Send to: Fax: 510-255-5196 Email: mchai@inspiringcommunities.org

PATIENT INFORMATION	
First name	Address
Last name	
Health insurance#	City
Gender ☐ Male ☐ Female	State
Birth date ( / / )	ZIP code
Email	Phone
By providing your information above, you authorize your health care practitioner to provide this information to a diabetes prevention program provider, who may in turn use this information to communicate with you regarding its diabetes prevention program.	
PRACTITIONER INFORMATION (COMPLETED BY HEALTH CARE PRACTITIONER)	
Provider Name:	Facility:
NPI:	City
Staff Contact Name:	State
Contact Phone:	ZIP code
SCREENING INFORMATION	
Body MassIndex (BMI) Eligibility = ≥24 (≥22 if Asian)*	
Blood test (check one)  ☐ Hemoglobin A1C  ☐ Fasting Plasma Glucose  ☐ 2-hour plasma glucose (75 gm OGTT) 140—199 mg/dL  ☐ Date of blood test ( / / ): Must be within 1 year	MEDICARE ONLY (REQUIRED)  Patient must have a qualifying blood test result (must be within 12 months of their planned Medicare DPP start date).  Self-reporting is not allowed.  • Fill out the above lab values or provide a lab result print-out.  • Lab printouts must include patient first name, last name, date of birth, health plan ID number, lab value and test date.
Date Practitioner signature	
Patient Consent	
1. You are enrolling in a <b>Diabetes Prevention Program (DPP)</b> recognized by the federal government.  2. This program is based on sound research and is designed to help you avoid type-2 diabetes.  3. You understand that protected health information will be generated during your participation and that your privacy will be protected as required by all applicable laws.  4. You agree to enroll in this program and participate to obtain the health benefits.	
Date Patient signatur	e

<sup>\*</sup>These BMI levels reflect eligibility for the National DPP as noted in the CDC Diabetes Prevention Recognition Program Standards and Operating Procedures. The American Diabetes Association (ADA) encourages screening for diabetes at a BMI of ≥23 for Asian Americans and ≥25 for non-Asian Americans, and some programs may use the ADA screening criteria for program eligibility.