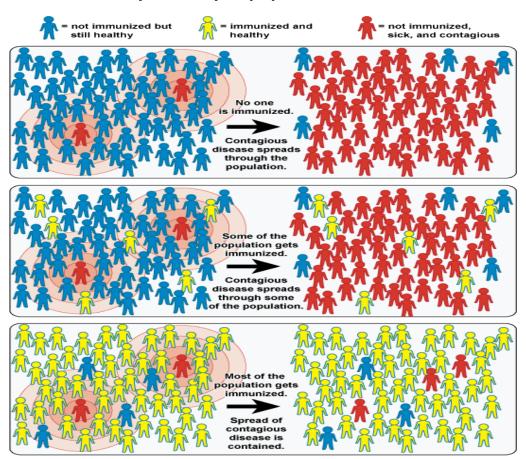


#### IMMUNIZATIONS AND VACCINE PREVENTABLE DISEASES

#### **General Information**

California law requires all children enrolled in state schools, both public and private, to have certain doctor-recommended immunizations, or receive them when they enroll. Parents may exempt their children from one or more of the doctor-recommended, school-required immunizations, if vaccination is contrary to their personal beliefs, by submitting a completed form prior to admission into child care, kindergarten, 7th grade, or when transferring to a California school from out of state. To complete the form, parents are required to discuss the risks and benefits of immunizations and the diseases they prevent with a healthcare practitioner.

To prevent disease outbreaks in a community, at least 90% of its population must be immunized ("community or herd immunity"), depending on the disease. Several child care centers, preschools and kindergarten classes in Contra Costa County fell short of 90% during 2013-14, because parents of 10% or more of their students used personal belief exemptions (PBEs) to opt out of school immunization requirements. When parents choose not to vaccinate, they put their children, and our community, at greater risk of severe, vaccine preventable diseases by reducing community immunity. See the diagram below for how community immunity helps protect all of us:



How well-vaccinated is your child's child care facility? <a href="http://www.shotsforschool.org/child-care-facilities-lookup/">http://www.shotsforschool.org/child-care-facilities-lookup/</a>

How well-vaccinated is your child's kindergarten? <a href="http://www.shotsforschool.org/kindergarten-lookup/">http://www.shotsforschool.org/kindergarten-lookup/</a>



# LINKS TO IMMUNIZATION SCHEDULE AND REQUIREMENTS FOR AGE 0-18

#### **CDC Immunization Schedule**

Because immunization recommendations can change, please contact your health care provider or check the Centers for Disease Control and Prevention (CDC) website for the most current recommendations. For the CDC's recommended immunization schedule for persons age 0-18 visit:

http://www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html

## **School Immunization Requirements**

The following links include California state vaccine requirements for child care and school entry, immunization reporting resources for schools, tips for finding a lost immunization record, the Personal Belief Exemption (PBE) form, and the form for ordering immunization materials in Contra Costa County.

California guide to immunizations required for child care entry	http://eziz.org/assets/docs/IMM-230.pdf
California guide to immunizations required for school entry	http://eziz.org/assets/docs/IMM-231.pdf
Child care and school immunization assessment reporting	http://www.shotsforschool.org/reporting/
Tips for locating old immunization records	http://www.immunize.org/catg.d/p3065.pdf
Vaccine exemptions	http://www.shotsforschool.org/laws/exemptions/
Immunization materials ordering (online and fax)	http://cchealth.org/immunization/materials- order.php

#### **WHO TO CALL**

## For immunization questions in Contra Costa County:

Immunization Assistance Program of Contra Costa County 925-313-6767 597 Center Avenue, Suite 200A Martinez, CA

# For times and locations of Public Health and Community immunization clinics in Contra Costa:

800-246-2494

http://cchealth.org/immunization/clinics.php

## For travel vaccine appointments:

925-313-6488

By appointment only (no drop-ins) on Friday mornings.





#### **OTHER IMMUNIZATION RESOURCES**

# **CDC Fact Sheets for vaccine-preventable diseases:**

http://www.cdc.gov/vaccines/vpd-vac/fact-sheet-parents.html

#### **CDC vaccine information statements:**

http://www.cdc.gov/vaccines/hcp/vis/

# General recommendations on immunization from Advisory Committee on Immunization Practices (ACIP):

http://www.cdc.gov/mmwr/preview/mmwrhtml/rr6002a1.htm

#### **California State Immunization Branch:**

http://www.cdph.ca.gov/programs/immunize/Pages/Default.aspx

## Flu vaccination information from Contra Costa Health Services:

http://cchealth.org/flu/vaccination.php

# CDC's 10 things you need to know about vaccines:

http://www.cdc.gov/vaccines/vac-gen/10-shouldknow.htm



## Visit http://shotbyshot.org/

to hear and read stories from people who have been affected by vaccine-preventable diseases.

# **Questions?**

Contra Costa County Communicable Disease Programs (925) 313-6740 http://cchealth.org/cd/