

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, November 4, 2021

3:00 pm – 5:00 pm

Meeting Access via Online Zoom Video Conference and Telephone Conference:

<https://homebaseccc.zoom.us/j/724180505?pwd=ayswSINGeU02MTMrRkIzSky1OFYyQT09>

Call In Number: 1-669-900-6833 Meeting ID Code: 724 180 505 Password: 6472



- Members Attending:** Y’Anad Burrell, Douglas Dunn, Carolyn Goldstein-Hidalgo, Anna Lubarov, Sara Marsh, Lucy Espinosa Nelson, Roberto Roman
- Staff Attending:** Dr. Suzanne Tavano, Jessica Dominguez, Jaime Jenett, Ernesto Robles, Jonathon San Juan, Ellie Shirgul, Robert Thigpen
- Public Participants:** Pete Caldwell, Susan Norwick Horrocks, Stephanie
- Facilitator:** Amanda Wehrman
- Recorder:** Audrey Montana
- Staff Support:** Jennifer Bruggeman
- Excused from Meeting:** None
- Absent from Meeting:** Stephen Boyd, Chaplain Creekmore, Tom Gilbert, James Lancaster, Leslie May, Melinda O’Day, Jennifer Tuipulotu, Johanna Wagner, Graham Wiseman, Amelia Wood

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome – Call to order, Roll Call, Review Working Agreement, Finalize Meeting Minutes • Announcements	<ul style="list-style-type: none"> • Roll Call, Call to Order, Meeting Notes (October 7, 2021) – No revisions • Announcements – None 		Amanda Wehrman, Facilitator Audrey Montana to post notes.
2. Stakeholder Sharing by Meeting Groups • Adults Committee • Aging & Older Adults	<p>Adults Committee: No additional comments.</p> <p>Aging & Older Adults Committee:</p> <ul style="list-style-type: none"> • The Older Adult COVID-19 Workgroup met on October 27th. 		Committee Representatives

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
<ul style="list-style-type: none"> • Committee • Alcohol and Other Drug Services (AOD) Advisory Board • Behavioral Health Care Partnership (BHCP) Meeting • Children, Teens and Young Adults (CTYA) Committee • Health, Housing & Homeless Services (H3) – Continuum of Care • Innovation (INN) Committee • Membership Committee • Mental Health Commission (MHC) • Mental Health Commission – Quality of Care • Reducing Health Disparities (RHD) • Social Inclusion Committee • Suicide Prevention Committee • System of Care Committee • Training Advisory Workgroup (TAW) 	<ul style="list-style-type: none"> • Older Adult Mental Health provided Cognitive Behavioral Therapy Social Skills Training Groups and were very successful. • Clients made huge leaps in their recovery • Dr. Granholm created the model • The Substance Abuse Mental Health Services Administration (SAMHSA) interviewed Denise Tarvins and Jan Cobaleda-Kegler to talk about their work with older adults using CBSST based on Dr. Granholm’s recommendation. The results of his interview were just published in one of their resource guides-SAMHSA toolkit. Great resource guide re evidence based practices working with older adults. Highlights our program on pages 45 and 46. We can send to CPAW to be distributed. Congratulations. • Had a presentation from Dr. Sara Levin (Deputy Health Officer) on COVID-19 and Lavon Gibson (new Division Manager for Adult Protective Services). • Will do a outreach holiday postcard campaign. Reaching out to isolated seniors. Elementary school students making the postcards. Will distribute to isolated seniors in skilled nursing and residential facilities. Providers can reach out to older adults. Focus on getting vaccinated so they can spend time with family and friends. All welcome to help make cards, participate and attend a meeting of our committee. If interested please email Brianne Green at bgreen@cchealth.org. • Revision for November Calendar – There will be no Aging and Older Adults Committee meeting in November due to the holidays. The schedule for December has yet to be determined. If have any questions please email at Ellen.Shirgul@cchealth.org. <p>Alcohol and Other Drug Services (AOD) Advisory Board: No additional comments.</p>		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>Behavioral Health Care Partnership (BHCP): No additional comments</p> <p>Children, Teens and Young Adults (CTYA) Committee: No additional comments</p> <p>Health, Housing and Homeless Services (H3):</p> <ul style="list-style-type: none"> • The Council on Homelessness has 6 empty seats including Community Representative, Employment and Human Services (EHSD) Representative, Faith Community Representative, Public Housing Representative, Public Safety Representative #2 and Re-entry Services Representative. The Council made recommendations for people to till the open seats. • Funding information is on the website. <p>Innovation (INN) Committee:</p> <ul style="list-style-type: none"> • There will be no meeting in November. The next meeting will be December 20th. <p>Mental Health Commission (MHC):</p> <ul style="list-style-type: none"> • Had the Mental Health Commission Retreat. Reimagining Behavioral Health and Mental Health in the aftermath of COVID-19. Had several breakout groups. Received a lot of excellent ideas for 2022. <p>Mental Health Commission (MHC) – Quality of Care Committee: No additional comments.</p> <p>Reducing Health Disparities (RHD): No additional comments.</p> <p>Social Inclusion Committee: No additional comments.</p> <p>Suicide Prevention Committee: No additional comments.</p> <p>System of Care Committee: No additional comments.</p> <p>Training Advisory Workgroup (TAW): No additional comments.</p>		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
<p>3. Dialogue with Contra Costa Behavioral Health Services (BHS) Executive Leadership</p>	<p>Dialogue with Contra Costa County Behavioral Health Services (BHS) Executive Leadership</p> <p>Dr. Suzanne Tavano:</p> <ul style="list-style-type: none"> • COVID-19 and 5–11 Year Olds <ul style="list-style-type: none"> ○ Now eligible for COVID vaccinations ○ While in a meeting, we saw all the appointments for the children being made ○ Families are definitely interested in getting the little kids vaccinated • Behavioral Health Services <ul style="list-style-type: none"> ○ This week and next week thru November 19th will be vaccinating County staff at booster clinics ○ A lot of people who are interested are signing up ○ Priority getting clients vaccinated and conducting outreach. Any ideas as to outreach, please let me know. • Grant Money <ul style="list-style-type: none"> ○ Want partners to put together a video by consumers for consumers ○ cchealth.org has a lot of information • Crisis Stabilization Unit (Youth) <ul style="list-style-type: none"> ○ Making available the two schematic drawings for the unit ○ We spoke with young people who had been in Crisis Stabilization Units and gathered feedback ○ Heard it is not always better to be in a room by yourself ○ Not uncommon for youth to want to be together ○ Restructured the plan – some single rooms, some double rooms and one room with four beds for youth. Will match the youth with the proper room at that time • Crisis Continuum <ul style="list-style-type: none"> ○ Will be part of the Board of Supervisors’ meeting on November 16th ○ Will evaluate various proposals for Measure X funding • Ellie Shirgul with Older Adults Committee <ul style="list-style-type: none"> ○ For older Adults had Cognitive Social Skills Training 		<p>Dr. Suzanne Tavano, (Director, Behavioral Health Services)</p>

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>and were very successful with our clients in the groups</p> <ul style="list-style-type: none"> ○ Made huge leaps in their recovery ○ Dr. Grant Holme created the model ○ The Substance Abuse Mental Health Services Administration (SAMHA) interviewed Denise and Jan Cobaleda Kegler to talk about work with older adult mental health. Was just published in one of their resource guides– SAMSA Toolkit. Great resource guide re evidence based practices working with older adults. Highlights our program on pages 45 and 46. We can send to CPAW to be distributed. Congratulations. <ul style="list-style-type: none"> ● End of Year Accomplishments <ul style="list-style-type: none"> ○ Much is going on collectively as a system. We are all collectively involved in a lot of positive things right now. ● Next Funding Round for the State <ul style="list-style-type: none"> ○ Infrastructure, housing, buildings ○ We will be part of that and reaching out to our partners ○ We want to continually build out our resources ○ Avoid being linked to federal funding <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> ● (Sara Marsh) Is the District Clinic walk in? Vaccines for all or just those 65 and over? Response: By appointment only. We conducted outreach to the 1,200 Behavioral Health staff (County and contracted). Staff will get a text message with link to schedule vaccine boosters with a clinic. Especially those who have direct interaction with clients. Want providers fully vaccinated. Those eligible for the booster vaccine are 65 and over and those with compromised immune systems. But, also those in high risk work settings. Such as health care providers. Behavioral Health staff are considered health care providers. County and contracted providers are eligible to come in for a booster shot – third dose- in our clinic. Some people have not received the text yet. Had some issues with 		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>technology. We will also make direct appointments.</p> <ul style="list-style-type: none"> (Sara Marsh) Regarding funding for housing, are you talking about No Place Like Home or other funding? Response: Federal funds were given to the states. The State has been releasing Requests for Proposals (RFP's). As new RFP's are released, we look at them. The last round was on crisis continuum focused work. Infrastructure – bricks and mortar. That is what we will be looking at next. (Jonathan San Juan) Few days ago Contra Costa County lifted the requirement of masks in some places. Do you have more information re that regarding our work and the community? Response: If at a health care site, then the mask requirement continues. Complicated. Refer to the Health Services website for guidance. For most of us, will not make a significant difference. Administration meets with the public and staff will continue to wear masks. Those working with the programs and clinics will continue to wear masks. 		
<p>4. SB 803 (Peer Certification) – What We Know So Far</p>	<p>Presenter: Roberto Roman</p> <p>Presentation Document:</p> <p>“State of California – Health and Human Services Agency – Department of Health Care Services – Behavioral Health Information Notice No. 21-041”</p> <ul style="list-style-type: none"> In July, The Department of Health Care Services (DHCS) issued an Information Notice re Senate Bill 803: https://www.dhcs.ca.gov/Documents/CSD_BL/BHIN-21-041.pdf For Peer Support Certification the DHCS is responsible for creating the standards by which the program would be established The California Behavioral Health Directors’ Association designated that the California Mental Health Services Authority (CalMHSA) would represent the counties that want 		<p>Roberto Roman (Community Support Worker II, Office for Consumer Empowerment)</p>

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>to opt in to participate in this Certification program. No county has opted out of the program.</p> <ul style="list-style-type: none"> • CalMHSA is preparing a program implementation plan and will submit this plan to DHCS by November 19th. • CalMHSA held community input sessions and received stakeholder feedback • CalMHSA formed a Stakeholder Advisory Council <ul style="list-style-type: none"> ○ Interfaces between the community and CALMHSA leadership. 20 slots on the Council for the State. Received 170 applications. ○ Trying to get as much feedback as they can ○ May be confidential discussions, closed meetings. I will advocate for at least one public meeting to receive public input. ○ I applied and was accepted. Am now a member of the Stakeholder Advisory Council and represent Contra Costa County. Great opportunity to represent our County going forward in this process. • Standards <ul style="list-style-type: none"> ○ Training curriculum, bi-annual renewal, lapsed certification, specialization areas (parent, caregiving, family member peer) • This County has more than 60 Community Support Workers <ul style="list-style-type: none"> ○ Will be effected by this certification program ○ Guidelines for grandparenting process <ul style="list-style-type: none"> ▪ Must be currently employed as of January 1, 2022 ▪ A year of paid or unpaid work experience within a three year period ▪ 500 hours must have been completed within the last twelve months ▪ Continuing Education requirement of 20 hours ▪ Completion of a previous Peer training (i.e. SPIRIT) ▪ Three Letters of Recommendation (Supervisor, colleague, self-recommendation) 		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<ul style="list-style-type: none"> ▪ Exam and perhaps specialization exams as well <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> • (Douglas Dunn) Tiffany Elliot from the California Association of Mental Health Peer Run Organizations (CAMHPRO) did a one hour presentation during the Putnam Clubhouse’s Reimagining Mental Health. She will send us copies of her slide presentation. • (Anna Lubarov) When you say there are 60 Community Support Workers (CSW) in the County, is that Community Support Workers only or everyone who is working paid or volunteer as a Peer Support Specialists in the County? Response: I was referring specifically to those under the classification in the County System working as Community Support Workers I and II. Although we do have other Peers working in a Peer role. Question: So the County will be supporting only CSW’s to get certified and no one else? Response: No. The immediate concern at this time is for the workforce of the County. This does not mean it is limited to that. Comment: The certification is for everyone, all Peer Support Specialists. It is important to remember that. • (Lucy Espinoza Nelson) Want to thank Roberto Roman for his presentation on SB 803. Covered the main points for us to consider. I am so glad you will be representing the Community Support Workers and all the Peers in Contra Costa County. Congratulations. How did you find out you were selected? Others applied and did not hear back. Response: They notified me via email October 27th. The first meeting of the Council was October 29th. I am grateful I was included. • (Jessica Dominguez) Thank you to Roberto Roman for advocating for us and being our point person. I couldn’t have asked for a better person. • (Jennifer Bruggeman) The Council will be lucky to have you. • (Robert Thigpen) Well deserved, Roberto. 		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<ul style="list-style-type: none"> • (Douglas Dunn) You are the best possible person selected. • (Anna Lubarov) Congrats for making in to the Council. And thank you for the update. • (Pete Caldwell) Congrats, Roberto! 		
5. Partners in Aging – Overview of Sunsetting 5 Yr Innovation Program	No presentation at this time. Presentation to be rescheduled for a future CPAW meeting.		Older Adult Staff
6. Homeless Awareness Month - Update	<p>Presenter: Jaime Jenett</p> <p>Presentation Document:</p> <p>“Contra Costa Continuum of Care, Homelessness Awareness Month Toolkit 2021”</p> <p>November is Homeless Awareness Month</p> <ul style="list-style-type: none"> ○ Presented a video “H.O.P.E. – Hearing Other People’s Stories, Contra Costa Homelessness Awareness Month 2021”. Link to the five minute video: https://spark.adobe.com/video/g8uFATP1cNCaI ○ Homelessness Awareness Month Toolkit 2021 <ul style="list-style-type: none"> ▪ Link for Toolkit: https://cchealth.org/h3/coc/pdf/Homeless-Awareness-Toolkit.pdf ▪ Reviewed Table of Contents and topics ▪ Lists events, donation opportunities, volunteering, guidelines, advocacy, celebrating voices of people with lived experience ▪ Lists those with lived experiences being recognized with awards ▪ The Toolkit has links and great information. Please share with others. ○ The East County Interim Housing Program at the Motel 6 in Pittsburg – The County purchased the motel. Will be a shelter with individual rooms. Bay Area Community 		Jaime Jenett (Community Engagement Specialist - Health, Housing and Homeless Services (H3), Staff of the Council on Homelessness)

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>Services is the service provider. Can call CORE by calling 211 if need assistance with housing.</p> <ul style="list-style-type: none"> ○ Event on Monday, November 8th. Will be a panel discussion with people with lived experience, breakout groups and input will be reported to the Council on Homelessness. ○ Tuesday, November 9th will present before the Board of Supervisors re Homeless Awareness Month. Two Council on Homelessness members with lived experience will present. Will recognize all the Awardees. ○ There will be a community forum in Walnut Creek on November 18th. This information is also in the Toolkit. ○ The Concord Shelter has reopened. Can now take adult family members and couples together. No longer separated by male or female. The Brookside Shelter is not yet opened but will be reopening soon. Construction is underway but do not know what the new capacity will be. <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> • (Stephanie) Really nice video to show people’s experience. Is the hotel for families as well or just individuals? Response: Families and individuals. Hotels are still prioritizing by vulnerability. Other family shelters are now opening back up with bigger capacity. The Bay Area Rescue Mission is opening its women and children’s center in December. That will increase capacity for families. • (Jennifer Bruggeman) Thank you for the presentation. Does the hotel program have a specific name? Are residents provided with supportive services? Response: It is the East County Interim Housing Program. Everyone in that program is on the way to housing. There is on-site case management, housing navigation (prioritized to get into housing) and other services. 		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
<p>7. Public Comment & Suggestions for Future Agenda Items</p>	<ul style="list-style-type: none"> • (Douglas Dunn) The state of California has about fifteen billion dollars from federal packages that have come to the state. The state put in an additional fifteen million dollars for Behavioral Health spending. The issue is most of these funds are time limited. A lot is other than MHSA funding. Perhaps for a future CPAW or CPAW System of Care Committee meeting to look at the breakdown of those funds. • (Jonathan San Juan) CPAW and the CSW support group are not well represented by people who need information – peer providers. Is not a priority on their schedules from their supervisors. They do their work duties and do not see this as a priority. How can we get everyone in the system to realize that coming to these meetings should be part of a CSW’s work assignment? Some CSW’s do not work for the County but work for Community Based Organizations (CBO’s). How can we advertise in the system to show that we need these groups to be here at CPAW to participate? Should become one of the CSW’s job tasks. Response: (Jennifer Bruggeman) That is a good point. The SB 803 process is directly impacting CSW’s. The CSW’s I believe have a monthly meeting. I assume SB 803 is being discussed at that meeting so they are being informed. (Jonathan San Juan) That meeting is still not prioritized on the CSW’s schedules. They feel they cannot ask to attend. They are not aware how important this information is. They don’t see that this could affect their future work. For each such meeting, perhaps four to five CSW’s attend. There are 60 CSW’s with the County. Systemically, attending CPAW and the CSW’s meetings is not a priority. There should be some communication among supervisors. Supervisors are in charge of schedules. They can make attendance at these meetings a task assignment. (Jennifer Bruggeman) Yes we need dynamic messaging re the SB 803 information and updates. Suggest Jennifer Tuipulotu who attends Managers and Supervisors Meetings for BHS can get on the Agenda to make a presentation to managers and 		<p>Amanda Wehrman</p>

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>supervisors. To inform and emphasize the importance of the CPAW and CSW Support Group meetings. Advocate to allow staff time to participate these meetings. (Jonathan San Juan). Yes. That sounds great.</p> <ul style="list-style-type: none"> • (Douglas Dunn) In the Chat, Susan Harrocks put an agenda item for a continued update on the George Miller Center developments. Particularly the temporary closure to build the Crisis Unit for Children. • (Jennifer Bruggeman) We will ask Suzanne Tavano to include that topic in her regular CPAW update. • (Susan Norwick Horrocks) Douglas Dunn referred to my concern in the Chat. This is a big concern at NAMI. This came up at the NAMI Board meeting last month. We are not happy with having the George Miller Center closed. I want people to hear that. 		
8. Plus / Delta – Review of Meeting	<ul style="list-style-type: none"> • (Susan Norwick Horrocks) Are these meetings no longer required for MHSA? Response: (Jennifer Bruggeman) The CPAW advisory, stakeholder meetings are still required by the MHSA statute. • (Jonathan San Juan) Roberto Roman’s answers to my questions re SB 803 were very thought out and easy to understand. I appreciate that. • (Douglas Dunn) Roberto Roman had an outstanding readout on SB 803 developments. So very glad he is on the Council. Excellent person to have. • (Jaime Jenett) Had a question in the chat. She did not hear that the George Miller Center was being closed. Would like information about how long and for the reason. • (Jennifer Bruggeman) The Center is being closed because the Youth Crisis Stabilization Unit’s plans are underway. The proposed location is going to be George Miller Wellness Center. There will be a construction period. Currently just in the planning phase. Construction has not started yet. The 	CPAW members and attendees	Amanda Wehrman

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>clients that are currently being seen there are going to have to be seen in an alternative location. The ability to walk into the Center is really important. The hospital is making plans for one population of people who currently utilize the Center. Behavioral Health leadership is developing other contingencies for the Behavioral Health clients who currently use that site.</p> <ul style="list-style-type: none"> • (Susan Norwick Horrocks) The closing of the Center is a huge problem for people with mental health issues who need help immediately and do not need to be in Psychiatric Emergency Services (PES). Daily people are referred there and they get help. We do not know what we are going to do. Will something be put in place so there will be a place for these people to go and all will know so can give referrals before the Center is closed down? • (Jennifer Bruggeman) We will. Will request Suzanne Tavano to continue to update CPAW. Behavioral Health is currently analyzing the data, peak times, who uses the Center, times of day utilized, etc. • (Susan Norwick Horrocks) We do not want the Miller Wellness Center to go away. We think the service has been quite helpful. It would be a shame if it wasn't continued. 		
9. Adjournment & Next CPAW Meeting	<ul style="list-style-type: none"> • The next CPAW meeting will be December 2, 2021 from 3:00 pm to 5:00 pm. 		Amanda Wehrman