



Contra Costa Mental Health Commission

1340 Arnold Drive, Suite 200, Martinez, Ca 94553 | Phone: (925) 313-9553 | Fax: (925) 957-5156
cchealth.org

Current (2024) Members of the Contra Costa County Mental Health Commission

Laura Griffin, District V (Chair); Pamela Perls, District II (Vice Chair); Ken Carlson, BOS Representative, District IV;
Gerthy Loveday Cohen, District III; Tavane Payne, District IV; Vanessa Rogers, District IV; Barbara Serwin, District II;
Rhiannon Shires Psy.D., District II; Geri Stern, District I; Gina Swirsding, District I;
(VACANT) Alternate BOS Representative

Mental Health Commission (MHC)

Wednesday, January 3rd, 2024, ◊ 4:30 pm - 6:30 pm

This Meeting will be held in person and via Zoom 'Hybrid'

VIA: Zoom Teleconference: <https://zoom.us/j/5437776481>

Meeting number: 543 777 6481 | Join by phone: 1 669 900 6833 | US Access code: 543 777 6481

In Person: 1025 Escobar Street, Martinez, CA 94553

AGENDA

- I. Call to Order / Introductions (10 min.)**
- II. Public Comments (2 minutes per person max.)**
In accordance with the **Brown Act**, if a member of the public addresses an item not on the agenda, no response, discussion, or action on the item will occur, except for the purpose of clarification.
- III. Commissioner Comments (2 minutes per Commissioner max.)**
- IV. Chair Comments/Announcements (5 min.)**
- V. APPROVE December 6, 2023 Meeting Minutes (5 min.)**
- VI. RECEIVE presentation on Suicide Risk and Prevention for LGBTQ Youth – Cmsr. Rhiannon Shires, Psy.D. (30 min. +Q&A)**
- VII. RECEIVE MHC Committee updates (5 min. each):**
 - a. Quality of Care Committee – Cmsr. Barbara Serwin
 - b. Justice Systems Committee – Cmsr. Pamela Perls
 - c. MHC Finance Committee – Cmsr. Tavane Payne
 - d. Executive Committee – Cmsr. Laura Griffin
- VIII. RECEIVE Commission Liaison Reports (5 min. each):**
 - a. Alcohol and Other Drugs (AOD) Advisory Board – Cmsr. Rhiannon Shires, Psy.D.
 - b. Mental Health Services Act (MHSA) Advisory Committee – Cmsr. Pamela Perls

(Agenda Continued on Page Two)



The Contra Costa County Mental Health Commission is appointed by the Board of Supervisors to advise them on all matters related to the county's mental health system, in accordance with mandates set forth in the California State Welfare & Institutions Code, Sections 5604 (a)(1)-5605.5. Any comments or recommendations made by the Mental Health Commission or its individual members do not represent the official position of the county or any of its officers. The Commission is pleased to make special accommodations, if needed, please call ahead at (925) 313-9553 to arrange.

Mental Health Commission (MHC) Agenda (Page Two)

Wednesday, January 3rd, 2024 ♦ 4:30 pm - 6:30 pm

- IX. RECEIVE Behavioral Health Services Director's report, Dr. Suzanne Tavano (10 min. +Q&A)**
- The Children's Crisis Center is still not opened – What are the reasons for the delay?
 - The redesign of PES (psych emergency services) is being tied to a larger multi-rehab of Contra Costa Regional Medical Center (CCRMC). Can you give us details on how long the PES redesign will be delayed? Do we have a timeline for completion?
- X. RECEIVE / DISCUSS 2024 Commission-wide Goals (10 min.)**
- XI. Adjourn**

CONDUCT AGREEMENT

The input of all participants in the meeting is highly valued. In order for all voices to be expressed in a productive, safe and respectful environment, the following set of self-governance guides are asked of all participants:

- 1. We are committed to honoring people's time. Please help us by being on time, asking questions, speaking to the topic at hand, and allowing for others to speak.**
- 2. Please keep yourself on mute unless you are speaking.**
- 3. Wait to be recognized, before commenting and keep your comments direct and brief.**
- 4. It is okay to disagree, as different perspectives are welcomed and encouraged. Please be polite and respectful and allow others to voice their views as well.**
- 5. Please refrain from criticizing a specific person or viewpoint in a negative manner during the meeting. Outside of the meeting, you may connect with MHC Commissioners and staff for assistance in having your concerns heard and addressed through the appropriate channels.**
- 6. Avoid providing any distractions, such as side bar conversations.**
- 7. An individual may be asked to leave should they behave in a manner that threatens the safety of any participant or does not honor the terms of these guidelines.**

