

## **Stakeholder Sharing**

**(CPAW Meeting – June 3, 2021)\*\***

Highlights of news to share and areas discussed at recent Contra Costa Behavioral Health Services (CCBHS) supported stakeholder meetings:

### **Adult Committee**

- Meetings canceled until further notice.

### **Aging and Older Adult Committee (AOA)** (April 28<sup>th</sup>)

- The Older Adult COVID-19 Workgroup met on 4/28/21. We were joined by Annie Barrett, In-Home Support Services Division Manager, Aging and Adult Services and Elizabeth Dondi, Executive Director, Contra Costa IHSS Public Authority, to discuss IHSS services in Contra Costa County. We discussed Public Authority's role in enrolling, screening and orienting IHSS workers. Discussed the challenges getting IHSS providers in West County and Far East County, and ways to recruit IHSS workers, who receive \$15/hour and benefits. Discussed the challenges that IHSS has encountered due to COVID-19. We also discussed the challenges that clients with severe and persistent mental illness have in obtaining and maintaining consistent support from IHSS. This was a rich and engaging conversation with several questions raised and answered. We hope to continue this conversation with Annie and Elizabeth at a future meeting.
- Our next Zoom meeting is on 5/26/21 from 2pm to 3:30pm. We will be joined by Steve Blum, Clinical Supervisor, Health, Housing and Homeless Division, to discuss Homeless Services during COVID-19, including Project Roomkey and plans for moving forward.
- The Workgroup will also meet on 6/23/21 from 2pm to 3:30pm via Zoom.

### **Alcohol and Other Drugs (AOD) Advisory Board** (April 28<sup>th</sup>)

- Presentation by Michelle Richardson, Program Manager, on “Understanding the American Society Addiction Medicine Criteria (ASAM). Provided an overview of the ASAM Criteria and its application to determine severity of Substance Use Disorders (SUD) for the purposes of screening and assessing clients as they are placed in different levels of care.
- Fatima Matal Sol, Alcohol and Other Drugs Program Chief, provided the Staff Report and responded to questions.
- Update the Board's Action plan.
- Update and discussions from the Community Awareness Committee re nominations for the annual People Who Make a Difference Awards.
- Programs and Services – Discussed transportation barriers to treatment. Housing after treatment is another major challenge.
- Each committee will review the Action Plan and AOD Care Process Flowchart in preparation for discussion of annual goals and objectives
- The next meeting of the AOD Board will be Wednesday, May 23<sup>rd</sup> from 4:00 pm to 6:15 pm via Zoom.

### Behavioral Health Care Partnership (BHCP) (May 18<sup>th</sup>)

- Behavioral Health Care Partnership met on May 18<sup>th</sup>, 2021 from 1:30PM-3:00PM via Zoom online/telephone conference.
- We opened with some soft music and a moment of silence for Jay Mahler
- Gratitude was expressed by our partners for the work that has been done and all that has been accomplished by the BHCP
- Partners express their appreciation for the progress and success of Psychiatric Emergency Services (PES)
- Partners were given an opportunity to give recognition to Jay Mahler for his contribution to the Peer Recovery Movement and to the behavioral health system as a whole
- Executive staff spoke about the success in reopening 4D
- We receive an update regarding the grant award for the children's crisis stabilization unit which will be located on the behavioral health side of Miller Wellness Center
- We were given an estimated timeline for the children's crisis stabilization unit which is 15 months and told that the function of the wellness side of the Miller Wellness Center would stay the same but that the location of services during construction is unknown as for now
- We were notified that Contra Costa County has put in a few proposals regarding crisis services and will continue to do so whenever and wherever the opportunity arises
- We were given an update that there have been more in-person services lately, more so with public health, but also with behavioral health and it's looking like in person services may increase soon
- We discussed the possibility and hopes for an alternative destination to PES such as a sobering center
- We closed out in our regular fashion saying one word to describe the meeting
- The Behavioral Health Partnership will not meet in June 2021 but will reconvene in July 2021. The next Behavioral Health Care Partnership meeting is scheduled for July 20<sup>th</sup>, 2021 from 1:30PM – 3:00PM via Zoom online/telephone conference.

### Children, Teens and Young Adults Committee

- Meetings canceled until further notice.

### Health, Housing and Homeless Services (H3) (May 6<sup>th</sup>)

- 100 mainstream vouchers from Housing Authority of Contra Costa being distributed to people in Project Roomkey hotel programs.
- Board of Supervisors approved the Regional Action Plan on April 27<sup>th</sup>, and we have a new aim to reduce unsheltered homelessness by 30% in the next year.
- ERAP Rental Assistance still available for income-qualified renters impacted by COVID-19 who need help to pay for rent or utilities. In Contra Costa, the following providers will be able to support landlords and tenants access these funds:
  - **Community Housing Development Corporation of North Richmond:** (510) 215-2515
  - **Northern California Land Trust:** (510) 548-7878
  - **Richmond Neighborhood Housing Services, Inc. dba Neighborhood Housing Services of the East Bay:** (510) 334-7750
  - **SHELTER, Inc.:** (925) 349-0571

- June 3 is the Council on Homelessness (COH) meeting from 1pm – 3 pm. The link is: <https://contracosta.webex.com/contracosta/j.php?MTID=m77579552d11a6c321e8f149032825667>

#### **Innovation Committee** (May 24th)

- The Center for Recovery and Empowerment (CORE) project is currently not staffed with any positions and clients who remain enrolled in the project are being seen at the West County Children's Clinic. A workgroup has been initiated to begin the restructuring and hiring of staff for the project.
- The Cognitive Behavioral Social Skills Training (CBSST) in Augmented Board & Cares is providing individual services as needed.
- Two out of the four innovation projects are sunsetting this year. Plans moving forward are still being discussed.
- The Innovation Committee will meet once every other month. The next meeting is scheduled for Monday, July 26th from 2:30pm to 4:00pm and will be available via Zoom. The Zoom link will be sent out a week before the meeting.

#### **Mental Health Commission (MHC)** (May 5<sup>th</sup>)

- "Get to know your Commissioner"
  - Commissioner Graham Wiseman, District II
  - Commissioner Leslie May, District V
- Received Behavioral Health Services Director's Report, Dr. Suzanne Tavano
- Received Presentation of External Quality Review Organization (EQRO) Report, Priscilla Aguirre, MPP, Quality Management Program Coordinator, Quality Improvement & Assurance Unit, Contra Costa County
- Received Presentation on Site Visit Program, Commissioner Laura Griffin, Commissioner Leslie May, and Commissioner Barbara Serwin - Quality of Care Committee
- Discussed and voted on proposed By-law change in Section 4. Vacancies and Recruitment objection letter to Supervisor Andersen, Commissioner Leslie May
- Discussed and voted on proposed new By-law on excused absence from MHC meeting due to unforeseen, extraordinary circumstances, Commissioner Leslie May, Contra Costa County Mental Health Commission
- The next Mental Health Commission meeting will be Wednesday, June 2<sup>nd</sup> from 4:30 pm to 6:30 pm via Zoom.

#### **Quality of Care Committee (MHC QC)** (May 20th)

- Working on Insurance Parity and researching insurance industry contacts to discuss policy changes for compliance of the insurance parity law
- Updates on Site Visit Plan HUME Test report and work on packet / template for future site visits and report submission.
- Working on site visit timeline and formal visits starting in August 2021
- Factors selecting BHS/MHSA adult sites to visit (propose candidate's sites to visit in the next year)
- Discussed the 2019-2020 EQRO recommendations and assessment of BHS strengths and opportunities in preparation for reviewing 2020-2021 EQRO report
- The next Quality of Care Committee meeting will be Thursday, June 17<sup>th</sup> from 3:30 pm to 5:30 pm via Zoom.

### Reducing Health Disparities (RHD)

- No meeting held in May.
- The next meeting is scheduled for Monday, June 7<sup>th</sup> from 3pm to 4:30pm via Zoom

### Social Inclusion (May 13<sup>th</sup>)

- The committee celebrated Mental Health Awareness Month during a 2 ½ hour celebration in partnership with NAMI Contra Costa, Native American Health Center, RI International, and Putnam Clubhouse:
  - We paid tribute to the late Jay Mahler, honoring the peer movement pioneer with samples of advocacy t-shirts and his recovery story video, plus expressions of appreciation from people whose lives he has touched.
  - Shelly Ji and Tiffany Wang from NAMI Contra Costa presented on acknowledging May as Asian American and Pacific Islander (AAPI) Heritage Month and learning how to collaborate towards improving mental health within the AAPI community and overcoming AAPI hate.
  - Catherine Nieva-Duran from the Native American Health Center shared about programs and resources at the Native Wellness Center in Richmond.
  - Jenna Dynes from RI International shared about programs and resources at the Antioch, Concord, and San Pablo Wellness Cities.
  - Putnam Clubhouse previewed their Sweep Away Stigma mental health awareness virtual event scheduled for Friday 5/14 from 1:00 to 3:00 PM.
- The next Social Inclusion meeting is scheduled for Thursday, June 10<sup>th</sup> from 1:30 to 3:30 PM on Zoom. More information, including the Zoom link, will be available soon. To join the Social Inclusion mailing list, contact [Roberto.Roman@cchealth.org](mailto:Roberto.Roman@cchealth.org) or call (925) 957-5105.

### Suicide Prevention Committee (May 28<sup>th</sup>)

- The Suicide Prevention Committee met on May 28<sup>th</sup>. Due to the late in the month regularly scheduled meeting, a summary of this Committee meeting could not be provided before publication of this Stakeholder Sharing Information Sheet.
- An update on the May 28<sup>th</sup> Committee meeting will be provided at the CPAW meeting.
- The next meeting of the Suicide Prevention Committee will be Friday, June 25<sup>th</sup> from 9:00 am to 10:30 am via Zoom.

### System of Care Committee (SOC) (May 12<sup>th</sup>)

- The System of Care Committee held a virtual/telephone meeting on May 12<sup>th</sup>.
- First 5 Contra Costa provided information on the Child Tax Credit and other tax credits to help share information on eligibility.
- The MHSA team provided an update on the Early Childhood Mental Health Request for Proposals (RFP), the Suicide Prevention RFP, and the Community Based Organization (CBO) Internship RFP.
- An update was provided on the Loan Repayment Program.

### Training Advisory Workgroup (TAW)

- No meeting held in May.
- Meeting dates TBD. No meeting scheduled for June.



## Jay Mahler: A Legacy in T-Shirts

Vehicles for Social Change  
Reflecting a Life Dedicated  
to Social Change

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# A Life, A Story, & A Legacy

Jay Mahler is a pioneer of the peer recovery movement that has transformed mental health services in Contra Costa County, California, the U.S., and beyond!

His life is an example of resilience and dedication that has touched many other lives.

# T-Shirts as Advocacy Tools



Jay is famous for wearing t-shirts conveying messages of advocacy reflecting the movement of which he has been a part for so long. They convey the passion he has always had for social change.

Let's explore some examples of t-shirt advocacy that are in the same spirit of social change that Jay has exemplified.

The first 3 t-shirts are from the mental health clothing brand Schizophrenic.NYC founded by a person who identifies as living with a diagnosis of schizophrenia.



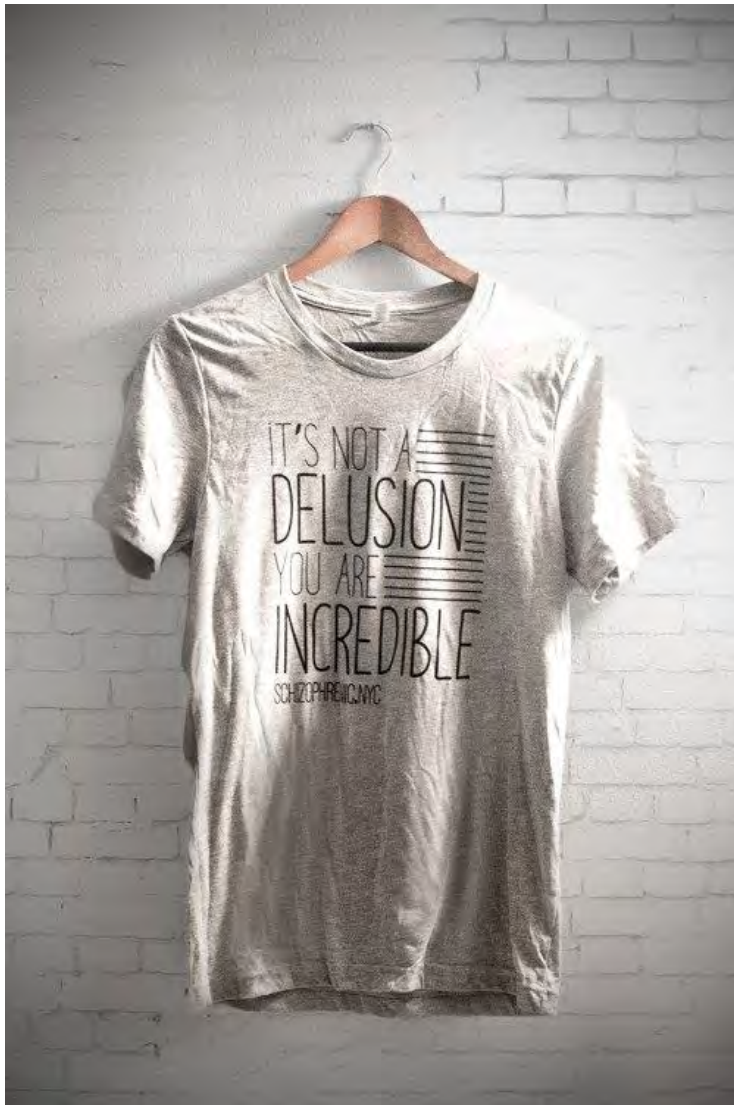


How does this shirt relate to you or your community's perspectives or attitudes?

What would you like to tell people about schizophrenia or other mental health challenges? How does this shirt create conversation?

From the clothing brand  
Schizophrenic.NYC





From the clothing brand  
Schizophrenic.NYC

What does the casual observer need to know about delusions?

What are the community's stereotypes about schizophrenia and other mental health challenges?



From the clothing brand  
Schizophrenic.NYC

What can we do to raise awareness and promote empowerment?

What does the observer need to know about stigma or discrimination towards people living with mental health challenges?

Who defines normal and abnormal?

How can broad definitions of health become more relatable on a personal level?



From the National Association of Peer Supporters (NAPS)

Why is “person-first” care more important than “case-first”?

How did the “case-first” mentality originate?

What can a person do to dispel that myth?

# Jay's Recovery Story

(Video Produced in 2012)

- You can view Jay's recovery story video on YouTube using the following link:  
<https://youtu.be/sw2ZTwhJYsI>

# T-Shirts for the Next Generation



- The Committee for Social Inclusion launched its public advocacy campaign, "Hope Starts with Us," in 2018, including distribution of advocacy t-shirts to committee participants.
- We are happy to debut the second edition of Social Inclusion t-shirts for Mental Health Awareness Month 2021!

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De





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# 免費稅務幫助

友善，可信賴，安全

線上與面對面

立即訪問([uwba.org/tax-help](http://uwba.org/tax-help))以獲取最大退款！

您可能有資格從加州和聯邦低收入家庭福利優惠中獲得超過\$6,000美元的退款！



The following resources pertain to Item #5 on the CPAW agenda, and information provided by United Way Bay Area.

- What is the Earned Income Tax Credit (EITC)?
- Are you eligible?
- How do you get it?

Check out our collection of fact sheets to help you get the answers to these questions and more!

### Golden State Stimulus Flyer

- [English](#) | [Spanish](#) | [Vietnamese](#) | [Korean](#) | [Russian](#) | [Tagalog](#) | [Farsi](#) | [Hmong](#) | [Arabic](#) | [Cambodian \(Khmer\)](#) | [Armenian](#) | [Traditional Chinese](#) | [Simplified Chinese](#)

### Golden State Stimulus Eligibility Flowchart

- [English](#) | [Spanish](#) | [Vietnamese](#) | [Korean](#) | [Russian](#) | [Tagalog](#) | [Farsi](#) | [Hmong](#) | [Arabic](#) | [Cambodian \(Khmer\)](#) | [Armenian](#) | [Traditional Chinese](#) | [Simplified Chinese](#)

### CalEITC Eligibility Flowchart

- [English](#) | [Spanish](#) | [Vietnamese](#) | [Korean](#) | [Russian](#) | [Tagalog](#) | [Farsi](#) | [Hmong](#) | [Arabic](#) | [Cambodian \(Khmer\)](#) | [Armenian](#) | [Traditional Chinese](#) | [Simplified Chinese](#)

### Young Child Tax Credit

- [English](#) | [Spanish](#) | [Vietnamese](#) | [Korean](#) | [Russian](#) | [Tagalog](#) | [Farsi](#) | [Hmong](#) | [Arabic](#) | [Cambodian \(Khmer\)](#) | [Armenian](#) | [Traditional Chinese](#) | [Simplified Chinese](#)

### Young Adults / College Students

- [English](#) | [Spanish](#) | [Vietnamese](#) | [Korean](#) | [Russian](#) | [Tagalog](#) | [Farsi](#) | [Hmong](#) | [Arabic](#) | [Cambodian \(Khmer\)](#) | [Armenian](#) | [Traditional Chinese](#) | [Simplified Chinese](#)

### Tax Preparation Documents Checklist

- [English](#) | [Spanish](#) | [Vietnamese](#) | [Korean](#) | [Russian](#) | [Tagalog](#) | [Farsi](#) | [Hmong](#) | [Arabic](#) | [Cambodian \(Khmer\)](#) | [Armenian](#) | [Traditional Chinese](#) | [Simplified Chinese](#)

## File Taxes Online for Free

- [English](#) | [Spanish](#) | [Vietnamese](#) | [Korean](#) | [Russian](#) | [Tagalog](#) | [Farsi](#) | [Hmong](#) | [Arabic](#) | [Cambodian \(Khmer\)](#) | [Armenian](#) | [Traditional Chinese](#) | [Simplified Chinese](#)

## Healthy Families

- [English](#) | [Spanish](#) | [Vietnamese](#) | [Korean](#) | [Russian](#) | [Tagalog](#) | [Farsi](#) | [Hmong](#) | [Arabic](#) | [Cambodian \(Khmer\)](#) | [Armenian](#) | [Traditional Chinese](#) | [Simplified Chinese](#)

## Older Californians

- [English](#) | [Spanish](#) | [Vietnamese](#) | [Korean](#) | [Russian](#) | [Tagalog](#) | [Farsi](#) | [Hmong](#) | [Arabic](#) | [Cambodian \(Khmer\)](#) | [Armenian](#) | [Traditional Chinese](#) | [Simplified Chinese](#)

## Self-Employed

- [English](#) | [Spanish](#) | [Vietnamese](#) | [Korean](#) | [Russian](#) | [Tagalog](#) | [Farsi](#) | [Hmong](#) | [Arabic](#) | [Cambodian \(Khmer\)](#) | [Armenian](#) | [Traditional Chinese](#) | [Simplified Chinese](#)

## Public Benefits Wheel

- [English](#) | [Spanish](#) | [Vietnamese](#) | [Korean](#) | [Russian](#) | [Tagalog](#) | [Farsi](#) | [Hmong](#) | [Arabic](#) | [Cambodian \(Khmer\)](#) | [Armenian](#) | [Traditional Chinese](#) | [Simplified Chinese](#)



# Contra Costa Behavioral Health Stakeholder Calendar June 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 <b>Mental Health Commission (MHC):</b> 4:30 — 6:30 pm (Online/Telephone)	3 <b>CPAW:</b> 3:00—5:00 pm (Online/Telephone) <b>Counxil on Homelessness:</b> 1:00—3:00 pm (Online/Telephone)	4	5
6	7 <b>Reducing Health Disparities (RHD):</b> 3:00 -4:30 pm (Online/Telephone)	8 <b>Training Advisory Workgroup (TAW):</b> (No meeting this month. Meeting dates TBD)	9 <b>System of Care:</b> (No Meeting this month)	10 <b>Children's, Teens &amp; Young Adults:</b> (No meeting this month) <b>Social Inclusion:</b> 1:30—3:30 pm (Online/Telephone)	11	12
13	14	15 <b>Behavioral Health Care Partnership:</b> (No meeting this month)	16	17 <b>CPAW Steering</b> (11:00—12:00 pm) (Online/Telephone) <b>MHC Quality of Care:</b> 3:30 — 5:00 pm (Online/Telephone)	18	19
20	21	22 <b>Adult:</b> (No meeting this month)	23 <b>Aging /Older Adult COVID-19 Workgroup</b> 2:00—3:30 pm (Online/Telephone) <b>AOD Advisory Board:</b> 4:00 — 6:15 pm (Online/Telephone)	24	25 <b>Suicide Prevention Committee (SP)</b> 9:00 — 10:30 am (Online/Telephone) <b>SP Youth Sub-committee</b> Time TBD (Online/Telephone)	26
27	28 <b>Innovation:</b> (No meeting)	29	30			

# Contra Costa Behavioral Health

**June 2021**

## Committee Email Contacts\*\*

Adults	<a href="mailto:robert.thigpen@cchealth.org">robert.thigpen@cchealth.org</a>
Aging and Older Adults	<a href="mailto:ellen.shirgul@cchealth.org">ellen.shirgul@cchealth.org</a>
Alcohol & Other Drugs (AOD) Advisory Board	<a href="mailto:fatima.mataisol@cchealth.org">fatima.mataisol@cchealth.org</a>
Behavioral Health Care Partnership (BHCP)	<a href="mailto:jennifer.tuipulotu@cchealth.org">jennifer.tuipulotu@cchealth.org</a>
Children, Teens & Young Adults	<a href="mailto:candace.collier@cchealth.org">candace.collier@cchealth.org</a>
Consolidated Planning Advisory Workgroup (CPAW)	<a href="mailto:audrey.montana@cchealth.org">audrey.montana@cchealth.org</a>
Health, Housing & Homeless Services (H3)	<a href="mailto:jaime.jenett@cchealth.org">jaime.jenett@cchealth.org</a>
Innovation	<a href="mailto:jennifer.bruggeman@cchealth.org">jennifer.bruggeman@cchealth.org</a>
Membership (CPAW)	<a href="mailto:audrey.montana@cchealth.org">audrey.montana@cchealth.org</a>
Mental Health Commission (MHC)	<a href="mailto:angela.beck@cchealth.org">angela.beck@cchealth.org</a>
Reducing Health Disparities (RHD)	<a href="mailto:genoveva.zesati@cchealth.org">genoveva.zesati@cchealth.org</a>
Social Inclusion	<a href="mailto:roberto.roman@cchealth.org">roberto.roman@cchealth.org</a>
Steering (CPAW)	<a href="mailto:audrey.montana@cchealth.org">audrey.montana@cchealth.org</a>
Suicide Prevention	<a href="mailto:jessica.hunt@cchealth.org">jessica.hunt@cchealth.org</a>
System of Care	<a href="mailto:genoveva.zesati@cchealth.org">genoveva.zesati@cchealth.org</a>
Training Advisory Workgroup (TAW)	<a href="mailto:genoveva.zesati@cchealth.org">genoveva.zesati@cchealth.org</a>

\*\* Can also call the Mental Health Services (MHSA) Office at **(925) 313-9525** for committee meeting status updates.