



## Contra Costa Mental Health Commission

1340 Arnold Drive, Suite 200, Martinez, Ca 94553 | Phone: (925) 313-9553 | Fax: (925) 957-5156  
cchealth.org

### Current (2023) Members of the Contra Costa County Mental Health Commission

Laura Griffin, District V (Chair); Leslie May, District V (Vice Chair); Ken Carlson, BOS Representative, District IV;  
Gerthy Loveday Cohen, District III; Tavane Payne, District IV, Pamela Perls; District II, Vanessa Rogers, District IV,  
Barbara Serwin, District II, Rhiannon Shires Psy.D., District II; Geri Stern, District I; Gina Swirsding, District I;  
(VACANT) Alternate BOS Representative

## Mental Health Commission (MHC)

Wednesday, November 1<sup>st</sup>, 2023, ◊ 4:30 pm - 6:30 pm

**This Meeting will be held in person and via Zoom 'Hybrid'**

**VIA: Zoom Teleconference: <https://zoom.us/j/5437776481>**

Meeting number: 543 777 6481 | Join by phone: 1 669 900 6833 | US Access code: 543 777 6481

**In Person: 1025 Escobar Street, Martinez, CA 94553**

## AGENDA

- I. Call to Order / Introductions (10 min.)**
- II. Public Comments (2 minutes per person max.)**  
In accordance with the **Brown Act**, if a member of the public addresses an item not on the agenda, no response, discussion, or action on the item will occur, except for the purpose of clarification.
- III. Commissioner Comments (2 minutes per Commissioner max.)**
- IV. Chair Comments/Announcements (5 min.)**
  - i. Mental Health Commission (MHC) Finance Committee – Returns January 2024*
  - ii. New Commissioners Orientation – November 13, 2023*
- V. APPROVE October 5, 2023 Meeting Minutes (5 min.)**
- VI. UPDATE and analysis on SB326 proposed amendments to the Mental Health Services Act (MHSA), approved September 2, 2023 – Jennifer Bruggeman, LMFT, Program Manager, MHSA (20 min.)**
- VII. UPDATE on the presentation at the October 17, 2023, Justice Committee Meeting on Detention Health Improvements by Lavonna Martin – Cmsr. Perls and Cmsr. Stern (15 min.)**
- VIII. UPDATE on October 27<sup>th</sup> Site Visit to Vincente High School – Cmsr. Serwin (5 min.)**
- IX. UPDATE on Alcohol and Other Drugs (AOD) Advisory Board – Cmsr. Shires (5 min.)**
- X. PRESENT 2024 nomination slate – Cmsr. Serwin (5 min.)**

**(Agenda Continued on Page Two)**



The Contra Costa County Mental Health Commission is appointed by the Board of Supervisors to advise them on all matters related to the county's mental health system, in accordance with mandates set forth in the California State Welfare & Institutions Code, Sections 5604 (a)(1)-5605.5. Any comments or recommendations made by the Mental Health Commission or its individual members do not represent the official position of the county or any of its officers. The Commission is pleased to make special accommodations, if needed, please call ahead at (925) 313-9553 to arrange.

## Mental Health Commission (MHC) Agenda (Page Two)

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### **XI. RECEIVE Behavioral Health Services Director's report, Dr. Suzanne Tavano (10 min.)**

- *Update on Children's Crisis Center – Pacific Clinics and Ribbon cutting ceremony?*
- *Update on Psych Emergency Services (PES) Expansion. Next Steps?*

### **XII. Adjourn**

## CONDUCT AGREEMENT

**The input of all participants in the meeting is highly valued. In order for all voices to be expressed in a productive, safe and respectful environment, the following set of self-governance guides are asked of all participants:**

- 1. We are committed to honoring people's time. Please help us by being on time, asking questions, speaking to the topic at hand, and allowing for others to speak.**
- 2. Please keep yourself on mute unless you are speaking.**
- 3. Wait to be recognized, before commenting and keep your comments direct and brief.**
- 4. It is okay to disagree, as different perspectives are welcomed and encouraged. Please be polite and respectful and allow others to voice their views as well.**
- 5. Please refrain from criticizing a specific person or viewpoint in a negative manner during the meeting. Outside of the meeting, you may connect with MHC Commissioners and staff for assistance in having your concerns heard and addressed through the appropriate channels.**
- 6. Avoid providing any distractions, such as side bar conversations.**
- 7. An individual may be asked to leave should they behave in a manner that threatens the safety of any participant or does not honor the terms of these guidelines.**

