### Stakeholder Sharing

(CPAW Meeting – July 1, 2021)

Highlights of news to share and areas discussed at recent Contra Costa Behavioral Health Services (CCBHS) supported stakeholder meetings:

#### **Adult Committee**

• Meetings canceled until further notice.

#### Aging and Older Adult Committee (AOA) (June 23rd)

• The Older Adult COVID-19 Workgroup met on June 23<sup>rd.</sup> An update as to this Workgroup meeting will be provided at the CPAW meeting.

#### Alcohol and Other Drugs (AOD) Advisory Board (June 23rd)

- The Alcohol and Other Drugs (AOD) Advisory Board met on June 23<sup>rd</sup>. Due to the late in the month regularly scheduled meeting, a summary of this Committee meeting could not be provided before publication of this Stakeholder Sharing Information.
- Alcohol and Other Drugs Advisory Board Meeting of My 26th
  - Staff Report presented by Fatima Matal Sol,
    - Continue to focus efforts on increasing the number of women entering treatment
    - Since December, the Alcohol and Other Drug Services (AODS) has been tracing the referrals made by Access to programs, length of stay, placements, discharges, and referrals to external systems
    - Regarding opioid overdoses in Contra Costa County, Dr. Tzvieli made a presentation to the MEDS Coalition. There was a slight increase in 2020.
    - Have been working with the Chief of Probation to identify youth who use opioids and to provide support post release from Juvenile Hall and La Familia
  - Executive Committee encouraged continued work to update the Action Plan. Focus groups with women will be convened to understand why women are not going into treatment. Will address lack of outpatient treatment for Spanish speaking clients.
  - New Business A Self-Care Day outreach event was held in the Richmond community.
     Brought many families and children together in response to a surge in street violence.
- The next meeting of the Alcohol and Other Drugs Advisory Board will be held via Zoom on July 28<sup>th</sup> from 4:00 pm to 6:15 pm.

#### **Behavioral Health Care Partnership (BHCP)**

• Behavioral Health Care Partnership did not meet in June.

#### **Children, Teens and Young Adults Committee**

Meetings canceled until further notice.

#### Health, Housing and Homeless Services (H3) (June 3rd)

- The Council on Homelessness met on June 3rd
- Seeking Nominations for open Reentry Provider seat
- Preparing for HUD Contra Costa Notice of Funding Availability
- Provided recommendations to Measure X Community Advisory Board
- New Guidance for Congregate shelters available

- County shelters: Concord and Medical Respite opening soon with private sleep stations and will accept placements starting July 1
- Equity Technical Assistance starting with series of 4 trainings for Contra Costa providers
- July 1<sup>st</sup> is the Council on Homelessness (COH) meeting from 1:00 pm 3:00 pm. The link: https://contracosta.webex.com/contracosta/j.php?MTID=m77579552d11a6c321e8f149032825667

#### **Innovation Committee**

- There was no meeting held in June
- The next Innovation Committee meeting will be held on July 26<sup>th</sup> via Zoom from 2:30 pm to 4:00 pm.

#### Mental Health Commission (MHC) (June 7<sup>th</sup>)

- The Mental Health Commission met on June 7th.
- Public Comments, four (4) past MHC applicants commented (complained) regarding their experience in applying and no follow up / updates regarding their application status and 'passed over'/ignored - even after several repeat attempts to get update on status of application. Cal-BHS State Rep for Commissions, Theresa Comstock addressed Best Business Practices and Brown Act rules / protocol regarding recruitment, application processing, interviewing and recommendations.
- "Get to Know Your Commissioner" (Cmsrs. Graham Wiseman and Leslie May).
- External Quality Review Organization (EQRO) Report presentation re: FY 2020/21 Medi-Cal Specialty Mental Health External Quality Review
- Received Behavioral Health Services (BHS) Director's report presented by Matthew Luu (Deputy Director) and Jennifer Bruggeman (Program Manager, Mental Health Services Act -MHSA).
- Site Visit Program presentation findings from HUME Test site visit, draft report presented, received comments and suggestions to improve/include for final report.
- Discussion and vote on objection letter to Supervisor Candace Andersen regarding the
  proposed By-Law changes in Section 4 VACANCIES and RECRUITMENTS. Very long
  discussion and input from the Cal-BHS (state representative) for Commissions regarding the
  language and protocol. VOTE PASSED to submit objection letter from the Mental Health
  Commission and language to be added re: mandatory attendance of at least one (1) full
  Mental Health Commission meeting and one (1) committee meeting prior to applying for an
  open seat on the commission.
- Discussed re-instatement of Commissioner training one hour prior to the Mental Health Commission meeting.
- The next Mental Health Commission meeting will be Wednesday, July 7<sup>th</sup> from 4:30 pm to 6:30 pm via Zoom.

#### **Quality of Care Committee (MHC QC)** (June 15th)

- The Mental Health's Commission Quality of Care Committee met on June 15th.
- Working on selection of adult site visits (Aug 2021-March 2022) and the process of assigning sites to Commissioners (sign ups). More information is needed from Jan Cobaleda-Kegler regarding contract size (\$/#of beds) to determine a good cross-section of sites to visit. Solicited sites with immediate priority interest in visiting.
- Reviewed final steps of the HUME Center visit and report.
- Discussion of protocol for Site Visit Program Reporting and who/how to distribute the final report findings.

- Discuss plan to move forward with "Housing that Heals" agenda Emphasis on "housing" and not "beds"/"Housing First" creates housing without adequate care/programming for people with a Serious Mental Illness (SMI).
- "Alternative Destinations" recommended by the RIE3 design team (in addition to Psychiatric Emergency Services (PES), County Hospital, or Detention). this was moved to next meeting in July.
- The next Quality of Care Committee meeting will be Thursday, July 15<sup>th</sup> from 3:30 pm to 5:30 pm via Zoom.

#### Reducing Health Disparities (RHD) (June 7th)

- The Reducing Health Disparities workgroup met on June 7<sup>th</sup>.
- United Way Bay Area (UWBA) presented on Earned Income Tax Credit (EITC), tax
  preparation support, and shared information on importance of ensuring everyone receives
  full amount of stimulus payments and EITC.
- Discussed and shared information on the various equity efforts taking place throughout the County.
- There will be no meeting in July. Next meeting is tentatively scheduled for Monday, August 2nd, 2021 from 3:00 pm to 4:30 pm via Zoom.

#### Social Inclusion (June 10th)

- Observing June as PTSD (Post Traumatic Stress Disorder) Awareness Month, we learned how to recognize signs of PTSD and offer support to people in need. We also reflected on the potential traumatic effects of 15+ months of COVID-19 in California as the June 15<sup>th</sup> reopening of the economy was approaching.
- With Juneteenth upcoming on June 19<sup>th</sup>, we learned how to honor the history of Emancipation Day and envision and exemplify hope for racial reconciliation and socioeconomic equity going forward in this county, state, nation, and beyond.
- The Committee for Social Inclusion celebrates its 10<sup>th</sup> anniversary in July. Our next meeting is scheduled for Thursday, July 8th from 1:30 to 3:30 PM on Zoom. Please join us as we reflect on what we have achieved together and the work that lies ahead. More information, including the Zoom link, will be available soon. To join the Social Inclusion mailing list, contact Roberto.Roman@cchealth.org or call (925) 957-5105

#### **Suicide Prevention Committee** (June 25<sup>th</sup>)

- The Suicide Prevention Committee met on June 25<sup>th</sup>. Due to the late in the month regularly scheduled meeting, a summary of this Committee meeting could not be provided before publication of this Stakeholder Sharing Information.
- An update on the June 25th Committee meeting will be provided at the CPAW meeting
- The Suicide Prevention Committee meeting of May 28<sup>th</sup>
  - There was a presentation from Acalanes Union High School District on their postvention activities after the recent loss of a student.
  - The Youth Subcommittee continued discussions with new youth participants on how to best support them.
  - The next general coalition meeting on 6/25/21 will include a discussion on data, including pre and post covid suicide rates, and will discuss how to incorporate data into the revised Suicide Prevention Strategic Plan and help inform various suicide prevention initiatives and activities throughout the county. Additionally, there will be a call for volunteers to join a new data sub-committee. The youth subcommittee will discuss an event slated for

September for Suicide Prevention Awareness Month, in collaboration with interested youth members.

• The next meeting of the Suicide Prevention Committee will be held via Zoom on Friday, July 23<sup>rd</sup> from 9:00 am to 10:30 am.

#### **System of Care Committee (SOC)**

- The System of Care Committee did not meet in June. There will be no meeting in July.
- The next Committee meeting will be held via Zoom on Wednesday, August 11<sup>th</sup> from 10:00 am to 11:30 am

#### **Training Advisory Workgroup (TAW)**

- No meeting held in June. No meeting scheduled for July.
- Future meeting dates to be determined.

# Contra Costa Behavioral Health Stakeholder Calendar

**July 2021** 

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				/ Coundl on Homelesness: 1:00—3:00 pm (Online/Telephone) CPAW: 3:00—5:00 pm (Online/Telephone)	2	3
4	Feducing Health Disparities (RHD): (No meeting this month)	6	7 Mental Health Commission (MHC): 4:30 — 6:30 pm (Online/Telephone)	8 Children's, Teens & Young Adults: (No meeting) Social Inclusion: 1:30—3:30 pm (Online/Telephone)	9	10
tt .	12	Training Advisory Workgroup (TAW): (No meeting this month. Meeting dates TBD)	System of Care: (No meeting this month)	15 CPAW Steering (11:00—12:00 pm) (Online/Telephone) MHC Quality of Care 3:30 — 5:00 pm (Online/Telephone)	16	17
18	19	20 Behavioral Health Care Partnership: (Meeting TBD)	21	22	23 Suicide Prevention Committee (SP) 9:00 — 10:30 am (Online/Telephone) SP Youth Sub-committee Time TBD	24
25	26 Innovation: 2:30 — 4:00 pm (Online/Telephone	27 Adult: (No meeting this month)	28 Aging /Older Adult COVID-19 Workgroup 2:00—3:30 pm (Online/Telephone) AOD Advisory Board: 4:00 — 6:15 pm (Online/Telephone)	29	30	

# **Contra Costa Behavioral Health**

# **July 2021**

### Committee Email Contacts\*\*

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Alcohol & Other Drugs (AOD)

Advisory Board <u>fatima.matalsol@cchealth.org</u>

**Behavioral Health Care** 

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Young Adults <u>candace.collier@cchealth.org</u>

**Consolidated Planning** 

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**Training Advisory** 

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<sup>\*\*</sup> Can also call the Mental Health Services (MHSA) Office at (925) 313-9525 for committee meeting status updates.