## You and the Law on UNDERAGE DRINKING

Under state law (California State Penal Code 272), any adult who furnishes alcohol to a minor under 21 years old will be charged with a misdemeanor, which is punishable by a " ne of up to \$2,500 and/or up to a year in county jail.

31% of juveniles in the justice system were under the influence of alcohol at the time of their arrest.

• A new Assembly Bill (AB 454) will penalize the same offense as a felony. For more information, logon to www.leginfo. ca.gov

#### WARNING SIGNS

While the following behaviors may indicate an alcohol or other drug problems some also re! ect normal teenage growing pains.

- **MOOD CHANGES:**! are-ups of temper, irritability, and defensiveness.
- SCHOOL PROBLEMS: poor attendance, low grades, and/or recent disciplinary action.
- **REBELLING** against family rules.
- SWITCHING FRIENDS, along with a reluctance to have you get to know the new friends.
- A "NOTHING MATTERS" ATTITUDE: sloppy appearance, a lack of involvement in former interests, and general low energy.
- FINDING ALCOHOL in your child's room or backpack, or smelling alcohol on his or her breath.
- PHYSICAL OR MENTAL PROBLEMS: memory lapses, poor concentration, bloodshot eyes, lack of coordination, or slurred speech.

First use of alcohol typically begins at age 13.

# A CALL TO ACTION

#### Taking Action:

Prevention Strategies for Parents

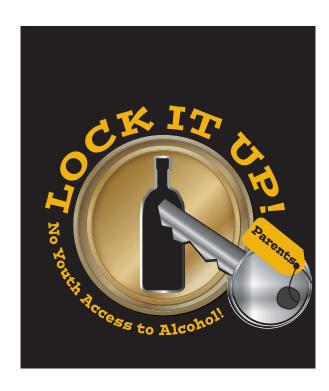
- MONITOR alcohol use in your home, keep track of the supply
- MAKE CLEAR to your child that you don't allow unsupervised parties
- **CONNECT** with other parents
- **KEEP TRACK** of your child's activities
- DEVELOP family rules about teen drinking and set a good example
- DON'T support teen drinking
- TALK to your local store about NOT selling to minors

If you believe your child may have a problem with alcohol, call our Alcohol and Other Drugs Information Line at 800-846-1652 or 925-313-6300 or visit cchealth.org.

#### PARENTS:

### UNDERAGE DRINKING IS

#### ILLEGAL!



Alcohol and Other Drugs Services Division Safe and Drug Free Schools and Communities Grant



### Alcohol is the most widely used drug in the United States. Alcohol is the most commonly used drug among young people.

About 10.4 million Americans between the ages of 12-20 had at least 1 alcoholic drink in the last 30 days.

Junior High and Senior High school students drink 35% of all wine coolers sold in the United States.

56% of students in grades
5-12 say that alcohol
advertising encourages
them to drink.

Teenagers whose parents

talk to them about the talk to them about the dangers of drugs are 42% less likely to use drugs, yet only 1 likely to use drugs, yet only 1 in 4 teens report having these conversations.

75% of young teens say
75% of young teens to get.
That alcohol is easy to get.
That alcohol is easy to get.
That alcohol said that they
Approximately 65% of the
Approximately 65% of the
Approximately 65% of the
youth surveyed said that they
youth surveyed they drink
youth alcohol they
got the alcohol friends.

I say the said that they
youth surveyed and friends.

— Sources: National Council on Alcoholism and Drug Dependency (NCADD)