

Developmental Disabilities Council of Contra Costa County
BOARD OF DIRECTORS MEETING
October 24, 2018

Board and Liaison Members Present: Paula Senigar, Chairperson; Heidi Spaulding, Vice-Chair; Audra Sysum; Bill Trinh; Craig Rose; David Monahan; Donna Feingold; Elvia Osorio Rodriguez; Leslie Werosh Visbal; Marcelle Indelicato; Nickole Bouslog; Pam Perls; Ria Mercado; Rosa Valledor; Stephen Dale; Suzanne Anthony; Will Sanford; Caroline Ortiz.

Staff: Vi Ibarra.

Board and Liaison Members Excused: Marianne Iversen; Sheraden Nicholau.

Guests: Carol Anne McCrary, Contra Costa ARC; Patricia Albeno, CARE Parent Network; Lisa Kleinbub, Executive Director, RCEB; Jason Parks, Futures Explored; Ron Usac, SDCC; Murri Banis, Contra Costa ARC; Carmen Sora, Parent; Jean Tehaney, Parent, Sibling; Shital Agrawalla, Care Parent Network; Catherine Godlewski, Contra Costa ARC; Genevieve Stularz, Parent; Mary Ann Custance, Parent; Ronke Sodipo, RCEB; Sabine and Hans Kroyel; Eddie Lopez, ILR, SCC; Shamila Wright, California Children's Services; Ron Usac, SCDD; Cheresse LeBlanc, Care Parent Network; Heather Hackett, Futures Explored; Miriam Gomez, La Familia/RCEB; Melizza Cortez, WBH; Mary Jane Pablo, OHC; James Mercado, OHC; Johanna Mutya, WBT; Cindy Delossantos, OHC; Alejandra Sanchez Ezidro; Assembly member Tim Grayson's office; Julie Franco, Open House Center.

Welcome and Introductions:

The meeting was called to order by Paula Senigar, Chair, at 10:02 a.m. and everyone was welcomed. Introductions were made.

- The meeting minutes of September 2018 were approved with 2 spelling corrections (M/Suzanne Anthony S/Craig Rose).
- There were no additions to the agenda.

UPDATES

RCEB Report by Lisa Kleinbub, Executive Director:

Lisa reported that there are only a few people left residing at Sonoma Developmental Center and all should be relocated by early December 2018. Housing issues and staff recruitment have delayed some of the processes.

RCEB has applied for start-up funds for their top 3 priorities: housing, behavioral supports, and emergency services.

154 people from RCEB have been randomly selected for the Self-Determination pilot project. One person has moved out of the area, so will be replaced with another selection. DDS is providing train-the-trainer meetings during November and December, then orientations to consumers will begin by February 14, 2019.

Regarding the Rate Study, the 1st draft is expected to be out by early December and there will be a comment period. The final draft goes to the legislature by March 2019.

Tonight there is an informational hearing hosted by Assembly member Jim Frazier from 5:30 – 7:00 p.m. at the Concord City Council Chambers. This is our chance to ask for what we need.

Finally, RCEB acquired additional office space, as they have about 700 more people to serve.

State Council on Developmental Disabilities (SCDD) Bay Area Office:

Ron Usac stated that the SCDD is meeting November 28th in Hayward.

SCDD implemented the "National Core Indicators" surveys----400 for each of 3 Regional Centers. They have completed them all!

DD Council member, Audra Sysum, will be honored with a Self-Advocacy award----congratulations, Audra!

Executive Assistant to the Council Report by Vi Ibarra:

Vi welcomed new audience members to the meetings. She reported that she joined a 10-week District Attorney's Community Academy to learn about the DA's operations.

In addition, she participated along with Board Member Rosa Valledor at the County's "COCO 2020" which was one of a series of events and efforts by the County Health Dept to make Contra Costa County a better place to work, live, and pursue the things that bring us joy and meaning. Directors from various depts attend this meeting.

Committee Reports:

Executive Committee: No report.

Nominating Committee: There are 2 seats available----contact Paula or Vi if you are interested in serving on this Board.

Transition Committee: Donna reported that they are hosting a ½ day workshop for parents on employment on February 2, 2019 in East Contra Costa County.

Community Liaison Reports

Health and Emergency Services Engagement Committee: Nickole reported that they met last week and talked about health and housing concerns, as they go hand-in-hand. She is going to ask Jim Frazier to attend the next meeting.

Subcommittee on Employment: No report

East Bay Legislative Coalition: Will and Nickole encouraged everyone to go out and vote on November 6th if you haven't already done so. The EBLC support Prop 1 and 2. They will also be speaking tonight at Assembly member Jim Frazier's meeting about transportation and housing issues.

CCTA Paratransit Coordination Council (PCC): No report.

Emergency Services Engagement: Marcelle reported on several emergency planning activities happening in and around our community:

- Marcelle reported that the Sheriff's Dept has a "Citizen Academy", similar to the District Attorneys Academy that Vi reported on.
- 25-30 new people were trained in our County to be FAST members----making them eligible to assist people in emergency shelters that have disabilities and/or access and functional needs.
- Emergency planning includes securing MOU's with community organizations to assist in disasters and Marcelle is working hard to get those MOU's signed.

- She is looking for volunteers to assist in next April's "Sound the Alarm" event where they install free smoke detectors in Pacheco. See Marcelle for more info if you are interested.
- Recent emergency events in our County included:
 - Apartment fire in Bay Point
 - Chevron fire.
 - Marsh Creek water main break
- Marcelle hosted an annual workshop for community partners and FAST member on Oct 4th. Vance Taylor from Cal OES was the featured speaker, along with other interesting presenters. Smart 911 is in a few cities where you can register on line with all your personal info that will pop up when you call 911---even from your cell phone. You can pre-program any medical conditions, who your emergency contacts are and any special considerations, such as someone in the household with mobility issues. Heather reported that she is listed as her Mother's emergency contact and was alerted when her mother called 911 with a pin indicating her location. Marcelle recommended that everyone keep their landline, as not all cities have Smart 911.
- Will Sanford stated that Community Care Licensing is putting out new regulations for emergency plans---we should be monitoring this.
- Caroline recommended to include an ICE entry in your contacts in your phone (In Case of Emergency). Also, keep the Vial of Life posted on your refrigerator for first responders to access.

There was a short break for coffee and conversation

Presentation: Community Living for Individuals with Special Healthcare Needs: Ria Mercado, Executive Director of Woodbridge Health Services and Lucy Rivello, R.N, of RCEB

Lucy began by describing ARFPSHN homes, specialty homes developed to accommodate people with medical conditions, requiring nursing services, moving out of Agnews Developmental Center. Nursing services are provided 24 hours per day. In addition, mobile dental and physician services come to the homes to prevent ER visits.

Ria introduced Woodbridge Health Services, which operates 2 ARFPSHN (1 in Concord and 1 in Clayton). They also have a Specialized Residential Facility, located in Antioch, which serves individuals with sensory deficits. The ARFPSHN homes are highly licensed and reviewed every 6 months, while a nurse from Regional Center visiting monthly. They are accessible with ceiling tracks and 4 people with private rooms live in each home. The shower can accommodate a gurney and they have back-up generators built in that can run for 72 hours, if needed.

A family member spoke to us of his brother that resided in Sonoma Development Center for over 40 years. His family was happy with his care at SDC, and they were skeptical about him moving out. He has been in the Woodbridge home for 18 months and has made a lot of improvements, such as improved sleep, his level of focus, healthier diet, is outside and in the community more often. He attends family events and when he was hospitalized for 3 days, the Woodbridge staff stayed with him the whole time, including through the night. Ria's home has exceeded all their expectations.

Ria indicated that their website isn't up and running yet. She also anticipates that more homes like this will be needed as our population ages and develops chronic illnesses.

They were all thanked for their interesting presentation.

Announcements:

- Catherine Godlewski reported on ARC University and distributed a short survey to everyone about training needs. She gave a free pen to each person that turned in the survey.
- Rosa Valledor reported on 2 upcoming transition meetings in Spanish, offered through Care Parent Network: one on day programs and one on employment services. Care is also hosting a Halloween Picnic for families that they serve.
- Stephen Dale announced a webinar on Nov 20th regarding IEPs. He also stated that the ABLE Act will be coming to California.....sometime.
- Vi encouraged people to respond to the dental survey included with the meeting packet.
- Will announced that there is a Red Carpet Film Festival on Nov 13th at the Livermore Theater from 6:00- 9 p.m.

Adjournment: The meeting was adjourned at 11:55 a.m.

2018 Upcoming Meetings:

November 28, 2018

No meeting in December

January 23, 2019

**Next Meeting:
November 28, 2018
RCEB-Concord
1320 Willow Pass Road, #300
10:00 am - Noon**

Respectfully submitted electronically by,

Carol Anne McCrary

Contra Costa ARC