

Stakeholder Sharing

MHSA Consolidated Planning Advisory Workgroup (CPAW) January 6, 2022 Meeting

Highlights of news to share and areas discussed at recent Contra Costa Behavioral Health Services (CCBHS) supported stakeholder meetings held in December 2021:

Adult Committee

- Meetings canceled until further notice

Aging and Older Adult Committee (AOA) (December 8, 2021)

- The Older Adult COVID-19 Workgroup met on 12/8/21. We engaged in planning around distributing holiday postcards. These postcards were printed in English and Spanish. They include information on the COVID-19 Vaccine and Booster Shot, as well as info on 211 as a resource for anyone experiencing isolation. 250 of the postcards included pre-paid postage so that an isolated older adult could use this postcard to reach out to a friend or family member. Discussed several community-based organizations that would receive these postcards as well as Behavioral Health clients.
- We also discussed plans to distribute approximately 200 handmade holiday cards made by local 1st, 3rd and 4th graders to isolated older adults living in Residential Care Facilities for the Elderly or Skilled Nursing Facilities.
- Discussed areas to focus on in 2022, including continued focus on COVID-19 and the Omicron Variant, housing for older adults, services for older adults with dementia, transportation difficulties for older adults, the Measure X Funds that have been allocated for the Seniors Accessible Transportation Strategic Plan, expanding our understanding of insurance benefits for older adults, and the implementation of the Master Plan for Aging. We shared resources and ideas related to these topics.
- Discussed the accomplishments of the workgroup during 2021, including producing a television commercial that provided information on the COVID-19 Vaccine and Vaccine Scams in English, Spanish, English with Tagalog subtitles, and English with Simplified Chinese subtitles. Additional accomplishments include distributing printed cloth face masks that included the Information & Assistance Phone Number and the Adult Protective Services Reporting Hotline in English, Spanish, Tagalog, and Nepali, and creating a collaborative group of people who are passionate about advocacy and service for older adults who can share resources and learn from and support each other.
- The next meeting will be January 26, 2022 from 2:00pm to 3:30pm via Zoom.

Alcohol and Other Drugs (AOD) Advisory Board (December 15th)

- Public Comment received. Fatima Matal Sol (AOD Program Chief) and AOD have partnered with Support4Recovery to organize "Clean Slate Day" to be held on Sunday, December 19th from 10:00 am to 3:00 pm. Is an event for adults to have criminal records expunged. Will also be offering COVID-19 vaccinations. The Mexican Consulate will be present to support Spanish speaking clients.
- Jill Ray announced the Board of Supervisors received the report from the Measure X Committee and they allocated ten million dollars to establish a local housing trust fund.
- Regarding treatment in the jails, AODS has made an offer to a manager and interviews for two counselors will be held. One counselor is on board now working in the jail.

- Fatima Mata Sol provided a brief background of the Opioid Settlement.
- Nominations for Chair and Vice-Chair were received.
- Committee membership redistribution discussed.
- The next meeting will be held January 26th, 2022 from 4:00 pm to 6:15 pm via Zoom.

Behavioral Health Care Partnership (BHCP) (December 21st)

- We further discussed the need to change the word patient in our mission statement. We will revisit this in meetings to come. It was suggested that the terminology that we decide on be used throughout our system to avoid confusion and that we get input on the change from stakeholders.
- We received in-depth updates regarding the progress with the development of the Children’s Crisis Stabilization Unit and the efforts being made to ensure that the services currently being offered to adults at the Miller Wellness Center, can continue. Leadership are working out the details.
- An update was given on Measure X funds being awarded to Contra Costa Regional Medical Center (CRMC). A portion of the funds will be used to expand our Psychiatric Emergency Services (PES) Unit.
- We heard an update on the A3/Miles Hall Crisis Hub which is still taking calls on a limited basis. Measure X funding has been rewarded for this initiative. Development is underway.
- We received an update from CCRMC/PES leadership. It was mentioned that they are pleased to have received several “thank you notes” from those who have used their services recently.
- PES Visitation Guidelines during COVID-19: Must show proof of vaccination or a negative COVID test from within the last 72 hours and must call in advance to set it up. If there are any changes CCRMC/PES leadership will let us know.
- An update was given regarding the closure of Nierika House and Nevin House. The intent is to reinstate both as an adult transitional residential and a crisis residential treatment program.
- There was further discussion around the need for alternative destinations such as sobering centers and peer respite.
- The next Behavioral Health Care Partnership meeting is scheduled for January 18th, 2022, from 1:30PM – 3:00PM via Zoom online/telephone conference.

Children, Teens and Young Adults Committee

- Meetings canceled until further notice

Health, Housing and Homeless Services (H3) (December 2nd)

- Update will be provided at the CPAW meeting
- The next Council on Homelessness meeting will be January 6, 2022 from 1:00–3:00 pm via Zoom.

Innovation Committee (INN) (December 20th)

- Updates were provided on existing Innovation projects (CORE and CBSST).
- There was also a discussion about future Innovation projects, specifically around Cultural Humility: Community Defined Practices and Supportive Housing.
- Attendees provided feedback on what they would like to see from future Innovation projects in these two areas.
- This Committee meets every other month. The Innovation Committee will meet on February 28, 2021 from 2:30 to 4:00 pm via Zoom.

Mental Health Commission (MHC) (December 5th)

- Update will be provided at the CPAW meeting.
- The Mental Health Commission will meet January 5, 2022 from 4:30 pm to 6:30 pm via Zoom.

MHC Quality of Care Committee (MHC QC) (December 16th)

- Update will be provided at the CPAW meeting.
- The Quality of Care Committee meeting will be on January 20, 2022 from 3:30 pm to 5:00 pm.

Reducing Health Disparities (RHD) (December 6th)

- Information sharing on Equity Efforts throughout various groups
- The Mental Health Services Act (MHSA) Community Program Planning Process (CPPP) survey will be available online in multiple languages
- Provided information on the efforts of the Consolidated Planning Advisory Workgroup (CPAW)
- Provided information on the Innovation Committee and discussed the process of submitting applications for new Innovation Programs and funding
- Discussed the new Alcohol and Other Drug Services (AODS) program - Nuevos Comienzos/New beginnings.
- Announced Clean Slate Day December 19th in which Adults could have criminal records expunged. At the event, information will be available re voter rights, Social Security Income, and vaccines. The Mexican Consulate staff will be present to assist with translation.
- Provided an overview of Measure X
- Provided an update on the 2021-2022 Cultural Humility Plan, received input on Action Items and discussed submission of the Plan
- Next Reducing Health Disparities Workgroup meeting is Monday, February 7, 2022 from 3:00pm to 4:30pm via Zoom.

Social Inclusion (SI) (December 9th)

- The committee participated in an appreciation of Roberto Roman's recently completed tenure as Social Inclusion Lead Facilitator, including listening to highlights of an audio recording of his first facilitated meeting from 2014.
- Committee participants shared about holiday resources, groups, and/or activities to strengthen coping skills amidst the isolation and other emotional challenges often faced during this season of the year.

- The next Social Inclusion meeting is scheduled for Thursday, January 13th, 2022 from 1:30 pm to 3:30 pm and will be via Zoom with the link to be announced soon. To join the Social Inclusion mailing list, contact Jessica Dominguez by emailing ldoming4@cchealth.org or calling (925) 957-5110.

Suicide Prevention Committee (SP)

- There was no meeting in December.
- The next Suicide Prevention Committee/Coalition meeting will be January 28, 2022 from 9:00 am to 10:30 am via Zoom. The Youth Subcommittee of the Suicide Prevention Committee will meet January 28, 2022 from 3:30 pm to 4:30 pm. The Youth Subcommittee will meet quarterly in 2022 on January 28th, April 29th, July 29th, and October 28th.

System of Care Committee (SOC) (December 8th)

- Provided an overview, background and update as to Measure X and funding.
- Discussed the Measure X Community Advisory Board, make-up of the board, schedule of topics for discussion, recommendations presented to the Board of Supervisors
- Discussed projects and programs (i.e., A3- Anyone, Anytime, Anywhere, housing units in Richmond, etc.)
- Discussed Needs Assessment and five key areas of need. Discussed other priority needs (i.e., racial equity, climate equity, early childhood mental health funding)
- Douglas Dunn (Commissioner of the Mental Health Commission and CPAW Member) provided an update as to State funding and the impact on housing including Board and Cares. Gave an overview of the State funding available and available grants. Discussed expansions and requirement of matching funds re real property. Possibility of one-time funding for hiring of behavioral health care staff but, after a period of time, the County would be responsible for paying the salaries.
- Discussed future Agenda items and topics
- The System of Care Committee meets every other month. Next meeting is scheduled for February 9, 2022 from 10:00am to 11:30am via Zoom.

Training Advisory Workgroup (TAW)

- No meeting in December.
- Next meeting tentatively scheduled for March 8th, 2022 from 3:00pm to 4:30pm via Zoom.

Contra Costa Behavioral Health Stakeholder Calendar January 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 Mental Health Commission (MHC): 4:30 — 6:30 pm (Online/Telephone)	6 Council on Homelessness: 1:00—3:00 pm (Online/Telephone) CPAW: 3:00—5:00 pm (Online/Telephone)	7	8
9	10 Reducing Health Disparities (RHD): (No Meeting)	11	12 System of Care: (No Meeting)	13 Children's, Teens & Young Adults: (No meeting) Social Inclusion: 1:30—3:30 pm (Online/Telephone)	14	15
16	17 Martin Luther King Jr. Day	18 Training Advisory Workgroup (TAW): (No meeting) Behavioral Health Care Partnership: 1:30 — 3:00 pm (Online/Telephone)	19	20 CPAW Steering (11:00—12:00 pm) (Online/Telephone) MHC Quality of Care 3:30 — 5:00 pm (Online/Telephone)	21	22
23	24 Innovation: (No Meeting)	25 Adult: (No meeting)	26 Aging /Older Adult COVID-19 Workgroup 2:00—3:30 pm (Online/Telephone) AOD Advisory Board: 4:00 — 6:15 pm (Online/Telephone)	27	28 Suicide Prevention Committee (SP) 9:00 — 10:30 am (Online/Telephone) SP Youth Subcommittee 3:30 — 4:30 pm (Online/Telephone)	29
30	31					

Consolidated Planning Advisory Workgroup (CPAW)

Meeting Dates for 2022

<http://www.cchealth.org/groups/cpaw/schedule.php>

First Thursday of every month – 3:00 pm – 5:00 pm

(Commencing April 2020, Meetings are held via Zoom Online/Telephone Conference – Meeting access information available in each meeting Agenda)

Thursday, January 6th, 2022

Thursday, February 3rd, 2022

Thursday, March 3rd, 2022

Thursday, April 7th, 2022

Thursday, May 5th, 2022

Thursday, June 2nd, 2022

Thursday, July 7th, 2022

Thursday, August 4th, 2022

Thursday, September 1st, 2022

Thursday, October 6th, 2022

Thursday, November 3rd, 2022

Thursday, December 1st, 2022

Note: *Currently there are no CPAW Orientations scheduled (previously scheduled immediately prior to the start of each CPAW meeting).*

CPAW Committees – Standing Meeting Dates

CPAW Innovation Committee:

Meets every other month on the fourth Monday of the month – 2:30 pm to 4:00 pm (Online/Telephone Meeting – meeting access information available on meeting Agenda)

CPAW Membership Committee:

Third Monday of the month – 3:00 pm to 4:30 pm (meet only when CPAW membership application received) – (Online/Telephone Meeting – meeting access information available on meeting Agenda)

CPAW Steering Committee:

Third Thursday of the month – 11:00 am to 12:00 pm (Online/Telephone Meeting – meeting access information available on meeting Agenda)

CPAW System of Care Committee:

Meets every other month on the second Wednesday of the month from 10:00 am to 11:30 am (Online/Telephone Meeting – meeting access information available on meeting Agenda)

Stakeholder Meetings

Adult Committee:

Currently no meetings. Future meeting dates will be announced.

Ageing and Older Adult Committee:

Fourth Wednesday of the month – 2:00 pm to 3:30 pm (Online/Telephone Meeting – meeting access information available on meeting Agenda)

AOD Advisory Board:

Fourth Wednesday of the month – 4:00 pm to 6:15 pm (Online/Telephone Meeting – meeting access information available on meeting Agenda)

Behavioral Health Care Partnership (BHCP):

Third Tuesday of the month - 1:30 pm to 3:00 pm (Online/Telephone Meeting – meeting access information available on meeting Agenda)

Children’s, Teens, and Young Adults Committee:

Currently no meetings. Future meeting dates to be announced.

Council on Homelessness: First Thursday of the month – 1:00 pm to 3:00 pm (Online/Telephone Meeting – meeting access information available on meeting Agenda).

Mental Health Commission:

First Wednesday of the month - 4:30 pm to 6:30 pm (Online/Telephone Meeting – meeting access information available on meeting Agenda)

Mental Health Commission – Quality of Care Committee:

Third Thursday of the month - 3:30 pm to 5:00 pm (Online/Telephone Meeting – meeting access information available on meeting Agenda)

Reducing Health Disparities:

Meets every other month on the first Monday of the month - 3:00 pm to 4:30 pm (Online/Telephone Meeting – meeting access information available on meeting Agenda)

Social Inclusion Committee:

Second Thursday of the month – 1:30 pm to 3:30 pm (Online/Telephone Meeting – meeting access information available on meeting Agenda)

Suicide Prevention:

Fourth Friday of the month – 9:00 am to 10:30 am. The Suicide Prevention Youth Subcommittee meeting dates to be announced. (Online/Telephone Meeting – meeting access information available on meeting Agenda)

Training Advisory Workgroup (TAW):

Meets quarterly on the second Tuesday of the month – 3:00 pm to 4:30 pm. Meeting dates to be announced. (Online/Telephone Meeting - meeting access information available on meeting Agenda)

*****Please note the meeting dates and times listed above are the regularly scheduled meeting dates and times. The meeting dates/times are subject to change. Any changes in the date or time of a meeting will be contained in the meeting Agenda. For additional information, please refer to the attached Email Contact List for the various committee meetings.***

*****If you would like to be notified of meetings or have any questions, please email us at MHSA@cchealth.org or contact the Mental Health Services Act (MHSA) Office at (925) 313-9525.***

Contra Costa Behavioral Health

January 2022

Committee Email Contacts**

Adults	robert.thigpen@cchealth.org
Aging and Older Adults	ellen.shirgul@cchealth.org
Alcohol & Other Drugs (AOD) Advisory Board	fatima.matalso@cchealth.org
Behavioral Health Care Partnership (BHCP)	jennifer.tuipulotu@cchealth.org
Children, Teens & Young Adults	To be Determined
Consolidated Planning Advisory Workgroup (CPAW)	audrey.montana@cchealth.org
Health, Housing & Homeless Services (H3)	jaime.jenett@cchealth.org
Innovation	jennifer.bruggeman@cchealth.org
Membership (CPAW)	audrey.montana@cchealth.org
Mental Health Commission (MHC)	angela.beck@cchealth.org
Reducing Health Disparities (RHD)	genoveva.zesati@cchealth.org
Social Inclusion	jdoming4@cchealth.org
Steering (CPAW)	audrey.montana@cchealth.org
Suicide Prevention	jessica.hunt@cchealth.org
System of Care	genoveva.zesati@cchealth.org
Training Advisory Workgroup (TAW)	genoveva.zesati@cchealth.org

** Can also call the Mental Health Services (MHSA) Office at (925) 313-9525 for committee meeting status updates.