Stakeholder Sharing

MHSA Consolidated Planning Advisory Workgroup (CPAW) January 5, 2023 Meeting

Highlights of news to share and areas discussed at recent Contra Costa Behavioral Health Services (CCBHS) supported stakeholder meetings held in October, November and December 2022.

Adult Committee

October

Update to be provided at the CPAW meeting.

November

Update will be provided at the CPAW meeting

December

- No meeting in December.
- Please Note: The Adult Committee meetings are canceled until further notice.

Aging and Older Adult Committee (AOA)

October

The Older Adult COVID-19 Workgroup met on October 12, 2022. We received a highly
informative presentation from Leah McIntosh from the Health Insurance Counseling and
Advocacy Program (HICAP) regarding Medicare, and Medi-Cal. We also received a
presentation Dr. Sreenivasen, Deputy Health Officer, who provided an update on COVID-19
and MPX.

November

- Our November meeting was held on November 9, 2022. We received an informative and
 uplifting presentation from Front Porch/Well Connected/Well Connected Espanol. Lizette
 Suarez, Director, and Vicmarie Cruz Vargas, Intern, provided information on the numerous
 programs offered, including Social Calls, and the virtual/telephonic senior center. They
 discussed the negative health effects of loneliness and the powerful impact their programs
 have on the participants.
- We discussed plans for the Workgroup moving forward as we broaden our focus to include many areas of advocacy for older adults beyond COVID-19. Will continue to discuss a possible name change, and broader focus for the group.

December

- The Older Adult COVID-19 Workgroup met on December 14, 2022.
- We received an update on Hacienda Heights, which is a new low-income senior housing opportunity in West County. Residents have started to move in who had been referred from Coordinated Entry and the Housing Authority. They are hoping to have all residents moved in by the end of January 2023. There are 123 units, and 25 units that have been designated as Permanent Supportive Housing. There are waitlists.

- We received an update Terry Tobey, Gerontologist, Volunteer Manager, on the Diablo Valley Foundation for the Aging (DVFA). The DVFA will be closing at the end of December 2022. Referrals are being made to fiduciaries in private practice. The money management program for low-income seniors will be ending. Terri is happy to help provide referrals and assist with any issues related to the closure of DVFA.
- We received an informative presentation from Sefanit Mekuria, MD, Deputy Health Officer with an update on COVID-19.
- We discussed plans for the Workgroup for 2023, including broadening the focus beyond COVID-19, and possibly changing the name of the Workgroup.
- Our next meeting will be held on Wednesday, January 11th, 2023, from 2pm to 3:30pm.

Alcohol and Other Drugs (AOD) Advisory Board

October

- Presentation of Recovery Champion Award to Tanya Jacobs, CEO of Community Villages.
 for her work with the unhoused population, people in recovery and advocacy work. Also receiving the award was Malcom Jones for his continued work in the recovery community.
- Discussed the Alcohol and Other Drugs Advisory Board goals and purpose.
- Discussed community awareness and current advocacy efforts.

November

- Congratulated Lavonna Martin (Health Services Deputy Director) for receiving the Woman of the Year award from the State Senate.
- Mental Health Services Act (MHSA) staff (Jennifer Bruggeman and Genoveva Zesati) presented an overview of the MHSA and also of 2004 Proposition 63 funding.
- The Board of Supervisor approved the contract for the implementation of Streamline.
- Discussed whether future retreat and meetings will be in-person or held virtually.
- Nominations for Chair and Vice-Chair completed. Discussed needs of the Richmond Community. Rich Minds coalition will host a community forum and expo on mental health services on January 21st. This event will be supported by the MHSA.

December

 Due to the fact the AOD held its December meeting only recently, the summary for December meeting will be provided in January.

Behavioral Health Care Partnership (BHCP)

Update to be provided at the CPAW meeting for October, November and December.

Health, Housing and Homeless Services (H3)

• Update to be provided at the CPAW meeting for October, November and December.

Innovation Committee (INN)

October

- Meeting held on October 24, 20022.
- Psychiatric Advance Directives (PADs) overview presentation from Laurie Hallmark
- Grants for Community Defined Practices draft proposal overview and discussion
- Updates on Innovation projects

November

No meeting in November.

December

No meeting in December.

Mental Health Commission (MHC)

October

- Received presentation from the Center for Recovery and Empowerment (CORE) on the August re-launch of the program thanks to MHSA Innovation grant awards.
- Received a presentation/announcement from the SPIRIT Program regarding the application
 cycle process for the year. The deadline was extended to October 21, 2022. All applications
 will be evaluated the next week and 60 will be chosen to interview. We can place 40 in our
 SPIRIT program. The course starts Jan 23, 2023.
- Election Nomination committee is well underway getting recruits on the slate
- Discussion regarding retreat, to have in December, cancel or schedule for Spring.

November

- Received an update on the Behavioral Health Continuum Infrastructure Program (BHCIP)
 activities from Roberta Chambers (Indigo Consulting) and Adam Down. What applications
 have been submitted, awarded, future applications (some public, some confidential), plans
 for the upcoming rounds and those timelines (as they have shifted). as well as the process
 and why they cannot disclose all confidential properties.
- Review of Site Visit Program (see MHC Quality of Care (QC) bullet points)
- Review of Hope House Final report (see QC bullet points)
- Discuss need/desire for a new county Children's Crisis Stabilization Unit
- Announcement of 2023 Officer Slate by the Election Committee
- Review of Goals for the past year and look at accomplishments

December

- Received presentation "2022 Kids Count Data Book—state trends in child well-being" by commissioner Dr Rhiannon Shires. Discussion focused on the aftermath of the Pandemic on children's mental health and need for California to step up and do better.
- Behavioral Health Services budget process discussion and the need for MHC input

- Liaison Roles for CPAW and AOD. Commissioner Douglass Dunn will continue his role as CPAW Liaison and Commissioner Rhiannon Shires will continue her role as AOD Liaison
- Review and affirm committee membership
- Review attendance and protocol
- Vote and announcement of new officers for 2023

Chair: Cmsr. Laura Griffin, Dist V

Vice Chair: Cmsr. Douglas Dunn, Dist III

Executive Committee: Cmsr. Laura Griffin, Dist V; Cmsr. Douglas Dunn, Dist III;

Cmsr. Leslie May, Dist V; Cmsr. Pamela Perls, Dist II; Cmsr. Barbara Serwin, Dist II

MHC Quality of Care Committee (MHC QC)

October

- The Site Visit Program (SVP) activity was discussed, including activities for the rest of 2022 and reschedule of the strategy meeting for the 2023 plan/schedule. Possibility of working with MHSA during their site visits to work alongside if scheduled site visits coincide with the SVP site visits.
- Reviewed summary of BHS education contracts with Jennifer B
- Reviewed Finance committee review of BHS K-12 school district contracts for:
 La Cheim School; West CCUSD; Martinez USD Vicente Continuation HS; and James
 Morehead Project El Cerrito HS QOC has a renewed focus on K-12 program goals and
 are reviewing school contracts and programs to address the Children's Mental Health Crisis
 and the impact that the COVID Pandemic and Shelter-In-Place protocols have affected
 youth mental health.
- Review/Discussed Hope House Site Visit Report and recommended changes to finalize the report.

November

No meeting in November.

December

No meeting in December.

Reducing Health Disparities (RHD)

October

- Meeting held on October 3, 2022.
- Presentation on the Service Provider Individualized Recovery Intensive Training (SPIRIT)
 Program
- Provided update on the Contra Costa Behavioral Health Services Loan Repayment Program.
- Discussion and input regarding the Contra Costa Behavioral Health Services Funding Opportunity Process – making the process more equitable. Also discussed the use of Innovation funding opportunities to support and uplift communities.

November

No meeting in November.

December

No meeting in December.

Social Inclusion (SI)

October

- Synetta Freeman gave a presentation on CARE Court explaining the Bill and how it should work
- April Loveland spoke about Peer Support Celebration Day
- Kelly Perryman gave a presentation on World Mental Health Day and how different Countries around the world Celebrate
- Cynthia Ayala played a video about Hispanic Heritage month

November

- Roberto Roman Introduced a new Peer advocacy organization "ARISE" working title
- Community Member Nick Sanchez discussed his Native American Heritage and the practices. He continues to educate, Nick goes to the elementary school
- Cynthia Ayala celebrated World Kindness with the theme **Be Kind Wherever Possible**.
- Johnathan San Juan went over the Plus/Delta
- Cynthia Ayala adjourned the meeting

December

- Roberto Roman asked the icebreaker question "What is your favorite holiday song".
- Cynthia Ayala went over Social Inclusion accomplishments for the past year. We discussed the Community Partners gathering for the year. We talked about the Medi-Cal Peer Support Specialist exam and the 5 early test takers passing Yay!!!
- Kelly Perryman provided community resources for the holiday season.
- Victoria Fairchild had the group answer "What are you doing for your wellness for the holidays" multiple peers participated.
- Roberto Roman and Jonathan San Juan went over Plus/Delta. Peers gave more Pluses than Deltas. Which means they had a lot of positive feedback about the meeting.

Suicide Prevention Committee (SP)

October

- Met on October 28, 2022.
- Suicide Prevention Strategic Plan Update
- Discussion on resources and system navigation
- Discussion on plans and goals for the Coalition for 2023

November

No meeting in November.

December

No meeting in December.

Suicide Prevention (SP) - Youth Subcommittee

<u>October</u>

- Meeting held on October 28, 2022.
- Suicide Prevention Strategic Plan Update
- Discussion on the state of youth and teen mental health
- Discussion on plans and goals for the sub-committee for 2023

November

• No meeting in November.

December

• No meeting in December.

System of Care Committee (SOC)

• No meeting in October, November and December.



An Epic Community Event with special guests that you won't want to miss! Be a part of the conversation!

Join us as we hear stories of
hope, find and connect to
resources and have your
questions answered!

Continental Breakfast and Lunch will be Provided by:

C J's BBQ & Fish





Al Gilbert
President and CEO
Felton Institute

Saturday January 21, 2023

10:00am - 3:00pm Richmond Memorial Auditorium 1403 Civic Center Plaza Richmond CA 94804

FREE EVENT!

Suzanne Tavano, Ph.D Director CC Behavioral Health Please Register to Attend!



John Gioia District 1 Supervisor

For More Information Contact:

Antwon Cloird

(510) 776-9620

Sponsored By:









Contra Costa Behavioral Health Stakeholder Calendar

January 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	New Years Day (observed)	3	4 Mental Health Commission (MHC): 4:30 — 6:30 pm (Online/Telephone	5 Council on Homelessness: 1:00—3:00 pm (Online/Telephone) CPAW Orientation: (None) CPAW: 3:00—5:00 pm (Online/Telephone	6	7
8	9	Adult: (No meeting)	System of Care: (No meeting) Aging /Older Adult COVID-19 Workgroup 2:00—3:30 pm (Online/Telephone)	50cial Inclusion: 1:30—3:30 pm (Online/Telephone)	13	14
15	Martin Luther King Jr. Day	Behavioral Health Care Partnership: 1:30—3:00 pm (Online/Telephone)	18	CPAW Steering (11:00—12:00 pm) (Online/Telephone) MHC Quality of Care 3:30 — 5:00 pm (Online/Telephone)	20	21
22	23 Innovation: 2:30 — 4:00 pm (Online/Telephone)	24	25 AOD Advisory Board: 4:00 — 6:15 pm (Online/Telephone)	26	27 Suicide Prevention Committee (\$P) 9:00 — 10:30 am (Online/Telephone) Youth Sub-committee 3:30 — 4:30 pm (Online/Telephone)	28
29	30	31				

Contra Costa Behavioral Health 2023

Committee Email Contacts**

Adults <u>betsy.orme@cchealth.org</u>

Aging and Older Adults ellen.shirgul@cchealth.org

Alcohol & Other Drugs (AOD)

Advisory Board <u>fatima.matalsol@cchealth.org</u>

Behavioral Health Care

Partnership (BHCP) <u>jennifer.tuipulotu@cchealth.org</u>

Children, Teens &

Young Adults <u>gerold.loenicker@cchealth.org</u>

Consolidated Planning

Advisory Workgroup (CPAW) <u>audrey.montana@cchealth.org</u>

Health, Housing &

Homeless Services (H3) <u>jaime.jenett@cchealth.org</u>

Innovation <u>jennifer.bruggeman@cchealth.org</u>

Membership (CPAW) <u>audrey.montana@cchealth.org</u>

Mental Health Commission (MHC) angela.beck@cchealth.org

Reducing Health

Disparities (RHD) <u>genoveva.zesati@cchealth.org</u>

Social Inclusion <u>cynthia.ayala@cchealth.org</u>

Steering (CPAW) <u>audrey.montana@cchealth.org</u>

Suicide Prevention <u>jessica.hunt@cchealth.org</u>

System of Care jennifer.bruggeman@cchealth.org

(December 2022)

^{**} Can also call the Mental Health Services (MHSA) Office at (925) 313-9525 for committee meeting status updates.