

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, May 2, 2019

3:00 pm – 5:00 pm

Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520



- Members attending:** Candace Collier, Doug Dunn, Kimberly Krisch, Sara Marsh, Will McGarvey, Kathi McLaughlin, Melinda O’Day, Jennifer Tuipulotu, Amelia Wood
- Staff attending:** Janet Costa, Monique Harts-Washington, Kirsten Heher, Suzanne Tavano, Windy Taylor, Robert Thigpen, Genoveva Zesati
- Public Participants:** Keri Banks, Jackie Bradford, Jo Bruno, Pete Caldwell, Juanita Carey, Guadalupe Cazares, Cheryl Hall, Sean Kearns, Wendy Lopez, Mia Jackson, James Ross, Bessie Saganja, Carwen Spencer, Stephanie Stoval, Contesa Tate, Lillie Thoma
- Facilitator:** Maria Pappas
- Recorder:** Audrey Montana
- Staff Support:** Warren Hayes
- Excused from Meeting:** Mariposa McCall, Roberto Roman
- Absent from Meeting:** David Bergesen, Steve Blum, Stephen Boyd, Lisa Bruce Courtney Cummings, Maude DeVictor, Tom Gilbert, David Kahler, James Lancaster, Jackie Lerman, Lucy Nelson, Ryan Nestman, Lauren Rettagliata, Sheri Richards, Karen Smith, Connie Steers, Chelise Stroud, Matthew Wilson, Sam Yoshioka

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none"> • Call to Order • Roll Call, Introductions • Review Working Agreement • Announcements • Finalize Meeting Notes 	<ul style="list-style-type: none"> • Introductions made • Review Working Agreement • Announcements – <ul style="list-style-type: none"> ○ May is Mental Health Awareness Month ○ Photo Voice Exhibit will be this month at 651 Pine Street, Martinez ○ The ceremony will be at the Board of Supervisors on May 21st from 9:00 am to 9:30 am ○ Crestwood Center is having an Art Show May 25th 	Information Notes approved. Will be posted to MHSZA CPAW website.	Maria Pappas Audrey Montana to post notes.

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	<ul style="list-style-type: none"> ○ Children’s Mental Health Awareness Day is May 6th ○ NAMI Contra Costa is advocating for a Mental Health Awareness license plate ○ The Greater Richmond Interfaith Program (GRIP) has opened its Warming Center. For services call 211, select language and select number three to contact a Dispatcher. If eligible, will be brought to a GRIP Warming Center. Provides dinner and breakfast. Triage of pain management at night. In the morning meet with Case Managers to be screened and to determine basic needs ○ Peer Respite Support event is May 15th in Alameda County. Encourage those who wish to represent a Peer organization from Contra Costa County to attend. Will provide flyers with information to CPAW for distribution. ○ CPAW has Orientations at 2:00 pm prior to each CPAW Committee meetings. All welcome to attend. ○ From January to April 29th had a parking lot program and were able to serve many people in the County. Will try to do again in Central County this year and later expand to East County. ○ The American Foundation for Suicide Prevention will hold their fund-raising event on June 8th – an overnight 18 mile walk in San Francisco. To raise funds for research and support for families. More information available on their website. ○ Encourage people to use libraries. There is a new library in Richmond on San Pablo Avenue. Many resources there (i.e. info on the Dental Van, Vision Van), computers and rooms can be reserved for consultations and meetings. 		

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	<ul style="list-style-type: none"> ○ Putnam Clubhouse will have a fundraiser on May 17th called Sweep Away Stigma. Meet at 9:30 am at the Concord Dollar Tree parking lot. Breakfast provided then a community clean up. Team building and meet back at the Clubhouse at noon four lunch, tours and a raffle. ● Meeting Notes - Approved (no revisions) 		
<p>2. Dialogue with Contra Costa Behavioral Health Services (CCBHS) Executive Staff</p> <ul style="list-style-type: none"> ● Update on General Items 	<p>Dialogue with Contra Costa Behavioral Health Services (CCBHS) Executive Staff:</p> <p>Dr. Matthew White:</p> <ul style="list-style-type: none"> ● Improvement Events <ul style="list-style-type: none"> ○ A Significant amount of work is being done by Community Based Organizations (CBO's) <ul style="list-style-type: none"> ▪ They face challenges interacting with the County ▪ For example, receiving payments ▪ To initiate services and continue to provide services ○ Now focusing on ways to assist our CBO partners ● One day event two weeks ago <ul style="list-style-type: none"> ○ Many present to share common values ○ Explain County legal requirements and goals ○ Explain values, goals and obstacles ○ Identified common themes and areas where we can work together to make improvements ○ Communication and collaboration was voted the most important topic ○ Currently planning another improvement event ● Search for Behavioral Health Director <ul style="list-style-type: none"> ○ Hope to soon to have formal announcement ● Hope House <ul style="list-style-type: none"> ○ Residential crisis facility ○ Community concerns re administration of program ○ Had a change in clinical leadership and searching for 		<p>Dr. Matthew White, Acting Director of Contra Costa Behavioral Health Services</p>

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	<p>a new Clinical Supervisor</p> <ul style="list-style-type: none"> • Bi-Bett <ul style="list-style-type: none"> ○ A CBO that provides alcohol and other drug community related services (i.e. Pueblo Del Sol, Diablo Valley Ranch) ○ Susan Cinelli who led and ran the program passed away two months ago ○ Fatima Del Sol from Contra Costa County Alcohol and Other Drugs (AOD) immediately assisted ○ She researched and located an Interim Director, Rod Libby ○ Will determine if continue to maintain services as organized or consider merging with another entity ○ Programs are running and stable but there has been a leadership change • Anka Behavioral Health <ul style="list-style-type: none"> ○ A crisis residential program and Full-Service Provider (FSP) partner ○ Filing for Chapter 11 bankruptcy ○ Effects programs statewide ○ Planning on closing the residential treatment programs ○ Affects Nevin House and Nierika House, Don Brown Shelter – Is a high priority with the County to maintain these services ○ Will provide updates when we learn the scope of the effects and Anka’s plans and intentions <p>Questions and Comments:</p> <p>Q: Any information about Rainbow?</p> <p>A: (Warren Hayes) Rainbow Community Center in downtown Concord provides services to people who identify as LBGTQ. A long-established CBO that we would like to continue to support. We have a contract with Rainbow. Rainbow had a replacement of clinical director and staff.</p>		

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	<p>We met with Rainbow. Rainbow assured us there will be no interruption of services. The County is in the contract renewal cycle with Rainbow currently. The contract expires at the end of this calendar year. Will be observing the program re clinical approach and leadership for the next few months.</p> <p>Q: Are there any groups that provide technical assistance to nonprofits? A: Center Point Network</p> <p>Q: Is Health, Housing and Homeless Services (H3) working to assist Don Brown? A: H3 has been alerted and offered assistance.</p> <p>Q: What is the capacity for Nevin House and Nierika? A: Sixteen beds each.</p>		
<p>3. Stakeholder Community Representatives Sharing Key Topics from Committee Meetings</p> <ul style="list-style-type: none"> • Adults • Alcohol and Other Drug Services • Children, Teens and Young Adults • Housing Committee (Health, Housing & Homeless Services) (H3) • Innovation • Membership • Mental Health Commission • Older Adults • Quality of Care (Mental Health Commission) 	<p>Committee Updates (Stakeholder Sharing sheets) were distributed</p> <p>Adults – Correction – First bullet point, the name should be Bryan Forrester, PhD Clinical Psychologist, Team Lead for CoCo LEAD Plus.</p> <p>Alcohol and Other Drug Services – Printed summary provided.</p> <p>Children, Teens and Young Adults – No additional comments.</p> <p>Housing Committee (H3) – Representative not present and no additional comments.</p> <p>Innovation – Still having trouble getting the CORE program fully operational. For example, must test the kids in the program for substance abuse (drug testing). Face challenges in getting the drug test kits even though the program’s Psychiatric Nurse Practitioner approved publicly available drug test kits. Obstacles to obtaining funds for these tests. This impacts the clinical program. Also, do not have funds to pay for food for night courses.</p>		Committee Representatives

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<ul style="list-style-type: none"> • Social Inclusion • Suicide Prevention • System of Care 	<p>Actually, have funding through MHSA. But, roadblocks working with the County to receive these MHSA allocated funds.</p> <p>Membership – Have handed out CPAW pamphlets. We meet as necessary. If anyone knows absent members, please contact them to see if they are still interested in participating. Suggested a list of these absent members be made so they could be contacted. Anyone on the list who has an objection to providing, can contact Warren Hayes. If so contacted, that information will not be included on the list out of respect for privacy.</p> <p>Mental Health Commission – Had a presentation from West County Detention Facility Unit for Youth in Richmond. Had the hearing on the 2019-2020 MHSA Plan Update and the Update was approved by the Commission. The Commission is closely following the developments on Anka and gave approval for procedures to try to keep the programs open.</p> <p>Older Adults – No additional comments.</p> <p>Quality of Care (Mental Health Commission) – No meeting in April.</p> <p>Social Inclusion – No additional comments.</p> <p>Suicide Prevention – No additional comments.</p> <p>System of Care – Committee focused on the Oak Grove Center. Next meeting will discuss educational resources and AOD resources that will be offered to youth in this program.</p>		
<p>4. Children’s, Teens, and Young Adult (CTYA) Psychiatric Emergency Services (PES) Ad Hoc Committee –</p>	<p>Speakers Jennifer Tuipulotu and Kathi McLaughlin: (Completed Assessment Readiness Form (ARF) provided to CPAW Committee members)</p> <ul style="list-style-type: none"> • Previous CPAW meeting addressed issue of a young 		<p>Jennifer Tuipulotu, Kathi McLaughlin</p>

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Assessment Readiness Form (ARF)	<p>woman’s experiences at Psychiatric Emergency Services (PES) facility</p> <ul style="list-style-type: none"> • Raised and discussed several issues re the facility • PES Issues <ul style="list-style-type: none"> ○ Where patients enter facility <ul style="list-style-type: none"> ▪ Speak through microphone where others can hear (no privacy/HIPAA concerns) ○ Room inside open and not private <ul style="list-style-type: none"> ▪ Kids can see what is going on and adults ▪ Adults can see them • Current design of PES facility does not meet needs of children • Recommend architectural renovation of facility and that funding be provided for these renovations • Specific recommendation on Assessment Readiness Form (ARF) <ul style="list-style-type: none"> ○ To renovate the PES facility to better accommodate clients of all ages ○ Recommended renovations listed on the ARF form ○ CPAW role is to discuss and endorse the recommendation ○ Recommend funding from MHSa Capital Facilities Funds if no other funds available • Discussion <ul style="list-style-type: none"> ○ Mental Health Commission’s Finance Committee and Quality of Care Committees requested seeing the plans for the renovations to present before the Mental Health Commission to support this recommendation and MHSa funding ○ Hard to image who would vote against this ○ Contra Costa Regional Medical Center (CCRMC) is the owner of the building and have line items for maintenance, repair and renovations. Should present this need to the owner to find other County resources ○ Respite Center – Sally’s Place – is a Peer Respite. 		

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	<p>Working on expanding to have youth programs. When someone comes to PES, that person should first be met by a Peer.</p> <ul style="list-style-type: none"> • Vote on ARF <ul style="list-style-type: none"> ○ CPAW Members: <ul style="list-style-type: none"> ▪ Support: 7 ▪ Not Support: 0 ▪ Abstain: 1 ○ Non-CPAW Members: <ul style="list-style-type: none"> ▪ Support: 10 ▪ Not Support: 0 ▪ Abstain: 1 • Next step in the process <ul style="list-style-type: none"> ○ Warren Hayes will write an email to the Interim Behavioral Health Director detailing this CPAW recommendation <p>Questions and Comments:</p> <p>Comment: The CTYA Ad Hoc Committee is also addressing other issues regarding youth and the next meeting is May 14th at 1:00 pm at the MHSA office at 1220 Morello Avenue, Suite 100, Martinez.</p> <p>Comment: The PES area is so small there is not much room to make renovations</p> <p>Response: We would move current office space to make room</p>		
<p>5. MHSA Community Program Planning Process:</p> <ul style="list-style-type: none"> • Update on event planning (co-sponsorship with CBOs, location, month, and volunteer 	<p>Genoveva Zesati:</p> <ul style="list-style-type: none"> • Forum Dates <ul style="list-style-type: none"> ○ July – August 2019 <ul style="list-style-type: none"> ▪ Topic: Supportive Housing ▪ West County ▪ Partner with Contra Costa Interfaith Housing ○ September 2019 		<p>Genoveva Zesati (Mental Health Services Act, Administrative Services Assistant III)</p>

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<p>recruitment)</p> <ul style="list-style-type: none"> • Input on discussion questions – Prepared by CBOs versus Prepared by CPAW 	<ul style="list-style-type: none"> ▪ Topic: Suicide Prevention ▪ Central or South County ▪ Partner with Contra Costa Crisis Center ○ October – November 2019 <ul style="list-style-type: none"> ▪ Topic: Early Childhood Education ▪ Central or South County ▪ Partner with First Five and Early Childhood Prevention and Intervention Coalition • Forum Questions <ul style="list-style-type: none"> ○ Four Questions <ul style="list-style-type: none"> ▪ Will have fewer questions in upcoming forums ▪ Will allow for more time to discuss each question and provide more time for open discussion at the end of forum • Next Steps <ul style="list-style-type: none"> ○ Identify the Community Based Organization partners, the venue, dates and times ○ Locate Key Note Speakers – Most likely from CBO partner ○ Arrange with CCTV to be present and film Forums will be linked to the MHSa website ○ Identify Volunteers ○ Complete Survey for Discussion Topics (Survey Monkey) • Goals <ul style="list-style-type: none"> ○ Bring more Community Based Organizations to the event and bring their clients and community members to the forums ○ The previous forum had fewer volunteers so want to ensure have an ample staff of volunteers ○ Next month will provide the date, time and location for each forum ○ The partner Community Based Organization will assist in determining Discussion Topics ○ Will encourage CBO’s present at each forum to 		

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	<p style="text-align: center;">interact and learn from each other</p> <p>Questions and Comments:</p> <p>Comment: When the Suicide Prevention forum date and time is determined, ensure schools are contacted. Schools are starting to adopt programs. Can invite Sandy Hook Promise to present.</p> <p>Question: Will there be a table available for others to put out their information?</p> <p>Answer: Yes.</p> <p>Question: What are qualifications to be a CBO and how can we become a partner to a forum event?</p> <p>Answer: Give us your card and information</p>		
6. Public Comment & Suggestions for Future Agenda Items	<p>Public Comment:</p> <ul style="list-style-type: none"> • Jennifer Tuipulotu will be attending the Peer Respite Event on May 15th. She will bring materials back for CPAW. Suggest a presentation on the Peer Respite program for a future CPAW Committee meeting. • It is good to have a presenter from a program – an opportunity to learn of other services and programs. • Integrated Health as a suggested topic for a future CPAW meeting and Linda Dunn could present. <p>Announcements: None</p>	CPAW members and attendees	Maria Pappas
7. Review of Meeting	<ul style="list-style-type: none"> • We appreciate Dr. White remaining through the CPAW meeting to hear what Stakeholders are saying and discussing. We hope that the person who will be partnering with Dr. White in the future also comes to the CPAW meetings 		Maria Pappas
8. Adjournment & Next CPAW Meeting	<ul style="list-style-type: none"> • The next CPAW meeting will be June 6th from 3:00 pm to 5:00 pm. 		Maria Pappas