Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, June 2, 2022 3:00 pm - 5:00 pm

Meeting Access via Online Zoom Video Conference and Telephone Conference:

https://homebaseccc.zoom.us/j/84801163858?pwd=d01ZbHN0bHZ5V1NCeDdZUkh2SW1pQT09

Call In Number: 1-669-900-6833 Meeting ID Code: 848 0116 3858 Password: 390775



Members Attending: Douglas Dunn, Anna Lubarov, Lucy Espinosa Nelson, Jennifer Tuipulotu

Behavior Health Director: Dr. Suzanne Tavano

Staff Attending: Amanda Allgood, Janet Costa, Synetta Freeman, Jessica Hunt, Gerold Loenicker, April Loveland,

Veronica McManus, Ernesto Robles, Robert Thigpen, Jonathon San Juan, Windy Taylor, Laura Zanzucchi,

Genoveva Zesati

Public Participants: Pete Caldwell, Susan Norwick Horrocks, Beth Limberg, Andrea Wagner

Facilitator: Mark Mora

Recorder: Audrey Montana

Staff Support: Jennifer Bruggeman

Excused from Meeting: Sara Marsh, Roberto Roman, Graham Wiseman

Absent from Meeting: Y'Anad Burrell, Chaplain Creekmore, Tom Gilbert, Carolyn Goldstein-Hidalgo, James Lancaster, Leslie May,

Melinda O'Day, Johanna Wagner, Amelia Wood

TOPIC	ISSUE/CONCLUSION	ACTION/	PARTY
		RECOMMENDATION	RESPONSIBLE
1. Welcome	Welcome, Call to Order	Information	Mark Mora
 Call to Order 	Roll Call		(Facilitator)
• Roll Call	Reviewed Working Agreement		
 Review Working 	• Meeting Notes: Reviewed meeting notes (May 5, 2022). No	Notes will be posted to	Audrey Montana
Agreement	revisions recommended.	MHSA CPAW website.	to post notes.
 Finalize Meeting Notes 	Announcements		
 Announcements 	o (Anna Lubarov) The CAMPHOR Conference will be held in		
	two weeks – June 13 and 14 in Sacramento. Will be an in-		
	person conference. Can register online. If you cannot		

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	attend, you can register and see some of the conference via Zoom. O (Susan Norwick Horrocks) The Community Partners' Picnic is coming up. All invited to attend and encourage community participation. Picnic information: Community Partner Picnic. Friday, June 24th 1:000 am-3:00 pm, at Pleasant Hill Park, 147 Gregory Lane, Pleasant Hill. A BBQ lunch, Picnic fun and games, Community Resource Tabling. 1:00 pm Music Concert. Please RSVP to Torina Craig by calling 925-691-4276 or emailing torina@putnamclubhouse.org. If interested in the NAMI Basics course, please email susanh@namicontracosta.org.	RECOMMENDATION	RESPONSIBLE
 2. Stakeholder Sharing by Meeting Groups Adults Committee Aging & Older Adults Committee Alcohol and Other Drug Services (AOD) Advisory Board Behavioral Health Care Partnership (BHCP) Meeting Children, Teens, and Young Adults (CTYA) Committee Health, Housing & Homeless Services (H3) Innovation (INN) Committee Membership Committee Mental Health Commission (MHC) Reducing Health 	 Adults: Discussions ongoing to resume the Adult Committee meetings. Meeting date will be announced. Aging & Older Adults Committee: No additional comments. Alcohol and Other Drug Services (AOD) Advisory Board - 		Committee Representatives

TOPIC	ISSUE/CONCLUSION	ACTION/	PARTY
Disparities (RHD) • Social Inclusion Committee • Suicide Prevention Committee • System of Care Committee (SOC)	the Commission had an excellent presentation "Changing the Response" re suicide in Contra Costa County and two other counties. Will forward a copy of the presentation to CPAW.	RECOMMENDATION	RESPONSIBLE
	 Mental Health Commission (MHC) – Quality of Care: No additional comments. Reducing Health Disparities (RHD): The next meeting will be Monday, June 6 from 3:00 – 4:30 pm. La Clinica and the Latina Center will be presenting. For access and information please contact: genoveva.zesati@cchealth.org 		
	Social Inclusion Committee: No additional comments.		
	 Suicide Prevention Committee: Last meeting discussed the County Suicide Prevention Strategic Plan. At the next System of Care Committee meeting of June 8th, we will be discussing this Plan. All invited to attend. 		
	System of Care Committee: No additional comments.		
3. Children's Services Programming Updates	 Children's Crisis Stabilization Unit (CSU) The Children's CSU will be located at Miller Wellness Center, Concord in the Behavioral Health section. The CSU section of the building will be remodeled. CSU will start early next year (February or March 2023) CSU will work with Behavioral Health Services as a partner to get input from community stakeholders For example, what consumers want to see in this		Gerold Loenicker (Chief of Children's Services) and Dr. Suzanne Tavano (Director, Behavioral Health Services)

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	program in the schools throughout the County.	RECOMMENDATION	RESPONSIBLE
	 Behavioral Health Services (BHS) applied 		
	collaboratively with the Office of Education for this		
	grant opportunity and were awarded the grant.		
	 Created the Wellness in Schools Program (WISP) 		
	♦ Program is now six months old. The program is		
	fully staffed. Is a three-tiered model		
	Outreach and Engagement – mental health		
	awareness in education throughout all school		
	districts		
	Expand group supports in schools for students		
	and parents. Work with Prevention Intervention		
	contracts that we have. Liaisons hired under the		
	Office of Education. Working with schools to		
	provide consultations and technical assistance		
	should they plan Wellness Centers. We have		
	Wellness Centers in different parts of the		
	County. Liaisons have made connections with the school districts and schools and have		
	developed relationships.		
	Expanded School Based Mental Health		
	Contracts – Expanded to East County re		
	Antioch Unified School District especially for		
	the middle school grades.		
	State Mental Health Services Oversight and Accountability		
	Commission (MHSOAC)		
	o Released a third round of grants (MHSSA 3). We will be		
	applying for the third round.		
	o If approved, will expand WISP from present program end		
	date of 2025 to end instead in 2026.		
	o Is a collaboration of Behavioral Health Services, Office of		
	Education, and all Contra Costa County School Districts		
	• In the process of reconstituting the CORE Program (Center		
	for Recovery and Empowerment – MHSA Innovation		
	Program)		

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		RECOMMENDATION	RESPONSIBLE
	 Program serving youth struggling with mental health and substance use disorder located at Point Richmond This program was dormant for a while as staff left Now has a new Program Lead Supervisor – Lara Zanzucchi. Also hired a Substance Use Counselor and Community Support Worker. Looking for a Mental Health Clinician. Making changes to the program - making it more inclusive – broader range of clients can serve. Hoping to be fully staffed soon and up and running when the school year starts Every excited to see the direction of the CORE program under Lara Zanzucchi's leadership 		
	Presenter: Dr. Suzanne Tavano		Dr. Curana
	 The need of students for mental health supports has increased dramatically related to COVID Last night at the Mental Health Commission meeting, Commissioner Graham Wiseman provided an excellent presentation on student mental health in this County and models of other counties. How do we form broader partnerships to the majority of youth in those public schools? Insurance Some students are privately insured. A significant number are MediCal beneficiaries. We can serve the MediCal beneficiaries. Limited extend under PEI can serve non-Medical. But does not cover all. How to engage commercial insurers? Will reach out to commercial insurers and health plans as partners in order to support all youth (not just MediCal beneficiaries) Actually, people with MediCal benefits receive more and better services Need equity for those with private insurance CORE Program - Hopefully will be staffed soon. Lara Zanzucchi will be the new supervisor at CORE. 		Dr. Suzanne Tavano (Director, Contra Costa Behavioral Health Services)

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	 Comments and Response to Questions: (Jennifer Bruggeman) Thank you for calling out student mental health. So important, especially in light of the increase in violence (including gun violence) in schools. (Susan Norwick Horrocks) NAMI Contra Costa has a free course called NAMI Basics. Is available online and open to parents. The liaisons are setting up in the Wellness Centers in the schools. Please reach out to us. Response: The liaisons are aware of NAMI. The Office of Education is partnering with NAMI and other mental health groups. (Susan Norwick Horrocks) NAMI works with families. NAMI is a family centered organization. Parents need support. Response: I will put you in contact with the Program Manager of WISP. (Douglas Dunn) The County is working on the competitive bids due by the end of August. I assume you are working on that. 	RECOMMENDATION	RESPONSIBLE
4. Dialogue and Update from Contra Costa Behavioral Health Services (BHS) Executive Leadership • Q&A	Dialogue with Contra Costa County Behavioral Health Services (BHS) Executive Leadership Dr. Suzanne Tavano: COVID-19 Currently in a surge similar to January 2021 with the same positivity rate COVID-19 has not gone away. Once again at one of our highest levels. Very few staff contracted COVID. Most staff are vaccinated and fully boosted. Since restrictions have been lifted, infection level has been going up In my office suite, we wear our masks all the time. When I am on the street, I wear my mask. If people ask, I say I work in public health and know what the numbers are. Caution everyone to be careful. Encourage everyone to use as many precautions as you can.		Dr. Suzanne Tavano (Director, Contra Costa Behavioral Health Services)

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	 Initiatives Anyone, Anywhere, Anytime (A3) Crisis Continuum Initiative is moving forward Emergency Health Records (EHR) Decided to stay with EPIC For the Drug Medical SUD (Substance Use Disorder) services, will be implementing through CalMHSA (California Mental Health Services Authority) using a vendor called Streamline so all Substance Use Disorder (SUD) providers will have the opportunity to be on HER. Youth Crisis Stabilization Unit (CSU) In contact with vendors who provide specific services to youth and supports to families and caregivers The building design is done and all signed off on. Currently getting all the necessary permits Looking to the Behavioral Health Community Partnership to hear the voice of youth and young adults who have used Psychiatric Emergency Services (PES) services in the past to help guide the Youth CSU programming. Oak Grove Road Property (Concord) Working on redesign of property to become a crisis hub To become the Crisis Hub – headquarters for Mobile Crisis Units, Call and Dispatch Center. Half of the property will be devoted to the Crisis Hub. The other half of the property will be a drop-in urgent care center for mental health and substance use and cooccurring issue. There will be Substance Use and Mental Health providers there. Another building on the property will be a Peer respite center Part of the funding is from Measure X - federal appropriations put forward by Congressman Mark DeSaulnier. 	RECOMMENDATION	RESPONSIBLE

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	CalAIM Implementing the CalAIM changes Relates to payment reform Starting redesigned system transformation (e.g., documentation to spend less time on charts and more time with people) Streamlining of documentation requirements Permits the ability of people to walk into any door. People will not be turned away as in the past. Certified Peer Specialists We were one of the first counties to implement Certified Peer Specialists. Have a long history with the Peer Movement going back to the 1990's having people with lived experience working in our programs. We have many trained and qualified members of the SPIRIT program. Working on obtaining scholarships and grandfathering people into the program. Will have specific billing codes for Certified Peer Specialists Also provide rehabilitation services Behavioral Health Services Town Hall re CalAIM For contracted community partners providers Next day Town Hall for Behavioral Health County staff Basically, was an orientation of all the changes related to CalAIM Have a Training Committee and Communications Committee Have some great PowerPoint presentations available Goal is to spend less time with bureaucracy and more time with the clients WRAP Certification Congratulations to Jonathan San Juan for completing his Wellness Recovery Action Plan (WRAP) Facilitator training.	RECOMMENDATION	RESPONSIBLE

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	 Comments and Response to Questions: ((Jonathan San Juan) Thank you for making my WRAP Pre-Advance Level Facilitator possible – Jennifer Bruggeman, Jennifer Tuipulotu, Genoveva Zesati, Robert Thigpen, Dr. Suzanne Tavano. Ready to pave the way for Psychiatric Advance Directive. (Jennifer Tuipulotu) Jonathan San Juan and two other Peer Community Support Workers have been trained (WRAP) and will now train the WRAP Trainers. They are level Three trainers. For many years, we had to hire an outside agency to train and recertify County staff. Now can keep the training within the County and stand up a stronger WRAP program. Next training will be to re-certify staff who have been on standby for recertification due to COVID for two years. Could not recertify over Zoom. When numbers go down, can start WRAP trainings in person. Will be relaunching WRAP once again in our community. 		
5. Peer Advocacy & Peer-Run Programs Overview of existing models throughout the state	Presenter: Andrea Wagner PowerPoint Presentation – "Peer Advocacy and Peer Run Organizations" • CAMHPRO Background • California Association of Mental Health Peer Run Organizations (CAMHPRO) • Nonprofit founded in 2012. Consumer run statewide organization comprised of individual consumers and consumer run organizations. • Mission to promote the work of peer run organizations devoted to empowerment and advocacy for mental health consumers.		Andrea Wagner (Interim Executive Director for the California Association of Mental Health Peer Run Organizations - CAMHPRO)

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	 Staff – work remote throughout California 		
	 Two Programs – Lived Experience Advocacy Diversity 		
	Program (LEAD) and Peer Empowerment Partnership		
	(PEP)		
	LEAD Program		
	 Funded through a three-year grant from the state Mental 		
	Health Services Oversight and Accountability		
	Commission (MHSOAC) for adult consumers clients of		
	mental health care in California		
	o Activities		
	 Partner with five different counties and their peer run 		
	organizations		
	 County activities - listening sessions, policy 		
	presentations, summits		
	 Annual state conference, legislation tracking and 		
	advocacy, Town Halls, legislative visit, webinars,		
	annual State of the (Consumer) Community Report		
	o Advocacy		
	 Public Policy Committee (monthly meeting) 		
	 Research – Updated materials, policy position papers, 		
	analysis of CAMHPRO data. Welcome county		
	MHSA offices to access data and information for their		
	Community Planning Process.		
	Peer Empowerment Partnership (PEP) Fig. 1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1		
	o Funded through a 17-month grant from the state		
	Department of Health Care Services (DHCS) to maintain		
	peer involvement in the Implementation of Peer		
	Certification through SB 803 (Peer Support Specialist Certification Program Act of 2020).		
	o Formed subcommittees for recommendations that were		
	incorporated into the DHCS guidelines'		
	 Introduced DHCS leaders to leaders of peer run 		
	organizations		
	 Prompted creation grants that helped in expanding or 		
	creating peer run organizations		
	creating peer run organizations		

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	 Activities - Weekly meetings with DHCS, CalMHSA and other state agencies involved in peer certification Help develop the Peer Stakeholder Advisory Council Provides regional training Summary CAMHPRO empowers through education, outreach, and advocacy, helping individual consumers and peer run organizations to make change and create a voluntary system of care that they want to have 		
	 Comments and Response to Questions: (Douglas Dunn) Can we receive a copy of the presentation? Response: (Anna Lubarov) I will check on obtaining a copy of the presentation slides. (Jennifer Tuipulotu) Andrea has presented to our Community Support Workers and our SPIRIT Alumni and Peers. Was a real pleasure to have her here. She does a wonderful job. Good for our peers to hear from another person from another agency especially for certification information and resources. The County Office for Consumer Empowerment (OCE) staff were also part of the CAMHPRO workgroups and provided input. Worked with the California Mental Health Directors' Association with Dr. Suzanne Tavano. It has been a long process. For this County, we need a peer centered program that can focus on developing leadership skills and advocacy. There used to be such a program in this County. Thank you for coming today. (Jennifer Bruggeman) Thank you Andrea and Anna for doing this presentation today. Is wonderful to hear about CAMHPRO. (Dr. Suzanne Tavano) Thank you so much for the presentation. Thank you, Anna Lubarov. We remember Jay Mahler with very fond hearts. Sally was very much involved with our early 		

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	 important that we lift up another peer organization. We need a platform for the peer voice and a peer operated organization. (Anna Lubarov) Thank you Dr. Tavano. Yes, good to have diversity of opinion. We appreciate this presentation today. (Andrea Wagner) We are starting to invigorate the MHSA's initial creation where there was a surge in peer programs, wellness centers, community involvement and excitement. For a period, there was a lull. Starting to invigorate that. New legislation permitting peers to be more vocal and involved again. With more input, the outcome is better. People are experts in their own recovery. They know what works best. Having them involved in the process can only make it richer. Happy to hear you are considering a peer driven group. CAMHPRO is happy to provide support any way we can. 	RECOMMENDATION	RESPONSIBLE
6. SB 803 (Peer Certification) - Update	 Scholarships Number of scholarships awarded to each county depends on the overall percentage of people eligible for MediCal State allotted County 52 scholarships (42 for specialty mental health services, ten for drug MediCal organized delivery services) Can grandparent scholarships as being assigned to current Peer Community Support Workers There will be a grandparent in process and then the initial certification process To be grandfathered in, the individual would have to had been employed as a peer as of January 1, 2022 or have worked as a Peer Provider and can show documentation have worked or volunteered at least 1,150 hours within the last three years. Program or Agency can write a note confirming this. Will also need a high school Diploma, GED or equivalent. Made a checklist of required documents then take the test and pass. 		Jennifer Tuipulotu (Program Coordinator, Office for Consumer Empowerment)

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	 Those not grandparented in will be in the Initial Certification process. Covers fee for application, 80-hour course and exam. (CalMHSA has a list of approved course vendors) Example. Peer Support Specialist working at the Peer Connection Center with a Peer Certification scholarship completes the 80-hour training and then passes the exam can then become a Certified Peer Support Specialist. Can use the two specialized codes for billing that apply to specialty mental health services. Also, codes for the Drug MediCal delivery system. Can use certification to work for other agencies or Counties. Is a career pathway for people. If you have any questions, please feel free to call and I will help walk you through this process The Peer Support Specialist Certification Site: https://www.capeercertification.org/ Dr. Tavano People can become Certified Peer Specialists on their own The only way to claim the two services approved for Peer Certified Specialist to MediCal, must work for a MediCal certified program that is contracted and certified by Contra Costa Behavioral Health Services. 		
	Comments and Response to Questions:		
	 (Laura Zanzucchi) What should we do if we know of someone who may be interested in the scholarship? Can we recommend someone? Response: For the County, we have already identified 		
	individuals who are eligible for the scholarship to CalMHSA. Grandfathering in our County Peer Providers. Yes. We are still taking names of recent hires who are eligible. You can email me the information. I am the contact person for any questions. You can also go to the Peer Certification website		

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	for more information. Currently processing scholarship applications. Scholarships provided only to internal staff. The County has over sixty County employed Peers that work in our system and only 52 scholarships. Will accept Initial Certification applications from July 1 through September 30 th . Determining an equitable process for accepting these applications. Currently working on the implementation of this certification program (e.g., training, Codes, billing, etc.). • (Anna Lubarov) I have been involved with the Peer Certification implementation process from the beginning consulting with CAMHPRO. It was determined how to distribute the scholarships. Hope the next round of scholarships will be distributed differently. Want to ensure do not leave anyone behind who have been working for many years.	RECOMMENDATION	RESPONSIBLE
5) Public Comment & Suggestions for Future Agenda Items	 (Robert Thigpen) This has been incredibly informative. We all really appreciate it. (Douglas Dunn) A lot has been happening on the state level. The Behavioral Health Continuum Infrastructure Program (BHCIP) rounds five and six are coming up. Does CPAW want updates? If interested, I can provide updates. When Warren Hayes was here, he indicated to me that the Mental Health Commission was responsible for all. CPAW was focused on the Mental Health Services Act component. Some things now overlap. Response: (Dr. Suzanne Tavano) Looking at the role and function of CPAW. Replicating multiple report outs to multiple entities (especially when the same people attend these different meetings) is something we should consider. Initially CPAW was addressing the Mental Health Services Act and was not intended to have a broad venue. There are also the Behavioral Health Care Partners and the Mental Health Commission. We should look how we would align information for these three. There is also the Alcohol 		Mark Mora

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	 and Other Drugs (AOD) Advisory Board. Just to avoid duplicating information and not addressing topics not germane to the particular group. I have been thinking about this lately. (Jennifer Bruggeman) We try to keep people advised of new and emerging projects in the System of Care meeting. So, an update on BHCIP will be provided there. There is a lot of overlap but agree CPAW should focus primarily on MHSA programs. (Jennifer Tuipulotu) I currently co-facilitate the Behavioral Health Care Partnership (BHCP). Gerold Loenicker mentioned today that he would like feedback on hopes, wishes and dreams for the Children's Crisis Services Unit. Perhaps we can host one meeting with all interested stakeholder bodies to provide that. This would avoid presenting this same information to the various other entities or agencies. (Anna Lubarov) I think that is a good point. Good to connect all the pieces and not duplicate. Would be nice to connect the dots with those groups that do the overseeing. This is such an amazing stakeholder process where everyone can talk. 	RECOMMENDATION	RESPONSIBLE
6) Plus / Delta – Review of Meeting	 (Douglas Dunn) Extremely informative meeting. I do agree with Jennifer Tuipulotu that we need an overall community meeting for the Children's Crisis Unit sometime within the next year and a half. Great job Jennifer. Thank you. (Dr. Suzanne Tavano) More than fifty percent of the participants are County staff. Look at the frequency and duration of the meetings to align with other meetings. COVID has an impact on all of us in many ways. We should visit the original vision of CPAW. (Jonathan San Juan) I second that. (Anna Lubarov) If we move forward with the Peer run advocacy organization, it might help a lot with membership. (Douglas Dunn) COVID-19 has had a tremendous impact from when we used to meet in person. Consumer peers would be at the meetings. If COVID continues, will have to think out of 	CPAW members and attendees	Mark Mora

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	 the box on how to communicate. (Anna Lubarov) I agree with Doug. No one expected COVID to go for so long. If it does continue and we have to meet via Zoom, must see how we can connect with folks that we are not able to connect with right now. (Jennifer Bruggeman) Thank you for bringing up this topic – attendance, frequency, structure of meeting. Perhaps in our next CPAW Steering Committee meeting we can continue to talk about this to explore some strategies and what we might do. Great point. Thank you. 	RECOMMENDATION	RESI ONSIBLE
7) Adjournment & Next CPAW Meeting	 CPAW Steering Committee meeting will be Thursday, June 16, 2022 from 11:00 am to 12:00 pm. The next CPAW meeting will be July 7, 2022 from 3:00 pm to 5:00 pm. 		Mark Mora