



CMU Review Training

Presented by:

Behavioral Health Services (BHS)

Care Management Unit (CMU)

INTRODUCTIONS











Welcome

Purpose of Training

Updates

Review CMU Workflow

Review Clinical Forms

Quality Reviews

Review Claims Process

> Review Provider Portal

Housekeeping\Breaks

Zoom Tips

Break around 10:45

Question Format

Presenter Introductions

Contra Costa Health Services Behavioral Health Division

MISSION STATEMENT

The mission of Contra Costa
Behavioral Health, in partnership
with members, families, staff, and
community-based agencies, is to
provide welcoming, integrated
services for mental health, substance
use, homelessness and other needs
that promote wellness, recovery, and
resiliency while respecting the
complexity and diversity of the
people we serve.

VISION STATEMENT

Contra Costa Behavioral Health envisions a system of care that supports independence, hope, and healthy lives by making accessible behavioral health services that are integrated, responsive, compassionate, and respectful.

CCMHP - Care Management Unit (CMU) - Contact Information

1330 Arnold Drive Suite 143 Martinez, CA 94553

(925) 372-4400

> CMU Clinicians Option 1

Claims Department
Option 4

Provider Services
Option 6

• Fax: (925) 372-4410

CCMHP - Care Management Unit (CMU) - Team

• CMU/Provider Services Program Manager
Gina Griffiths, LCSW

CMU/Provider Services Clinicians

Kim Kirkland, LMFT Taylor Culbertson, LMFT Cheryl Kehner, LMFT

CMU Clerical Supervisor

Sandra Lopez

Clerks

Alyssa Clarke & Mukesh Chauhan- Claims

Doug Hand & Austin White - CMU

Vijay Dugal & Adrianna Pinon-Cheek - Provider Services

Kelly Saelaw - CMU & Provider Services

CCMHP PROVIDER NETWORK REQUIREMENTS

Reminder of Provider Requirements

- Return calls within 1 business day of the member's original contact/voice-mail, to schedule intake appointment or address routine matters.
- Offer an appointment within 10 business days of member's first contact.
- > Keep voice mail clear, return calls even if practice is full.
- > Have an established plan for 24-hour crisis response, detailed on your outgoing voice message.
- > Participate in at least one training meeting a year.
- Notify Provider Services of ANY changes, i.e. address, name, tax status.
- Keep Provider Services updated on availability changes.
- Respond to CMU, Provider Services, and Access Line communications within 1 business day.

ACCESS Line

The Gateway to
Contra Costa
County's
Behavioral Health
System of Care



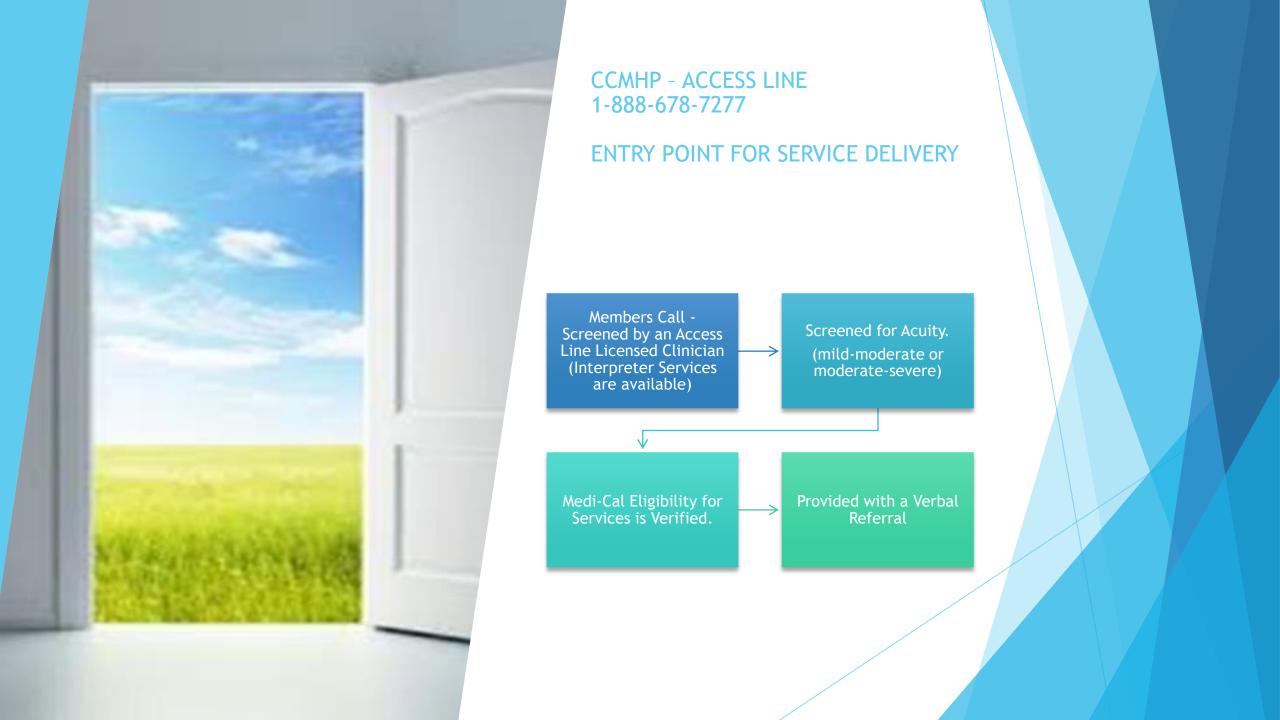
The ACCESS Line welcomes members to integrated services for mental health and substance use.



It is the main point of entry into the county's Mental Health Clinics and Substance Use Disorder treatment programs.

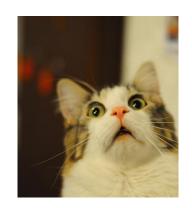


The line offers 24-hour availability and assistance in all languages via staff or interpreters.



A Screening is NOT always required

Members may reach out directly to network providers to schedule an appointment.



In the past, providers were advised to instruct the member to call the Access Line for a Screening.

Now, providers may start seeing a member even if the member has not been "screened".

What to do when a member contacts you directly

- 1) Verify Contra Costa County Medi-Cal eligibility (and possible duplication of services) by any one of the ways listed below:
 - Provider Portal look under the "patient" tab, then "search all patients". You'll need the member's name, birthdate, and MRN/CIN.
 - Contact CMU either via CRM or calling 925-372-4400, option 1.
- 2) Once eligibility is confirmed, follow the regular workflow addressed in later slides.

Reminders/Tips:

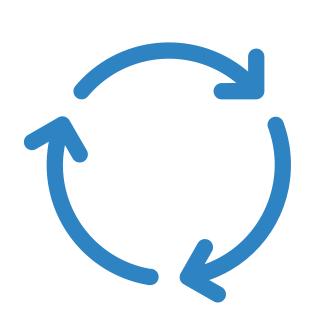


Please offer an appointment within 10 business days for newly referred members, as required by DHCS. If you do not have available appointments within this time-frame, or do not have openings altogether, please inform CMU of your availability ASAP.



Make sure your outgoing message includes your full name and license and who to call in the event of a crisis (211).





The Care Management Unit (CMU)

Overview of CMU Lines of Business/Programs

Specialty Mental Health Services (Moderate/Severe)

Non-Specialty Mental Health Services (Mild/Moderate)

Responsibility

 The Contra Costa Mental Health Plan (CCMHP) is responsible for service delivery.

Responsibility

•Contra Costa Health Plan (CCHP) is responsible for service delivery. They delegate oversight to the Contra Costa Mental Health Plan (CCMHP).

Medical Necessity Criteria

Adheres to Medi-caid Title XI criteria.

Medical Necessity Criteria

 Adheres to Medi-Cal guidelines which are less restrictive than Title XI.

Forms

- Registration & Admission Form
- MH Assessment
- Problem List
- Discharge Form

Forms

- Registration & Admission Form
- MH Assessment
- Discharge Form

How will I know my member's acuity?



Provider Portal will display the acuity - Mild/Moderate or Moderate/Severe under the "Patient" tab.



If the acuity displayed does not match what you feel the member's acuity is, call CMU to consult.

What to do when acuity changes...

If there IS NOT a need for a "new" or "additional" service:

Contact CMU to update the member's acuity in our system.

You may call or create CRM with Subtopic "Behavioral Health Other"



If there <u>IS</u> a need for a "new" or "additional" service:



Complete a Transition of Care Tool and submit to CMU.

Submit the TOC Tool via Provider Portal using the "Create Referral" tab and select the member (if you do not have the tab, contact CMU).

Entering a TOC in Provider Portal

Can either enter from the home page by selecting "Create Referral" then select the member or enter from the member page by selecting "New Referral". Priority: Select Routine

Type: Search Transition of Care (BHS Transition of Care will populate)

Reason: Let default to Portal Request

Class: Select Incoming (to CCRMC/Health Centers or BHS Access)

Referral By: Enter Provider and Location/POS

Referral To; Provider Specialty: Behavioral Health

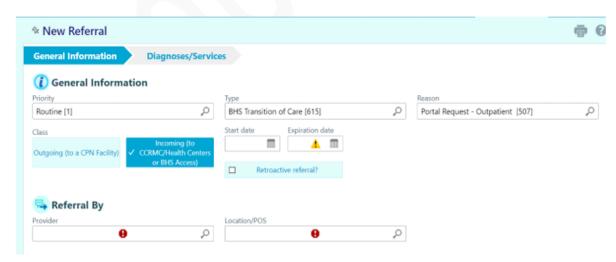
Diagnosis (coded): Enter Diagnosis code

Questionnaire: Provide responses to questions – additional questions will populate or be disabled based on answers

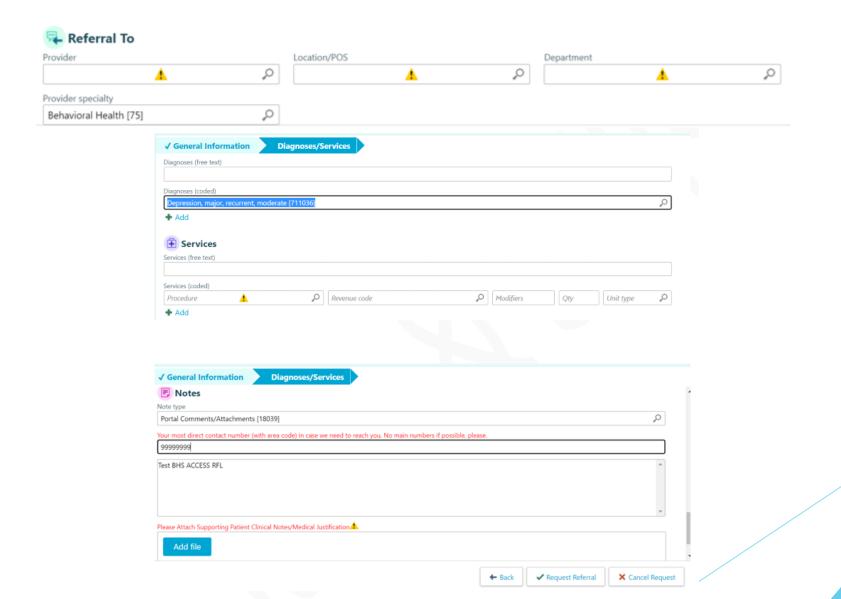
Notes; Note Type: Allow default

Notes; Add direct contact phone number: Add direct contact phone number

Notes; Text Box: Add required note



Entering a TOC in Provider Portal



TOC - Care Coordination

Providers must coordinate with one another to facilitate care transitions and guide referrals.

Providers should continue to provide necessary behavioral health services during the transition period and coordinate the transition of care or service referral with the receiving provider.

Care decisions should be made via a person-centered, shared decision-making process with the person in care.

DHCS requires providers to ensure the referral loop is closed.

DOCUMENTATION

Consents, Registration & Admission, Mental Health Assessment, & Discharge.

Consents

- All providers must ensure they have Informed Consent, Release(s) of Information, and a Telehealth Consent on file.
- CMU does not currently have a template for Informed Consent or Release of Information. There is a template for the Telehealth Consent.
- ▶ Telehealth Consents:
 - ▶ DHCS mandates members must understand their right to in-person services.
 - ▶ Based on member's preference, Telehealth services may be provided.
 - ▶ When Telehealth Services are provided a Consent must be in place.
 - ▶ This can be a one-time consent, or you may indicate the client consented in each note.

Special Note on Telehealth Services

- If office practices allow for verbal consent, a written Telehealth Policy must be in place.
- If a member decides they would like to transition to an in-person provider, the Telehealth provider needs to help facilitate this transition. The Telehealth provider should call CMU to initiate this process.
- A HIPAA compliant Telehealth Platform must be used.
 - If a platform is HIPAA compliant, you will be able to enter into a Business Associate Agreement (BAA) with the vendor.
 - ▶ Psychiatrists may only bill the 99202 and 99212 E&M series via video or in person. Phone services may not be provided for these codes.

DHCS Telehealth Policy Model Language

Written Consent Communication

- 1. I agree to receive health care services via telehealth. I understand that:
 - a. I have the right to access Medi-Cal covered services through an in-person, face-to-face visit or through telehealth.
 - b. The use of telehealth is voluntary, and I may withdraw my consent to, or stop receiving services through telehealth at any time without affecting my ability to access covered services in the future.
 - c. Medi-Cal provides coverage for transportation services to in-person services when other resources have been reasonably exhausted.
 - d. There may be limitations or risks related to receiving services through telehealth as compared to an in-person visit. For example .
- 2. I have read this document carefully, understand the potential limitations and risks of receiving services via telehealth, and have had my questions answered to my satisfaction.

Verbal Consent Communication

"Under Medi-Cal you have the option to receive services in person in a face-to-face visit or via telehealth. If you have trouble accessing in person services due to transportation, Medi-Cal provides coverage for transportation services when other resources have been reasonably exhausted. There may be limitations or risks related to receiving services through telehealth rather than in person. For example______. If you choose to receive services by telehealth, you may change your mind at any time by letting us know. If you change your mind about using telehealth, you will still have access to Medi-Cal covered services.

Knowing all of this, do you want to have the option of receiving services from us now or in the future via telehealth? (Yes/No)."

CMU Workflow Overview

IMMEDIATELY AFTER 1ST MEETING: COMPLETE AND SUBMIT MEMBER REGISTRATION & ADMISSION FORM.

COMPLETE THE SPECIALTY/NON-SPECIALTY SECTIONS OF THE MH ASSESSMENT ACCORDINGLY WITHIN 60 DAYS OF FIRST SESSION. ONLY SUBMIT TO CMU WHEN REQUESTED VIA THE QUALITY REVIEW PROCESS.

Network Provider member Registration & Admission Form

If your member is a no-show, you do NOT need to inform CMU. No-shows are not billable.

Recommend having member complete a printed copy at first session.

Network Provider submits form to CMU within 7 days of first appointment and prior to submitting any claims. For Moderate/Severe members a new Registration is required annually.

Choose "BHS Registration Form" Subtopic if submitting via Provider Portal.

Submitting Documentation





Care Management Unit 1330 Arnold Drive #143 Martinez, CA 94553

925-372-4410

Provider Portal



Network Provider Client Registration & Admission

	CLIENT NAME				
Client's Current Last Name	First Middle Gen (Sr., Jr) Medi-Cal Card #(CIN)				
SSN: Date of I	Birth Legal Sex	Female Male Nonbinary			
Street Address	City	State Zip-Code+4			
Telephone Number	Telephone Type: Cell	Fax Home Message Pager Work			
Living Arrangement:	# of Dependants Under 18:	# of Dependants Over 18:			
Preferred Language:	Mother's Maiden Name:				
Race (Check all that apply):					
Other Race Declined to State Unknown Asian - Indonesia Unknown Asian - Korean Indian/Alaska Native Asian - Asian Indian Asian - Asian Indian Asian - Asian Indian Asian - Asian Indian Asian - Bangladeshi Asian - Bhutanese Asian - Burmese Asian - Cambodian Asian - Taiwanese Asian - Filipino Asian - Singapore	an Pacific Islander - of No Polynesian	ack/African American – West Indian mian			
Ethnicity Origin (check one)		CER			
Declined to State Unknown Not Hispanic or Latino Spaniard - Andalusian Spaniard - Asturian Spaniard - Castillian Spaniard - Catalonian Spaniard - Belearic Islander Spaniard - Gallego Spaniard - Valencian Spaniard - Canarian Spaniard - Spaniard Spaniard - Spanish Basque Mexican - Mexican American Mexican - Mexicano	Mexican - Mexican Mexican - Chicano Mexican - La Raza Mexican - Mexican American Indian Central American - Central American Central American - Costa Rican Central American - Honduran Central American - Honduran Central American - Salvadoran Central American - Salvadoran Central American - Central American In Central American - Canal Zone South American - Argentinean South American - Bolivian	Dominican Other			
Birth Country:	Birth State:	Birth County:			

Member
Registration
and Admission
Form
(Page 1 of 2)

Client Name:		Client Date of Birth:				
Education Level (check all that apply)						
Type:						
☐ Highest Grade Completed: ☐N	one Decline to State					
Employment Status:						
☐ Full Time	Retired		□ Not Employed			
☐ Part Time	☐ Self-employed		Unknown			
Student - Full Time	On Active Military Duty					
☐ Student - Part Time ☐ Disabled						
Guarantor Information (Complete for mine	or client under 18)					
Relation to Client Current Last Name, Fin	rst Name Date of Birth	Legal Sex	Telephone Number: Cell Home Message			
			□Pager □Work			

***** PROVIDER USE ONLY *****							
Facility/Place of Service – Location (C	ity):	Group Name: (if applicable)					
Date of First Contact with Client:	Referral Source:	1 st Assessment Offer Date:					
		2 nd Assessment Offer Date:					
		3 rd Assessment Offer Date					
		Assessment Start Date:					
Treatment Appointment:		1 st Treatment Offer Date:					
		2 nd Treatment Offer Date:					
		3rd Treatment Offer Date: Treatment Start Date:					
		Treatment Start Date:					
ICD-10 Code:	ICD-10 Description:						
Legal/Court Status							
☐ Temporary Conservatorship (WI Code Section 5353) ☐ Representative Payee (WI Code Section 5686)							
□ LPS Conservatorship (WI Code Section 5358) □ Juvenile Court, Dependent of the Court (WI Code, Section 300) □ Murphy Conservatorship (WI Code Section 5008) □ Juvenile Court, Ward - Status Offender (WI Code Section 601)							
Probate (Probate Code, Division 4, Section 1400) Juvenile Court, Ward - Juvenile Offender (WI Code Section 602)							
□ Parolee PC 2974 (Penal Code, Section 2974) □ Not Applicable □ Unknown/Not Reported							
Substance Use?							
Has the client experienced a tramatic event?							
Provider Printed Name/License	Signati	ure	Date				

Member
Registration
and
Admission
Form
(Page 2 of 2)

For members under the age of 18, The Guarantor Information MUST be completed.

Guarantor Information (Complete for minor client under 18)								
Relation to Client	Current Last Name, Fi	rst Name Date of B		Telephone Number: Cell Home Message Pager Work				

Member
Registration
Page 2
Highlights

- Referral Source = Person who referred the member to your practice. May or may not be the Access Line.
 - If member found your contact information online, referral source = "self".
- ▶ 1st Treatment Offer Date = date next appt was offered. If member does not accept move on to 2nd.

Medi-Cal Eligibility Verification



Check eligibility within the first few days of every month and mid month.



Eligibility can change from month to month. Check via Provider Portal or the AEVs Line.

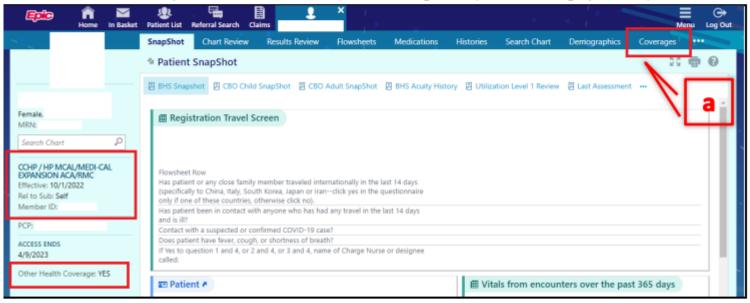


If member loses Medi-Cal eligibility, CMU will not be able to pay the claims.

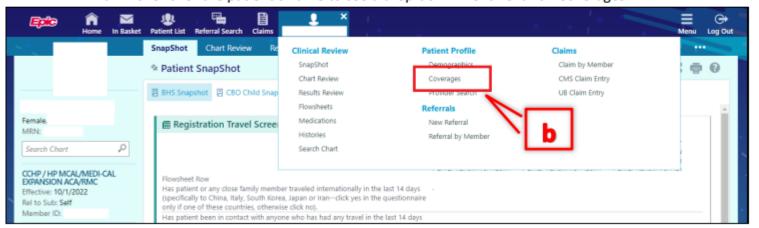


Make sure to verify coverage with member as well.

- Open a patient's record (see tip sheet #1). You will see managed care coverage information on the Patient Story Board. If Other Health Coverage indicator says YES, you must always review coverages and coverage details for additional information.
- 2. You can access Coverages two ways:
 - a. On the patient menu toolbar, Click the Coverages tab (next to Demographics tab).

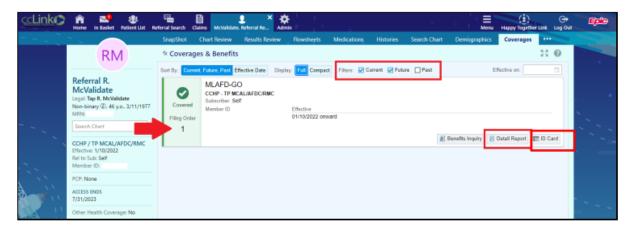


b. Hover over the patient's name to see a drop-down menu. Click on Coverages.



The most current Coverage will be displayed with the effective date.

3. To see past coverages, click the Past checkbox in Filters.



4. If needed, click **Detail Report** button to see the coverage details. You can also click on ID cand i if temporary CCHP ID card is requested by or needed for member



Coverage Detail Report

Important reminders:

- · CCHP can only confirm CCHP coverage information.
- Any Other Health Insurance information is provided to us from DHCS for Medi-Cal members only and must be updated with DHCS.
- Other Health Coverage benefit verification should be done directly with the other insurance.
- Filing Order information indicates a member's other insurance coverage as a guideline to bill payers in correct sequence.

***For more details, please see the list of Tip Sheets on the Provider Portal Home page. Questions About the member Registration Form or Medi-Cal Eligibility?



Network Provider Mental Health Assessment

Network Provider Mental Health Assessment

1

Complete the "Network Provider Mental Health Assessment" within 30-60 days of first appt. (30 is preferred) and annually thereafter for mod/severe members. 2

The same assessment form may be used for Annual Assessments as well.



Network Provider Mental Health Assessment

Beneficiary:					MRN:				DOB:	
					Check	one	: S p	ecialty	Non	-Specialty
Provider Las	Provider Last Name, First Name (and Group name, if applicable) Location									
PRIMARY	Beneficiary-Identified Problems, History of Beneficiary-Identified Problem(s),									
REASON FOR	Impact of Beneficiary-Identified Problem(s), Beneficiary-Identified Impairment(s):									
REFERRAL										
FUNCTIONA	LIMPAL	RMENTS	(chack	all that apply) - SPEC	IALTY M	нο	NI V-			
Family Relations	LIMITAL	MVIEIVIS		ocial/Peer Relations	AMELI IV	1		of decomper	sation & incre	ease of symptoms,
						_,	each of exter			,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
School Performan	nce/Employ	ment		hysical Health ubstance Use/Abuse		+	Other:			
Food/Shelter				ctivities of Daily Living		+	Other:			
COMMENTS:			,							
MENTAL STA	ATUS: (cl	heck and/o	r descri	ibe if abnormal or imp	aired) - SF	ECIA	ALTY MH	ONLY:		
Appearance/Groon	ming:	Unremark	able	Remarkable for:						
Behavior/Relatedn	ess:	Unremark	able	Motor Agitated		☐ Inattentive ☐ Avoidant ☐ Impu				☐ Impulsive
		Hostile		Suspicious/Guard	ded 1	Aotor	Retarded	Oth	er:	
Speech:		Unremark	able	Remarkable for:						
Mood/Affect:		Unremark	able	Depressed	E	lated	/Expansive	Anxio	ous	Labile
		Irritable/A	Ingry	Other:						
Thought Processes	: [Unremark	able	Concrete		istor	ted	Disor	ganized	Blocking
		Odd/Idios	yncratic	Paucity of Conte	nt 🔲 🤇	Circumstantial		Tang	ential	Obsessive
		Flight of lo	deas	Racing Thoughts	L	Loosening of Assoc Othe			r:	
Thought Content:	Thought Content: Unremarkable		Suicidal Ideation	_ I	☐ Homicidal Ideation ☐ Pa		Parar	noid Ideation		
Perceptual Conten	t:	Unremark	able	Hallucinations		☐ Delusions ☐		Flash	backs	Dissociation
	Depersonalization		Derealization	_ I	deas o	of Reference				
Fund of Knowledge			Remarkable for:							
Orientation:		Unremark	able	Remarkable for:						
Memory:	Intact Unremarkable		Impaired							
Intellect: Insight/Judgment:			Remarkable for: Remarkable for:							
COMMENTS:		Unremark	able	Kemarkable for:						
COMMENTS.										
TRAUMA										
HISTORY/EXPO	SURE									
(Include any psych										
emotional respons										
event that is deepl										
distressing or distu	irbing.):									

***Specify Specialty or Non-Specialty by selecting check box

Non-Specialty: Complete Primary Reason for Referral and Trauma History/Exposure Boxes

Specialty: Above PLUS Functional Impairments and Mental Status boxes

Network Provider Mental Health Assessment Beneficiary: MENTAL HEALTH HISTORY (Including past diagnoses, suicide attempts, violence, hospitalizations, and other outpatient treatments & responses): BIRTH AND DEVELOPMENTAL HISTORY: (Did Beneficiary meet developmental milestones? Were there environmental stressors? Include prenatal and perinatal events, including trauma during pregnancy.) - SPECIALTY MH ONLY: SUBSTANCE USE HISTORY CURRENT SUBSTANCE USE Past Denies Exposure Use First perceived Recovery Problem? Mild Mod Sev Alcohol Amphetamines Cocaine/Crack \blacksquare Y 🔲 Sleeping Pills, Pain Killers, Valium, or Similar Y PCP (phencyclidine) / designer drugs (ghb) Inhalants (paint, gas, glue, aerosols) Marijuana / hashish Tobacco / nicotine Caffeine (energy drinks, sodas, coffee, etc.) Previous community-based treatment / Inpatient psychiatric admissions / Intoxication/detox/withdrawal management-based admis response MEDICAL HISTORY: Last Physical: Primary Care Provider: If client has no PCP, then referral information has been provided (CCCHS Clinic @1-800-495-8885 or Private PCP) Allergies (MANDATORY): No Known Allergies Include severity of symptoms for allergies: Relevant Health History (including surgeries or significant medical /developmental conditions, as reported by client): PSYCHIATRIC MEDICATION HISTORY (Include relevant responses, side effects and CURRENT PSYCHIATRIC & NON-PSYCHIATRIC PRESCRIPTION & O.T.C. MEDICATIONS (use page 4 if needed): Name of Medication Dosage/ Frequency Prescribed by Date Prescribed Date Last Taken

RX Compliant: Yes No Unknown Explain:

Non-Specialty:

- Mental Health History
- Substance Use History/Current SU
- Medical History
- Current Medications

Specialty:

- Above PLUS
- Birth and Development History

Network Provider Mental Health Assessment

Bene	eficiary:		N	IRN:		DOB:		
	NT FAMILY PSYCH							
	Y including mental illn	•						
	ouse/neglect (physical, cide (suicide attempt/ u							
-	education/school histor							
MH ON		, 5. 202	Family Involveme	nt: Verv	Moderate	Minimal N	ot at all	
	OSOCIAL FACTORS	(Living situation, dai						
	amily history & current				_			
SAFETY	RISK: None	dentified	Not Currently Act	ite Dange	r to Self Dan	ger to Others	Domestic	
5741211		ty to Care for Self	Physical Abuse		l Abuse Neg	_	olence	
FOR	M(S) COMPLETED:	CPS	APS		outy to Warn	Safety Plan		
	ide additional detail	_			outy to warm	Jaiety Flair		
	ide additional detail	TOT ally DOX CHECK	eu above.					
Benefic	iary Strengths (incl	ude information on s	trengths in achievin	g goals, person	al motivation, driv	e, interest, resilie	ence, & coping	
skills) - S	PECIALTY MH ONL	Y:						
1	iary Protective Fac	ctors: (include avail	able resources, sup	oorts (including	support persons)	, interpersonal re	elationships,	
systems,	systems, activities)							
Clinical	Summary/Medica	Necessity (instif	ication for medical r	acessity/imna	irments):			
Cillical	Sammary, Wicarca	i rececsory (justin	cation for medicari	recessity/iiiipa	imencij.			
Client m	eets Specialty Menta	al Health Medical N	Necessity: 🗌 Yes	No (if "no	" identify transit	ion plan on pag	ge 4)	
	DSM-V CODE:	DSM-V NAME:	Must write full diag	nosis narrative	, no abbreviations	ICD-10 CODE	:	
(P)								
(S)								
Sub	stance Use Issue:	Yes No	DSM-V Code:			ICD-10 Code	:	
_						•		
	ice Recommendati	ons:	-		_			
Modality Frequency Duration Individual Therapy Group Therapy Weekly Other: 3 months 6 months								
	mily Therapy (MD)		Weekly 2x/Month	Other:		3 months 6 m 12 months	onchs	
		THE REAL						
ovider:								
	(Print)	(Sig	nature)	(Lio	ensure) (Li	cense/Regist.#)	Date	

Provider's Signature certifies that the above information is accurate, and all required documentation is on file.

Non-Specialty:

- Psychosocial Factors
- member Protective Factors
- Clinical Summary/Medical Necessity
- DSM-V Code/Name/ICD-10 Code
- Service Recommendations
- Signature and Date

Specialty:

- Above PLUS
- Relevant Family Psychological History
- member Strengths

"Client meets Specialty Mental Health Medical Necessity" - if "no" a transition plan is NOT required.

Network Provid	er Mental Health A	
Beneficiary:	MRN:	DOB:
Space for Data Continuation (Specify which item you o		
	,	

Non-Specialty AND Specialty

- Name/MRN/DOB
- Additional info as needed



Mental Health Beneficiary	/ Problem List
---------------------------	----------------

Provider Name:	Location:	
Beneficiary Name:	MRN:	

ICD-10 code	Code Description (DSM-5)	Date Identified	Date Resolved	Problem Identified by (Name & Credentials)	Problem Resolved by (Name and Credentials)

Printed Name Signature/License/Designation Date

Problem List

***Only required for specialty mental health members

***Live document, update as needed throughout treatment

Network Provider Mental Health Assessment Guidelines



Should be completed within 60 days of first session and annually thereafter for mod/severe clients.



Use Page 4 for Narrative that Exceeds the Space Provided Elsewhere on the Form.



If ongoing services are indicated, check "Yes" for the question "member meets Specialty Mental Health Medical Necessity. If it is for a non-specialty member, you do not need to submit a transition plan.



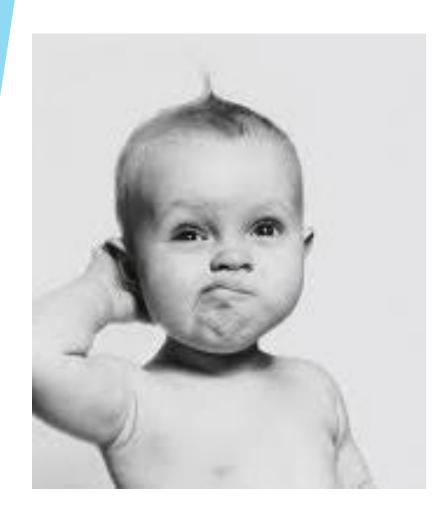
Problem List does not need to be exhaustive. Only identify symptoms (dx) you are addressing in sessions.



Signature is needed for the provider. Signature can be electronic.



Signature Date Should Match your Progress Note documenting that you Completed the Assessment.



Questions about the Mental Health Assessment Form & Problem List?

Progress Notes & Discharge Form

Progress Notes

- While providers do not need to use the Progress Note template provided by CMU, providers do need to ensure progress notes include all the same elements.
- Progress notes need:
 - Member's name/MRN
 - Date of the service
 - ▶ Begin Time & Total minutes of service
 - CPT code (type of service)
 - Location of the service
 - To identify whether interpreter services were used or if the service was provided in another language other than English.
 - Problem/Behavioral Health need addressed during the service.
 - Interventions used during the service and member's response.
 - Plan plan for next session as well as overall plan for treatment.
 - Notes must be signed within 3 business days of the service.

CMU's Progress Note Template

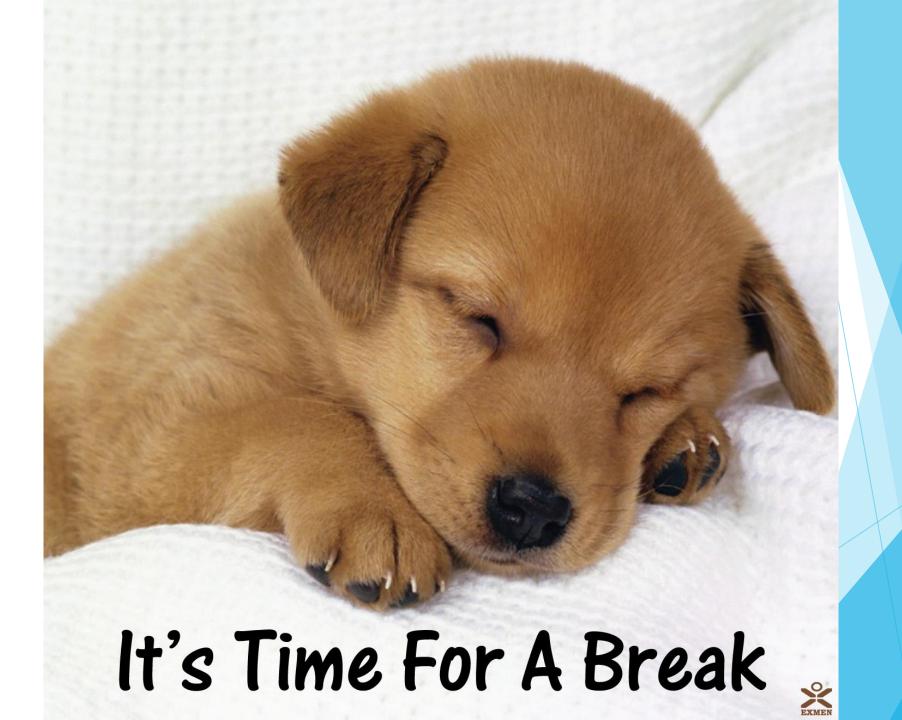
Beneficiary:			MRN:				
	Last Name, First Name (Please print.)					
Service Begin	Date: Beg	gin Time: To	otal Minutes:				
Type of MH Service:	Assessment (90791) Assessment (90792) Individual (90832) Individual (90834) Individual (90837) Family w/client (90847)	Group (90853) Psychotherapy for Crisis, first hour (90839) Psychotherapy for Crisis, each addtl 30 min (90840) MH Plan Dev (H0032)	Not a billable service				
Location Group:	Office (11) Telehealth other than clt home (02)	Telehealth clt home (10) Phone other than clt home					
Telehealth only:	Client understands their right to	in-person services and conse	ents to Telehealth: Yes No				
Interpreter Services Provided: Yes No Name of Interpreter: Language: Other:							
If yes, please do	b) how the client	ancy affects the client's men 's mental health issues affect					
barriers to recovery, and/or unplanned events. 1. Problem/Behavioral Health Need Addressed: (Describe problem/need, reason for contact, status update, clinical impression).							
 Focus of Activity: (Describe type of service rendered, how the service addressed client's behavioral health need, how the client responded – symptoms, condition, diagnosis, and/or risk factors). 							
•	ribe next steps – action steps by pr list as appropriate).	ovider of client, collaboratio	on with the client or other providers, updates t				
CLINICIAN:	(Print)	(Signature, Registrat	ition/License #) Date Entr				

Discharge Form

- At the conclusion of services, submit the Discharge Form to CMU.
- Providers remain responsible for their clients until an official discharge is submitted.
 - Complete for members that have:
 - Successfully completed treatment,
 - Unexpectedly withdrawn from services, or
 - Not made contact for an extended period of time (this should align with your office policies).
- Complete the form in its entirety. All fields are required for DHCS reporting.

CMU's Discharge Form

		Netv	vider			er Name:		
CONTRA COSTA			Discharge Form Con:			Consumer DOB:		
HEALTH					F		er MRN:	
					CO	nsum	er MRN.	
Discharge Date	Pr	rovider Name						
Facility/Place of Service – Location	on (City)			Group Name (if	applicable	e) _		
Legal Class at Discharge 🖾	W60000 Volu	ntary						
Residential Living Arrangeme	nt: (check	one response)					
☐ Adult Residential Facility	☐ Group (•	☐ Large Board & Ca	re		☐ Satellite Housing	
☐ Alcohol Abuse Facility		ss - No Residen	ce	☐ Lives alone			☐ Single Room	
Community Treatment Facility	☐ Homele	ss, No Identifia	ble Residence	Lives with family			Small Board & Care	
☐ Crisis Residential Facility	☐ House (or Apartment		☐ Lives with others			☐ Supported Housing	
☐ Drug Abuse Facility		or Apt. with Sup		☐ Lives with relative	es		☐ Temporary Arrangement	
☐ Foster Family Home		or Apt. with Sup	port	☐ Other			☐ Unknown / Not Reported	
Group Home (Level 1-12 Child)	☐ Justice			Res Tx Cnter (Lev			_	
Substance Use: ☐ Yes ☐ No [Unknown	SU ICD-10 Diagr	osis Code:	Employment Stat		k one		
		F		☐ Full time, 35 hours	or more		☐ Volunteer Worker	
Discharge Reason:				per week (comp)			☐ Disabled	
☐ Completed Tx/Goals		Vithdrew, AWO	L, AMA, TX	Part time, less that per week (comp)	n 35 hours		☐ Full time, 35 hours or more per week (non-comp)	
Reached/Referred		artially met		☐ Homemaker, Not 3	Seekine Wo		□ Homemaker, Seeking Work	
☐ Completed Tx/Goals Not		Vithdrew, AWO	L, AMA, No				Part time, less than 35 hours	
Reached/Referred		Improvement Unemployed, actively looking for work				'	per week (non-comp)	
☐ Mutual Agreement - Treatment Goals partially met		receased Noved Out of Ar		☐ Other			Student, Employed Part Time	
☐ Mutual Agreement - Treatment		ncarcerated	es	☐ Resident / Inmate	of institution	on	Student, Part Time	
Goals Not Met	1	ischarged, Adm	inistrative	☐ Retired			☐ Unemployed, not seeking wrk	
	Other	riserial Bea, rion	iiiisti otive	☐ Student, Full Time			☐ Full-time training	
				☐ Unknown / Not Re	☐ Unknown / Not Reported ☐ Part-time training			
Discharge Status:								
☐ Still a patient or expected to retu	m 🗆 AW0	DL			☐ Discha	rged/	transferred to Acute Care	
Discharged to home, self-care,	☐ Disc	harged/transfer	red to Reside	ntial/Board and Care	Hospit	tal or l	Psychiatric Health Facility (PHF)	
foster care, shelter care		locked, supervi					transferred to State Hospital	
Unplanned discharge							or transferred to another short	
☐ Discharged/transferred to Jail		tment (not lock		term hospi				
Other		narged/transfer lity (locked, no i		inity Treatment Discharged			or transferred another type of	
☐ Unknown / Not Reported ☐ Left against medical advice							t medical advice	
☐ Deceased		rmediate Care F					d/ transferred to medical unit	
						3		
Referred To: (may choose up			5)E E	Teast County Children	cuc I	П.		
☐ Mental Health Access Line		County Children stective Service:		East County Children's			nool or College est County Adult – El Portal OP	
☐ Low Fee Mental Health Clinic		nity Based Organ		3 Jan 3 Juvenile Hall			est County Adult – El Portal OP	
☐ Family	ı	cial Services – F] Kaiser				
Central County Adult OP		nty Adult OP		I Referral Data Missing/		_ 00		
Beneficiary instructed by: (che						if Me	ntal Health Services are needed	
in the future to: 🗆 Call this Provide	r 🔲 Call their	r Social Worker	☐ Call the	Access Line @ 1-888-678	3-7277			
TREATMENT SUMMARY / DISCHARGE PLAN / ADDITIONAL INFO:								
ICD-10 Code: F	DSM5 D	escription:						
ICD-10 Code: F	DSIVIS D	escription:						
Signature/License		Print	ted Name				Date	



Quality Reviews

Quality Reviews - General Information

► CMU will conduct periodic quality reviews for approximately 10% of a provider's caseload (ranging between 1-6 charts) per year (this is subject to change).

- Documents to submit will include:
 - ► Initial consents
 - Most recent Network Provider Mental Health Assessment
 - Progress notes for the specified period (3 months)

Quality Reviews - Notification of Review and Provider's response

- Until everyone is acclimated to the new process:
 - CMU will send an email, without any Protected Health Information (PHI) alerting provider of the review.
 - ► CMU will also send a "staff message" in Provider Portal with the same review notification + the member's name/DOB.
- ▶ Upon notification of the review, providers will have 2 weeks to send documents to CMU via CRM in Provider Portal (one CRM per member).
 - ▶ If not using provider portal, documents may be faxed.

Quality Reviews - After Provider Submits the Requested Documents

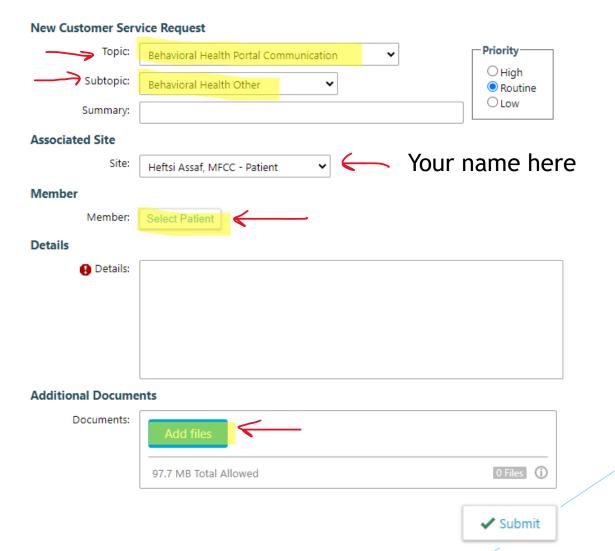
- CMU will complete the review and send the provider a final summary.
 - ► The summary will provide an overview of strengths, feedback on any areas to improve, corrections needed, and possible corrective action.
- Providers should acknowledge receipt of the Quality Review.
- Additionally, the provider should respond with any requested additional documentation and/or a corrective action plan.
 - ▶ The response may be sent through a CRM in Provider Portal.

***Only reason for recoupment is related to issues of fraud, waste, or abuse

***CMU to update/refine this new process as needed in the future

Quality Reviews: Submitting Documents

- Navigate to In Basket from your home screen
- Select New Msg



CLAIMS

DUE DATE GUIDELINES

<u>Due dates for claims</u>: Claims must be submitted within 15 days of the date of the service being claimed, but no later than the 10th day of the following month, or the claim may be denied.

Denied or deferred claims:

Corrected claims, or Informal Appeals of denied claims, must be received by CMU within 30 days of the Claim Explanation of Benefits date. After one year from the date of service, claims are non-payable by Medi-Cal. Please follow up on denied/deferred claims promptly.

<u>Eligibility:</u> Providers must check members' eligibility at the beginning of **every** month to prevent denial of claims due to the member no longer being eligible. This also applies to members who have been recently referred for services.

3 Ways to submit claims



1 - PROVIDER PORTAL



2 - AVAILITY



3 - MAIL

Snail Mail

Not recommended but is available if needed

Mail to:

P.O. Box 5143, Lake Forest, CA 92609

CMS-1500 FORM - For claims submitted via mail

Must be Typed

Update to Adobe Reader DC

 Follow instructions as needed for Windows 10.

Use CMS-1500 PDF Template

• Request from CMU if needed.

Use Pre-Printed Forms to Submit by Mail

 Use electronic template to print data on the forms.

Availity

This option is recommended for larger groups or providers already registered with Availity. Payer ID = CCMHP.

Availity is a Clearinghouse.

Must have software needed to submit 837 claims. Usually software is included with EHR systems.

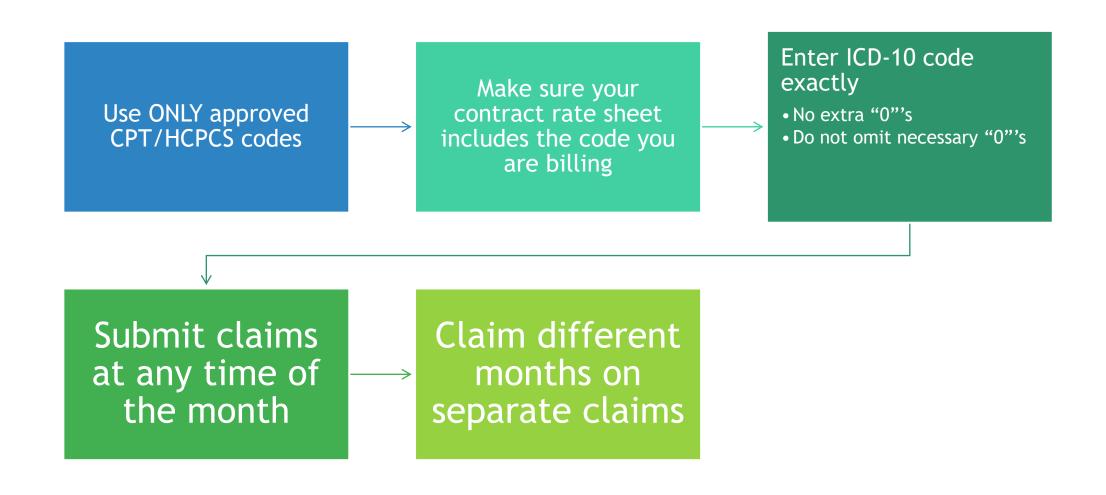
Any questions/problems - contact Availity directly: https://www.availity.com/ediclearinghouse.

Provider Portal

CMU Recommends using this option

Live demo - will review the steps

TIPS ON CLAIMS (1 of 2)



MORE TIPS ON CLAIMS (2) of 3)

Place of Service Codes (Box 24b)

- Use code "11" for Face-to-Face.
- Use code "02" for Telehealth (phone/video) services when the member is in the community/other than members' home.
- Use code "10" for Telehealth (phone/video) services when the member is in their home.

MORE TIPS ON CLAIMS (3 of 3)

Modifier Code (Box 24d)

- For 2 CPT codes on the same day, use modifier 59 (Does not apply to HCPCS codes)
 - Refer to CPT Tip Sheet for which line to add the 59 modifier.
- For Telehealth Services:
 - Phone = modifier 93
 - Video = modifier 95
 - Phone service for any HCPCS code = modifier SC
- For Group services
 - When using G2212 = modifier HQ

SAMPLE OF PRINTED REMITTANCE ADVICE

Below is a snapshot & key to reading your RA

CRUISER, GAIL Page 1 of 1

CONTRA COSTA HEALTH SERVICES Behavioral Health Services - Remittance Detail Report

Remittance Advice - Business Group: BHS BUSINESS GROUP Account: BHS CHECKING ACCOUNT

CRUISER, GAIL 123 MAIN STREET WISCO, CA 94555-0123

Check Number: Check Date: Check Amount:

09876 09/21/2019 \$491.40

PATIENT NAME	ров	MRN		SERVICE DATE	CPT CODE		AMOUNT		NET PAYMENT
Service Provider: CRUISER, GA	AIL [789012]								
STAIRS, ROMAN	08/18/2010	300001236	10107777	08/06/2019	90834	70.20	0.00	с	70.20
STAIRS, ROMAN		300001236	10107777	08/20/2019	90834	70.20	0.00	c	70.20
			Claim Tota	I - 10107777		140.40	0.00		140.40
VILLE, LOUIS	04/08/2003	300123456	10107599	08/01/2019	90834	70.20	0.00	с	70.20
			Claim Tota	I - 10107599		70.20	0.00		70.20
VILLE, LOUIS	04/13/2003	300123456	10107601	08/01/2019	90834	70.20	0.00	18,CD	8 0.00
** CLAIM DENIED **			Claim Tota	1 - 10107601		70.20	0.00		0.00
GAS, PETRO	05/04/2010	300268123	10207498	08/14/2019	90834	70.20	0.00	с	70.20
GAS, PETRO	05/04/2010	300268123	10207498	08/28/2019	90834	70.20	0.00	С	70.20
			Claim Tota	I - 10207498		140.40	0.00		140.40
SELL, CAROL	03/03/1994	300988106	10107483	08/06/2019	90834	70.20	0.00	c	70.20
SELL, CAROL	03/03/1994	300988106	10107483	08/20/2019	90834	70.20	0.00	<u>c</u>	70.20
			Claim Tota	I - 10107483		140.40	0.00		140.40
		PROV	IDER TOTAL	- 5 CLAIMS		561.60	0.00		491.40
	9 т	otal Rem	ittance /	Amount					\$491.40

CODE(S) DESCRIPTION

] 18-Duplicate claim/service. Generated by EDI claim load] Contracted Rate Payment] Claim Denied

- 1. Vendor Name, Address, Check Number, Check Date & Check Amount
- 2. Description of each column on the RA
- 3. Service Provider Name
- 4. Patient/Client Name
- 5. Patient/Client information & claim submitted (DOB, MRN, Claim#, Service Date, CPT Code, Billed Amount, Disallowed amount)
- 6. Contract Rate Payment = Net Payment for claim submitted
- 7. Claim Denied Verbiage
- 8. Claim Paid and/or Denied Reason (see #10 for reason code description)
- 9. Total Remittance Amount for this check cycle
- 10. Code(s) Description

INFORMAL APPEALS for Denied Claims



Review RA or Claim record in Provider Portal.



If you are unable to determine reason for denial, or you disagree, contact CMU:



Message through Portal



Call 925-372-4400 Option 4



Have your records handy for reference when you call

IF the informal appeal is denied by CMU, a Notice of Action (NOA) will be issued. The NOA goes to both the provider and the member.

A formal appeal process is delineated in the NOA.

CPT Codes

CPT		allowed per	Allowable		
Code	Description	day	Modifiers	May not be billed with:	Notes
90785	INTERACTIVE COMPLEXITY, PER OCCURRENCE	1	93, 95	90839,90840,T1013	This must be billed with another service as a base code
90791	PSYCHIATRIC DIAGNOSTIC EVALUATION 15 MINUTES	1	59, 93, 95	90792, 90832-90834, 90836-90838, 90847, 90853, 96116	May bill assessment w/ 90839, 90840, 96127, 99202-99205, 99212-99215 using a 59 modifier on one of these codes
90792	PSYCHIATRIC DIAGNOSTIC EVALUATION 15 MINUTES	1	59, 93, 95	90791, 90832-90834, 90836-90838, 90847, 90853, 96116	May bill assessment w/ 90839, 90840, 96127, 99202-99205, 99212-99215 using a 59 modifier on one of these codes
90832	PSYCHOTHERAPY W/ PATIENT 16-37 MINUTES	1	59, 93, 95	90791, 90834, 90837, 90839, 90840	
90834	PSYCHOTHERAPY W/ PATIENT 38-52 MINUTES	1	59, 93, 95	90791, 90832, 90837	
90837	PSYCHOTHERAPY W/ PATIENT 53-67 MINUTES	1	59, 93, 95	90791, 90832, 90834, 90839, 90840	
90839	PSYCHOTHERAPY FOR CRISIS, FIRST 30-74 MINUTES	1	None	90791, 90792, 90832, 90834, 90837, 90847, 90853	Must be performed in person
	PSYCHOTHERAPY FOR CRISIS, EACH ADDTL 30 MINUTES	13	None	90791, 90792, 90832, 90834, 90837, 90847, 90853	Must be billed with 90839. Must be performed in person
	FAMILY PSYCHOTHERAPY W/PATIENT PRESENT 50 MINUTES	1	59, 93, 95	90791, 90792, 90839, 90840	
90853	GROUP PSYCHOTHERAPY, 15 MINUTES	1	59, 93, 95	90791, 90792, 90839, 90840	

LMFT, LCSW, LPCC, PsyD, & PHD Codes

Units

CPT		allowed per	Allowable	May not be	
Code	Description	day	Modifiers	billed with:	Notes
90885	REVIEW OF HOSPITAL RECORDS	1	59, 95	90791, 90792, 90839, 90840	
96110	DEVELOPMENTAL SCREENING, 15 MINUTES (PER INSTRUMENT)	1	59, 95		
	BRIEF EMOTIONAL/BEHAVIORAL ASSESSMENT, 15 MINUTES (PER INSTRUMENT)	1	93, 95		
96130	PSYCHOLOGICAL TESTING EVALUATION, 1ST HOUR	1	59, 93, 95	Psychiatry Codes	
96131	PSYCHOLOGICAL TESTING EVALUATION, EACH ADDITIONAL HOUR	22	59, 93, 95	Psychiatry Codes	Must be billed with 96130
	PROLONGED OFFICE OR OTHER OUTPATIENT SERVICE BEYOND THE MAXIMUM TIME, EACH ADDTL 15 MIN	14	SC	H2011, H2021	May only be billed with assessment/therapy/ psychiatric codes
	MENTAL HEALTH SERVICE PLAN DEVELOPMENT, 15 MINUTES (family tx w/o member)	96	SC	G2212	
H2011	CRISIS INTERVENTION SERVICE, PER 15 MINUTES	32	SC	G2212	
	COMMUNITY BASED WRAP AROUND SERVICES, 15 MIN (COLLATERAL)	96	SC	G2212	
T1013	SIGN LANGUAGE OR ORAL INTERPRETIVE SERVICES, 15 MIN	variable	SC	90785 & 90885	Bill the number of units needed to cover the service provided.
	LMFT, LCSW, LPCC, PsyD, & PHD Co				

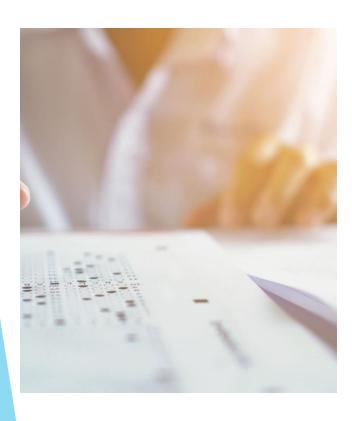
Units

СРТ		Units allowed	Allowable		
	Description	per day	Modifiers	May not be billed with:	Notes
90785	INTERACTIVE COMPLEXITY, PER OCCURRENCE	1	93, 95	90839,90840,T1013	
				00702 00922 00934 00836-00838	
90791	PSYCHIATRIC DIAGNOSTIC EVALUATION 15 MINUTES	1	59, 93, 95	90792, 90832-90834, 90836-90838, 90847, 90853, 96116	
				90791, 90832-90834, 90836-90838,	
90792	PSYCHIATRIC DIAGNOSTIC EVALUATION 15 MINUTES	1	59, 93, 95	90847, 90853, 96116	
	PSYCHOTHERAPY, 30 MINUTES W/ PATIENT WHEN	4	50 02 0F	90791, 90792, 90836, 90838, 90839,	Must be billed w/ an E&M code (99202-
90833	PERFORMED W/ E&M SERVICE	1	59, 93, 95	90840	99205 or 99212-99215)
	PSYCHOTHERAPY, 45 MINUTES W/ PATIENT WHEN PERFORMED W/ E&M SERVICE	1	59, 93, 95	90791, 90792, 90833, 90838, 90839, 90840	Must be billed w/ an E&M code (99202- 99205 or 99212-99215)
	PSYCHOTHERAPY, 60 MINUTES W/ PATIENT WHEN PERFORMED W/ E&M SERVICE	1	59, 93, 95	90791, 90792, 90833, 90836, 90839, 90840	Must be billed w/ an E&M code (99202- 99205 or 99212-99215)
90839	PSYCHOTHERAPY FOR CRISIS, FIRST 30-74 MINUTES	1	None	90791, 90792, 90832, 90834, 90837, 90847, 90853	Must be performed in person
				22727 22722 2222 2222 2227	
90840	PSYCHOTHERAPY FOR CRISIS, EACH ADDTL 30 MINUTES	13	None	90791, 90792, 90832, 90834, 90837, 90847, 90853	Must be billed with 90839. Must be performed in person
90885	REVIEW OF HOSPITAL RECORDS	1	59, 95	90791, 90792, 90839, 90840	

MD Codes

		Units			
CPT		allowed per		May not be	No.
Code	Description	day	Modifiers	billed with:	Notes
99202	OFFICE OR OTHER OUTPATIENT VISIT OF NEW PATIENT 15-29 MINUTES	1	59, 95	99212-99215	
99203	OFFICE OR OTHER OUTPATIENT VISIT OF NEW PATIENT 30-44 MINUTES	1	59, 95	99212-99215	
99204	OFFICE OR OTHER OUTPATIENT VISIT OF NEW PATIENT 45-59 MINUTES	1	59, 95	99212-99215	
	OFFICE OR OTHER OUTPATIENT VISIT OF NEW PATIENT 60-74 MINUTES	1	59, 95	99212-99215	
77203	OFFICE OR OTHER COTTATIENT VISIT OF NEW PATIENT GO 74 MINOTES	,	37, 73	//LIZ //LIS	
99212	OFFICE OR OTHER OUTPATIENT VISIT OF ESTABLISHED PATIENT 10-19 MIN	1	59, 95	99202-99205	
99213	OFFICE OR OTHER OUTPATIENT VISIT OF ESTABLISHED PATIENT 20-29 MIN	1	59, 95	99202-99205	
99214	OFFICE OR OTHER OUTPATIENT VISIT OF ESTABLISHED PATIENT 30-39 MIN	1	59, 95	99202-99205	
99215	OFFICE OR OTHER OUTPATIENT VISIT OF ESTABLISHED PATIENT 40-54 MIN	1	59, 95	99202-99205	
G2212	PROLONGED OFFICE OR OTHER OUTPATIENT SERVICE BEYOND THE MAXIMUM TIME, EACH ADDTL 15 MIN	14	SC	H2011, H2021	May only be billed with assessment/therapy/ psychiatric codes
⊔ 2011	CDICIC INTEDVENTION CEDVICE DED 15 MINISTES	32	SC	G2212	Use when crisis intervention was provided via phone or
H2011	CRISIS INTERVENTION SERVICE, PER 15 MINUTES	32	3C	GZZTZ	video appointment
H2021	COMMUNITY BASED WRAP AROUND SERVICES, 15 MIN (COLLATERAL)	96	SC	G2212	
T1013	SIGN LANGUAGE OR ORAL INTERPRETIVE SERVICES, 15 MIN	variable	SC	90785 & 90885	Bill the number of units needed to cover the service provided.
	MD Codes				

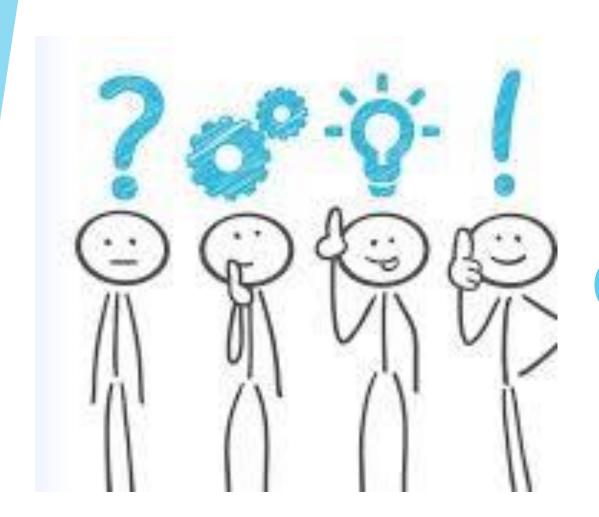
Note on Collateral



- Collateral services can STILL BE BILLED under Payment Reform. They simply no longer utilize a distinct service code called "Collateral".
- Collateral can be a component of many mental health services. When documenting a collateral contact, providers should select the service code that most closely fits the service provided and it should be clear in the progress note that the service was provided to a collateral contact.
- Possible collateral codes:
 - ▶ 90791 Meeting with caregiver/significant support person/other treatment providers to gather information to inform an assessment/re-assessment.
 - ► H0032 Meeting with caregiver/significant support person/other treatment providers to develop a member plan.
 - ► H2021 Consultation with other treatment providers in an exchange of information.

CPT Code Tip Sheet

Providers will receive a "Tip Sheet" which will go over the definitions/guidelines for CPT codes and modifiers.



Claims / CPT Code Questions?

PROVIDER PORTAL

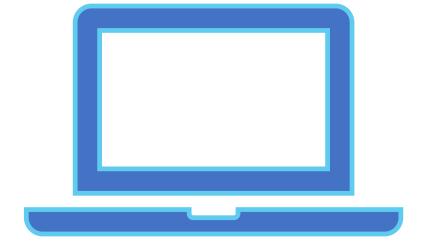
PROVIDER PORTAL

Web-Based Access to Real-Time member Information

- member List
- ▶ Eligibility
- ► Attachment of Forms to Customer Relationship Management (CRM) Messages
- ► Claims Status
- CRM and In-basket Messaging

Provider Portal Registration Process

- Provider Completes ccLink Provider
 Portal Access Agreement PRINT
 LEGIBLY
- Include Attachment A:
 - Portal Access User Request
 - Solo Providers = Provider
 - Group\Org Providers = All Staff\Office Admin Accessing Provider Portal on Behalf of Provider
- Primary user will receive two emails when account is set up.



PROVIDER PORTAL DEMO

Claim Status



Information about the status of the claim will be provided as the claim changes status in processing.

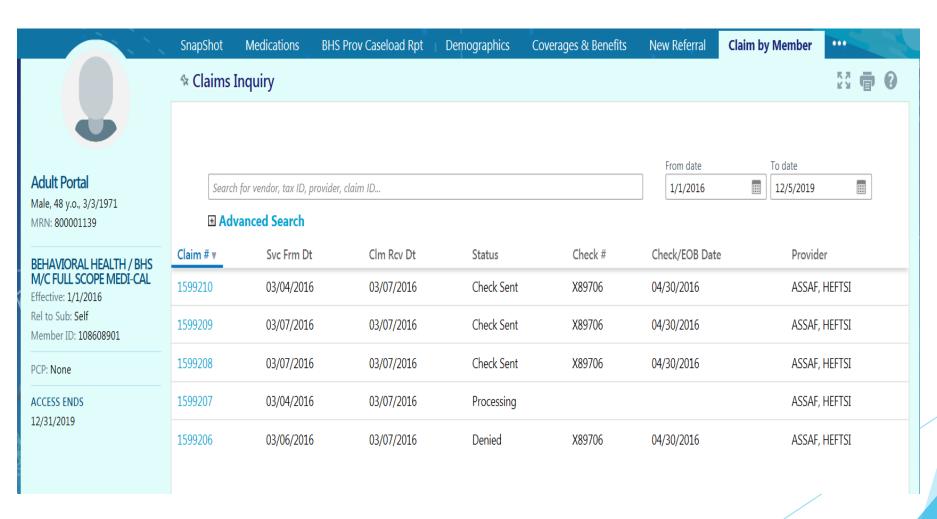
Claims Unit Processing

- Approved
- Pending
- Denied

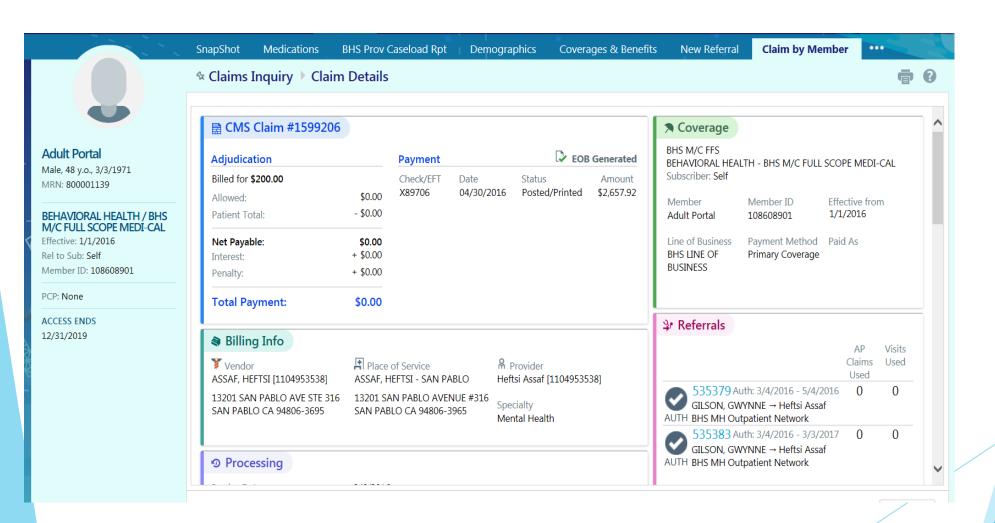
Auditors Office Check Cycle

- Processed
- •Check Sent

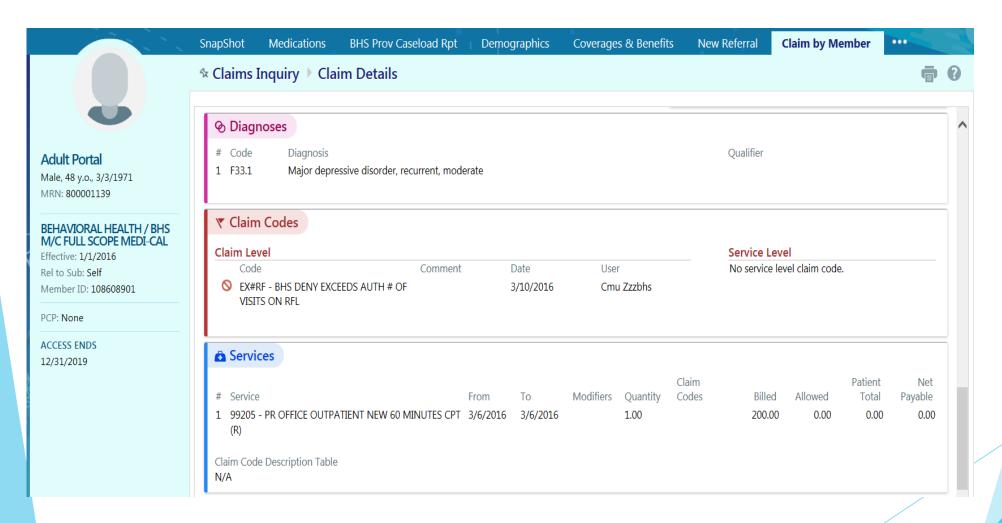
CLAIM STATUS Click on Claim # to see detail



CLAIM STATUS (1 of 2)



CLAIM STATUS (2 of 2)





Provider Portal Questions?

Technical Support

Phone: (925) 957-7272

E-Mail:

BHS.Support@cchealth.org

Lastly, We're Here for YOU!



Care Management Unit (CMU) 1330 Arnold Drive Suite 143 Martinez CA 94553

Phone: 925 372 4400 Option 1 Fax: 925 372 4410 Email: cmuprovider.services@cchealth.org

Website:https://www.cchealth.org/health-insurance/information-for-providers/mental-health-network-provider