

Contra Costa County
Mental Health Services Act
Community Forum focused on
Immigrant Communities



COMMUNITY PROGRAM
PLANNING PROCESS
JANUARY 16, 2019

RICHMOND, CA



Welcome to the Community Forum focused
on Serving Immigrant Communities



Tonight's Agenda

- 3:00PM Registration and Tabling (Meet Community Based Organizations)
- 3:30PM Introduction to Mental Health Services Act (MHSA)
Guest Speakers
- 4:20PM Small Group Discussions
- 5:20PM Reconvene
- 5:25PM Public Comment
 - Speak with Staff
 - Input and Evaluation Forms
 - Prioritize Service Needs (Voting)
 - Would You Like to Stay Involved?
- 6:00PM Adjournment

Please look inside your folders for important documents.

Mental Health Services Act (MHSA)

- The Mental Health Services Act, or Proposition 63 was voted into law in November 2004 by California's voters.
- It taxes 1% of income over \$1 million and provides additional funding to the County's existing public mental health system.
- Services are to be consumer driven, family focused, based in the community, culturally competent, and integrated with other appropriate health and social services.
- Requires that a Three Year Program and Expenditure Plan be developed with the active participation of local stakeholders (people like you) through the community program planning process.

MHSA Three Year Program and Expenditure Plan

- Contra Costa's 2017-2020 Three Year Plan is approved by the Board of Supervisors and is updated annually.
- The plan is prepared with input from the community program planning process, like the forum you are at tonight.
- Approximately 420 clients, family members, service providers and other interested individuals have participated in four community forums during this three year period identifying service needs and offering strategies to meet these needs.
- We ask for your input as we prepare our annual MHSA Plan Update and prepare for upcoming fiscal years.

Plan Update for 2018-2019

The Three Year Plan set aside over \$50 million for over 80 programs and plan elements in the following five components:

Component	Purpose	Amount
Community Services & Supports (CSS)	To support children with serious emotional disturbance and adults with serious mental illness	\$36.7 million
Prevention & Early Intervention (PEI)	To prevent mental illness from becoming severe and debilitating	\$8.9 million
Innovation (INN)	For new or different patterns of service that can be subsequently added into the system	\$2.1 million
Workforce Education & Training (WET)	To recruit and retain Contra Costa County Behavioral Health Services county employees and contract staff	\$2.6 million
Capital Facilities/ Information Technology (CF/TN)	To implement an electronic mental health record system	\$52,000

- For the full Three Year Plan visit the MHSA website at:
<https://cchealth.org/mentalhealth/mhsa/pdf/Plan-Update-FY-2018-2019.pdf>

Funded by Contra Costa County MHS



What Do We Need From You Tonight?

- 1) Participate in the forum, review the materials in your folders and complete and return necessary documents. Ask questions.
- 2) Participate in the breakout sessions and discuss public mental health needs and topics at hand. Try recommending strategies for meeting those needs.
- 3) Help us prioritize mental health issues and prioritize service needs that are important to you/your community. If your issues/service need is not listed, please include it on the Input Form in your folder.

Mental Health Issues Affecting Immigrant Communities

Prior to this evening, we conducted a survey of issues that may affect immigrant communities to help determine the top five issues for discussion tonight. Later, we will ask those in attendance to prioritize their top 5 issues (vote).

- Strategies for offsetting fear/mistrust in the community? How to make services more welcoming?
- Addressing misconceptions around safe services – improving messaging
- Re-building trust in the community
- Better understanding of existing legal services
- Better understanding of existing mental health services
- Peer support for immigrants (system navigation)
- Local law enforcement versus ICE – understanding differences
- Can social media be better utilized?
- Need for more interpreters/ translation services
- Decrease in number of people accessing low risk benefits (Medi-Cal, healthcare, immunizations, food stamps, WIC)
- Understanding "sanctuary" cities and school districts in Contra Costa County
- Other (Please add on Input Form)

Identified Service Needs from Previous Community Forums

You will also be asked to prioritize (vote) on previously identified service needs from other community forums that have taken place during this three year period (2017-2020). This will be a separate vote apart from the top 5 topics you are voting on in relation to immigrant communities.

- More housing and homeless services for the mentally ill
- Getting care in my community, my culture, my language
- More support for family members
- Improved response to crisis and trauma
- Finding the right services when you need it
- Better coordination of care
- Getting to and from care
- Intervening early in psychosis
- Children and youth in-patient and residential beds
- Serve those who need it the most
- Support for peer and family partners
- Increased psychiatry time
- Care for the homebound frail and elderly
- Assistance with meaningful activity

Group Discussion Topics



The top five issues identified for discussion tonight have been listed here. Time will be given to discuss other mental health topics as well during the course of the evening during the breakout session and public comment.

1. How to better understand mental health services in the community? What are existing services available to immigrant communities?
2. What are some strategies to build power, agency, safety and sustainability for immigrant communities?
3. Explore the role of peer support workers in this community? What is a peer support worker? How may they assist with system navigation?
4. How to better understand existing legal services?
5. What can be done to address misconceptions around safe services (i.e. not subject to public charge)?

Breakout into Groups



Please wait until we cover the following steps before moving into your group.

1. In a few moments you will move. Please take all your items with you when you move.
2. Please stay with the group you were assigned.
3. Once you join your group, you will be with them until we reconvene in the main room (Bermuda Room) at 5:20pm.
4. At this time, please find the facilitator holding a sign that matches the dot color and number on your name tag.

Welcome Back



Agenda

- 5:20PM** Reconvene
- 5:25PM** Public Comment
 - Speak with Staff
 - Input and Evaluation Forms
 - Prioritize Service Needs (Voting)
 - Would You Like to Stay Involved?
- 6:00PM** Adjournment

Public Comment / Comentario Publico



The public may comment on any agenda item or any item concerning the topic at hand. In the interest of time and equal opportunity, speakers are requested to observe a 2-minute time limit (subject to change at the discretion of the facilitator). **For those wishing to speak, please complete a Public Comment Request form and give it to a volunteer.**

El público puede hacer comentarios sobre cualquier tema en la agenda o sobre cualquier tema relacionado con los temas del Foro Comunitario. En interés del tiempo y la igualdad de oportunidades, se solicita que los comentarios observen un límite de tiempo de 2 minutos a menos que se especifique lo contrario. **Aquellas personas que deseen dar comentario, por favor completen una solicitud de Comentario Publico y entréguela a uno de los voluntarios.**

Questions & Forms/ Preguntas y Formularios



Any questions? Please ask at this time.

Please complete and return the Evaluation and/or Input Forms.



¿Tiene preguntas? Favor de hacer su pregunta en este momento.
Por favor complete y regrese los Formularios de Evaluación e los
Formularios de Sugerencia.

Voting Instructions



Please do not move until told to do so.

In a few moments, you will vote by placing colored dots on sheets. **You will vote twice using different colored dots.** You will chose your top 5 issues in relation to the topics discussed tonight **and** you will also chose 5 issues from the identified service needs from previous community forums that have taken place during this three year period.

If you'd like to suggest an issue that isn't listed, complete and return an Input Form.

How Can You Stay Involved?

- Email mhsa@hsd.cccounty.us and ask to be added to our list serve of future forums and committees.
- Reach out to the MHSA Office via phone at (925) 957-2617 or visit the MHSA Office at 1220 Morello Avenue, Suite 100 in Martinez.
- **Get involved with the Consolidated Planning Advisory Workgroup (CPAW) and stakeholder committees!**
 - ❖ These groups help inform, develop, and assess services in Contra Costa County's public mental health system. They also help integrate the values inherent to the Mental Health Services Act into our larger public mental health system. Lastly, they promote transparency of efforts by sharing information with stakeholders (people like you)!
 - ❖ Refer to the trifold brochure in your folder for more information on CPAW.

Thank you for your participation!



COMMUNITY FORUM

Theme: Serving Immigrant Communities

Consumers and their family members, providers of mental health services, and all interested community members are most welcome to attend this community event and provide input on improving public mental health services in Contra Costa County.

Date:	Wednesday, January 16, 2019
Time:	3:00 P.M. – 6:00 P.M.
Location:	Richmond Memorial Auditorium 403 Civic Center Plaza, Richmond 94804

Please Join Us!

Please RSVP to this event by email or telephone:

mhsa@cchealth.org

925-957-2617

Please let us know in advance if you would like assistance with the following:

- ❖ *Language translation, such as a Spanish speaking interpreter*
- ❖ *Directions and/or how to access public transportation*
- ❖ *Gift card to offset cost of participation*
- ❖ *Any other reasonable accommodation*

Information gathered at the forum will be used to prepare and plan the Contra Costa County Mental Health Services Act (MHSA) Three Year Program and Expenditure Plan and annual updates. Any information provided during the forum is secure and anonymous.





FORO COMUNITARIO

La Salud Mental en Comunidades Inmigrantes

Invitamos a todo el público, clientes del condado de Contra Costa, sus familiares, proveedores de servicios de salud mental, y miembros de la comunidad que están interesados en asistir un foro comunitario para ofrecer comentarios y unirse a la discusión en como mejor apoyar la salud mental en comunidades inmigrantes del condado de Contra Costa.

Esta es su oportunidad para comunicar las necesidades de servicios, proponer estrategias y aprender cuales son los recursos disponibles. La única información que será colectada en el foro es su nombre al registrarse. Cualquier otra información que usted quiere proveer es por opción suya.

Fecha:	Miércoles 16 de Enero, 2019
Horario:	3:00 PM – 6:00 PM
Dónde:	Richmond Memorial Auditorium 403 Civic Center Plaza Richmond, CA. 94804

¡Participe!

Por favor confirme su asistencia a este foro por teléfono al (925) 957-2614 o por correo electrónico a mhsa@cchealth.org

Déjenos saber si necesita asistencia en el foro para:

- ❖ *Servicios de traducción, como un intérprete de español*
- ❖ *Instrucciones para llegar al lugar o para acceder al transporte público*
- ❖ *Tarjeta de regalo para compensar el costo de asistir al foro*
- ❖ *Cualquier otra adaptación razonable*

La información colectada en el foro será utilizado para preparar y planificar el Plan de Gastos y Programa de Servicios de Salud Mental (MHSA) para los siguientes años fiscales de la oficina de MHSA del condado de Contra Costa.





COMMUNITY FORUM 社区论坛

Theme: Serving Immigrant Communities

主题：为移民社区服务

我们欢迎患者及其家庭成员，精神卫生服务提供者以及所有感兴趣的社区成员参加这一社区活动，并就改善Contra Costa县的公共心理健康服务提供意见。

日期：	星期三，2019年元月16日
时间：	3:00 P.M. – 6:00 P.M.
地点：	Richmond Memorial Auditorium 403 Civic Center Plaza, Richmond 94804

请加入我们！

Please RSVP to this event by email or telephone:

请通过电子邮件或电话回复此项活动：

mhsa@cchealth.org

925-957-2617

如果您需要以下方面的帮助，请提前告知我们：

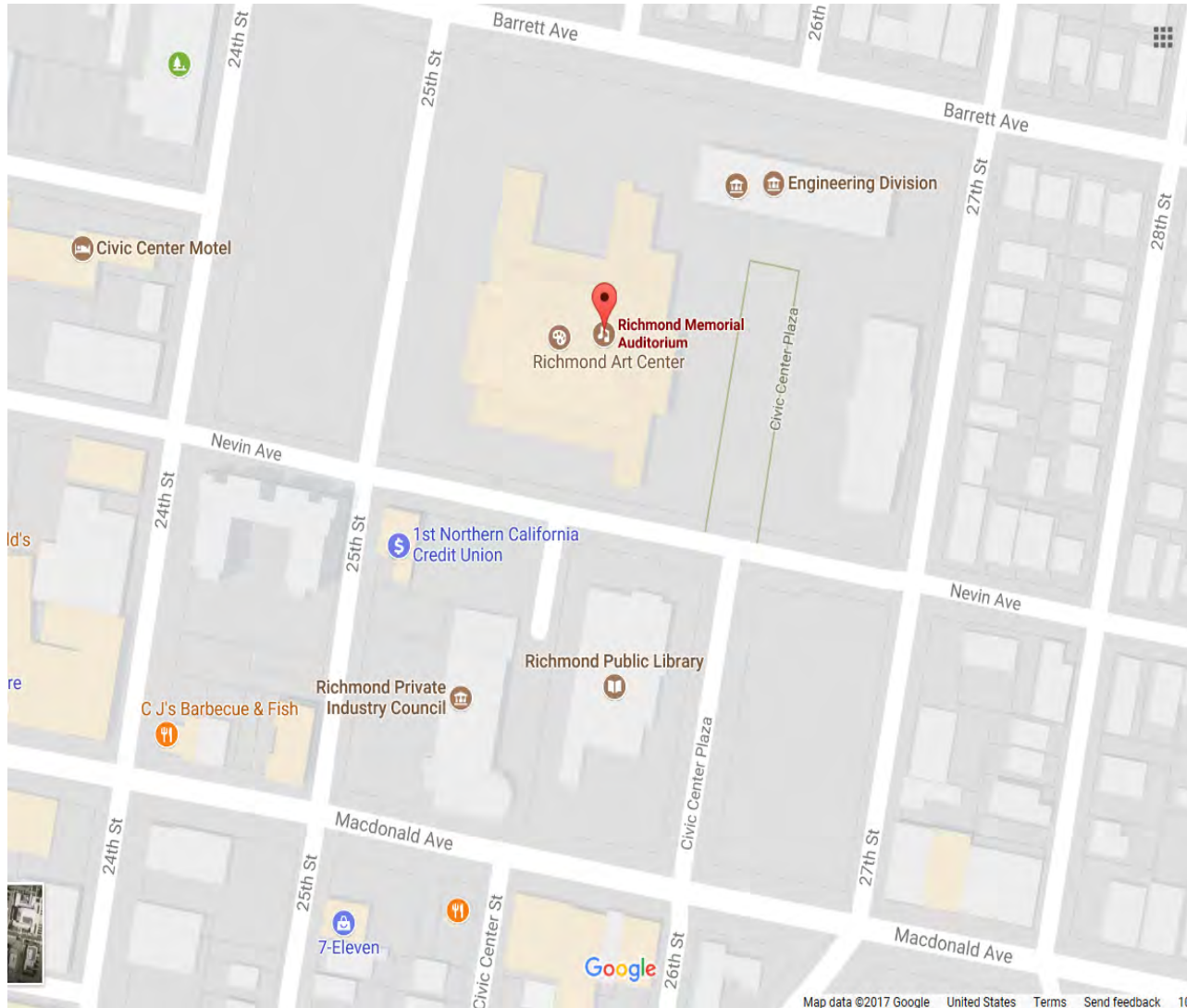
- ❖ 语言翻译，如讲西班牙语的口译员
- ❖ 交通指南和/或如何进入公共交通
- ❖ 礼品卡抵消参与费用
- ❖ 任何其他合理的住宿



在论坛收集的信息将用于准备和计划康特拉科斯塔县精神卫生服务法 (MHSAs)

三年计划和支出计划以及年度更新。

Map and Directions to CCBHS's Community Forum at Richmond Memorial Auditorium



Directions

Driving from Central/East County:

Hwy 4 West toward Richmond
Merge onto 80 West
Take Exit 16B for Barrett/San Pablo Ave
Right on Barrett Ave
Left on 27th St.
Right on Nevin

BART directions:

Take Richmond train to Richmond station
Walk along Nevin Ave about 10 blocks
(Street numbers should be getting higher)
Auditorium will be on your left between
Civic Center St and Civic Center Plaza
(10-12 min walk)

AC Transit directions:

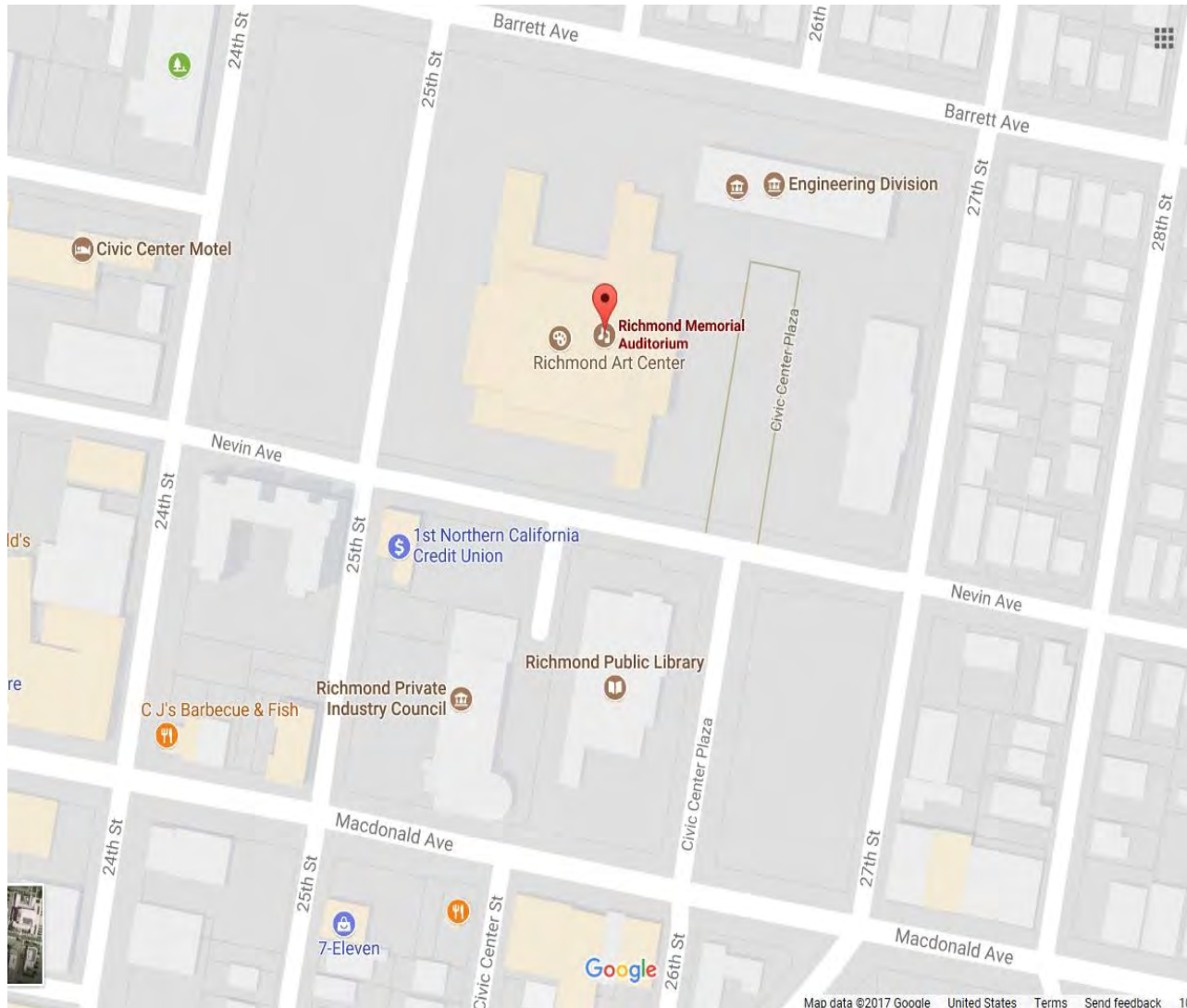
Take 72M or 667 to MacDonal Ave/Civic
Center Plaza
Walk along Civic Center Plaza about 2
blocks past Nevin Ave
(About 2 min walk)
Or
Take 74 to 22nd/Nevin Ave
Turn right on Nevin
Walk about 5 blocks along Nevin Ave
(Street numbers should be getting higher)
Auditorium will be on your left between
Civic Center St and Civic Center Plaza
(5-7 min walk)

Street Parking



If you have questions about how to get to the forum,
contact a Commute Navigation Specialist with
Overcoming Transportation Barriers at 925.957.5110

Mapa y Direcciones al Foro Comunitario del Condado de Contra Costa en el Auditorio Memorial de Richmond



Directions

Driving from Central/East County:

Hwy 4 West toward Richmond
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Street Parking






Si tiene preguntas sobre como llegar a este foro, por favor llame a la O contact a Commute Navigation Specialist with Overcoming Transportation Barriers at 925.957.5110



Contra Costa Behavioral Health Stakeholder Calendar February 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>10</p> 	<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>	
<p>4</p>	<p>5</p>	<p>6</p>	<p>7</p>	<p>8</p>	<p>9</p>	<p>2</p>
	<p>H3 Community Housing: 1:00 – 3:00 pm 2425 Bisso Lane, Concord</p>	<p>System of Care: 10:00–11:30 am 1220 Morello Av, Suite 100, Martinez Mental Health Commission: 4:30 – 6:30 pm (location TBA)</p>	<p>CPAW: 2:00–5:00 pm 2425 Bisso Lane Concord</p>	<p>Children's: 11:00 am–1:00 pm 1340 Arnold Dr, Suite 200, Martinez Social Inclusion: 1:30–3:30 pm 2425 Bisso Lane Concord</p>		
<p>17</p> 	<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>	
	<p>CPAW Innovation: 2:30–4:00 pm 1220 Morello Ave, Suite 100, Martinez</p>	<p>Aging /Older Adults: 2:00–3:30 pm 2425 Bisso Lane Concord AOD Advisory Board: 4:00 – 6:15 pm 1220 Morello , Martinez</p>	<p>CPAW Steering: 2:30 – 3:30 pm 1220 Morello Av, Suite 100, Martinez Quality of Care: 3:00 – 4:30 pm 1220 Morello Av, Suite 100, Martinez</p>	<p>Suicide Prevention: 9:00 am – 10:30 am 1220 Morello Av, Suite 100, Martinez</p>		
<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>		
	<p>Adults: 3:00 – 4:30 pm 1340 Arnold Dr, Ste 200, Martinez</p>					