

Developmental Disabilities Council of Contra Costa County
BOARD OF DIRECTORS MEETING
November 20, 2019

Board and Liaison Members Present: Suzanne Anthony (filling in); Stephen Beard; Stephen Dale; Donna Feingold; Marcelle Indelicato; Marianne Iversen; Pam Perls; Elvia Osorio Rodriguez; Will Sanford; Heidi Spaulding; Leslie Werosh Visbal.

Staff: Vi Ibarra.

Board and Liaison Members Excused Audra Sysum, Chairperson; Rosa Valledor, Vice-Chair; Ria Mercado; David Monahan; Caroline Ortiz; Craig Rose; Bill Trinh.

Guests: Carol Anne McCrary, Contra Costa ARC; Christine Rottger, Contra Costa ARC; Tracy Butler, Contra Costa ARC; Rebecca Corbett, Futures Explored; Hannah Michaelson, Care Parent Network; Ken Talken, WCCUSD; Lisa Kleinbub, RCEB; Rose Casarez, RCEB; Karen Lingenfelter, MDAE; Sheraden Nichalau, SCDD; Shannon Beasley, CCHS.

Welcome and Introductions:

Suzanne Anthony filled in as Chairperson this morning and called the meeting to order at 10:13 a.m. and everyone was welcomed. Introductions were made.

- The meeting minutes of October 23, 2019 were corrected and approved as corrected (M/Will Sanford; S/ Heidi Spaulding).
- There were no additions to the agenda.

UPDATES

RCEB Report by Lisa Kleinbub:

Lisa reported:

- The Association of Regional Center Agencies (ARCA) has sent a letter to the Governor (it is on the ARCA website). They are asking for:
 - The 8.2% rate increase be applied to ILS and Early Start programs;
 - Additional Case Managers (they are short 70);
 - In addition, the elimination of family share of costs for Early Start programs.
- Lisa is keeping an eye on the comments that are overdue by DDS on the Rate Study and what DDS recommends.
- DDS will also be announcing the membership of the DDS Task Force in the near future.

State Council on Developmental Disabilities (SCDD) Bay Area Office by Sheraden Nichalau:

Sheraden announced:

- The National Core Indicator survey emails went out to families that have at least 1 person in their family, 18 years old or older that is receiving Regional Center services. These surveys can be completed online or on paper, in multiple languages.
- The reports from these surveys are more than 3 year late, which prohibits prompt planning efforts. SCDD has requested reports that are more prompt.
- SCDD is starting their 5-year planning process to determine priorities. Sheraden left hard copies of the survey on the back resource table, or you can get it online on their website. Their goal is to get 600-700 surveys returned by February 2020.
- The SCDD local meeting will be December 4, 2019 at RCEB in San Leandro at 7:00 p.m. Everyone is welcome.

Executive Assistant to the Council Report by Vi Ibarra:

Vi thanked Suzanne for filling in as Chairperson this morning when asked at the very last minute!

- The Executive Team meets quarterly, with their last meeting being on November 3, 2019.
- The DD Council has been asked to support training for individuals interested in becoming Independent Facilitators (IFs) for Self-Determination participants.
 - Training will be offered at a later date in both Contra Costa and Alameda Counties.
 - There is not a set training curriculum, each Local Advisory Committee can develop a training to meet local needs.
 - No certification or background check is required for Independent Facilitators, but participants can request a background check if desired.
 - Facilitators are paid out of the clients spending plan, the rate is negotiated between each participant and IF.
 - Case Managers can provide some services as facilitators, as well.
- Vi attended the "Vision for the Future" conference at Chabot College on October 26th. She stated that meetings were translated in Spanish and Mandarin and the conference was full. She mentioned that it was a team effort to put it on and thanked everyone involved.

Board Membership:

Vi reported that there are 3 openings on the Board. Two must be filled by self-advocates or parents. Please send any nominations to Vi.

Committee Liaison Reports:

CCTA Paratransit Coordinating Council (Vi): No meeting.

East Bay Legislative Coalition (Will): Their next meeting is December 4, 2019 at 1000 Broadway in Oakland and they will be planning a legislative breakfast on January 31st @ RCEB in San Leandro.

- Key messages are under consideration:
 - Housing
 - Transportation
 - DSP's
 - Funding of the Rate Study
 - Funding full amount of Case Managers
 - Addressing the local minimum wage quirk (asking for 3.3% rate increase across the board)

PVAC is addressing the upcoming census on April 1st (no fooling!). Everyone needs to be counted, as it determines our legislative representation. Some self-advocates will be enumerators. PVAC meets the 2nd Friday of each month at RCEB San Leandro. Vi has suggested that the meetings alternate between Alameda and Contra Costa Counties.

Emergency Planning Engagement: Marcelle reported that October 27th was a rough day in our County with the Public Safety Power Shut offs (PSPS) and 13 fires. It was very scary, even for fire fighters, who witnessed a 100-foot flame. Fortunately, we have missed this week's PSPS.

The County's Emergency Operations Centers was open during these events.

On October 30th, Marcelle hosted a Disabilities and Access and Functional Needs (DAFN) Forum with 2 panels: one from Butte County and one from Sonoma County to talk about their lessons learned. This forum was fully attended. Vi will send out links to 2 videos that were shown. Stephen Dale mentioned that the actual stories told engaged him fully.

He made a recording of the presentations and will share when edited. Donna Feingold mentioned that she learned a lot from this forum, as well.

Marcelle hosts a DAFN Steering Committee that meets 3 times per year and discusses preparedness issues. This committee has representation from many factions, such as schools, health services, Red Cross, skilled nursing homes, homelessness, behavioral health and many more. We also discuss a scenario at each meeting to problem solve potential disasters. This month we welcomed Lucy R. from RCEB and Hannah M. from Care Parent Network to our committee.

This coming year we would like to put an emphasis on personal preparedness, possibly using the "Ready, Set, Go" curriculum.

Marcelle is also assisting Heidi and the CAC is preparing 3 power point presentations: 2 are completed and 1 still needs to be developed. The target audience are people transitioning from schools to adulthood and their families.

Regarding the State FAST program (Functional Assessment Service Team), the liability issues have been resolved, as for mutual aid, the receiving jurisdiction will swear in FAST members that are requested to assist in shelters.

Will Sanford commented that DDS is looking into funding back up batteries during the Public Safety Power Shutoffs (PSPS). PG&E gave a small amount to Centers of Independent Living around the State. Lisa Kleinbub stated that DDS is looking into on-going planning for people that are dependent on electricity for critical health reasons.

HireAble: Donna Feingold reported that Dept. of Rehabilitation (DOR) did a presentation at their last meeting. Their next meeting is this Friday at 10:00 a.m. at RCEB's San Leandro office.

Health Equity Team: They are on hiatus and are regrouping.

Transition Task Force Committee: Vi reported that this committee meets on the 3rd Thursday of each month at RCEB-Concord. Thus, they are meeting this Thursday at 3:15 p.m.

Ten-minute break occurred for coffee and conversation:

Thanks go to Vi Ibarra and Will Sanford for the coffee and great treats!

Presentation: Contra Costa County Health Services (CCCHS) Career Pathways: An Employment Equity Strategy.

Speaker: Shannon Ladner-Beasley, Manager, Contra Costa Health Services, Health Career Pathways (Internships)

Shannon explained that CCCHS has a statutory obligation to protect the health of Contra Costa residents, with a special commitment to supporting our most vulnerable populations. They cannot turn anyone away, even if they don't have health insurance.

Affecting our most vulnerable populations can boost our economy, reduce health care costs, and increase our workforce.

There is a high demand for health professions, high turnover in entry level positions, and a lack of health equity in our nation (black men have the worst health care in our nation).

CCCHS started a "Healthy Richmond Project", targeting high school students for paid internship in the CCC Health Services department. The goal of this project was to develop career pathways into the health services field through education, mentorships and exposure to various aspects of health services. In 2016, 100% of the interns planned to attend college, 12 were hired by their summer placements, and 4 completed the EMT certification.

There is a workforce shortage in health care and this was the start of securing untapped talent.

At the end of the presentation, the committee and guests were eager to continue the conversation with Shannon. It was decided to convene a focus group to address including people with I/DD and representatives to further discuss:

- Opportunities in our local agencies to host interns;
- How can we include people with I/DD in this internship program?

Vi will be coordinating this focus group and plan for a January meeting.

Shannon was thanked for her presentation.

Announcements: None

Adjournment: The meeting adjourned at 11:55 a.m.

**Next meeting will be held on January 22, 2020
At RCEB-Concord
1320 Willow Pass Road, Concord, CA
4th Floor Conference Room**

Respectfully submitted electronically by,

Carol Anne McCrary

Contra Costa ARC