

Stakeholder Sharing

(CPAW Meeting – April 1, 2021)

Highlights of news to share and areas discussed at recent Contra Costa Behavioral Health Services (CCBHS) supported stakeholder meetings:

Adult Committee

- Meetings canceled until further notice.

Aging and Older Adult Committee (February 24th, March 10th)

February 24th

- We received an informative presentation from Gilbert Salinas, Health Equity Officer, and Dr. Mekuria, Deputy Health Officer, on the COVID-19 Vaccine Rollout in Contra Costa County, which included time for several questions and answers. At the time of the presentation, 81% of Contra Costa residents, who are 75+ had received at least one dose of the vaccine, and 54% of Contra Costa residents, who are ages 65-74 had received at least one dose of the vaccine.
- We discussed the mobile vaccine clinics that have provided vaccinations at 70 affordable senior housing units and discussed efforts to increase outreach to East and West County.
- We discussed the COVID-19 Vaccine Call Center - 1-833-VAX-COCO, which is able to utilize the Language Line and assist with setting up transportation for vaccine appointments. Discussed transportation barriers for older adults, and resources, including Mobility Matters, which provides door to door service.
- We discussed efforts to develop a strategy to reach out to frail isolated older adults who are not able to leave their homes to provide the vaccine. Discussed issues related to equity among communities of color and vaccine distribution.
- We discussed the Adult Ambassador Program, and how these Ambassadors could assist with outreach to older adults.

March 10th

- On 3/10/21 we received a presentation from the MHSA Team, and were given an opportunity to provide feedback in small breakout groups on community priorities for mental health resources.
- We discussed possible future outreach projects, including a collaboration with the Family Justice Center on Public Service Announcements. We received an update on plans for an outreach event in East County, which will provide resources and possibly a mobile vaccine clinic. Also discussed possible future presentation topics.
- Our next meetings are scheduled for 3/24/21 and 4/28/21 from 2pm to 3:30pm.

Alcohol and Other Drugs (AOD) Advisory Board (January 30th, February 24th)

- The Alcohol and Other Drugs (AOD) Advisory Board met on March 24th. Since the meeting is held late in the month, the summary of the meeting could not be provided in time for inclusion in this Stakeholder Sharing. Provided below is the summary of the January and February meetings. The summary of the March meeting will be provided in April.

January 30th

- **Board Officer Position Elections** – Elected and approved were Jonathan Ciampi as Chair and Victor Ortiz as Vice Chair of the AOD Advisory Board.
- **Old Business** – The Alcohol Beverage Control's (ABC) temporary regulation that permits third party alcohol deliveries (due to COVID-19 Pandemic) has resulted in alcohol being delivered to

minors. The Board reviewed a letter that highlights this issue and advocates for community groups to go to ABC and Board of Supervisors.

- **New Business** - Discussion of a letter written by Support4Recovery with regard to the challenges experienced by clients at the Person Under Investigation (PUI) hotel. The PUI hotel is where people who are entering treatment and are suspected of contracting COVID-19 are being held. The Board agreed to draft a letter of support at the Executive Committee meeting.
- **Alcohol and Other Drugs Services (AODS) Operations (Part 1 and 2)**
 - This is a planning meeting to identify issues/opportunities that the Board can solve with the goal of developing the annual plan for 2021. The Board strives to have adequate methods for input that lead to viable recommendations for a meaningful impact in the community even during the challenges of the pandemic.
 - Fatima Matal Sol gave an overview of client centered goals and operations for AODS
 - La Familia will provide adolescent treatment and outreach in Central and West County'
 - There has been an increase in outpatient and intensive outpatient treatment services
 - AODS continues to monitor and audit provides to assess quality of services
 - Discussed the Client COVID-19 Online Survey that evaluates the client's experience with receiving services
 - Goals for the Board to consider – prevention, stigma reduction, continue to inform and educate AODS on what is happening in the community, continued support of adolescent treatment, continue to advocate for integrated care and mental health treatment and support of treatment in the jails.
- **Committee Workgroup Sessions** - Each committee reviewed, discussed, and modified the 2021 Action Plan.
- **Debriefed Committee Action Plan with Full Board** - Various committees detailed committee goal and committee plans.

February 24th

- **Staff Report**
 - Currently there is a limited supply of vaccines and the County is awaiting shipment.
 - At AODS Administration, more staff are beginning to return to the office on a rotational schedule
 - Concord Mental Health Clinic is running groups and the Transition Team will be working in the field as well remotely
 - The Motel 6 in Pittsburg was purchased by the County and will continue to providing services there and when ready, at the Concord Shelter
 - Most County health workers have received the second dose of the vaccine.
 - There has been a decline in community outbreaks
 - All Medi-Cal beneficiaries will have access to roundtrip rides to and from health-related appointments
 - Encouraged inviting La Familia Counseling Center (will provide services in Concord and Richmond) to present at the next Board meeting
- **Committee Highlights** - Executive Committee discussed topics for subcommittees.
- **Liaison Reports** – Received updates from the MEDS Coalition and Sober Living.
- **Old Business** – Agreed to write the letter of support in regard to those in PUI hotels.
- **New Business** – Discussed the Action Plan and AOD Care Process Flow

- **The next AOD Advisory Board meeting will be April 28th from 4:00 to 6:00 pm.** The Agendas for the AOD Advisory Board meetings are located at <https://cchealth.org/aod/board/meetings.php>

Behavioral Health Care Partnership (BHCP) (March 16th)

- Behavioral Health Care Partnership met on March 16th, 2021 from 1:30PM-3:00PM via Zoom online/telephone conference.
- We received an update on Psychiatric Emergency Services and the current process on 4C & 4D pertaining to COVID-19 and the vaccination process. The vaccine is now available to those that wish to receive it that meet the eligibility requirements, on 4C & 4D and had been administered with more scheduled.
- It was stated by leadership that there is a plan to set up a way to have the vaccine administered within our Behavioral Health clinics, since there are many clients who utilize Behavioral Health services who will not go to a public health clinic and otherwise would not receive the vaccine.
- There was discussion around the “Understanding the Vaccine Through Cartoons” Booklet which was illustrated by Dr. Emily Watters and put into the form of a booklet with the help of the Office for Consumer Empowerment and our Print & Mail Services. The booklet is offered in English and Spanish.
- We were given an update that we have no word yet on the grant pertaining to a standalone unit for children and that as a plan B we would need to find a way to build it into the budget or look into the possibility of obtaining funds from Measure X.
- Lastly, we received an update on the Rapid Improvement efforts regarding crisis response and learned about the Miles Hall Lifeline Act aka SB 988 legislation.
- The next Behavioral Health Care Partnership meeting is scheduled for April 20th, 2021 from 1:30PM – 3:00PM via Zoom online/telephone conference.

Children, Teens and Young Adults Committee

- Update will be provided at the CPAW meeting.

Health, Housing and Homeless Services (H3) (March 4th)

- COVID-19 Vaccination for Consumers beginning, with J&J vaccine
- Bay Area Community Services (BACS) was awarded full allocation of \$3 million for Rapid Rehousing (RRH) for residents of Project Roomkey hotels
- \$71 million of Emergency Rental Assistance Program (ERAP) funding to be distributed through the state who will partner with Local Initiatives Support Corporation (LISC) who will work with local providers to distribute the money to Contra Costa residents
- Contra Costa Housing Authority opened up a Project Based Voucher list for Terraces, a senior development in Richmond in November. Opened list March 22nd and noted that they have 3-4 bedrooms to fill and that the definition of “family” can be fairly flexible for this voucher.
- The next Council on Homelessness meeting is April 1st from 1:00 – 3:00 pm.
- The next H3 Learning Hub meeting will be Monday, May 10th

Innovation Committee (March 22nd)

- The Center for Recovery and Empowerment (CORE) project's Program Supervisor has left her position with the County and the program. Remaining project staff will be placed at the West Contra Costa County Children’s Clinic. Remaining staff will continue to see clients assigned to the project

- The Cognitive Behavioral Social Skills Training (CBSST) in Augmented Board & Cares is providing individual services as needed.
- Discussed projects sunsetting in September and the process to start new innovations projects.
- The next meeting is scheduled for Monday, May 24th from 2:30pm to 4:00pm and will be via Zoom. Zoom link will be sent out a week before the meeting.

[Mental Health Commission \(MHC\)](#) (March 3rd)

- Received a presentation by Gerold Loenicker, Chief of Behavioral Health Services Children's Division, regarding a grant application for funds for a potential new Children's/Youth Crisis Stabilization Unit (CSU) and other Division.
- Received a presentation on the mental health work of the Jewish Family and Community Services with Afghan refugees and immigrants in Contra Costa County; Lisa Mulligan, Refugee Mental Health Coordinator, Jewish Family and Community Services - East Bay and Fouzia Azizi, Department Director, Jewish Family and Community Services - East Bay.
- Voting on Bylaw changes were postponed to the April Executive Committee meeting to be on the agenda for the MHC May 2021 meeting.
- Voted and passed 2021 Commission-wide goals:
 - Contribute to crisis intervention efforts.
 - Create a plan for smoking cessation.
 - Create a plan for value stream mapping event to increase the number of beds (recommendations from Housing that Heals).
 - Create a plan for value stream mapping event for conservatorships.
 - Site visit goals (set number of site visits to perform).
- The next Mental Health Commission will be April 7th from 4:30 - 6:30 pm via Zoom.

[Quality of Care Committee \(QC\)](#) (March 18th)

- Reviewed/discussed list of Mental Health Services Act (MHSA) funded facilities and programs, Behavioral Health Services (BHS) owned and operated facilities, and contracted facilities for children and transitional age youth (TAY). Topics to include priorities for site visits, size of facilities and typical number of county clients. Jennifer Bruggeman, MHSA Program Manager, and Gerold Loenicker, BHS Children and Adolescent Program Chief
- Reviewed/discussed Site Visit report instructions and template updates.
- Discussion on HUME Site Visit test status.
- Discussion regarding sources and strategies for identifying health care insurance company representatives for discussion of mental and physical health parity.
- The next Quality of Care Committee meeting will be April 15th from 3:30 - 5:00 pm via Zoom.

[Reducing Health Disparities \(RHD\)](#)

- No meeting in March. The next Reducing Health Disparities meeting will be April 5th.

[Social Inclusion](#) (March 11th)

- The committee engaged in a conversation on how expectations around physical health and body image can foment stigma and adversely affect mental health.
- We continued planning for our May celebration of Mental Health Awareness Month, including:
 - Finalizing Social Inclusion t-shirt and face mask specifications
 - Ideas for activities and guest speakers

- Ways to use the Each Mind Matters online toolkit
- The next Social Inclusion meeting will be Thursday, April 8th from 1:30 to 3:30 PM and will be facilitated once again via Zoom. More details, including the Zoom link, will be available in the coming days. To join the Social Inclusion mailing list, email Roberto.Roman@cchealth.org or call (925) 957-5105

Suicide Prevention (February 26th)

- The Suicide Prevention Committee met on March 26th via Zoom. Since the meeting is held late in the month, the summary of the meeting could not be provided in time for inclusion in this Stakeholder Sharing. Provided below is the summary of the February 26th Committee meeting. The summary of the March Committee meeting will be provided in April.
- There was a presentation from Dave Fendel, Coordinator for Social Emotional Learning Support from the Office of Education regarding support for youth.
- The Youth Sub-Committee met for the second time directly after the larger coalition meeting. At this meeting Blanca Gutierrez, 211's Resource Manager, gave a presentation on updates 211 is making to their online resource guide to ease access to information. They are also building out the site's functionality with regarding to suicide-related resources. More to come on that as it continues to be revamped.
- Both groups will hold their next meetings on 3/26/21. The Coalition will meet from 9-10:30am and the youth sub-committee will meet from 11am-12pm
- Avani Gireesha, a student at Venture High School and Founder of Not The End, will be presenting at both meetings.
- In addition, at the larger Coalition meeting, we will be sharing information on WellSpace Health's ED Follow Up program and reviewing the Suicide Prevention RFP scheduled to go out next month, for final input. The Youth Sub-Committee will also be continuing the discussion around goals for the group, including ways to diversify the participants.
- The next Suicide Prevention Committee meeting will be Friday, April 23rd from 9-10:30 am and the Youth Sub-Committee meeting time is TBD. We will be discussing when will be the best time of day to meet moving forward so we can be more inclusive, particularly to youth who would like to join in the conversation but can't midday due to school schedules. The committees will meet via Zoom.

System of Care Committee (March 10th)

- Received a presentation from Leslie Garcia (Director of Programs) and Tom Tamura (Executive Director) on the Contra Costa Crisis Center and suicide prevention efforts.
- Reviewed the Suicide Prevention Request for Proposals (RFP). Responded to questions and received input. The RFP will be discussed again at the upcoming Suicide Prevention Committee on March 26th. Anticipate issuing the RFP in April.
- Received Public Comment and input for future Committee Agenda items.
- Meetings are currently being held every other month. Next meeting is scheduled for Wednesday, May 12th from 10:00am to 11:30am via Zoom.

Training Advisory Workgroup (TAW)

- No meeting in March. The next Training Advisory Workgroup meeting will be Tuesday, April 13th from 3:00 – 4:30 pm via Zoom.

March 25, 2021

Contra Costa Behavioral Health Stakeholder Calendar April 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 CPAW: 3:00—5:00 pm (Online/Telephone)	2	3
4	5 Reducing Health Disparities (RHD): 3:00 -4:30 pm (Online/Telephone)	6	7 Mental Health Commission (MHC): 4:30 — 6:30 pm (Online/Telephone)	8 Children's, Teens & Young Adults: (No meeting) Social Inclusion: 1:30—3:30 pm (Online/Telephone)	9	10
11	12	13 Training Advisory Workgroup (TAW): 3:00 — 4:30 pm (Online/Telephone)	14	15	16	17
18	19	20 Behavioral Health Care Partnership: 1:30—3:00 pm (Online/Telephone)	21	22 CPAW Steering (2:00—3:00 pm) (Online/Telephone) MHC Quality of Care: 3:30 — 5:00 pm (Online/Telephone)	23 Suicide Prevention Committee (SP) 9:00 — 10:30 am (Online/Telephone) SP Youth Sub-committee Time TBD (Online/Telephone)	24
25	26 Innovation: (No meeting this month)	27 Adult: (No meeting this month)	28 AOD Advisory Board: 4:00 — 6:15 pm (Online/Telephone) Aging /Older Adult COVID-19 Workgroup 2:00—3:30 pm (Online/Telephone)	29	30	

Contra Costa Behavioral Health

April 2021

Committee Email Contacts**

Adults	Robert.Thigpen@cchealth.org
Aging and Older Adults	Ellen.Shirgul@cchealth.org
Alcohol & Other Drugs (AOD) Advisory Board	Tashionna.Goodwin@cchealth.org
Behavioral Health Care Partnership (BHCP)	Jennifer.Tuipulotu@cchealth.org
Children, Teens & Young Adults	Candace.Collier@cchealth.org
Consolidated Planning Advisory Workgroup (CPAW)	Audrey.Montana@cchealth.org
Health, Housing & Homeless Services (H3)	Jaime.Jenett@cchealth.org
Innovation	Windy.Taylor@cchealth.org
Membership (CPAW)	Audrey.Montana@cchealth.org
Mental Health Commission (MHC)	Angela.Beck@cchealth.org
Reducing Health Disparities (RHD)	Genoveva.Zesati@cchealth.org
Social Inclusion	Roberto.Roman@cchealth.org
Steering (CPAW)	Audrey.Montana@cchealth.org
Suicide Prevention	Jessica.Hunt@cchealth.org
System of Care	Genoveva.Zesati@cchealth.org
Training Advisory Workgroup (TAW)	Adam.Down@cchealth.org

** Can also call the Mental Health Services (MHSA) Office at (925) 313-9525 for committee meeting status updates.

OLDER ADULT COVID-19 WORKGROUP

A Partnership
Between Health
Services, EHSD,
Community
Partners, and
Leaders in the
Older Adult
Community

Project Leads: Ellie
Shirgul, Psy.D.,
Lizette Suarez,
Program Director,
Well Connected
Espanol & Heather
Sweeten-Healy,
LCSW

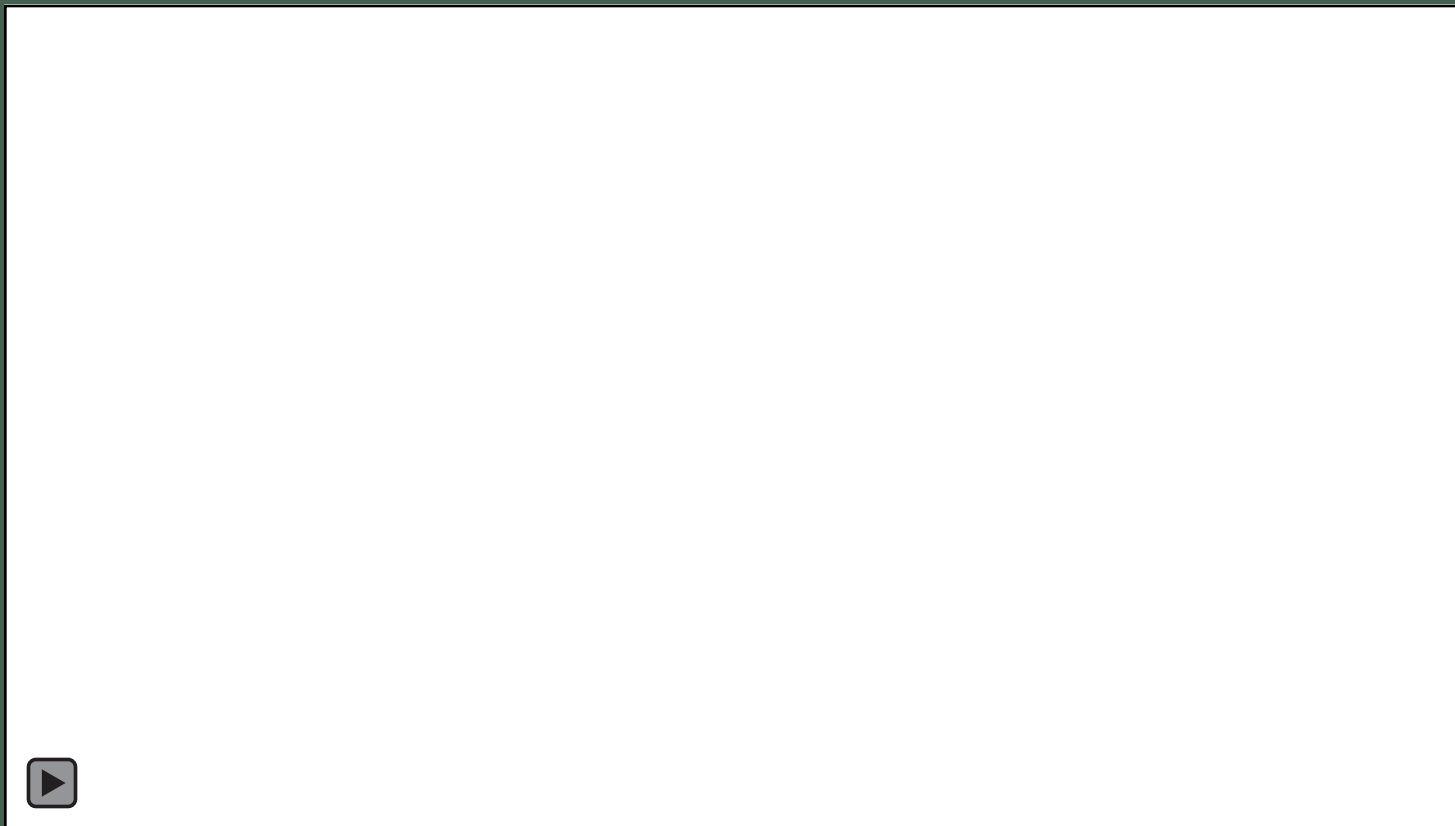
Comcast Commercial

- We created a commercial that is available in English and Spanish that focused on highlighting 211 as a resource to call for food, housing, and social support. These commercials also provide information related to reporting elder abuse.
- We have two versions of the ad. One version is designed to reach out to older adults, and the second version is designed to reach out to caregivers, neighbors, family members and friends.
- Let's take a look!

Ad Reaching out to Seniors



Ad Reaching out to Caregivers



Masks – Available in English, Spanish, Tagalog and Nepali!



Masks Continued



Infographics & Postcards!

- We created an infographic designed to provide information related to staying safe during the COVID-19 pandemic and resources related to reducing social isolation. These infographics are available in English and Spanish. We have sent out the electronic version to our community partners. We will be mailing out the flyer to vulnerable seniors and will be providing printed copies to our community partners.
- We used this infographic as a springboard to design a postcard. We printed 400 postcards to deliver to isolated seniors! 200 postcards had pre-paid postage and were designed for the older adult to use the postcard to send to a friend or family member.
- Youth and Young Adult Ambassadors wrote messages in some of the postcards and these were sent out to older adults at high risk for the negative effects of COVID-19.

Handmade Holiday Cards/Letters/Pictures!



105 cards, letters, drawings and paintings were delivered to older adults in Residential Care Facilities from local 3rd graders and their families!

Focus on the COVID-19 Vaccine

- Our next projects will focus on providing information and resources related to the COVID-19 Vaccine, and reduce fear related to the vaccine in the older adult community.
- We advocated for the COVID-19 Call Center – 1-833-VAX-COCO
- We received a presentation from Gilbert Salinas, Health Equity Officer, and Dr. Mekuria, Deputy Health Officer on 2/24/21 with the latest updates on the COVID-19 Vaccine and vaccine distribution.
- We are advocating for transportation resources for older adults, and working to gather information on available transportation resources.
- We are making connections between groups that can support each other to get the word out about the vaccine and provide resources!

COVID-19 HOSPITALIZATION AND DEATH BY AGE

FACTORS THAT INCREASE COMMUNITY SPREAD AND INDIVIDUAL RISK



CROWDED SITUATIONS



CLOSE / PHYSICAL CONTACT



ENCLOSED SPACE



DURATION OF EXPOSURE

Rate ratios compared to 18-29 year olds	0-4 years	5-17 years	18-29 years	30-39 years	40-49 years	50-64 years	65-74 years	75-84 years	85+ years
HOSPITALIZATION¹	4x lower	9x lower	Comparison Group	2x higher	3x higher	4x higher	5x higher	8x higher	13x higher
DEATH²	9x lower	16x lower	Comparison Group	4x higher	10x higher	30x higher	90x higher	220x higher	630x higher

ACTIONS TO REDUCE RISK OF COVID-19



WEARING A MASK



SOCIAL DISTANCING (6 FT GOAL)



HAND HYGIENE



CLEANING AND DISINFECTION



¹ Data source: COVID-NET (<https://www.cdc.gov/coronavirus/2019-ncov/covid-data/covidview/index.html>, accessed 08/06/20). Numbers are unadjusted rate ratios.

² Data source: NCHS Provisional Death Counts (<https://www.cdc.gov/nchs/nvss/vsrr/COVID19/index.htm>, accessed 08/06/20). Numbers are unadjusted rate ratios.

cdc.gov/coronavirus

CS319360-A 08/10/2020

California Case and Death Rates by Age Group

	35-49	50-59	60-69	70-79	80+
Cases	-1.7x	-1.3x	-1.9x	-2.5x	-1.9x
Deaths	5.1x	17.1x	49.8x	124.3x	304.5x

Unadjusted Rate Comparisons relative to 18-34 y.o. population

Good News for Contra Costa! 😊

- As of 3/2/21 (per Dr. Farnitano, Health Officer) –
 - 86% of Contra Costa County adults 75+ have received at least one dose of the COVID-19 Vaccine
 - 60% of Contra Costa County adults 65-74 have received at least one dose of the COVID-19 Vaccine
 - 24.5% of the Contra Costa County population has received at least one dose of the COVID-19 Vaccine
 - In the past there have been up to 60 active outbreaks in congregate care facilities. This number is now down to 10 active outbreaks.
 - Many older adults have been vaccinated through mobile vaccine clinics!

Valentine's Day Outreach

- We developed postcards to distribute for Valentine's Day that sent an uplifting message (sending "air hugs!") and provided the Contra Costa COVID-19 Vaccine Call Center and Website.
- These postcards were printed in English and Spanish.
- Postcards were distributed to Meals on Wheels, a local senior center, Lifelong Medical, and Behavioral Health.



UPCOMING OUTREACH EVENT IN EAST COUNTY!

Lizette will provide the details! ☺

Join Us! 😊

- Our next meeting dates are 3/10/21 and 3/24/21 from 2pm to 3:30pm.
- We would love to have you join us!
- Please reach out to Brianne Green bgreen@cchealth.org to receive the Zoom invitation.
- You can also reach out to Ellie at Ellen.Shirgul@cchealth.org or Heather at Heather.Sweeten-Healy@cchealth.org
- Lizette can be reached at (877) 400-5867 Ext: 13017 and lsuarez@covia.org

African-American COVID-19 Workgroup

- There are several other COVID-19 Workgroups that would love to have your feedback!
- For more information on the African-American COVID-19 Workgroup, please reach out to -

Shannan Moulton
Health Services Administrator
Contra Costa Health Services
Cell: (925) 381-8391
shannan.moulton@cchealth.org

Tiombe Mashama
Program Coordinator
African American Health Conductors, Re-Entry Health Conductors Programs and Transitions Clinic for
Formerly Incarcerated Persons
Tmashama@cchealth.org
925-335-7652 work

Asian & Pacific Islander COVID-19 Workgroup

- If you are interested in the Asian and Pacific Islander COVID-19 Workgroup, please reach out to –

Vy (Vi) Tuong Vo
Campaign Manager, Communications Specialist – Healthy Richmond Campaigns
Healthy Richmond Initiative
Personal Cell: 510-926-8991
vvo@richmondcf.org

Shannan Moulton
Health Services Administrator
Contra Costa Health Services
Cell: (925) 381-8391
shannan.moulton@cchealth.org

Latinx COVID-19 Workgroup

- If you are interested in the Latinx COVID-19 Workgroup, please reach out to –

Miriam Rosa Orantes
Contra Costa Health Services
COVID-19 Community Engagement and Outreach
Cell: 925.332.9811
miriam.orantes@cchealth.org

Shannan Moulton
Health Services Administrator
Contra Costa Health Services
Cell: (925) 381-8391
shannan.moulton@cchealth.org

Youth and Young Adult COVID-19 Ambassador Program

- If you are interested in the Youth and Young Adult Ambassador Program, please reach out to –

Cedrita Claiborne
Cedrita.Claiborne@cchealth.org
925-313-6861