



# COVID 19

## Contra Costa County

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# Outline for our Discussion Today

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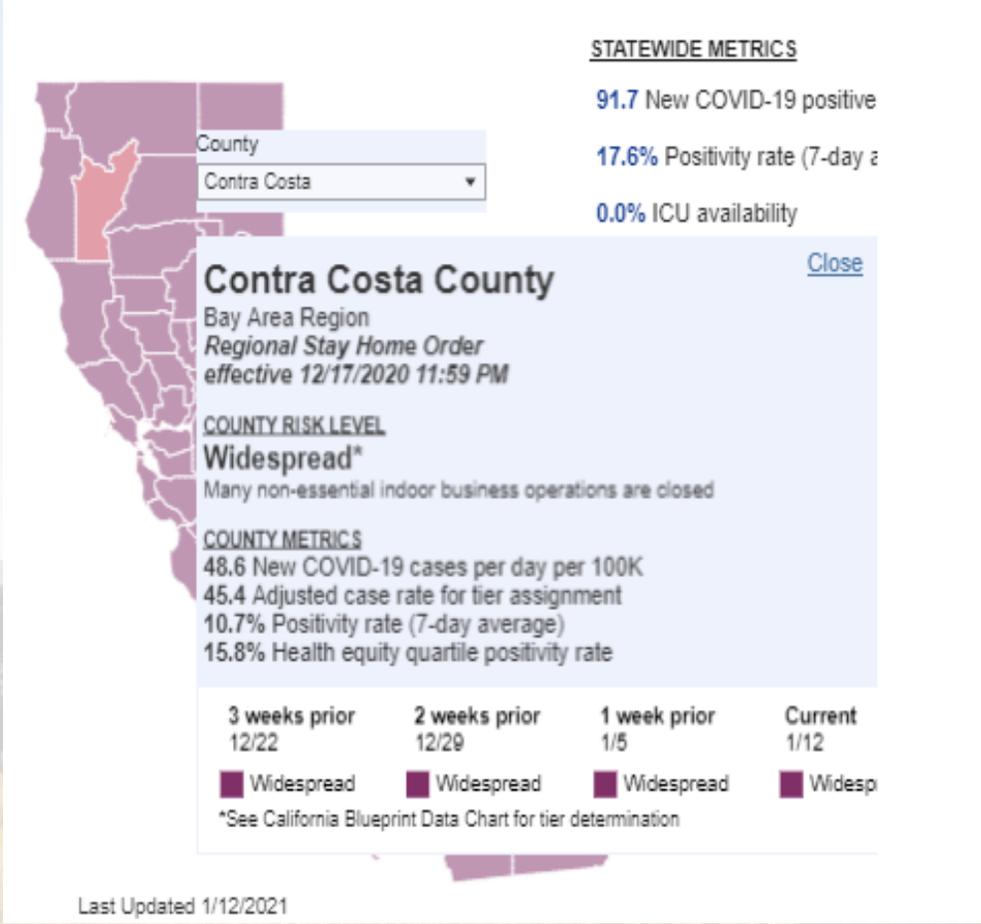
- COVID 19 at a Glance
  - Broad Picture and Data Numbers
- Prevention Matters
- Vaccines are Safe and Life Saving
  - COVID 19 Vaccine
- Allocations- Who Gets Vaccinated and When
- Distribution
  - Who, How, Where
  - Partnerships
- Hope and patience
- Questions and Answers

# An Ounce of Prevention

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- **Understanding how COVID -19 spreads can stop it.**
  - Spreads through close contact and respiratory secretions
    - Person to person is most common
    - Masks and eye protection work to reduce droplet spread
    - Hand washing helps prevent you from infecting yourself
    - Staying home when you are sick is the right thing to do.
    - **GET TESTED IF YOU ARE SYMPTOMATIC OR HAVE BEEN IN CLOSE CONTACT WITH SOMEONE WITH COVID 19.**
      - <https://www.coronavirus.cchealth.org/get-tested>
      - Testing Line - (844) 421-0804
- Ill people should isolate for 10 days and
- Close contacts now quarantine for 10 days to protect others.

# Contra Costa Dashboard



# COVID 19 In the World and in Our Community

January 13, 2021	Contra Costa County (1,100,000)	California	United States	World
Test	898,992	36,508,384	251,942,935	
Positive	48,449	2,747,288	22,797,730	91,266,225
Deaths	392	2930,513	379,020	1,953,866
Vaccine Allocated To CCHS	101,450 (does not include Sutter, Kaiser, VA)	2,919,925	21,419,800	
Vaccinated	32,875 (2 day lag in data updates) 1350/day to ramp up to 8000/day	783,476	5,919,418	

# Vaccines Save Lives

## The Science Behind Vaccines

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- Vaccines work by training your immune system to recognize, attack and disable deadly diseases like the flu, polio, measles, smallpox, and now COVID 19.
- COVID-19 mRNA vaccines have been tested for safety before being authorized for use in the United States and in the world.
- mRNA technology is **new, but not unknown**. They have been studied for **more than a decade**.
- mRNA vaccines do not contain a live virus and do not carry a risk of causing disease in the vaccinated person.
- mRNA from the vaccine never enters the nucleus of the cell and does not affect or interact with a person's DNA.
- It is most likely that every person in this room has been vaccinated and avoided a preventable illness

# Question: Who Should Get Vaccinated?

## Answer: Everyone!

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- Community immunity requires 8-9 out of 10 people to get vaccinated before transmission drops enough to stop the use of masks.
- It is safe and recommended to get the COVID-19 vaccine even if you have had COVID-19 or have antibodies
  - We think immunity is better and may last longer than if you had COVID 19
  - Most of the vaccines are **2 doses**, 3-4 weeks apart
  - Protection occurs **1-2 weeks after the second dose**
  - We will most likely not know how long the vaccine will be protective once we receive it. We will know more as more time passes in the current research
  - May need to have vaccine shots for COVID-19 on a regular basis (like the flu shot)

# Steps to get Vaccines to YOU

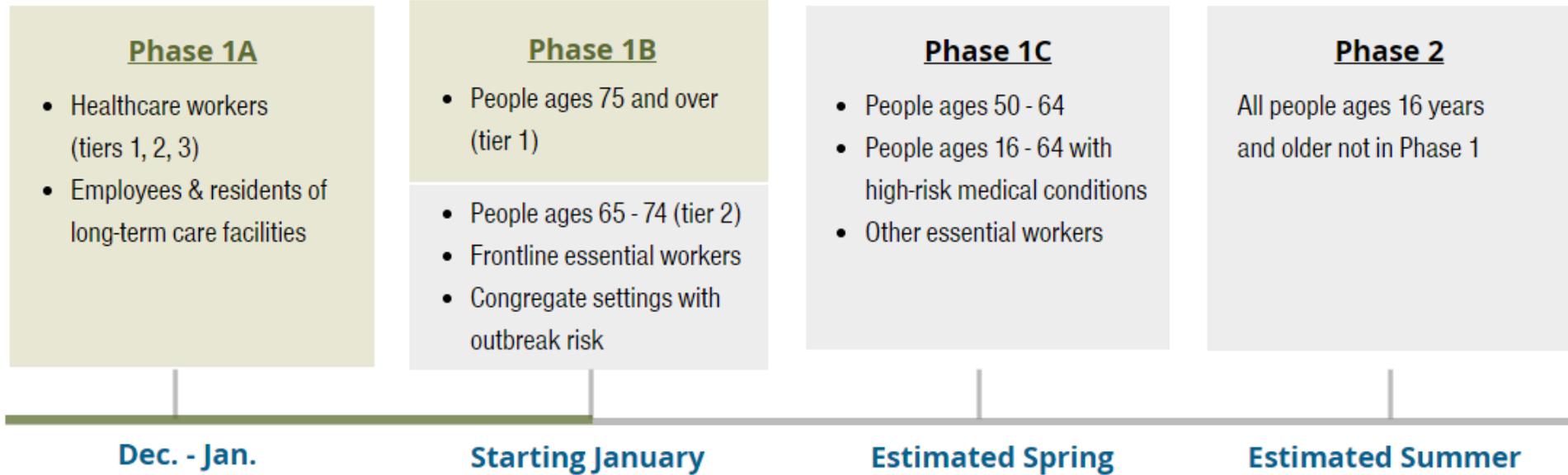
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- Logistics- walk up clinics to start. Building a sustainable plan
  - Daily capacity better than pop-ups to support infrastructure
- Partnerships- pharmacies, facilities, contracts, agencies
- Infrastructure- contracts, staff, supplies, refrigerators
- Technology- national data base
- Work Force- Fire, MRC, Retirees, Public Health, RNs
- Supply—in the beginning is scarce though allotments are outpacing capability to vaccinate
- Demand is greater than supply which is greater than workforce.  
(workforce is building up)
- Allocations: Federal, state and county entities have more doses than they have administered due to logistics. This may change--TBD

# Phases and Tiers

## Distribution Phases

[Click here to learn more about the vaccine distribution phases.](#)  
Please note that the timing is estimated and subject to change.



# Who Gets it and How

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## **COVID-19 Ethical & Equitable Vaccine Allocations Committee**

The Ethical & Equitable Vaccine Allocations Committee helps ensure a fair, transparent and evidence-based approach to distributing COVID-19 vaccine in Contra Costa County, based on guidelines established by state and federal government through the lens of health equity and social justice.

## **Partnerships**

- Health homes, such as Life Long, La Clinica, Kaiser, Sutter, JMH, CCHP will reach out to their members to schedule once they are in an eligible tier. (the list is growing daily)
- Pharmacies partner to vaccinate vulnerable populations and congregate community settings
- Medical Reserve Corp mobilized to support vaccination efforts
- Emergency Medical Services
- **You**

## **Contra Costa County Public Health (safety net)**

Four Max Vax sites are ready to open in West, Central and East County, with plans to extend to the 680 corridor. **Capacity will depend on staff availability.**

**Capacity:** Today-1350/day in CCC sites with partners. Goal 8000/day in February

# Advocacy

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- What can we do for your community to support education and outreach?
- Know the FACTS
- Get vaccinated
- Know where to go to get the answers
  - Instagram - @contracostahealthservices
  - Facebook - @ContraCostaHealthServices
  - Flyers
  - Reliable sources:
    - <https://www.coronavirus.cchealth.org/>
    - <https://www.coronavirus.cchealth.org/vaccine>
    - <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx>

Wear a mask. Get vaccinated.  
Stay Informed.

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...and when the danger passed, and the people joined together again, they grieved their losses, celebrated their achievements, made new choices, and created new ways to live and heal the earth fully, as they had been healed.

**THANK YOU**



All Questions Welcome