county residents who meet eligibility criteria may be referred for services.*  
<https://crestwoodbehavioralhealth.com/>

**Services:** Crestwood Behavioral Health Inc. offers mental health clients and their families a continuum of care and treatment, from traditional psychiatric services to innovative recovery programs, geared towards community reintegration. Services include adult residential programs, community programs, mental health rehabilitation centers, psychiatric health facilities, skilled nursing facilities, and wellness clinics.

**Delly's Care Home**

2125 Holbrook Drive, Concord, CA 94519, (925) 639-1262 and (925) 363-9771

**Services:** Delly's Care Home is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

**Early Childhood Mental Health Program**

4101 MacDonald Avenue, Richmond, CA 94805, (510) 412-9200  
<https://ecmhp.org/>

**Services:** The Early Childhood Mental Health Program has been making a difference in the lives of young children and their families for over four decades. The program fosters healthy development in infants and young children from birth to 6 years of age who are at risk, abused, neglected, emotionally disturbed, or affected by family substance abuse, by providing comprehensive mental health treatment and early education services to them and to their families.

**First Hope (Contra Costa Behavioral Health)**

1034 Oak Grove Road, Concord, CA 94518 (925) 681-4450 - *First Hope's program offices are located in Concord; however, the program serves individuals from all regions of the county.*  
<http://www.firsthopeccc.org/>

**Services:** The mission of the First Hope program is to reduce the incidence and associated disability of psychotic illnesses county-wide through early identification of young people between ages 12 and 25 who are showing very early signs of psychosis and are determined to be at risk for developing a serious mental illness.

**Forensic Mental Health (Contra Costa Behavioral Health)**

1430 Willow Pass Road, Suite 100, Concord, CA 94520, (925) 681-9381 - *Forensic Mental Health's office is located in Concord; however, the program serves individuals from all regions of the county and the program offers regional community-based services as appropriate.*

**Services:** The Forensics Services team is a multidisciplinary team comprised of mental health clinical specialists, registered nurses, alcohol and other drugs specialists, homeless benefits specialists, and

community support workers. The purpose of the team is to engage and offer voluntary services to participants who are seriously and persistently mentally ill and are involved in the criminal justice system.

### **George and Cynthia Miller Wellness Center (Contra Costa Behavioral Health)**

25 Allen Street, Martinez, CA 94553, (925) 313-7900 - *George and Cynthia Miller Wellness Center is located in Martinez; however, the program serves individuals from all regions of the county.*

<https://cchealth.org/centers/mwc.php>

**Services:** The George and Cynthia Miller Wellness Center (Miller Wellness Center) provides county - wide services to consumers that includes the diversion of children and adults from Psychiatric Emergency Services (PES). Children and adults who are evaluated at PES may step- down to the Miller Wellness Center if they do not need hospital level of care. The Miller Wellness Center offers urgent same-day appointments for individuals who are not open to the Contra Costa Mental Health System, or who have disconnected from care after previously being seen. Services include brief family therapy, medication refills, substance abuse counseling, and general non-acute assistance.

### **God's Grace Home**

629 Hampton Road, Hayward, CA 94541 - *While God's Grace Home is located in Alameda County, Contra Costa County residents who meet eligibility criteria may be referred for services.*

**Services:** God's Grace Home is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

### **Happy Home**

5509 Indiana Drive, Concord, CA 94521, (925) 672-0298

**Services:** Happy Home is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

### **Jewish Family and Community Services - East Bay**

1855 Olympic Boulevard, Suite 200, Walnut Creek, CA 94596, (925) 927-2000 - *Jewish Family and Children Services partners with local community-based agencies to provide trainings throughout Contra Costa County.*

<https://jfcs-eastbay.org/>

**Services:** Jewish Family and Community Services/ East Bay provides multi-lingual, multi-cultural social services designed to strengthen individuals, families, and the community. Services are offered in Farsi, Spanish, Russian languages. As a problem-solving center for residents of several Bay Area counties, JFCS/ East Bay strives to be a lifeline for children, families, and older adults facing life transitions and personal crises.

### **Johnson Care Home**

1801 Johnson Drive, Antioch, CA 94509, (925) 642-6947

**Services:** Johnson Care Home is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

### **La Clinica de la Raza**

2000 Sierra Road, Concord, CA 94518, (510) 535-4000. 2240 Gladstone Drive, Suite 4, Pittsburg, CA 94565, (925) 431-2100. *La Clinica has many sites that offer varying services.*

<https://www.laclinica.org/>

**Services:** With 40 locations spread across Alameda, Contra Costa and Solano Counties, La Clínica delivers culturally and linguistically appropriate health care services, including mental health services, to address the needs of the diverse populations it serves.

### **Lark Lane Adult Residential Facility**

2249 Pacheco Street, Concord, CA 94520, (925) 356-0122

**Services:** Lark Lane Adult Residential Facility is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

### **Margarita's Villa of Care**

3144 Ida Drive, Concord, CA 94519, (925) 798-3639

**Services:** Margarita's Villa of Care is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

### **Menona Drive Care Home**

4586 Menona Drive, Antioch, CA 94531, (925) 303-2969

**Services:** Menona Drive Care Home is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

### **Mental Health Systems, Inc.**

2280 Diamond Boulevard, #500, Concord, CA 94520, (925) 483-2223 - *While the program's administrative offices are located in Concord, the program serves all regions of Contra Costa County and services take place in community-based locations, such as the client's home or other local sites in the community.*

<https://www.mhsinc.org/listing/contra-costa-action-team/>

**Services:** Mental Health Systems, Inc. (MHS) provides Assisted Outpatient Treatment (AOT) services and subsequent Assertive Community Treatment (ACT) Full Service Partnership services. Program services meet the requirements of AB 1421 (Laura's Law) while respecting the choice, autonomy and dignity of individuals struggling with the symptoms of serious mental illness and/or co-occurring substance abuse disorders.

### **Modesto Residential**

1932 Evergreen Avenue, Modesto, CA 95350, (209) 530-9300 - *While Modesto Residential is located in Modesto, Contra Costa County residents who meet eligibility criteria may be referred for services.*

**Services:** Modesto Residential is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

### **National Alliance on Mental Illness (NAMI) Contra Costa**

2151 Salvio Street, Suite M, Concord, CA 94520, (925) 942-0767 – *NAMI Contra Costa's main office is located in Concord; however, the agency provides services throughout Contra Costa County, including East, West and South County, by offering services in locations such as satellite partner offices, hospitals and churches.*

<http://www.namicontracosta.org/index.html>

**Services:** NAMI Contra Costa provides provide support, outreach, education and advocacy to individuals living with and families affected by mental illness. NAMI has been assisting people and families affected by mental illness in Contra Costa for over 30 years. All programs are free.

### **Oak Hills Residential Facility**

141 Green Meadow Circle, Pittsburg, CA 94565, (925) 759-4412

**Services:** Oak Hills Residential Facility is a licensed board and care provider that offers additional staff care to

enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

**Office for Consumer Empowerment (Contra Costa Behavioral Health)**

1330 Arnold Drive, #140, Martinez, CA 94553, (925) 957-5105 - *The Office for Consumer Empowerment's main office is located in Martinez; however, the program serves individuals from all regions of the county.*

**Services:** The Office of Consumer Empowerment is a County operated program that supports the entire Behavioral Health System, and offers an range of trainings and supports by and for individuals who have experience receiving mental health services. The goals are to increase access to wellness and empowerment knowledge for consumers of the Behavioral Health System.

**Older Adult Mental Health (Contra Costa Behavioral Health)**

2425 Bisso Lane, Suite 100, Concord, CA 94520, (925) 521-5620 - *The Older Adult Mental Health program office is located in Concord; however, the program serves individuals from all regions of the county and provides community-based services.*

<https://cchealth.org/mentalhealth/#simpleContained4>

**Services:** The Older Adult Mental Health Clinic is part of the Adult System of Care and provides mental health services to Contra Costa's senior citizens, including preventive care, linkage and outreach to under-served at risk communities, problem solving short-term therapy, and intensive care management for severely mentally ill individuals.

**Paraiso Home**

3840 Knightsen Road, Oakley, CA 94561, (925) 408-8675

**Services:** Paraiso Home is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

**Pathways to Wellness**

1210 Alhambra Avenue, Martinez, CA 94553, (925) 228-4200

<http://www.pathwaystowellness.net/>

**Services:** Pathways to Wellness is designed to provide a vital link in the spectrum of services available to children, adolescents and adults requiring mental health management. Services include psychiatric evaluation/assessment, medication management/support and prescription, individual, group and family therapy, and intensive case management services.

**Pleasant Hill Manor**

40 Boyd Road, Pleasant Hill, CA 94523, (925) 937-5348

**Services:** Pleasant Hill Manor is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

**Portia Bell Hume Behavioral Health and Training Center**

555 School Street, Pittsburg, CA 94565, (925) 481-4433

<https://www.humecenter.org/>

**Services:** The Hume Center is a Community Mental Health Center that provides high quality, culturally sensitive and comprehensive behavioral health care services and training. The agency provides a continuum of care in Contra Costa that includes prevention and early intervention, comprehensive assessment services, behavioral consultation services, outpatient psychotherapy and psychiatry, case management, Partial Hospitalization services, and Full Service Partnership Programs.

**Psychotherapy Institute of Individual, Family, and Community Development, Inc.**

509 West 10<sup>th</sup> Street, Antioch, CA 94509, (925) 777-9540

**Services:** The Psychotherapy Institute specializes in treating couples, parents, and children. They offer a range of services, including individual, marriage and couples, and family counseling.

**Putnam Clubhouse (Contra Costa Clubhouse)**

3024 Willow Pass Road, Suite 230, Concord, CA 94519, (925) 691-4276

<https://www.putnamclubhouse.org/>

**Services:** Putnam Clubhouse provides a safe, welcoming place, where participants (called members), recovering from mental illness, build on personal strengths instead of focusing on illness. Members work as colleagues with peers and a small staff to maintain recovery and prevent relapse through work and work-mediated relationships. Members learn vocational and social skills while doing everything involved in running The Clubhouse.

**Rainbow Community Center (RCC)**

2118 Willow Pass Road, Concord, CA 94520, (925) 692-0090 - *Rainbow Community Center collaborates with local agencies to provide community- based services in West and East County.*

<https://www.rainbowcc.org/>

**Services:** The Rainbow Community Center of Contra Costa County (RCC) builds community and promotes well-being among Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning (LGBTQ) people and our allies. Services are provided at the main office in Concord and at partner organizations in East and West County. Services include outpatient mental health services as well as prevention and early intervention services.

**RI International**

3711 Lone Tree Way, Antioch, CA 94509, (925) 732-7930. 2975 Treat Boulevard, Suite C-8, Concord, CA 94518, (925) 363-7290

<https://riinternational.com/our-services/california/contra-costa/>

**Services:** RI International operates wellness and recovery centers situated in West, Central, and East County to ensure the full spectrum of mental health services is available to Behavioral Health Services clients. Wellness and Recovery Centers offer peer-led recovery- oriented, rehabilitation and self-help groups, which teach self-management and coping skills. The centers offer wellness recovery action plan (WRAP) groups, physical health and nutrition education, advocacy services and training, arts and crafts, and support groups.

**Scenic View**

405 Richardson Street, Martinez, CA 94553, (925) 625-9462 and (925) 372-0332

**Services:** Scenic View is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

**Shelter, Inc.**

1333 Willow Pass Road, Suite 206, Concord, CA 94520, (925) 335-0698 - *Shelter, Inc.'s administrative offices are located in Concord; however, the program serves individuals from all regions of the county.*

<https://shelterinc.org/>

**Services:** The mission of Shelter, Inc. is to prevent and end homelessness for low-income residents of Contra Costa County by providing resources that lead to self-sufficiency. Shelter, Inc. was founded to alleviate the County's homeless crisis, and its work encompasses three main elements: 1) prevent the onset of homelessness, including rental assistance, case management, and housing counseling services, 2) end the cycle of homelessness by providing 3 to 24 months of housing in combination with supportive services, such as job training, educational services, health care, and counseling, and 3) provide affordable housing for nearly 250



low-income households, including such special needs groups as transition-age youth, people with HIV/AIDS, and those with mental health disabilities.

### **Springhill Home**

1387 Springhill Drive, Pittsburg, CA 94565, (650) 219-8144

**Services:** Springhill Home is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

### **STAND! For Families Free of Violence**

1410 Danzig Plaza #220, Concord, CA 94520, (925) 676-2845 - *The program site is located in Concord, but the majority of services take place in community-based locations, such as schools, churches, and the client's home.*

<http://www.standffov.org/>

**Services:** STAND! For Families Free of Violence is a provider of county-wide comprehensive domestic violence and child abuse services in Contra Costa County, offering prevention, intervention, and treatment programs. STAND! provides services to address the effects of teen dating violence/domestic violence and help maintain healthy relationships for at-risk youth throughout Contra Costa County.

### **Telecare Corporation**

300 Ilene Street, Martinez, CA 94553, (925) 313-7980 - *While Telecare's residential program is located in Martinez, all county residents who meet eligibility criteria may be referred for services.*

<https://www.telecarecorp.com/>

**Services:** Telecare Corporation operates Hope House, a voluntary, highly structured 16-bed Short-Term Crisis Residential Facility (CRF) for adults between the ages of 18 and 59. Hope House serves individuals who require crisis support to avoid hospitalization, or are discharging from the hospital or long-term locked facilities and need step-down care to transition back to community living.

### **Vocational Services: Recovery through Employment Readiness**

1430 Willow Pass Road, Suite 230, Concord, CA 94520, (925) 288-3950 - *The program serves adults who are determined to be seriously mentally ill that meet medical and mental necessity that are being serve by Contra Costa Mental Health's Adult System of Care.*

**Services:** Contra Costa Vocational Services (CCVS) is a program within Contra Costa County Adult Mental Health that provides vocational rehabilitation services to persons with psychiatric and substance abuse disabilities.

### **Williams Board and Care**

430 Fordham Circle, Vallejo, CA 94589, (707) 731-2326 - *While Williams Board and Care is located in Vallejo, Contra Costa County residents who meet eligibility criteria may be referred for services.*

**Services:** Williams Board and Care is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

### **Woodhaven Home**

3319 Woodhaven Lane, Concord, CA 94519, (925) 349-4225

**Services:** Woodhaven Home is a licensed board and care provider that offers additional staff care to enable those with serious mental illness to avoid institutionalization and enable them to live in the community.

### **Youth Homes, Inc.**

3480 Buskirk Avenue, Suite 210, Pleasant Hill, CA 94523, (925) 933-2627 - *While Youth Homes' residential programs are located in Central County, all county residents who meet eligibility criteria*

*may be referred for services.*

<https://www.youthhomes.org/>

**Services:** Youth Homes, Inc. is committed to serving the needs of abused and neglected children and adolescents in California's San Francisco Bay Area. Youth Homes provides intensive residential treatment programs and community-based counseling services that promote the healing process for seriously emotionally abused and traumatized children and adolescents.

**YWCA of Contra Costa**

1320 Arnold Avenue, Suite 170, Martinez, CA 94553, (925) 372-4213. Mary Rocha Center, 931 Cavallo Road, Antioch, CA 94509, (925) 778-6234

<https://ywcaccc.org/>

**Services:** The YWCA of Contra Costa offers programs to support girls, women, families, and communities. Their mental health programs help families and individuals cope with the stresses and strains of everyday life, specializing in attachment issues and post- traumatic disorders.