Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, March 7, 2019 3:00 pm – 5:00 pm

Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520



Members attending: Steve Blum, Stephen Boyd, Candace Collier, Doug Dunn, Kimberly Krisch, Sara Marsh, Mariposa McCall,

Will McGarvey, Kathi McLaughlin, Melinda O'Day, Roberto Roman, Jennifer Tuipulotu

Staff attending: Jennifer Bruggeman, Sarah Kennard, Robert Thigpen, Monique Harts-Washington, Genoveva Zesati

Public Participants: Keri Banks, Loretta Bradstreet, Guadalupe Cazares, Cheryl Hall, Mia Jackson, Sean Kearns, Gail Miller, James Ross,

Bessie Saganja, Barbara Simpson, Carwen Spencer, Amelia Wood

Facilitator: Maria Pappas

Recorder: Audrey Montana

Staff Support: Warren Hayes

Excused from Meeting: James Lancaster

Absent from Meeting: David Bergesen, Lisa Bruce Courtney Cummings, Maude DeVictor, Tom Gilbert, David Kahler, Jackie Lerman,

Lucy Nelson, Ryan Nestman, Lauren Rettagliata, Sheri Richards, Karen Smith, Connie Steers, Chelise Stroud,

Matthew Wilson, Sam Yoshioka

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
 Welcome Call to Order Roll Call, Introductions Review Working Agreement Announcements Finalize Meeting Notes 	 Introductions made Review Working Agreement Announcements – Social Inclusion has a Winter Edition of their newsletter available Meeting Notes - Approved (no revisions) 	Information Notes approved. Will be posted to MHSA CPAW website.	Maria Pappas Audrey Montana to post notes.

TOPIC	ISSUE/CONCLUSION	ACTION/	PARTY
		RECOMMENDATION	RESPONSIBLE
 2. Dialogue with Contra Costa Behavioral Health Services (CCBHS) Executive Staff Update on General Items 	Dialogue with Contra Costa Behavioral Health Services (CCBHS) Executive Staff: Warren Hayes: (Behavioral Health initiatives − Major efforts that are consistent with and carries out the Behavioral Health Services Strategic Plan) • Update on Value Stream Mapping Rapid Improvement Event (started last June) ○ Is a system look at how well we deliver service and how timely we meet the customers' needs ○ Value Stream Mapping is studying the system ○ Rapid Improvement Event is to determine new and different ways to do a better job ○ Focused on the East County Adult Clinic ○ The prior Rapid Improvement Event was in November. We then started implementing changes ○ Several key structural changes and improvements ■ Initial Assessments ◇ Now patient is assessed and receives care on first visit to clinic ◇ The first response is now a therapeutic response ◇ Previously, initially assessed then care scheduled for after initial visit ■ Team Approach ◇ Previously met with Clinician ◇ Now patient meets with a Clinician, Community Support Worker, Peer Support Provider and a Psychiatrist ■ Enable Clinicians to schedule own appointments ○ Now migrating these system changes to the West Adult Clinic and then to the Central Adult Clinic		Warren Hayes, Mental Health Program Chief

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	 Will be doing Rapid improvement Events with Community Based Organizations (CBO) starting in the Spring Coordinated Continuum of Care Services for people leaving locked facilities or in inappropriate housing in the community Need continuum of care to provide support - permit people to recover and become more self-sufficient Moving forward with a Housing First Assertive Community Treatment (ACT) model which is financed by MHSA Opportunity to receive up to three million dollars a year for three years in grant funds Focus is on Forensic Mental Health – people who are involved with the legal system Deadline of March 18th to submit grant proposal (these are competitive funds) For this grant, there are two funding streams - Proposition 47 and Assembly Bill 1810 Proposition 47 provides two million dollars which are competitive grant funds Assembly Bill 1810 provides one million dollars and we just have to apply These funds related to Forensic Assertive Community Treatment (FACT) – helping those who are being diverted from jail with the goal for them to be able to remain in the community Full Service partnerships Looking at a flexible housing fund To provide funds to get people into shared, master lease or scattered housing units Will also need a muliti-disciplinary team focused primarily at substance use disorder 		

Assembly Bill 109 State's effort to alleviate the state-owned jails (200,000 people are in these locked facilities) Attempt get people who leave the State facilities into the community and provide mental health treatment and keep them out of County jail The funding stream for this population (Forensics population) are AB 109, Proposition 47, Assembly Bill 1810 and Assertive Out-patient Treatment (AOT) The County Forensic Mental Health works to support this population who are involved with the criminal justice system Goal is to instead of placing people in locked facilities, provide mental health treatment in the community The County received AB 109 funds and these funds went to Clinicians who serve this population	ISSUE/CONCLUSION	ACTION/	PARTY
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 Forensic Mental Health will receive the AB 109 funds Plan to put additional funding to assist County contract service providers (CBO's) Creating a time line to provide funding for psychiatrists as well No Place Like Home (Oak Grove Project) Timeline Have a blue-ribbon committee for this project that meets regularly Includes Behavioral Health, Public Works, an architect and other departments from the County Project timeline Currently in the planning stage Initially planned to open doors July next year Met today and revised the date to 	 Assembly Bill 109 State's effort to alleviate the state-owned jails (200,000 people are in these locked facilities) Attempt get people who leave the State facilities into the community and provide mental health treatment and keep them out of County jail The funding stream for this population (Forensics population) are AB 109, Proposition 47, Assembly Bill 1810 and Assertive Out-patient Treatment (AOT) The County Forensic Mental Health works to support this population who are involved with the criminal justice system Goal is to instead of placing people in locked facilities, provide mental health treatment in the community The County received AB 109 funds and these funds went to Clinicians who serve this population Forensic Mental Health will receive the AB 109 funds Plan to put additional funding to assist County contract service providers (CBO's) Creating a time line to provide funding for psychiatrists as well No Place Like Home (Oak Grove Project) Timeline Have a blue-ribbon committee for this project that meets regularly Includes Behavioral Health, Public Works, an architect and other departments from the County Project timeline Currently in the planning stage Initially planned to open doors July next year 		REST ORIGINALE

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		RECOMMENDATION	RESPONSIBLE
TOPIC	ISSUE/CONCLUSION Project Cost Estimate Will complete plans for the property and obtain cost estimate Architect/Engineers will provide a cost estimate to renovate and bring the property up to code The MHSA Three Year Plan Update – have three million dollars of unspent MHSA funds so the cost estimate is important in regard to funding for the project During June CPAW meeting will provide an update as to the cost estimate for the property No Place Like Home Application Application submitted and recognized as complete and accepted by the State Department of Housing and Community Development Received a spreadsheet from the State Department of Housing Community Services (DHCS) indicating there were 177 million dollars in funding available statewide and 190 million dollars in funding were requested by applicants statewide Application Score Maximum score is 200 We self scored at 185 (top third) and many programs scored below this number Will be notified in June if awarded funding for the ten units in Pittsburg (Veteran's Square) Next Notice of Funding Availability (NFA) To be announced in September Final filing date in November This second round will have basically the same amount of funds available Met with the County Department of Conservation	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	Development and Health Housing and Homeless		
	Services to start the planning for this application Currently looking for development sponsors		

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	 Behavioral Health Director Position Search currently in progress Dr. White is not applying Position is being reconfigured The Behavioral Health Director and Medical Director will be co-equal Medical Director will report to the Behavioral Health Director and both Directors will report to Anna Roth Medical Director will focus more on clinical, directional, organizational functions Behavioral Health Director will focus more on the administrative, regulatory functions Opened recruitment, applications submitted, recruitment closed about a week ago, this week will be the first round of interviews. Then finalists will be selected Dr. White and Anna Roth will interview the finalists and make a final decision toward the end of April Questions and Comments: Q: Is tele-psychiatry done at any other regional adult clinics? If you had a choice between in person or tele-psychiatrist, would you have a preference? Tele-psychiatrists still used in the Team approach? A: Debating whether tele-psychiatry will do in the West County 	RECOMMENDATION	RESPONSIBLE
	Adult Clinic. The primary factor is if the psychiatrist is good. Tele-psychiatrists cannot see Medi-Care of Medi-Medi (both Medi-Cal and Medi-care qualified) clients, so are a bit more limited in services. Need someone co-piloting the tele-psychiatrists so would require additional staff time. Yes. They participate in the team and the only difference is that the psychiatrist is on a monitor.		

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	 Q: Nurse practitioner idea seems good. Wonder why did not do sooner? Is there a down side to using nurse practitioners? A: Dr. White: We have one in our system. The only down side is that they need supervision by a psychiatrist. Currently we have reached out to the UCSF Psychiatric Nurse Practitioners' Training Program. We have one of the students training in our system. Tele-psychiatry works very well. Tele-psychiatrists come in person one week per month which also helps with Team building. A: Warren Hayes: We have four positions authorized but as family practice nurse practitioners. With this County the position is a pay grade lower than what a psychiatric nurse practitioner can get on the open market. These positions have been vacant for years. We obtained our current psychiatric nurse practitioner by offering a loan repayment deal and that made a difference. We can reach out to the nurse practitioner community and emphasize the loan repayment program which can make up the differential in income levels. 		
	 Comment: As a tele-psychiatrist, sees it to be very effective. People warm up to the process, get used to it and are grateful that they are getting services. Q: Is using nurse practitioners cheaper? A: It is cheaper to use nurse practitioners. The co-pilot could be a Community Support Worker (CSW). Q: We have funds from MHSA, can we direct hire? Do we have to go through Human Resources? A: For the CORE program, we hired the nurse practitioner on an hourly basis as an alternate pathway. The County is working on system-wide hiring delays. 		

TOPIC	ISSUE/CONCLUSION	ACTION/ PECOMMENDATION	PARTY DESPONSIBLE
 3. Dialogue with Stakeholder Committee Representatives Adults Alcohol and Other Drug Services 	(Committee Updates (Stakeholder Sharing) were distributed) Adults – Representative not present and no additional comments. Alcohol and Other Drug Services - Representative not present and no additional comments. Children, Teens and Young Adults – No further information	RECOMMENDATION	RESPONSIBLE Committee Representatives
 Services Children, Teens and Young Adults Housing Committee (Health, Housing & Homeless Services) (H3) Innovation Membership Mental Health Commission Older Adults Quality of Care (Mental Health Commission) Social Inclusion Suicide Prevention System of Care 	to add to Stakeholder Summary. Housing Committee (H3) – Representative not present and no additional comments. Comment from public - Junior high students in Martinez are homeless and living in the hills behind the school. Advised to send an email to Warren Hayes who will notify Health, Housing and Homeless Services (H3) and staff will conduct outreach to the students. Also, 211 can be called for housing resources.		
	 Innovation – Continuing efforts on resolving issues in hiring personnel and with expenditures. Membership – The date of the next meeting will be determined and announced. New participants welcome. Mental Health Commission – No further information to add to Stakeholder Summary. 		
	Older Adults – CPAW member Gina Swirsding who is also a member of the Mental Health Commission is also an active participant of this committee.		
	Quality of Care (Mental Health Commission) – No further information to add to Stakeholder Summary.		
	Social Inclusion – No further information to add to Stakeholder Summary.		
	Suicide Prevention – No further information to add to Stakeholder Summary.		
	System of Care – No further information to add to Stakeholder Summary.		

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4. FY 18-19 Budget Update	Presentation by Warren Hayes:		Warren Hayes
	(Presentation handout provided to CPAW meeting attendees)		
	 April CPAW Committee Meeting Will provide a draft of Fiscal Year 19-20 Budget for the MHSA Plan Update Will ask for input on the Plan In May the Mental Health Commission will host a public hearing In June will go before the Board of Supervisors for authorization to proceed with the MHSA FY 19-20 Plan Update Summary Current year authorized 50.5 million dollars Estimate spending 45.6 million dollars by June 30, 2019 for Fiscal Year 18-19 Under budget about five million dollars These funds go into the unspent fund balance and these funds should be spent by the end of the three-year period (June of 2020) Good news is that we can use these unspent funds for the Next Fiscal Year (2019-2020) Will be using these funds in the upcoming Fiscal Year to establish a Continuum of Care People come from a locked facility, enter into intensive community treatment, receive supportive services and ultimately enter into permanent supportive housing Housing and services to help people maintain themselves in the community Have a lack of psychiatrists in this County due to the fact there is an overall shortage of psychiatrists and it is hard to compete with the private sector. Also, this County has a lower pay structure for psychiatrists (but we have now addressed the pay disparity). We have 		

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	applied unspent funds to provide a loan repayment program as an incentive for new psychiatrists (take unspent funds and repurposed to fulfill a critical need) MHSA has five components One component is Community Services and Supports (CSS) that includes the category of Full Service Partnership programs Another category is General System Development (dollars that supplement main treatment delivery) EPSDT (Early Periodic Screening Diagnosis and Treatment) Expansion – board approved 2.5 million dollars in addition to Children's System of Care funds A large part of treatment delivered in schools which have 2.5 million dollars in separate funds to fund contractors for services Challenge with delay in hiring staff but plan to be fully staffed by end of the three-year period Comment from public – The amount of services provided at schools varies with each school district and there is no oversight Anticipate meeting or exceeding the budget in FY 19-20 In this section of this report, the Mobile Response Team should be written as the Mobile Crisis Response Team Housing Services is part of the CSS component Received back 1.73 million dollars from the State that were funds from a prior MHSA permanent supportive housing program (Special Needs Housing Program) Yesterday started the process to have the Board of Supervisors approve five units in Walnut Creek and twelve units in Richmond	RECOMMENDATION	RESPONSIBLE
	 Prevention and Early Intervention (PEI) 		
	 Each of the listed PEI programs are mature 		

		PARTY
	RECOMMENDATION	RESPONSIBLE
 Have a budget of 9.9 million and spent 8.8 million All these programs moving along, are within budget and will soon use the maximum of the budgeted funds The issue in this situation is that we are at budget, but then there would be no funds in the event of sudden needed expenditures (i.e. van broke down, office rent Innovation (INN) Have funds but current programs are still establishing and expanding CORE Program (serves adolescent youth who have dual diagnosis of mental illness and substance abuse) and CBSST Project (Cognitive Behavior Social Skills Training) where staff service augmented board and care facilities Both programs will be expanding this next fiscal year Workforce Education and Training (WET) Includes the SPIRIT Program - new class has 53 enrollees Internship program Financial Incentive − loan repayment program Family Volunteer Support Network WET does not have money coming from the State and uses unspent funds for funding these programs 2.6 million dollars was budgeted for WET Capital Facilities/Information Technology (CF/TN) 2010 set aside six million dollars to develop an electronic health records system 600,000 dollars remain of those funds Not done until IT provides a consumer portal and Community Based Organization (CBO) portal and this is being worked on with these remaining funds Those interested in providing input in focus groups for IT in designing these portals can 	RECOMMENDATION	RESPONSIBLE

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	During the April CPAW Committee meeting, we will discuss the MHSA Fiscal Year 2019-2020 budget	RECOMMENDATION	RESI ONSIBLE
 5. MHSA Community Program Planning Process: Thoughts on structuring all day conference for next event, versus community forum Share ideas on follow up and after action 	 Structure of MHSA Community Forums Have received quality input from stakeholders and CPAW Steering Committee representatives as to future MHSA Community Forums Typically do three community forums in three regions of the County each year Have received input about reaching the South region Genoveva Zesati is now on our MHSA Team and has electronic technology expertise to advance the forums Genoveva arranged to have Contra Costa's CCTV come to the last two forums and filmed the forums This opened the opportunity to have a full one-day forum to be conducted in the South region of the County (i.e. San Ramon) and simultaneously have the other three regions in the County (East, Central and West County) participate in this one-day forum The one-day forum would be conducted in all four regions of the County Three topics will be presented and discussed Young children (ages 0-5), suicide prevention and Continuum of Care Housing First ACT model Will have a speaker presentation on each topic Then have small group discussions Will present the all-day forum in a webinar format People could go to any of the four locations to participate in the forum Staff would also be at each of the four locations and have small group discussions Specific topics (i.e. Suicide Prevention) would be scheduled for a specific time of day and people interested in that topic can then become involved at scheduled time during the forum 		Warren Hayes, Jennifer Bruggeman (MHSA Program Supervisor)

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	 People could sign up for all three topics, two topics or just one topic of interest During last month's CPAW Committee meeting, it was noted that we have not held a forum in South County and venues were suggested (San Ramon Valley School District and PG&E Training Center) San Ramon Community Center might be a prime location as it can accommodate an all-day event, it is spacious and has space for the break out rooms for small group discussion At each of the four locations, we will have Community Based Organizations (CBO) partners assist Looking into possibility of using CBO locations to hold each local, regional forum event Various CBO's and also those from the local region will be present at the forum to provide information and resources and have an active dialog with members of the local community 	RECOMMENDATION	RESPONSIBLE
	Questions and Comments:		Warren Hayes,
	 Q: What are three other locations? Will have small group discussions at each of those locations? Will this one full day forum replace having two other forums during the year? A: The hosting CBO will live stream the event. Each location will have the topics and discussions. One example of a prime location could be Vicente High School in Martinez. The school facility has the electronic equipment to present the forum and several classrooms for use for small group discussions. 		Genoveva Zesati (MHSA Administrative Services Assistant II)
	 Q: In regard to the three regional locations, would they be able to communicate with the main forum event and staff? A: We are looking at this possibility now. They will be able to communicate either through email or we may Skype this event. We are seeing if we can arrange this and see if each 		

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	CBO has that capability to Skype the event.	RECOMMENDATION	RESPONSIBLE
	Q: Will CBO's be participating the full day or, for example, a three-hour period?A: Possibly for six hours. It will be determined by each CBO.		
	Q: Will this full day forum replace the two other forums that we usually have in the year?A: This could be one full day forum event instead of three for the year.		
	 Q: Will topics be discussed simultaneously or staggered throughout the day? A: Topics could be staggered through the day and scheduled for specific times so that people can choose the topic and times they want. 		
	Q: Could we offer food or child care at the forum events? If provided, would increase participation.A: If this event is for a full day we should provide food.		
	Q: Can we have a sketch or diagram of this structure of the forum to better visualize and understand?A: Yes. We can provide.		
	Comment: Many high schools and colleges have the necessary equipment to present the forum electronically. Deer Valley High School in Antioch has an amazing amphitheater and excellent equipment and facilities. Also suggest vignette situations that can occur every day in the community to also be discussed during small group discussions.		
	Comment: Increasing the time for the community forum might result in a higher attrition rate. Might affect how we obtain data and feedback.		
	Comment: We still need to follow up on the topics we had during the last forums (i.e. Immigration). Response: Yes. We should address that and provide follow up		

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	after this forum.	RECOMMENDATION	KESI ONSIBLE
	Comment: The time slot (morning, afternoon, late afternoon, evening) is important for each topic. Response: Yes, the time scheduled is an important variable.		
	Comment: Could address culturally responsible care that touches all services provided.		
	 Q: When during the year will this full day forum be? A: October, November this year. We then start the cycle for the new MHSA Three Year Plan. This is why we planned to have this community outreach earlier than usual. 		
	 Q: For this forum will need logistical support. I previously attended an event with Access California. Was informed each county could allocate up to 5% of the MHSA budget specifically for the community planning process. Are we doing that? A: We do not have a separate line item for this. We do resourcing for what we need. We are under that five percent figure. 		
	Comment: Staggered times permits people to show up or participate at that time which is a major convenience. Especially when they have to work during the day. Younger people can come during the day than the evening. Response: Yes, allows flexibility and gives everyone an opportunity to participate.		
	Comment: For Three-Year Plan need to look at various funding areas. If we know what programs are available, can advocate for such programs in our area of the county. For example, duplicate the James Morehouse program in Martinez.		
	Comment: Best to advertise early so people can schedule to participate (i.e. save the date announcement).		
	Comment: Suggest a planning group or ad hoc committee to		

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	help prepare for this all-day forum.		
6. Public Comment, Announcements	 Public Comment: None Announcements: Jennifer Tiupulotu of Office for Consumer Empowerment (OCE) introduced Monique Harts-Washington who is the new Family Services Coordinator for the Children's System of Care The Danville Community Band (an 85-piece band with accomplished conductors from the UC system) is having a "Let's go to the Movies" event on March 17th at 2:00 pm at the Blackhawk Museum. There is no fee. But 	CPAW members and attendees	Maria Pappas
7. Review of Meeting	 there is an entrance fee to enter the museum. Thank you, Warren Hayes, for the great information and feedback. Thank you, Dr. White, for staying throughout the CPAW Committee meeting. We appreciate Dr. White staying to "hear us". We hear information from Dr. White and he hears from us. We appreciate that Dr. White stays as this is a very important thing for us. Also appreciate the perspective Dr. White offers. For example, information on the improvement events and the differences in using a nurse practitioner and a contractor. 		Maria Pappas
8. Adjournment and Next Meeting	• The next CPAW meeting will be April 4th from 3:00 pm to 5:00 pm.		Warren Hayes