## **Consolidated Planning and Advisory Workgroup (CPAW)**

Thursday, March 4, 2021 3:00 pm – 5:00 pm

## Meeting Access via Online Zoom Video Conference and Telephone Conference:

https://homebaseccc.zoom.us/j/724180505?pwd=ayswSINGeU02MTMrRklzSkY1OFYyQT09

Call In Number: 1-669-900-6833 Meeting ID Code: 724 180 505 Password: 6472

Members Attending: Stephen Boyd, Chaplain Creekmore, Candace Collier, Douglas Dunn, Carolyn Goldstein-Hidalgo,

Roberto Roman, Jennifer Tuipulotu, Johanna Wagner, Amelia Wood

**Staff Attending:** Dr. Suzanne Tavano, Janet Costa, Jessica Hunt, Jaime Jenett, Jonathan San Juan, Ellie Shirgul, Heather Sweeten-Healy,

Robert Thigpen

**Public Participants:** Ben, Pete Caldwell, Deborah Callister, Lisa Finch, John Gallagher, Carla Liggins, Diane McCart, Margaret Netherby,

Susan Norwick-Horrocks, Lizette Suarez, Kristine Suchan

**Facilitator:** Amanda Wehrman

**Recorder:** Audrey Montana

**Staff Support:** Jennifer Bruggeman

Genoveva Zesati

**Excused from Meeting:** Sara Marsh

Absent from Meeting: Lisa Bruce, Steve Blum, Jo Bruno, Y'Anad Burrell, Courtney Cummings, Tom Gilbert, Dave Kahler,

Kimberly Krisch, James Lancaster, Jackie Lerman, Anna Lubarov, Leslie May, Mariposa McCall,

Kathi McLaughlin, Ryan Nestman, Melinda O'Day, Lauren Rettagliata, Chelise Stroud, Gina Swirsding,

Matthew Wilson, Graham Wiseman

ТО	PIC	ISSUE/CONCLUSION	ACTION/	PARTY
			RECOMMENDATION	RESPONSIBLE
	Roll Call, Call	Roll Call, Call to Order	Information	Amanda Wehrman,
to Order		• Announcements –		Facilitator
• Announceme		(Susan Norwick-Horrocks) Due to the Pandemic, kids are		
• Finalize Meet	ting Notes	experiencing anxiety, depression, thoughts of suicide. NAMI has		
		programs to help overwhelmed parents in English, Spanish and		
		Chinese online/Zoom. Parents encouraged to contact NAMI.		
		NAMI welcomes volunteers. For information, the NAMI link is		

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		www.namicontracosta.org. Parents can call NAMI at (925-942-0767) or email at <a href="mailto:susanh@namicontracosta.org">susanh@namicontracosta.org</a>	Notes approved. Will be posted to MHSA CPAW website.	Audrey Montana to post notes.
		• <b>Meeting Notes</b> (February 4, 2021) – Approved no revisions.	website.	
2.	<i>U</i> 3	Adults Committee: No additional comments.		Committee
	Committee or Meeting Representatives on Key	Aging & Older Adults Committee: No additional comments.		Representatives
•	Topics Adults Committee	<b>Alcohol and Other Drug Services (AOD) Advisory Board</b> : No additional comments.		
•	Aging & Older Adults Committee	Behavioral Health Care Partnership (BHCP): No additional comments.		
•	Alcohol and Other Drug Services (AOD) Advisory Board Behavioral Health Care	<b>Children, Teens and Young Adults (CTYA) Committee:</b> No additional information at this time. Update will be provided in April.		
•	Partnership (BHCP) Meeting Children, Teens and Young	Health, Housing and Homeless Services (H3): Anticipate soon will be receiving information on vaccinations for people experiencing homelessness.		
•	Adults (CTYA) Committee Health, Housing & Homeless Services (H3) – Continuum of Care Innovation (INN) Committee Membership Committee Mental Health Commission (MHC) Mental Health Commission	Innovation (INN) Committee: No additional comments.  Mental Health Commission (MHC): The Mental Health Commission met yesterday. Dr. Suzanne Tavano provided a detailed update. Had a discussion on the Mental Health Commission's goals. Most important, the crisis intervention efforts. Appreciate the great efforts of BHS Director, Dr. Suzanne Tavano. Will have more discussions in April.  Mental Health Commission (MHC) – Quality of Care Committee: No additional comments.		
•	<ul><li>– Quality of Care</li><li>Reducing Health Disparities</li><li>(RHD)</li></ul>	Reducing Health Disparities (RHD): No additional comments.  Social Inclusion Committee: No additional comments.		
•	Social Inclusion Committee Suicide Prevention Committee	Suicide Prevention Committee: Met on February 26 <sup>th</sup> .  Discussed the Request for Proposals (RFP) that will be coming out this Spring. Had a great presentation from the		

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•	System of Care Committee Training Advisory Workgroup (TAW)	Contra Costa Office of Education that also provided information as to activities to support youth during these challenging times. Launched a new subcommittee that focuses on youth. If wish to join, can contact Jessica Hunt at <a href="mailto:Jessica.hunt@cchealth.org">Jessica.hunt@cchealth.org</a> . Meeting times for the March meetings. have changed: Suicide Prevention Committee will meet 9:00 -10:30 am. The Suicide Prevention — Youth Subcommittee will meet from 11:00 — Noon. Future meeting times to be announced.  System of Care Committee: No additional comments.		
		Training Advisory Workgroup (TAW): No additional comments.		
3.	Dialogue and General Update with Contra Costa Behavioral Health Services (BHS) Executive Staff  COVID-19 Vaccination update  Measure X Update  California Health Facilities Financial Authority (CHDFA) Grant Application Update for Children's & Teens Crisis Stabilization Unit  SB803 Update	<ul> <li>Dialogue with Contra Costa County Behavioral Health Services (BHS) Executive Staff</li> <li>Dr. Suzanne Tavano:</li> <li>COVID -19 – One Year Mark <ul> <li>March 22, 2020 were the first County COVID deaths</li> <li>Since that day, almost 600 residents of our County that have died from COVID-19. We keep them in our hearts and thoughts.</li> </ul> </li> <li>All the County efforts starting to pay <ul> <li>People becoming less ill, less people being hospitalized or dying. That is the positive. Just starting to round that corner now.</li> <li>If we keep up our vigilance – hand washing, social distancing, wearing masks and with vaccinations – we are going to get there.</li> <li>We are seeing light at the end of the tunnel. Want to keep working really hard to prevent the spread. Hopeful and optimistic where we are going.</li> <li>Thank you to Ellie and the Team for helping with vaccinations for those 65 and older. They really reached out and helped.</li> </ul> </li> </ul>		Dr. Suzanne Tavano (Director, Behavioral Health Services)

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	<ul> <li>Preparedness for Vaccinations         <ul> <li>Locations and process prepared to give vaccinations</li> <li>But we must work with the amount of allocations we receive. As soon as we get supplies, we get them out right away.</li> <li>Blue Shield will be giving vaccinations using the State My Turn online registration tool</li> <li>Johnson and Johnson has a one dose vaccine. Some parts of community would do better with the one dose. All the vaccines contribute to herd immunity (occurs when enough people are vaccinated).</li> </ul> </li> <li>Goal to have Behavioral Health and community partners return to in-person services. Increasingly move out to better serve the community. Anticipate in a month or so, will be moving into an increasingly more in-person mode.</li> <li>We actually called people 65 and 75 and older to see if we can arrange vaccinations and see how we can get them to vaccination sites         <ul> <li>We learned many did not have online access, lost contact and were not engaging in remote services</li> <li>Calling helps us reach out and re-engage people. Also, to help set up appointments to help them get vaccinated.</li> <li>We ask if they need transportation and help set that up</li> <li>Future goal is to vaccinate clients in the clients in the clinics where they receive services</li> </ul> </li> <li>Behavioral Health Services about 30,000 people a year. Our goal is to get them immunized.</li> <li>Dr. Emily Watters (a County Psychiatrist) who is creative and has a microbiology background, made a cartoon comic book. It is very comprehensible about the virus and describes how vaccines work. The comic book was displayed. Valuable to respond to vaccine hesitancy. Is in English and am working on a Spanish version. Would like to print in several languages. Titled "Understanding The Vaccines in Cartoons".</li> </ul>		

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	<ul> <li>County is currently in the Purple Tier         <ul> <li>Anticipate following the current trajectory that in the next two weeks to move into Red Tier</li> </ul> </li> <li>Schools         <ul> <li>Elementary schools are back in session</li> <li>Schools will be given grant funds by the State if they act quickly to open schools</li> <li>Easier to connect with children to provide supports when return to school</li> </ul> </li> <li>Submitted Application for the California Health Facilities Finance Authority (CHFFA) grant funding</li> <li>Grant application for funding for physical space for a free-standing small crisis stabilization unit for youth</li> <li>If approved can move forward. If not, no extra funds currently. Would have to look for additional funding.</li> <li>County priority needs</li> <li>Community based crisis intervention, more housing, specialized crisis unit for youth among others</li> <li>Apply for any grant money available. Measure X provides funding for public services that were not previously available. Great deal of competition for these</li> <li>Encourage those interested to apply for the Measure X Advisory Board. Applications due March 11th. Applications online. County employees cannot apply. Important the Behavioral Health perspective is promoted in those advisory meetings. Encourage those interested to apply.</li> </ul> <li>CalAIM         <ul> <li>In January, the State posted the 200-page CalAIM Plan</li> <li>County wants less burdensome documentation requirements and the ability to serve people sooner. Many changes. Including payment methodology. We are hoping for positive change.</li> </ul> </li>		

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	<ul> <li>New Behavioral Health Services Staff</li> <li>Dr. Steven Hahn-Smith is the new Informatics Chief.         Help Behavioral Health Services with Information         Technology (IT).</li> <li>Kennisha Johnson (Program Manager, Central County         Adult Mental Health) is the new Housing Chief.         Oversees all different roofs – i.e. permanent housing,         master lease housing, Board and Cares, etc. All County         funded housing. Will maximize resources and ensure         people move through the housing process and continuum         of care. Will look for more funding for housing.</li> </ul>		REST GIVENE
	<ul> <li>Comments and Response to Questions:</li> <li>(Doug Dunn) Any updated information on SB803 re Peer Certification? Response: There have been a couple of meetings including State representation. The first meeting Peer Providers spoke up. State has been open and receptive. Contra Costa has extensive Peer training more so than what the State is considering. (Jennifer Tuipulotu) Have provided recommendations to the State. Working with family partners as well. NAMI making recommendations as well. State may be finished with guidelines by July. The State will then provide the guidelines information to the Counties. The County will work with the State guidelines and stand up the Peer Program. Hope to have the Peer Program launched by the beginning of 2022.</li> </ul>		
<ul> <li>4. Presentation on Aging &amp; Older Adult Service</li> <li>• COVID-19 Response Efforts and Committee</li> </ul>	Presenters:  Ellie Shirgul (Mental Health Program Supervisor, Adult and Older Adults Committee), Heather Sweeten-Healy (Program Manager (Older Adult Mental Health) and Lizette Suarez (Program Director, Well Connected Español, Co-Lead Aging and Older Adult Workgroup)  (PowerPoint Presentation: "Older Adult COVID-19 Workgroup")		Ellie Shirgul (Mental Health Program Supervisor, Adult and Older Adults Committee)  Heather Sweeten- Healy (Program Manager (Older Adult Mental

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TOPIC	<ul> <li>The Older Adult COVID-19 Workgroup Partnership         <ul> <li>Contra Costa Health Services, Contra Costa Employment and Human Services (EHSD), community partners and leaders in the older adult community</li> <li>Asked to focus on COVID-19 messaging for older adults</li> <li>Ellie Shurgul, Heather Sweeten-Healy and Lizette Suarez are the Workgroup Team/Project Leads</li> </ul> </li> <li>Comcast Commercial         <ul> <li>Received grant funding from EHSD</li> <li>Comcast Ads focused on calling 211 as a resource for food, housing and support and also elder abuse. In English and Spanish. One version reached out to older adults. The second reached out to caregivers, neighbors, family and friends</li> <li>To also reach out to older adults who did not have internet access or were isolated. Started in January.</li> <li>Presented the two video ads and a Spanish version ad</li> <li>The links to the ads:</li> </ul> </li> <li>Social Isolation A TV30 - <a href="https://youtu.be/17ElgK_Nd6g">https://youtu.be/17ElgK_Nd6g</a></li> <li>Social Isolation B TV30 - <a href="https://youtu.be/-moVgE4NqC0">https://youtu.be/-moVgE4NqC0</a></li> </ul> <li>Social Isolation B TV30 Spanish -</li>	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE  Health)  Lizette Suarez (Program Director, Well Connected Español, Co-Lead Aging and Older Adult Workgroup)
	<ul> <li>With Grant funding, designed to provide information</li> <li>Right side has Contra Costa County Employment and Human Services. Left sides Has Contra Costa Health Services "Stay Safe!" and "If you suspect elder abuse call 1 (877) 839-4347"</li> <li>Provided in English, Spanish, Tagalog, and Nepali</li> <li>Infographics and postcards</li> <li>Provided information on staying safe during COVID-19, resources related to social isolation. In English and</li> </ul>		

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	Spanish. Sent out to community partners. Will be mailing a flyer to vulnerable seniors and providing to community partners.  Made 400 postcards to deliver to isolated seniors. 200 with prepaid postage for older adult to send to friend or family member.  Youth and Young Adult Ambassadors wrote messages on some postcards sent to high risk older adults  Handmade Holiday Cards, Letters, Pictures  105 sent to older adults in residential care facilities from local third graders and their families  Displayed cards (Holidays and Valentine's Day). Also has resource information  Focus on the COVID-19 Vaccine  Provide information and resources and to reduce fear of vaccinations among older adults  Have the COVID-19 Call center – 1 (833) VAX-COCO  On February 24th, received updates on the vaccine and distribution  Advocating for transportation resources for older adults and currently gathering information on transportation resources  COVID-19 Hospitalization, Case and Death Rates by Age  Need to promote the vaccine. People 85 and older have a 630 higher rate of death (compared to those 18-29) according to the CDC. In California, it is 304 times the risk for people 80 years old and above.  Good News for Contra Costa County (as of March 2, 2021)  86% of Contra Costa adults 75 and older have had at least one vaccine. 60% of adults 65-74 also. Many vaccinated through the mobile vaccine clinics. 24.5% of the County population has had at least one dose.  In the past, 60 outbreaks in congregate care facilities. Now down to 10.		

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	<ul> <li>Upcoming Outreach Event in East County         <ul> <li>Lizette Suarez is helping in the planning. She is a member of the East County Coalition.</li> <li>Will do a drive thru a Health Fair – Pittsburg and Brentwood Senior Centers. Date may occur in May. Goal is to have the mobile vaccine clinic present.</li> </ul> </li> <li>Older Adult COVID-19 Workgroup Meetings         <ul> <li>March 10<sup>th</sup> and March 24<sup>th</sup> from 2:00 – 3:30 pm. All welcome.</li> <li>Contact Brianne Green at bgreen@cchelath.org or Ellie Shirgul at ellen.shirgul@cchealth.org or heather.sweeten-healy@cchealth.org to receive the Zoom meeting invitation. Or Lizette Suarez at lsuarez@covia.org or call (877) 400-5867 extension 13017.</li> </ul> </li> <li>Other COVID-19 Workgroups         <ul> <li>African American COVID-19 Workgroup. Shannan Moulton (925) 381-8391 or email at shannon.moulton@cchealth.org or contact Tiombre Mashama at (925) 335-7652 or email at tmashama@cchealth.org.</li> </ul> </li> <li>Asian and Pacific Islander Workgroup         <ul> <li>Vy (Vi) Tuong Vo at (510) 926-8991 or email at vvo@richmondcf.org or contact Shannan Moulton (information above)</li> </ul> </li> <li>Latinx Workgroup         <ul> <li>Miriam Rosa Orantes (925) 332-9811 or email at miriam.orantes@cchealth.org or contact Shannan Moulton (information above)</li> </ul> </li> <li>Youth and Young Adult COVID-19 Ambassador Program Cedrita Claiborne at (925) 313-6861 or email at cedrita.claiborne@cchealth.org</li> <li>Youth provided a stipend to assist with COVID-19 messaging</li> </ul>	RECOMMENDATION	RESTONSIBLE

TOPIC	ISSUE/CONCLUSION	ACTION/	PARTY
		RECOMMENDATION	RESPONSIBLE
	<ul> <li>Comments and Response to Questions:</li> <li>(Doug Dunn) Can service providers help to get people to BART stations so people can take public transportation to go to sites here the vaccine is given? Response: Jessica Dominquez with the Office for Consumer Empowerment (OCE) would have information as she works with Overcoming Transportation Barriers. But, she is not in the meeting today. We are looking for resources for people who can't use public transportation.</li> <li>(Jennifer Bruggeman) Thank you for this great presentation. It is wonderful to hear what your Workgroup has been doing. Also, for sharing promising information about vaccinations for seniors in our County. Thank you for spreading the word.</li> </ul>		
<ul> <li>5. MHSA Update</li> <li>MHSA 2020-2023 Three Year Plan</li> <li>2021-2022 Plan Update</li> <li>Request for Proposals</li> </ul>	Jennifer Bruggeman, Genoveva Zesati and Jessica Hunt (MHSA):  MHSA FY 2020-2023 Three Year Plan Approved by the Board of Supervisors on February 9th. Is posted on the MHSA website. Currently preparing the MHSA FY 2021-2022 Plan Update Community Planning Process March 11th at 10:30 am will do an MHSA presentation for the Historically Marginalized Communities Engagement Unit (HMCE). They agreed to have a condensed MHSA community forum with their group. Will not have speakers but have the MHSA overview and permit ample time for discussion groups, do survey at the end. March 11th at 3:00 pm − MHSA to present to the African American Workgroup March 16th MHSA presentation in Spanish Partnering with the Latino Workgroup, other community groups and a Spanish speaking doctor		Jennifer Bruggeman (MHSA Program Manager, Mental Health Services Act) Jessica Hunt (Mental Health Services Act Program Supervisor)

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	from Contra Costa Regional Medical Center re vaccinations. Presentation, discussion, questions, and answers will be in Spanish  ◇ Provided the flyer for the event  • April 15th present to the Latino Workgroup.  ○ There are other workgroups (i.e. Adults and Older Adults and Asian Pacific Islanders Workgroups) that could possibly receive MHSA presentations as well  • Request for Proposals (RFP) − Early Childhood Mental Health  ○ The RFP has been released and is on the Contra Costa Behavioral Health Services (BHS) homepage under the Latest Information section.  ○ Applications due early next month. This RFP resulted from input received during the 2019 Early Childhood Mental Health Community Forum and CPAW stakeholder meetings.  ○ Early Childhood Mental Health Request for Proposals: https://cchealth.org/bhs/pdf/2021-ECMH-Request-Proposals.pdf  • Request for Proposals (RFP) − Suicide Prevention  ○ RFP may be posted in early April.  ○ Proposal is \$50,000.00. Focuses on suicide prevention, intervention, and post-intervention efforts.  ○ Reviewed by the Suicide Prevention Committee for input as to direction of funds. Would like to focus on training/education, outreach/awareness, and youth in crisis.  Comments and Response to Questions:  • (Jennifer Tuipulotu) You have been doing a great job reaching out to these workgroups. Having an event in Spanish is fantastic. Congratulations for all the work you have been doing at MHSA to make this happen.		

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	(Ellie Shirgul) I also think it is great and we would love to have you at our group. The Youth and Young Adult Ambassadors would be a group that could also provide great feedback.		
6. Public Comment & Suggestions for Future Agenda Items	<ul> <li>(Johanna Wagner) First Presentation will be partnering with a nonprofit (To My People, Inc.) to set up an after-hours clinic for medication management to begin in the Fall. Have staff. Still looking for a preceptor to work with doctors from Stanford.</li> <li>(Dr. Suzanne Tavano) I miss the residents of Crestwood, Pleasant Hill who used to attend these meetings. Is there any way we can support them getting re-involved? Response: (Jennifer Bruggeman) We all miss them. We have reached out to the administrator of the program. It is time to revisit. We will reach out again.</li> <li>(Amelia Wood) As a service provider, the time of this meeting may be an issue. This meeting ends at 5:00 pm. We would then have to ensure the consumer gets back home. Perhaps if change to an earlier time may help. Maybe if someone can reach out to Crestwood someone can set up a computer so they could join the meeting through Zoom. Would love more consumer input. Response: (Jennifer Bruggeman) I will be happy to reach out to them. (Genoveva Zesati) We reached out to them in the past but at that point they did not want their residents to congregate in one area. We can reach out again. (Dr. Suzanne Tavano) We sent the mobile immunization Van to Crestwood and immunized the staff and all the residents. Maybe that may help. (Jaime Jenett) Just a note that the Council on Homelessness meets on the CPAW meeting dates from 1:00 pm to 3:00 pm.</li> <li>(Doug Dunn) Would like an update on the Value Stream Mapping Event and related things taking place. A periodic update would be good.</li> </ul>		Amanda Wehrman

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	<ul> <li>(Deborah Callister) Is AOT (Assisted Outpatient Treatment Program) part of CPAW? I would be interested in hearing a presentation on AOT, the Action Team, who are they helping and if there is an estimate of who is not being helped (i.e. individuals who are falling between the cracks who are not getting services). There is a problem because being in the AOT Program needs to be voluntary. Response: (Kristine Suchan) I am with Mental Health Systems and we would be more than happy to do a presentation at a CPAW meeting. I will provide my email in the chat. Happy to talk with you. (Jennifer Bruggeman) Thank you Kristine for offering to do that. The AOT Workgroups meets quarterly. I will be happy to share information so you can receive the AOT emails.</li> <li>(Jonathan San Juan) Checking if anyone had heard of an incident in Antioch that prompted the Mayor to consider a different type of service? Response: (Doug Dunn) I am in contact with the vice-Mayor and we should be in contact soon. Funding may be available from Measure X but community activist should apply to be on the Measure X Advisory Board. Need funding for a full 24/7 mental health crisis response.</li> </ul>		
7. Plus / Delta – Review of Meeting	<ul> <li>(Roberto Roman) I really enjoyed the Older Adult presentation. Is really good to see that work going forward. Want to commend Ellie, Heather, and Lizette for all the work that they have done. Thank you.</li> <li>(Jonathan San Juan) Want to Thank Dr. Tavano for the Pop-Up Clinic. That was smart. Do not know how you got the State to do that. Thank you.</li> </ul>	CPAW members and attendees	Amanda Wehrman
8. Adjournment & Next CPAW Meeting	• The next CPAW meeting will be <b>April 1, 2021</b> from 3:00 pm to 5:00 pm.		Amanda Wehrman