

Mental Health Services Act Advisory Council (MAC)

Thursday, April 6, 2023

3:00 pm – 4:30 pm

Meeting Access via Online Zoom Video Conference and Telephone Conference:

<https://homebaseccc.zoom.us/j/84801163858?pwd=d01ZbHN0bHZ5V1NCeDdZUkh2SW1pQT09>

Call In Number: 1-669-900-6833 Meeting ID Code: 848 0116 3858 Password: 390775

<u>Members Attending:</u>	Y'Anad Burrell , Mashal Klevens, Beth Limberg, Melinda O'Day , Roberto Roman, Jennifer Tuipulotu, Graham Wiseman, Amelia Wood,
<u>Behavior Health Director:</u>	Dr. Suzanne Tavano
<u>Staff Attending:</u>	Victoria Fairchild, Connie Lee, April Loveland, Ernesto Robles, Kelly Perryman, Jonathon San Juan
<u>Public Participants:</u>	Deborah Collister, Susan Norwick Horrocks, Jill Ray, Taylore Looney, Christine Rutger, Stephanie Stoval
<u>Facilitator:</u>	Jessica Hunt
<u>Recorder:</u>	Audrey Montana
<u>Staff Support:</u>	Jennifer Bruggeman
<u>Excused from Meeting:</u>	None
<u>Absent from Meeting:</u>	Chaplain Creekmore, Douglas Dunn, Tom Gilbert, Leslie May, Lucy Espinosa Nelson

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none">• Call to Order• Roll Call• Review Working Agreement• Finalize Meeting Notes• Announcements• Review Attachments• New <i>Hybrid</i> meeting format• New Member Info	<ul style="list-style-type: none">• Welcome, Call to Order• Roll Call• Reviewed Working Agreement• Meeting Notes: Reviewed meeting notes (February 2, 2023). No revisions recommended.• Announcements<ul style="list-style-type: none">◦ (Jessica Hunt) The MHSA Consolidated Planning Advisory Committee (CPAW) is now referred to as the Mental Health Services Act Advisory Council (MAC). Aware another County entity may use MAC.◦ (Jennifer Bruggeman) Sweep Away Stigma event May 3rd. Mental health advocacy event. Flyer displayed.	Information Notes will be posted to MHSA CPAW website.	Jessica Hunt (Facilitator) Audrey Montana to post notes.

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	<ul style="list-style-type: none"> Review Attachments New Hybrid meeting format <ul style="list-style-type: none"> (Susan Norwick Horrocks) Good to have the option for a hybrid meeting for those who cannot attend in person. New Member Info <ul style="list-style-type: none"> New MAC Member Introduction – Mashal Klevens 		
2. Suicide Prevention Coalition Updates Suicide Fatality Review – purpose and benefits	<p>Presenters: Jessica Hunt and Jennifer Bruggeman</p> <ul style="list-style-type: none"> Suicide Prevention Coalition Updates <ul style="list-style-type: none"> Conducted Mock Review for Suicide Fatality Review <ul style="list-style-type: none"> Contractors to develop a new review process Tool to gather data re post-suicide death to instill informed suicide prevention practices in our County. Working to establish a process. Could determine if any patterns or interventions that may prevent future suicides Working on collaborating with Coroner’s Office This process established in other parts of the country. Been successful in reducing suicides. Next Steps <ul style="list-style-type: none"> Confirm cooperation with Coroner’s Office – Complete data form for each instance, get Family permission for data, assemble a team. Team meetings – Goal five reviews per meeting. Suicide Prevention Strategic Plan <ul style="list-style-type: none"> Almost ready to publish. Have data from the Coroner’s office and Contra Costa Public Health. <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> (Dr. Suzanne Tavano) Has this been vetted through County Counsel as yet? Response: (Jessica Bruggeman): No solid plan to move forward yet. Currently in the learning phase. (Dr. Suzanne Tavano) As you get closer, I can check with County Counsel. (Graham Wiseman) Just want to ensure this is an achievable goal. Data should be made public. 		Jessica Hunt (Program Supervisor, Mental Health Services Act - MHSA) Jennifer Bruggeman (Program Manager, Mental Health Services Act - MHSA)

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<p>3. New Innovation Project Updates</p> <p>PADS</p> <p>Grants for Community Defined Practices</p>	<p>Presenters: Jennifer Bruggeman and Jessica Hunt</p> <ul style="list-style-type: none"> • PADS (Psychiatric Advanced Directives) <ul style="list-style-type: none"> ◦ Contra Costa part of seven county collaborative ◦ To develop a universal PAD template ◦ Working on marketing, branding, training and next will be technology (access PAD via Cloud) ◦ Painted Brain and CAMHPRO (California Association of Mental Health Peer Run Organizations) hired as peer consultants ◦ Will be in Contra Costa to meet with community ◦ General information sessions held virtually on April 18th and May 16th (see attachments provided for this meeting) ◦ Three workgroups (Template, Peer Advisory, Technology). All welcome to participate. • Grants for Community Defined Practices <ul style="list-style-type: none"> ◦ Supporting Equity Through Grants for Community Defined Practices ◦ Approved by the California Mental Health Services Oversight and Accountability Commission (MHSOAC) on March 23rd ◦ Four-year six-million-dollar MHSO Innovation project ◦ Goal- increase access to behavioral health services to underserved groups ◦ Next need approval by the Board of Supervisors – scheduled to hear April 18th ◦ Opportunities for community organizations to apply ◦ Grants up to \$125,000.00 per year <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> • (Jonathan San Juan) Suggest Putnam Clubhouse visit be in person. Suggest invite Wellness Recovery Action Plan (WRAP) facilitators. Response: (Jennifer Bruggeman) May meet at Putnam Center and we welcome WRAP facilitators to participate. • (Dr. Suzanne Tavano) Is law enforcement involved? 		<p>Jennifer Bruggeman</p> <p>Jessica Hunt</p>

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	<p>Response: (Jennifer Bruggeman) Goal is to ultimately involve law enforcement. We welcome them at any time. Can also involve the A3 team. (Dr. Suzanne Tavano)</p> <p>Good idea to work with A3. (Jennifer Bruggeman)</p> <p>Recommend Psychiatric Emergency Services (PES) and Contra Costa Regional Medical Center staff be involved.</p>		
4. SB 803 (Peer Certification) – Update	<p>Presenter: Roberto Roman:</p> <ul style="list-style-type: none"> SB 803 (Peer Certification) -Update <ul style="list-style-type: none"> Senate Bill 803 – Peer Support Specialist MediCal certification Certifying body is the California Mental Health Services Authority (CalMHSA) CalMHSA has opened a new application process Training vendors have been approved. The Office for Consumer Empowerment (OCE) is working on applying for SPIRIT (Service Provider Individualized Recovery Intensive Training) to be an approved CalMHSA training program. CalMHSA website is Peer Supervision Training information for those who will supervise Peer Support Specialists – one hour, no cost training Scholarships available on CalMHSA website Deadline for grandparenting applicants – June 30th OCE supporting and preparing applicants for exam 28 of our Community Support Workers who have taken the exam. All have passed. <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> (Dr. Suzanne Tavano) Shows the support and strength of our SPIRIT program. 		Roberto Roman (Community Support Worker II, Office for Consumer Empowerment – OCE)
5. Dialogue and Update from Contra Costa Behavioral Health Services (BHS) Executive Leadership	<p>Presenter: Dr. Suzanne Tavano:</p> <ul style="list-style-type: none"> Funding Opportunities <ul style="list-style-type: none"> Provided an overview yesterday at the Mental Health Commission re current and future funding opportunities. Will keep all updated. 		Dr. Suzanne Tavano (Director, Behavioral Health Services)

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	<ul style="list-style-type: none"> • MHSa Three Year Plan <ul style="list-style-type: none"> ◦ Preparing for review and approval ◦ May be changes to the MHSa Community Planning Process • CHIP Incompetency • Ballot measure in November 2024 re budget <ul style="list-style-type: none"> ◦ Many stakeholder meetings between now and then ◦ Proposed 30 percent of MHSa funding for each county go towards housing ◦ Thirty-five percent to full-service partnerships ◦ Third thirty-five five percent for remaining components. Will look at allocation in next year. Looking at other sources of funding including Medicaid/MediCal. Will see how flexible these funds will be. Look at matching funds contribution. Still pursuing grant opportunities. Want to continue to support current funding. Plus, system has changed with CalAIM. Still awaiting budget details. • Youth Crisis Support unit (CSU) <ul style="list-style-type: none"> ◦ Was a delay in building. Now hiring and training staff. Plan to open first week in July. • Oak Grove Campus <ul style="list-style-type: none"> ◦ No longer intent to be 24/7 facility. But will be seven days a week. ◦ One third of the building will be the Miles Hall Crisis Call Center, Crisis Teams, Mental Health care on demand. Hope to open in January 2024. ◦ May have Crisis Teams in San Pablo in West County and now looking for a location in East County • A3 (Anyone, Anywhere, Anytime Crisis Services) <ul style="list-style-type: none"> ◦ Now have fifteen teams. Hours 8:30 am to 12:30 am seven days a week. <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> • (Beth Limberg) How can we track RFPs re housing? Response: Still working on opportunities. Would be announced when RFP needed. 		

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	<ul style="list-style-type: none"> (Deborah Collister) How get FSP funding directly to case managers/staff. County staff paid more than nonprofits. Response: Discussions ongoing re our delivery system. Contractors can advocate/negotiate rates with County. 		
6. Public Comment & Suggestions for Future Agenda Items	<ul style="list-style-type: none"> (Melinda O'Day) Is Narcan available free of charge? Should be provided free to help save lives. Mental health and drugs sometimes go together. Response: (Jennifer Tuipulotu) OCE holding a free once a month Narcan information and training. Also, information on Opioid/Fentanyl. After the training, provided Narcan at no cost. Next training is April 27th from 3:00 – 4:00 pm. 		Jessica Hunt
7. Plus / Delta – Review of Meeting	<ul style="list-style-type: none"> (Jennifer Tuipulotu) Great to be back in person. 	MAC members and attendees	Jessica Hunt
8. Adjournment & Next CPAW Meeting	<ul style="list-style-type: none"> MAC Steering Committee meeting will be July 20, 2023 from 11:00 am to 12:00 pm. The next MAC meeting will be June 1, 2023 from 3:00 pm to 4:30 pm. 		Jessica Hunt