

Mental Health Services Act (MHSA) Advisory Council

Thursday, August 10, 2023

3:00 pm – 4:30 pm

In Person:

1340 Arnold Dr. Ste. 126, Martinez, CA 94553

Virtually by Zoom:

<https://cchealth.zoom.us/j/7050090662>

Call In Number: 1-646-518-9805 **Meeting ID:** 705 009 0662

Members Attending: Douglas Dunn, Jaime Yan Faurot, Lucy Espinosa Nelson, Melinda O’Day, Roberto Roman, Jennifer Tuipulotu, Amelia Wood

Behavior Health Director:

Staff Attending: Janet Costa, Victoria Fairchild, Jessica Hunt, Connie Lee, Ernesto Robles, Ellie Shirgul, Genoveva Zesati

Public Participants: Cameron, Gigi Crowder, Susan Norwick Horrocks, Shelly Ji, Meaghan Faulkenberry, Shuchen Guo, Leo Li, Ashley Lowe, Taylere Looney, Pamela Perls, Josephine Smedley, Chris Stahl, Kant Wang, Tiffany Wang

Facilitator: Mark Mora

Recorder: Audrey Montana

Staff Support: Jennifer Bruggeman

Excused from Meeting: Beth Limberg

Absent from Meeting: Y’Anad Burrell, Chaplain Creekmore, Tom Gilbert, Mashal Kleven, Leslie May, Graham Wiseman

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none"> • Call to Order • Roll Call • Review Working Agreement • Finalize Meeting Notes • Announcements -New Member, Facilitation change 	<ul style="list-style-type: none"> • Welcome, Call to Order • Roll Call • Reviewed Working Agreement • Meeting Notes: Reviewed meeting notes (June 1, 2023). No revisions recommended. • Announcements <ul style="list-style-type: none"> ○ (Jennifer Bruggeman) --We have a new member - (Jaime Yan Faurot - MHSA Advisory Council) 	Information Notes will be posted to MHSA Advisory Council website.	Mark Mora (Facilitator) Audrey Montana to post notes.

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	<p>--Facilitation Change - Mark Mora from Homebase will no longer be the facilitator for our meetings. We appreciate his great work and his assistance the past years. There will be a new Zoom link for meetings.</p> <p>--The MHSA Three Year Plan has been finalized and will be posted on the MHSA Website soon.</p> <ul style="list-style-type: none"> o (Jessica Hunt) This is the last meeting to be facilitated by Mark Mora from Homebase. Thank you very much for the work you have done. For the future, the MHSA Team will host the meetings. A new Zoom link will be provided. o (Jennifer Tuipulotu) Thank you, Mark, for your facilitation. o (Mark Mora) This is my last meeting. I am still with Homebase and work with the homeless system of care in Contra Costa. So may still see many in the future. o (Ellie Shirgul) There is a program from the Dept of Aging and Adult Services that is providing free iPads and training to older adults (65 years old and above). We obtained several for our clients. o (Jaime Yan Faurot) SPIRIT applications are available now. Should share and promote the SPIRIT program. o (Genoveva Zesati) I share upcoming events with the Advisory Council and Board of Supervisors. 		
<p>2. MHSA Updates</p> <ul style="list-style-type: none"> • MHSA 3 Year Plan Finalization • MHSA Triennial Review 	<p>Jessica Hunt</p> <ul style="list-style-type: none"> • MHSA 3 Year Plan Finalization <ul style="list-style-type: none"> o Approved by Board of Supervisors on August 1st o The Final version of the plan will be posted on the MHSA website after final version approved o Will be notified when the final Plan is posted on the website o Will have printed copies available as well • MHSA Triennial Review <ul style="list-style-type: none"> o Had the MHSA Department of Health Services review a couple of weeks ago. It went well. 		<p>Jessica Hunt (MHSA Program Supervisor)</p> <p>Genoveva Zesati (Mental Health Services Act (MHSA), Ethnic Services and Training Coordinator, ASA III)</p>

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3. Update on INN Equity Grants	<p>Presenter: Genoveva Zesati</p> <ul style="list-style-type: none"> • Update on the Innovation Community Defined Practices Grants <ul style="list-style-type: none"> ○ Request For Proposal (RFP) Workgroup – completed fourth meeting. One more meeting. ○ RFP will be finalized and released approximately end of August or early September ○ Goal is for bidders’ conference in September ○ Indigo Project will provide technical assistance ○ Provides \$125,000.00 in funding to support Community Defined Practices in underserved or inappropriately serviced communities. ○ Goal for program to run to June 30th, 2026. 		Genoveva Zesati
4. SPIRIT Presentation	<p>Presenters: Janet Costa and Victoria Fairchild</p> <p>PowerPoint Presentation:</p> <p>“SPIRIT – Behavioral Health Service Provider Individualized Intensive Training”</p> <ul style="list-style-type: none"> • What is SPIRIT <ul style="list-style-type: none"> ○ SPIRIT 2023 is a nine-unit certificate course taught to peers and family members by peers and family members ○ Collaboration between Contra Costa Behavioral Health’s Office for Consumer Empowerment and Contra Costa Community College ○ Welcomes peers, family members, parents, caregivers, and young adults within the behavioral health system • Who is SPIRIT intended for? <ul style="list-style-type: none"> ○ People with lived experience relating to substance use disorders, homelessness, and mental health • What is the Goal of SPIRIT? <ul style="list-style-type: none"> ○ Train people to become peer and family providers in the behavioral health field 		<p>Janet Costa (Mental Health Specialist II, SPIRIT Peer Co-Instructor, Certified Peer Specialist, Office for Consumer Empowerment – OCE)</p> <p>Victoria Fairchild (Certified Medi-Cal Peer Specialist, SPIRIT Peer Co-Instructor, CSW II, Office for Consumer Empowerment – OCE)</p>

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	<ul style="list-style-type: none"> ○ Help individuals identify, develop, and sustain personal support systems, develop, and use personal wellness plan, help others • SPIRIT Video Presentation • Scheduling of SPIRIT <ul style="list-style-type: none"> ○ Six-month course. Mondays & Wednesdays 11:00 am to 2:00 pm. Provides Internships. • SPIRIT Presenters <ul style="list-style-type: none"> ○ Subject matter experts from Contra Costa Behavioral Health, community-based organizations, and College professors. • SPIRIT III - Internships <ul style="list-style-type: none"> ○ During the summer. ○ Completion of SPIRIT I, II & III - graduation ceremony and receive certificates • Career Goals/Continuing Education • 2024 SPIRIT Applications due October 6, 2023 <ul style="list-style-type: none"> ○ The SPIRIT Application is available online on the Behavioral Health Services webpage: https://cchealth.org/bhs/pdf/SPIRIT-application.pdf ○ If any questions or would like this presentation, please email: Janet.costa@cchealth.org Victoria.Fairchild@cchealth.org 		
5. SB 803 (Peer Certification) – Update Q&A	<p>Presenter: Roberto Roman</p> <ul style="list-style-type: none"> • Currently have 62 certified peers. Along with Alameda County, have the highest count of certified Peers. • Of these, 54 received scholarships. • CalMHSA Scholarships have been depleted • If questions, please contact Roberto Roman at: Roberto.Roman@cchealth.org • Some training still available • Specific training not required for certification • If have specialized training (i.e., parent-caregiver), scholarships may be available. Reach out to 		Roberto Roman (Certified Medi-Cal Peer Support Specialist, Team Lead, Office for Consumer Empowerment – OCE)

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	Jennifer Tuipulotu at jennifer.tuipulotu@cchealth.org . Information is on the CalMHSAs website.		
6. Dialogue and Update with Contra Costa Behavioral Health Services (BHS) Executive Leadership <ul style="list-style-type: none"> • Modernization of MHSAs status and Updates • Update on housing projects 	Dr. Suzanne Tavano was unable to attend this meeting and will provide an update at the next MHSAs Advisory Council Meeting. Jennifer Bruggeman: Dr. Tavano attends the monthly Mental Health Commission meeting and provides updates at that time. The meeting is the first Wednesday of each month. The next Mental Health Commission meeting is September 6th.		Dr. Suzanne Tavano, PhD (Director, Contra Costa Behavioral Health)
7. Public Comment	<ul style="list-style-type: none"> • (Jennifer Tuipulotu) Have concerns re the function of this body and the MHSAs Modernization bill. Perhaps good to have a meeting to clarify. Response: (Jennifer Bruggeman) In view of the proposed changes and modernization of MHSAs, now may be a good time to receive input. Can discuss in detail next meeting. Then will forward information to Dr. Tavano who, in turn, can provide the information to the State. • (Douglas Dunn) I also have a major reservation about the proposed changes to MHSAs. Yes, need a deeper dive. Discussions then to bring to Board of Supervisors and State Legislators. • (Jaime Yan Furot) Maybe summarize provisions that are most relevant to our County. Should come together, show strength, and go to the capital to show support. • (Roberto Roman) This Modernization is fast tracked. We meet again in October but will be done by then. Need detailed discussions next meeting. • (Douglas Dunn) Agree. Need to move quickly. • (Jennifer Bruggeman) Open to holding a special meeting in September for detailed discussions solely on this issue of proposed changes. 	MHSAs AC Members and Attendees	Mark Mora

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8. Plus / Delta – Review of Meeting	<ul style="list-style-type: none"> • (Roberto Roman) SPIRIT Presentation went very well. Appreciate Janet and Victoria. SPIRIT has transformed my life. I can now help others transform their lives. Grateful for that. • (Audrey Montana) Thank you to Mark Mora for facilitating our meetings and ensuring all runs smoothly. Truly appreciated. • (Jaime Yan Faurot) SPIRIT has also helped me. We all support each other. Thank you also to Mark Mora. Thank you for the great, amazing facilitation. 	MHSA AC Members and Attendees	Mark Mora
9. Adjournment & Next MHSA AC Meeting	<ul style="list-style-type: none"> • There may be a Special Meeting scheduled to discuss Modernization of the MHSA. • The next MHSA AC meeting will be October 5, 2023 from 3:00 pm to 4:30 pm. 		Mark Mora