## **Consolidated Planning and Advisory Workgroup (CPAW)**

Thursday, December 2, 2021 3:00 pm - 5:00 pm

## **Meeting Access via Online Zoom Video Conference and Telephone Conference:**

https://homebaseccc.zoom.us/j/724180505?pwd=ayswSINGeU02MTMrRklzSkY1OFYyQT09

Call In Number: 1-669-900-6833 Meeting ID Code: 724 180 505 Password: 6472



**Staff Attending:** Janet Costa, Jessica Hunt, Jaime Jenett, Dr. Chad Pierce, Ernesto Robles, Ellie Shirgul, Jonathan San Juan,

Robert Thigpen, Genoveva Zesati

**Public Participants:** Nicole Merritt-Armas, Eric Bowers, Stephen Boyd, Judy Bracken, Pete Caldwell, Carolyn, Leona Foster, Jeannine,

Adriana Martinez, Nicole Merritt, Mark Mora, Susan Norwick-Horrocks, Jenna Williams

**Facilitator:** Amanda Wehrman

**Recorder:** Audrey Montana

**Staff Support:** Jennifer Bruggeman

**Excused from Meeting:** Sara Marsh

Absent from Meeting: Y'Anad Burrell, Chaplain Bobby Creekmore, Tom Gilbert, Carolyn Goldstein-Hidalgo, James Lancaster, Leslie May,

Melinda O'Day, Jennifer Tuipulotu, Johanna Wagner, Graham Wiseman

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
<ol> <li>Welcome – Call to order, Roll Call, Review Working Agreement, Finalize Meeting Minutes</li> <li>Announcements</li> </ol>	<ul> <li>Call to Order, Roll Call, Review Working Agreement</li> <li>Meeting Notes (November 4, 2021) – Approved with revisions</li> <li>Announcements –         <ul> <li>(Anna Lubarov) Announcing a free online Peer Workshop –</li> <li>"Laugh Your Way Through the Holidays: Taking Care of Yourself While Taking Care of Others." December 8, 2021 from 11:00 am to 12:30 pm. Link to register:</li></ul></li></ul>	Information  Notes approved. Will be posted to MHSA CPAW website.	Amanda Wehrman, Facilitator  Audrey Montana to post notes.

	TOPIC	ISSUE/CONCLUSION	ACTION/	PARTY
			RECOMMENDATION	RESPONSIBLE
2.	Stakeholder Sharing by	Adults Committee: No additional comments.		Committee
	Meeting Groups	Aging & Older Adults Committee: No additional comments.		Representatives
•	Adults Committee			
•	Aging & Older Adults Committee	Alcohol and Other Drug Services (AOD) Advisory Board: No additional comments.		
•	Alcohol and Other Drug Services (AOD) Advisory	Behavioral Health Care Partnership (BHCP):		
	Board	No additional comments		
•	Behavioral Health Care Partnership (BHCP)	Children, Teens and Young Adults (CTYA) Committee: No additional comments.		
	Meeting	Health, Housing and Homeless Services (H3):		
•	Children, Teens and Young	The Brookside Shelter has reopened. Was remodeled and		
	Adults (CTYA) Committee	closed during COVID. Placement through the CORE Outreach		
•	Health, Housing &	Team. Now provides for adult couples.		
	Homeless Services (H3) –	<ul> <li>Delta Landing will soon be opening</li> </ul>		
	Continuum of Care	o Is a shelter for people on a pathway to housing – interim		
•	Innovation (INN)	housing and functions as a shelter. Individuals will		
	Committee	ultimately move on to other housing options and open		
•	Membership Committee	spaces for new residents		
•	Mental Health Commission (MHC)	<ul> <li>Purchased with Home Key funds. Previously was the Motel Six in Pittsburg. Was closed due to remodeling after</li> </ul>		
•	Mental Health Commission	purchasing		
	<ul><li>– Quality of Care</li></ul>	o Since was previously a motel, individual rooms now		
•	Reducing Health Disparities	available for use. Delta Landing is currently full.  O Placement through the CORE Outreach Program		
	(RHD)	<ul> <li>Heath Center on site – Health Care for the Homeless will</li> </ul>		
•	Social Inclusion Committee	have a satellite clinic there		
•	Suicide Prevention	<ul> <li>Now provides for adult couples, multi-generational</li> </ul>		
	Committee	households (adult children, their mother/father – no minor		
•	System of Care Committee	children at this time). Now families not separated by		
•	Training Advisory Workgroup (TAW)	gender.		
	workgroup (1AW)	o Grand opening date should be soon within the next couple		
		of weeks. Date to be announced.		
		One Project Room Key hotel will be closed as residents are		
		moved into Delta Landing or other housing		

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	<ul> <li>Council on Homelessness has three new Council Members. Includes a Community Member seat.</li> <li>Last month was Homeless Awareness Month         <ul> <li>Had a Community Panel (Three individuals with lived experience told their stories, then had a break-out session),</li> <li>Requested recommendations or important points for policy makers. Presented to the Council on Homelessness. There is a link to the presentation.</li> <li>Delta Landing Shelter discussed</li> </ul> </li> <li>If any questions, please contact Jaime Jenett at jaime.jenett@cchealth.org</li> </ul>		
	Innovation (INN) Committee: No additional comments.		
	Mental Health Commission (MHC):  Mental Health Commission Meeting of December 1st  Motion of the MHC Mental Health Services Act (MHSA)  Finance Committee Motion – To ask Contra Costa  Behavioral Health Services to include the Institute of  Mental Disease Mental Health Rehabilitation Center and  step-down facilities programing and staffing needs in its  upcoming Behavioral Health Continuum Infrastructure  Competitive Grant Applications to the State  Workgroup at the State level pushing this responsibility  back to the Counties. Contra Costa County will have to  compete for funding. Need to ensure the County receives  this funding. Especially those deemed incompetent to stand  trial will now be responsibility of County funding.  The Nierika House (unlocked crisis residential facility) and  Nevin House (substance use disorders and mental health  issues unlocked facility) contracts will be terminated by  December 31, 2021. Behavioral Health is looking at other  providers but does not anticipate obtaining before  December 31st.		

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	<ul> <li>Mental Health Commission (MHC) – Quality of Care Committee:</li> <li>Mental Health Commission Chair, Barbara Serwin, will oversee updates for this Committee in the future.</li> </ul>	RECOMMENDATION	RESTONSIBLE
	Reducing Health Disparities (RHD): No additional comments.		
	Social Inclusion Committee: No additional comments.		
	Suicide Prevention Committee: No additional comments.		
	System of Care Committee: No additional comments.		
	Training Advisory Workgroup (TAW): No additional comments.		
<ul> <li>3. Dialogue with Contra Costa Behavioral Health Services (BHS) Executive Leadership</li> <li>Youth CSU – long term plans current MWC Clients</li> <li>Update on status of grants / federal funding</li> <li>Other items</li> </ul>	Dialogue with Contra Costa County Behavioral Health Services (BHS) Executive Staff  Dr. Suzanne Tavano:  Anka  Two years ago, Anka declared bankruptcy and would be closing their programs. Had only thirty days' notice.  This included the Don Brown Shelter, Nierika House (Crisis residential with full services and large out-patient clinic) and Nevin House (Adult transitional residential facility in Richmond) and some smaller programs  Many of these programs were assumed thereafter by community-based organization providers.  Bay Area Community Services (BACS) assumed the three program contacts. Worked with banks to protect the properties.  But owners of the properties did not want to invest capital to improve the property. BACS terminated the lease on the properties and gave thirty days' notice ending December 31, 2021.  Currently looking for new providers. Started outreach.		Dr. Suzanne Tavano (Director, Behavioral Health Services)

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		RECOMMENDATION	RESPONSIBLE
	Recommendations welcome. Want to keep these levels of care available to the community.  Residents will be moved to other facilities.  Youth Crisis Stabilization Unit (CSU)  Met with Public Works and the Architects and finalized the floor plan. Will present to the Mental Health Commission and the MHSA Consolidated Planning Advisory Workgroup (CPAW).  Listened to input from the community. Now some individual rooms and some rooms with two beds and one with four beds. Allows for flexibility for client's needs and preferences.  This design will displace four primarily care staff for drop-in services of Miller Wellness Center temporarily. Do not want to postpone construction of the Youth CSU. Still under discussion.  CalAIM  Two weeks ago, did an all-staff BHS presentation and overview re eight components and implementation  First Components are changes in mental health criteria. Substance use services goes into effect in three weeks. Am working on changing our forms and procedures  Second component goes into effect July 2022  The roll out will cover a couple of years period  Infrastructure Grant  From the State Department of Health Care Services focused on behavioral health and meting needs of people in the community  First Phase — Submit grant application. \$150,000.00 for planning. Confident will be approved.  Previously submitted to the State a self- analysis Needs Assessment  In January, will receive guidance on types of facilities eligible for second funding round. Hopeful will include Board and Cares.		

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	<ul> <li>Then into the formal planning process re property – bricks and mortar. Determine appropriate property, look at providers, etc. Hope to build up services in East and West County as well.</li> <li>Grant Opportunities         <ul> <li>Another grant is focused on substance use. This competitive grant application will be submitted by December 22<sup>nd</sup>.</li> <li>Submitting applications for any and all available grants</li> <li>To date, received approval for every proposal we have submitted</li> </ul> </li> <li>Measure X         <ul> <li>Mobile Crisis already running pilots. Is a very large grant</li> </ul> </li> <li>Suicide Prevention         <ul> <li>The number for our County has remained flat. We have not seen increases that have been seen by other counties.</li> <li>Looking at unintentional deaths due to overdose. These are under reported. Almost equal to the number of intentional suicides.</li> <li>Look at the opioid issue. Fentanyl is the biggest concern. Must distinguish methamphetamine also.</li> </ul> </li> <li>Behavioral Health Services Events         <ul> <li>Opening of the Antioch Peer Connection Center</li> <li>I have to say one of the best in person events I have attended was the grand opening of the Antioch Peer Connection Center. One of the best events in a year or more. Kudos to Jenna Williams and the group and Putnam. Is wonderful. Looking forward to all three centers being fully up and running. Really good work Jenna. Thank you so much.</li> <li>SPIRIT Program Graduation</li> <li>An equally amazing event was the SPIRIT Program Graduation. It was wonderful. The graduation event was videotaped.</li> </ul> </li> </ul>	RECOMMENDATION	RESPONSIBLE

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	<ul> <li>Comments and Response to Questions:</li> <li>(Susan Norwick-Horrocks) Concerned about the infrastructure grant. Our County seems to be left behind. We did not get the grants I was hoping we would get. Response: If we receive a grant, start services and make the services work, we can figure out how to sustain those services over time. A good example is the Mental Health Evaluation Justice Teams. The initial grant after five years ran out. Was valuable and we sustained the program by adding funding. We are applying for all grants and also applying for federal grants.</li> <li>(Roberto Roman) I attended the CalAIM presentation for all staff. Mentioned documentation redesign to go live July 2022. Medi-Cal Peer Support Certification Program goes live the same time. Curious how they inter-connect. Certified Peers will need to know how to document properly. Response: We worked to simplify paperwork, so clinicians and providers are not spending all their time completing paperwork. The State agreed. Certified Peer Specialist will be a formal classification as a Medi-Cal provider. Working on simplification of the documentation now. Also working to simplify assessment, treatment plans and progress notes.</li> <li>(Janet Costa) The Peer Connection grand opening was a fun and special event!</li> <li>(Jenna Williams) Thank you so much. We had an amazing first month!! We are so excited for what the future brings.</li> </ul>		
4. SB 803 (Peer Certification) - Update	Presenter: Roberto Roman  Background of Senate Bill 803 SB 803 concerns Medi-Cal Peer Support Certification which was signed into law in September 2020 The State Department of Health Care Services went through a Stakeholder process and issued their Behavioral Health Information Notice on Medi-Cal Peer Support Specialist Certification Program Implementation in July.		Roberto Roman (Mental Health Community Support Worker II, Office Team Lead, Recovery Revival Project Lead, Office for Consumer Empowerment)

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	<ul> <li>Identified the California Mental Health Services         Authority (CalMHSA) as the entity that will represent         counties for the implementation of the State approved         certification program to ensure consistency statewide.</li> <li>The focus of the legislation is to add Certified Peer         Support Specialist as a Medi-Cal billable provider.         Creates an opportunity for an additional pathway for         Medi-Cal reimbursement for Peer Support Services.</li> <li>The Office for Consumer Empowerment is focusing on         helping to prepare current Peer staff in the County, those         in Community Based organizations and others in the         community for the application process to grandparent in         under the certification program. Will help Peers compile         required documentation for the application process.</li> <li>I have been appointed to CalMHSA's Medi-Cal Peer         Certification and Stakeholder Advisory Council. I was         going to advocate for these meetings to be public, but the         Council decided the meetings will be public.</li> <li>The first public meeting of the Stakeholder Advisory         Council is tomorrow – Friday, December 3<sup>rd</sup> from 1:00         pm to 4:00 pm. The link to the meeting and Agenda is on         the CalMHSA website. The links are as follows:</li> </ul>		
	Friday 12/3 1-4PM Stakeholder Advisory Council Meeting Zoom Link: <a href="https://us02web.zoom.us/j/84361414645">https://us02web.zoom.us/j/84361414645</a> Meeting Agenda: <a href="https://www.calmhsa.org/wp-content/uploads/Agenda-12.3.2021.pdf">https://www.calmhsa.org/wp-content/uploads/Agenda-12.3.2021.pdf</a> <a href="https://www.calmhsa.org/peer-certification/">https://www.calmhsa.org/peer-certification/</a> Comments and Response to Questions:  • (Dr. Suzanne Tavano) CalMHSA is a joint powers authority. The Board of Directors are all the Behavioral Health Directors.		
	We wanted to have a body where, if the State did not want to take up something, CalMHSA would be able to do so.		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	■ Level 3 Team — Mental Health Clinicians, Peer Providers plus Law Enforcement (at risk situations)  O A Place to Go ■ Hospitals (Psychiatric Emergency Services (PES) Units 4C, 4D), John Muir and eight other hospitals ■ Contra Costa Crisis Center ■ Need for Respite Center and Sobering Center — hope this continuum will be built out (new Youth Crisis Services) ■ Is actually a full Crisis Continuum  Miles Hall Community Crisis Hub O Want to prevent what happened to Miles Hall from happening to anyone else O Staffed 24/7 by clinicians Triage behavioral health calls Communicate with Response Teams  Design and Implementation Phases Refine Aims and Priority Areas (Nov 2020-March 2021) Rapid Improvement Events, Learning Collaborative (March-June 2021) Begin phased implementation (Summer/Fall 2021) Continue Implementation-Refine, Spread, Scale (2022-2023) Initial Phase Divert calls into the Hub to screen and triage calls Pursue federal, state, and local funding Suffering is Unacceptable People also experience racism and stigma in addition to behavioral health issues Has been loss of life. Tracking when someone dies as a result of sole law enforcement response to a behavioral health crisis.		

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	<ul> <li>A3 – Anyone, Anywhere, Anytime</li> <li>Will refer to Teams as A3 Teams (no longer Mobile Crisis Response Teams - MCRT)</li> <li>Hired Dr. Chad Pierce – Was the Program Manager, Adult Children's Clinics in West County. Is the Chief overseeing the A3 Initiative. The A3 Teams will be reporting to H3 under Dr. Pierce.</li> <li>Is an innovative approached based on community need and vision</li> <li>Deliver timely, flexible, culturally &amp; clinically appropriate responses</li> <li>Offers hope to a community suffering</li> </ul>	RECOMMENDATION	RESPONSIBLE
	<ul> <li>"If you want to go fast, go alone. If you want to go far, go together"</li> <li>For more information, please use the following link: cchealth.org/bhs/crisis-response</li> <li>Comments and Response to Questions:</li> <li>(Stephen Boyd) If there is a situation that does not require the level of 911 but some calls 911, what happens? Response: People most commonly call 911. Do see some starting to call the Mobile Crisis Teams directly. 911 is diverting appropriate</li> </ul>		
	<ul> <li>calls to Mobile Crisis Response. The Behavioral Health Access line is also getting calls get routed over. The Contra Costa Crisis Center 211 calls also get rerouted. 988 is available and will be advertised more.</li> <li>(Susan Norwick-Horrocks) If someone has a behavioral health crisis, who should we call? What should I tell people who ask me? Would the best number be available on the weekends? Forensics is no longer supervising the Mobile Crisis Team? Response: The fastest method would be to call the phone number that goes directly to the Mobile Crisis Response teams. Currently we are operating seven days a week, but we are not 24/7. We will make available the hours of operation as well. (Jennifer Bruggeman) The Mobile Crisis Response</li> </ul>		

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	<ul> <li>Team direct number is 1-833-443-2672. The Seneca Youth Mobile Response Team phone number is 1-877- 441-1089. People can call these numbers or call 211 or 911 and get directed to us. Try not to call law enforcement unless there is an imminent risk to the person, the community, etc.</li> <li>(Dr. Suzanne Tavano) We are building out our Forensic capacity. Just the Mobile Crisis Response Teams will move over and be under Dr. Pierce under the A3 Model.</li> <li>(Roberto Roman) Will the Seneca mobile response Team also be transferred over to this A3 continuum? Response: They are still going on, staying intact, and operating as is.</li> </ul>	RECOMMENDATION	RESPONSIBLE
<ul> <li>Public Comment &amp; Suggestions for Future Agenda Items</li> <li>MHSA Year in Review</li> <li>Psychiatric Advanced Directives (PADS)</li> </ul>	<ul> <li>(Jennifer Bruggeman) A couple of items suggested.</li> <li>Consolidated Planning Advisory Workgroup (CPAW)         Steering Committee is the third Thursday of the month         meet typically at 11:00 am. This month will meet on         December 16<sup>th</sup>. But only this December, will meet earlier         at 10:00 am. All welcome to come. Purpose is to do         Agenda planning for CPAW.         <ul> <li>Year end review of Behavioral Health and MHSA</li></ul></li></ul>		Amanda Wehrman

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	so everyone hears the presentation and information at the same time. (Douglas Dunn) I will bring the suggestion before the new Mental Health Commission Chair and Vice-Chair.  • (Roberto Roman) Would like to remind everyone of the Community Partners Holiday party on December 16 <sup>th</sup> .	RECOMMENDATION	RESPONSIBLE
	2021 Community Partners Holiday Party Thursday, December 16th 9:30am- 12:30pm Proof of Vaccination and Facemasks will be required upon entrance of the Pleasant Hill Rec Center. Our 2021 Community Partners Holiday Party will be IN PERSON and YOU ARE INVITED! PLEASE R.S.V.P. TO Sherry by calling 925-744-9308, or email: sherry@putnamclubhouse.org. The Last Day to RSVP is Thursday, December 9th! This Is a No-Smoking Event – No Pets Allowed		
	<ul> <li>(Genoveva Zesati) The Mental Health Services Act Team is working on conducing community program planning surveys. Will be translated into different languages and will be distributed this month or January.</li> <li>(Genoveva Zesati) Clean Slate Day is coming up for anyone interested. Please see the following link:         https://cchealth.org/aod/pdf/Clean-Slate-Day-2021-12.pdf     </li> </ul>		
7. Plus / Delta – Review of Meeting	(Douglas Dunn) Very informative. Thank you.	CPAW members and attendees	Amanda Wehrman
8. Adjournment & Next CPAW Meeting	• The next CPAW meeting will be January 6, 2022 from 3:00 pm to 5:00 pm.	anonada	Amanda Wehrman