

Stakeholder Sharing

(CPAW Meeting – October 3, 2019)

Highlights of news to share and areas discussed at recent CCBHS supported stakeholder meetings:

Adult Committee

Adult Committee (August 27th)

- CBSST (Cognitive Behavioral Social Skills Training) In Augmented Board and Cares Presented by Anna O'Connor, LCSW Mental Health Clinical Specialist, Shaunna Devlin, Community Support Worker
- This is an evidenced based practice, components of Cognitive Behavioral Therapy and Social Skills Training. Improves independent living skills, recovery oriented for clients in Contra Costa Behavioral Health.
- CBSST is in Contra Costa Behavioral Health Augmented Board and Cares serving 7 facilities with focus on small Board and Cares.

Adult Committee (September 24th)

- Meeting canceled due to Older Adults Suicide Prevention Training

Aging and Older Adult Committee

Aging and Older Adult Committee (August 28th)

- Continued planning for the Suicide Prevention Among Older Adults Training with Dr. Patrick Arbore scheduled for 9/24/19, and the Depression, Dementia, Delirium and Traumatic Brain Injury Training with Dr. Arbore scheduled for 11/21/19.
- Discussed barriers older adults face in regards to housing, transportation, and receiving medical care. Discussed ways to advocate for older adults, including advocating for increased capacity in county augmented older adult board and cares.
- Discussed ways to possibly work with the Mental Health Commission to advocate for the needs of older adults.

Aging and Older Adult Committee (September 25th)

- Discussed the success of the training on Suicide Prevention Among Older Adults with Dr. Arbore the previous day, which was attended by 93 providers. Continued planning for the 11/21/19 training on Depression, Dementia, Delirium and Traumatic Brain Injury with Dr. Arbore.
- Discussed ways to advocate for increased capacity in county augmented older adult board and care facilities, including gathering information from providers related to clients in need of placement, and placement difficulties. Discussed the need to advocate prior to the end of the current MHSA Three Year Plan.

Alcohol and Other Drugs (AOD) Advisory Board

Alcohol and Other Drugs Advisory Board (August 28th – Meeting Canceled)

Alcohol and Other Drugs Advisory Board (September 25th)

- Update will be provided at the CPAW meeting.

Children, Teens and Young Adults Committee (August 8th and September 18th)

- Genoveva Zesati presented on the upcoming MHSA Suicide Prevention Forum.
- Nancy O'Brien provided updated information regarding the Center of Recovery and Empowerment.
- Updates from the Ad Hoc Committee and PES workgroup were presented. Further discussion regarding next steps will take place during next meeting.
- Center For Recovery and Empowerment hosted the September CTYA Meeting
CTYA members were able to meet CORE providers and receive overview of the services offered
- Spirit instructors come out, presented, and provided application process information. Applications are now available.
- Early childhood mental health needs are of interest and will be on the October agenda.
- Our CTYA meeting will be Thursday, October 10th from 11am-1pm, located at 1340 Arnold Dr., Suite 200 in the Large Conference room.

H3 – Continuum of Care – Learning Hub Meeting

- No Meeting in August, September (Quarterly)
- Next Meeting is October 15th, from 1:00 – 3:00 pm, 2425 Bisso Lane (Large Conference Room, First Floor), Concord

Innovation Committee

Innovation Committee (August 26th)

- Discussion on the implementation phase of the Center for Recovery and Empowerment (CORE) has noted that the project's site is currently in negotiations to expand to the additional suite next door.
- The Cognitive Behavioral Social Skills Training (CBSST) in Augmented Board & Cares staff attended to help answer the committee's Board & Care questions. Next meeting the project will discuss the learning goals assigned to the project to see if any changes should be made.
- Committee had completed an Agenda Readiness Form (ARF) to initiate streamlining a more efficient process of the implementation of innovation projects. The ARF was approved and ongoing follow up will be required.

Innovation Committee (September 23rd)

- Discussion on the implementation phase of the Center for Recovery and Empowerment (CORE) has recently reported that the project's site has expanded to the additional suite next door. The project is currently preparing for site certification, which will enable it to start Medi-Cal billing.
- The next meeting will be October 28th from 2:30 pm to 4:00 pm at Morello Avenue, Suite 100, Martinez

Mental Health Commission (MHC)

Mental Health Commission (September 4th)

- Presentation on the Behavioral Health Services report by Dr. Matthew White (Medical Director, CCBHS) and Suzanne Tavano (Behavioral Health Director, CCBHS)
- Warren Hayes (Mental Health Program Chief) provided information and update on No Place Like Home with Kara Douglas (Consultant). Posted a Request for Qualifications (RFQ) on the County website and Conservation and Development website. Reached out to organizations for upcoming Notice of Funding Availability. Preparing application for Oak Grove property funding and will release a Request for Qualifications (RFQ).
- Discussed Grand Jury Report 1909 regarding Psychiatric Emergency Services. Discussed the process for developing recommendations to the Board of Supervisors in partnership with advocacy groups.
- Discussed Mental Health Commission Retreat.
- Appointed Co-Chair for next Assisted Outpatient Treatment (AOT) Workgroup meeting.
- Discussed Commission Executive positions and CPAW seats dedicated to the Mental Health Commission
- Next Meeting: Wednesday, November 6th, 2019 4:30-6:30 pm. Location to be announced.

Social Inclusion Committee

Social Inclusion Committee (August 8th)

- The committee convened its first of three meetings at RI International Wellness City in Antioch. Staff and participants engaged in a planning session for the September meeting.

Social Inclusion Committee (September 5th)

- The committee celebrated National Recovery Month and acknowledged Suicide Prevention Month with the viewing of a PSA produced by Freedom High School in Oakley, as well as the sharing of suicide prevention resources from Know the Signs, which is part of California's Each Mind Matters mental health movement. The celebration also included a presentation of a recovery story by a committee member, as well as other related activities.
- The committee's third and final meeting in East County will be on Thursday, October 10th, 1-3 pm, at RI International, 3711 Lone Tree Way, in Antioch. For more info, contact Roberto Roman at (925) 957-5105 or Roberto.Roman@cchealth.org.

Suicide Prevention Committee

Suicide Prevention Committee (August 23rd)

- Focused on SP forum preparation, including brainstorming ideas for small group discussion topics. Members continue to work on SP Strategic Plan update. Data collection is complete. Next steps will include resource mapping and prioritizing goals.

Suicide Prevention Committee (September 27th)

- Discussed the MHSA Community Forum – Topic Suicide Prevention that was held on September 12th in San Ramon.
- Discussed upcoming training and other opportunities.
- The next meeting will be October 25th, from 9:00 am to 10:30 am at 1220 Morello Avenue, Suite 100, Martinez.

System of Care (SOC) Committee

System of Care (SOC) Committee (August 15th)

- The SOC Committee continues to provide input and receive updates on the Oak Grove project progression and the Short-Term Residential Treatment Program (STRTP) for youth.
- Kelly Ransom from We Care presented on resources in relation to supporting TAY youth that may also be parents and how to support their children's mental health and early childhood.
- Warren Hayes provided an update on Prop 47 in relation to Forensic Assertive Community Treatment program in Contra Costa County.

System of Care (SOC) Committee (September 11th)

- The SOC Committee continues to provide input and receive updates on the Oak Grove project progression and the Short-Term Residential Treatment Program (STRTP) for youth.
- Kathy Rothberg from Lao Family Community Development presented on housing supports and transition age youth (TAY) that identify with immigrant communities.
- Kelly Ransom from We Care shared information on TAY parents and their children.
- The next meeting is Wednesday, October 9th from 10:00 am to 11:30 am at 1220 Morello Avenue, Suite 100 in Martinez.

Contra Costa Behavioral Health Stakeholder Calendar

October 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 13		1	2 Mental Health Commission: (Canceled)	3 CPAW: 3:00 – 5:00 pm 2425 Bisso Lane, Concord	4	5
	7	8	9 System of Care: 10:00 – 11:30 am 1220 Morello Ave, Suite 100, Martinez	10 Children's: 11:00 am – 1:00 pm 1340 Arnold Dr, Suite 200, Martinez Social Inclusion: 1:00–3:00 pm RI International 3711 Lone Tree Way Antioch	11	12
13	14	15 (H3) Continuum of Care Learning Hub 1:00–3:00 pm 2425 Bisso Lane Concord	16	17 CPAW Steering: 2:30 – 3:30 pm 1220 Morello Av, Suite 100, Martinez Quality of Care: 3:00 pm–4:00 pm 1220 Morello Ave, Ste 100, Martinez	18	19 
20	21 CPAW Membership 3:00–4:30 pm 1220 Morrello Ave, Ste 100, Martinez	22 Adults: 3:00 – 4:30 pm 1340 Arnold Dr, Suite 200, Martinez	23 Aging /Older Adults: 2:00 – 3:30 pm 2425 Bisso Lane Concord AOD Advisory Board: 4:00 – 6:00 pm 1220 Morello Ave,	24	25 Suicide Prevention Committee 9:00 –1 0:30 am 1220 Morello Av, Suite 100, Martinez	26
27	28 CPAW Innovation: 2:30 – 4:00 pm 1220 Morello Av, Suite 100, Martinez	29	30	 HAPPY HALLOWEEN		

Early Childhood Mental Health Community Forum

SATURDAY, NOV. 2, 2019

FREE

Register at cchealth.org/mentalhealth/mhsa/
Look for ECMH Registration.

Pittsburg Senior Center
300 Presidio Lane, Pittsburg
10am to 1pm
Registration begins at 9:30am

**BE A PART OF THE
CONVERSATION ON
EARLY CHILDHOOD
MENTAL HEALTH**

***PERFECT FOR
FAMILIES***

(AND PROVIDERS)

- Complimentary continental breakfast, light lunch, and refreshments to be provided
- Childcare available on site, along with child-friendly activities. In order to reserve your space for childcare, you must be registered prior to October 25.

Contact Daryn Nabeta at First 5 Contra Costa, for questions about food or childcare at dnabeta@first5coco.org.



Input gathered will be used in preparation for the Contra Costa County Mental Health Services Act (MHSA) Three Year Program and Expenditure Plan for fiscal years 2020-2023.



Contact the MHSA office in advance if you need translation services, directions on accessing public transportation, or for any other reasonable accommodation at (925) 957-2617.

Foro de la Comunidad para la Salud Mental de la Infancia Temprana

GRATIS

SÁBADO 2 DE NOV., 2019

Regístrese en cchealth.org/mentalhealth/mhsa/
Busque el enlace "ECMH Registration"

Pittsburg Senior Center
300 Presidio Lane, Pittsburg
10am a 1pm
La inscripción comienza a las 9:30am

**SE PARTE DE LA
CONVERSACIÓN SOBRE
LA SALUD MENTAL DE LA
INFANCIA TEMPRANA**

**PERFECTO PARA
FAMILIAS
(Y PROVEEDORES)**

- Se proveerá desayuno continental, almuerzo ligero y refrigerios.
- Cuidado de niños disponible durante el evento, junto con actividades para niños. Para poder reservar su cupo para el cuidado de niños, debe de estar registrado antes del 25 de octubre.

Favor de contactar a Daryn Nabeta de Los Primeros 5 de Contra Costa, si tiene preguntas sobre la comida o cuidado de niños al dnabeta@first5coco.org.



La información colectada se utilizará en preparación para el Programa de tres años de la Ley de Servicios de Salud Mental (MHSa) del Condado de Contra Costa y el Plan de Gastos para los años fiscales 2020-2023.



Comuníquese con la oficina de MHSa con anticipación si necesita servicios de traducción durante el foro, información de cómo acceder al transporte público o para cualquier otra acomodación al (925) 957-2617.

Contra Costa Behavioral Health Services Office for Consumer Empowerment
and Contra Costa College proudly announce...

SPIRIT

Service Provider Individualized Recovery Intensive Training

2020

APPLICATIONS NOW BEING ACCEPTED!

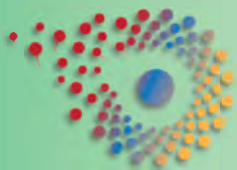


A comprehensive college course offering training and support for people who receive behavioral health services, as well as family members or caregivers of adults or children receiving services, who want to work or volunteer as family/parent/peer providers in the behavioral health field.

Classroom instruction is combined with workplace experience via internships at local behavioral health organizations. We emphasize the development of personal recovery skills, educating clients and family members on peer support and more.

**For applications and more information please call
SPIRIT Instructors Janet Costa @ (925) 957-5113 or
Michael Petersen @ (925) 957-5143**





CALIFORNIA MENTAL HEALTH &
SPIRITUALITY INITIATIVE

Registration now Open

OCTOBER 10TH AND 11TH, 2019

8:30AM TO 4:00PM

The California Mental Health and Spirituality Initiative presents

NORTHERN REGION STATEWIDE

"3RD OF IT'S KIND" MENTAL HEALTH AND SPIRITUALITY CONFERENCE

Spirituality

A CORNERSTONE IN BUILDING MENTAL HEALTH FRIENDLY COMMUNITIES

Our mental health conference is a 3rd of it's kind held in Northern California and will share culturally responsive community defined approaches to supporting inclusion of faith and Spirituality as an essential wellness tool for those impacted by mental illness.

WORKSHOPS OFFERED FROM
PEERS, FAMILY MEMBERS, FAITH
LEADERS & MENTAL HEALTH PROFESSIONALS

Featured Speakers



BERKELEY MENTAL HEALTH DIVISION

A maximum of (4) CE Credits per day will be granted to eligible participants attending the Mental Health and Spirituality Conference.

FREE CE CREDIT

This course meets the qualifications for (1)-hour of CE Credit for LMFTs, LCSWs, LPCCs, and/or LEPs; however, you must attend the entire training to qualify for CE Credits. Certificates will be issued within 30-days. The City of Berkeley is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for MFTs and LCSWs; the provider number is 140938. The City of Berkeley maintains responsibility for this program/course and its content. If you would like to attend this free training, please email bawhite@cityofberkeley.info. For additional information and to request an accommodation for special needs, or file a complaint, please call (510) 981-7646. Cancellation Policy: Attendees will receive advance notification in the event of a cancellation.



OCTOBER 10TH

SHAUNA SPRINGER PH.D

The Senior Director of Suicide Prevention and Postvention Initiatives at the Tragedy Assistance Program for Survivors. Dr. Springer's suicide prevention work has been featured on NPR, the NBC nightly news, KCBS radio, and Veterans Voices.



OCTOBER 11TH

RACHEL GUERRERO, LCSW

Former Chief of the Office of Multicultural Services for the California Department of Mental Health.

EVENT LOCATION: WALNUT CREEK PRESBYTERIAN CHURCH 1801

LACASSIE AVENUE, WALNUT CREEK, CA 94596

FREE MORNING REFRESHMENTS AND LUNCH PROVIDED

COSTS: \$30 FOR ONE DAY, \$50 FOR BOTH DAYS
(NO ONE WILL BE TURNED AWAY FOR LACK OF ABILITY TO PAY)

CONTACT GIGI CROWDER AT GIGI@NAMICONTRACOSTA.ORG TO APPLY FOR A SCHOLARSHIP



Panels with diverse speakers sharing the work they are doing in their counties to support their faith communities.
(Rabbi Lisa Delson, Gigi R. Crowder, L.E. and Dr. Rania Awaad)

REGISTER TO ATTEND

Please mail checks to:

NAMI CC

2151 Salvio St. Suite V, Concord, CA 94520
or **register to attend via EventBrite**

FOR MORE INFORMATION

<https://www.mhspirit.org>

Gigi R. Crowder at (510) 990-2670

or gigi@namicontracosta.org



Scan me



Contra Costa
County

REGISTER ONLINE (click here)

<https://www.eventbrite.com/e/spirituality-building-mental-health-friendly-communities-tickets-68838498803>