

Stakeholder Sharing

(CPAW Meeting – August 2, 2018)

Highlights of news to share and areas discussed at recent CCBHS supported stakeholder meetings:

Social Inclusion – July 12th

- Social Inclusion Committee conducted role playing exercise for Social Inclusion Ambassadors in preparation to engage community as part of Social Inclusion: Hope Starts with Us public advocacy campaign. Group will continue with planning and preparation for meetings in September and October at the Native American Health Center's Richmond Native Wellness Center.
- PhotoVoice Empowerment Project is working with RI International. Office for Consumer Empowerment (OCE) is working to establish more streamlined post-group production of artwork through Contra Costa County's Print and Mail division.
- At WREACH subcommittee on June 28th, meeting participants were given opportunity to share stories of hope using mostly poetry. Participants seemed to enjoy activity. Between 80% to 90% of those present at the meeting got a chance to express themselves. It was very inspiring. Please note, WREACH Speakers Bureau Subcommittee meeting changed time of meeting. Now meetings are 1:30 to 3:00 PM.

Systems of Care – June 13th

- NAMI briefed committee on progress toward implementing Family Support Volunteer Network and updated their milestones and timeline for starting program this summer.
- Committee received update on pending supportive housing legislation that is earmarked for persons with serious mental illness.
- Group reviewed and discussed common definitions, such as "serious mental illness, homelessness, and shared housing" that will be used in upcoming housing initiatives. Additional definitions to be reviewed and discussed at July 11th meeting, full verbal report to be provided at August 2nd CPAW meeting.

Innovation – May 21st

- Innovation Committee received reports and dialogued with three Innovative Projects that they are supporting. Overcoming Transportation Barriers provided update and discussed progress toward publishing transportation guides in both English and Spanish for each region of county, and how Transportation Committee meetings shares transportation resources, events and other relevant information. Steve Blum updated Innovation Committee on implementation of Cognitive Behavioral Social Skills Training (CBSST) Project. The two staff have been recruited, and will start by acclimating themselves to clients who reside in augmented board and care facilities. Nancy O'Brien provided update on implementing Center for Recovery and Empowerment (CORE). Lease on site in Point Richmond has been signed, staff are currently being hired. Project appears to be on target to start this summer and provide services to youth experiencing co-occurring mental health and substance use disorders.
- The next committee meeting August 27th.

Adults – June 26th

- Contra Costa Mobile Crisis Response Team (MCRT) is under the Forensic unit and is mental health service designed to de-escalate and provide intervention for a psychiatric crisis including; ability to complete 51/50's in field. This is a county wide service, is for adults only, anyone can refer to program. The number is 1(833) 443-2672.
- Hume Center Partial Hospitalization Program in Concord assists adults with severe mental illness. They have 25 hour a week Intensive day treatment program. Treatment includes; group and individual therapy, art therapy, meditation mindfulness therapy, Dialectical Behavior Therapy (DBT). Services for Hume include; medication management, 2 meals a day provided, transportation.

Children, Teens and Young Adults – June 14th

- Michelle Nobori provided update about interviews for Children's Chief position. Interviews began June 18. She also provided update on developments in Children's System of Care and progress toward implementing Continuum of Care Reform Initiative (CCR).
- Jude Leung from First Hope, and other staff came to speak about program/ services they provide, along with updates from the TAY Advisory Council Report. Jude also gave insight as to what is underway for First Episode Program, located in Pleasant Hill.
- Committee signed and submitted letter regarding desired attributes for Children's Chief position.
- Nancy O'Brien reported on CORE Innovative Project's progress in establishing services for youth in Richmond struggling with both mental health and substance use disorders.
- Candace Collier provided update on Housing for Family and Young People.

Mental Health Commission – June 7th and Quality of Care Committee June 21st

- Dr. Matthew White, Acting Behavioral Health Services Director, announced additional psychiatrists have been hired to alleviate psychiatry shortage, and tele-psychiatry is going well and will be expanded. Senior leadership has focused on better access to care and announced a one week value stream mapping event to occur week of June 11. This will be a team starting at the East County Adult mental health clinic and studying entire process of how individuals receive care. The idea is to map current system and develop and implement strategies for improving access to care.
- Commission discussed concept of partnering with CCBHS senior leadership to develop common areas of data points that would enable discussion of state of public mental health care in Contra Costa County. Commission voted to establish ad hoc Data Committee to meet for limited number of sessions to flesh this out.
- Commission adjourned and hosted annual Public Hearing on the MHSA Three Year Plan Update. Comments provided that will be addressed in the final Plan Update that will go before Board for approval for FY 2018-19.
- At June 21st Quality of Care Committee, members voted to send letter to CCRMC advocating that same patient outreach/satisfaction process used at hospital be extended to individuals who were at PES and 4-C Ward.
- Committee furthered discussion regarding common areas of interest and delineated seven domains that can help the focus for the first Data Committee meeting.

Alcohol and Other Drugs Advisory Board – May 23rd

- Public Comment included information shared by Antwon Cloird about training he organized on mental health for the faith based community in Richmond where 30 people attended. Another guest, Tom Aswad reported clients need for Recovery Support Services and lack of affordable housing. Last year, Support4Recovery (S4R) fulfilled 35 housing grants. As of May 2018, 28 have been fulfilled while S4R is on track to fill up to 70 grants this year, it's only touching a small number of people.
- AOD staff introduced Dr. White to meeting attendees as Interim Director of Behavioral Health where Dr. White informed meeting attendees of his history of working at (Psychiatric Emergency Services) PES and voiced his understanding of the need for Substance Use Disorder (SUD) Treatment.
- Fatima Matal Sol announced AOD received one time only startup funds for two recovery residences. Funds must be spent by October. Currently, Bi-Bett accepted funds for one recovery residence for men.
- Maureen Neilson from Employment and Human Services presented on resources for people with SUD; such as Americas Job Center with locations throughout county. As of September, services will be provided through contractors.

Aging and Older Adult – June 27th

- Executive Director of Interfaith Council of Contra Costa, Will McGarvey gave update on need for training for clinicians directed towards plans on managing end of life issues. Adam Down, announced that county will be contracting with Dr. Patrick Arbore, a nationally recognized expert in field of elderly suicide prevention and grief services that has worked to raise awareness of isolation, depression and loneliness in older adults.
- Topic of palliative care and the need for it was discussed as aging population's deserves quality of life as well as quality of care.
- Senior Mobility Action Council will be having all day event at Rossmoor Event Center on September 7th.
- Next meeting July 25th.

Council on Homelessness – May 1st

- Discussed MHSA Special Needs Housing and reminded attendees of needing plan in place for funds by fall of 2019 or funds may be at risk of reversion. In needs assessment in 2016, stakeholder recommendation was to focus on population in locked facilities. There are many consumers in locked facilities outside of county, currently Contra Costa has no adequate place for this population within county. No Place Like Home (NPLH) will provide funding for needs assessment of locked facility/ board and care population and outline housing needs of this group.
- Funds available may be used for *brick and mortar housing acquisitions*; defined as building or purchasing home. Other option is *expanding master lease and contract*; however general consensus is there is no sustainability in this option as funds are finite (won't continue), and individuals would need to move once funding source is exhausted. A third option was the; *flexible housing pool*, which helps with short term rental, assistance with deposits and movers. County currently has similar fund, Housing Security Fund (HSF).
- *Brick and mortar housing acquisition*, was first option and second being *flexible housing pool*. East county was identified as number one in need, and West county

second. There was a tie between shared housing and single scattered housing for types of housing. H3 is in early stages of requesting feedback.

- Many youth grants are being released from federal level in short period of time, most likely due to Federal Government Initiative which aims to end youth homelessness by 2020. Three grants for youth housing were discussed. The Youth Homeless Development Program (YDHP) grant in amount of \$1.3 million will fund strategic planning efforts for assessment of needs of Contra Costa and funding to develop housing. Housing could be permanent, shared and/or outreach teams. Some housing/navigation services that could be implemented regardless if grant comes through is bridge housing, joint TH-RRH, room mate matching, landlord recruitment for ADUs, and possibly micro housing. Transitional Living Program (TLP) is other grant released aimed toward 18-21 year olds. Street Outreach Program (SOP) is another grant that was released to fund CORE outreach to homeless youth. H3 is applying.
- Covia Home Match also presented at committee meeting. This is a non-profit that runs "life care communities" that have room sharing programs and help homeowners 55+ with extra rooms connect with home seekers 18+ who need affordable place to live. Rents range from \$600-\$1,000. Operates throughout several counties. Process is long and thorough; requires background check, while also gathering information for compatible match of parties involved. For more info call organization at (925) 451-9890.
- Discussion was had on how to uplift needs of all different populations and perhaps have subcommittees formed for each group as meeting focused on doing deep dive allows to better target and utilize resources. It was stated that H3 has looked deeply into data for outreach and shelters, but has not done this for entire Continuum of Care (CoC). Looking to bring back information on entire system of care.
- Other items discussed was high need for senior housing, specifically seniors with Alzheimer's or dementia, housing and services for re-entry population 55+, seniors raising grandchildren and not being able to qualify for housing because of this, tracking data for seniors being hospitalized that try to stay in hospitals versus having to try for shelter housing.
- Discussion of Notice of Funding Availability (NOFA) which is released by HUD and process for county applying for these funds. Currently, H3 is working on Micro PAD housing project, a 55 unit complex for high utilizers.
- Next meeting August 7th.

Contra Costa Behavioral Health Stakeholder Calendar

August 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 MH Commission: 3:30—5:30 pm Pittsburg Health Center, 2311 Loveridge Road, Pittsburg	2 CPAW: 3:00—5:00 pm 2425 Bisso Lane Concord	3	4
6 	7 H3 Housing 1:00 — 3:00 pm 2425 Bisso Lane, Concord	8 Systems of Care: 10:00—11:30 pm 1220 Morello Av, Ste 100, Martinez	9 Children's: 11:00 am—1:00 pm 1340 Arnold Dr, Ste 200, Martinez Social Inclusion: 1:30—3:30 pm 2425 Bisso Lane, Concord	10	11	
12	13	14	15	16 CPAW Steering: 3:00 — 4:00 pm 1220 Morello Av, Ste 100, Martinez	17	18
19	20	21	22 Aging / Older Adults: 2:00—3:30 pm 2425 Bisso Lane Concord AOD Advisory Board: 4:00 — 6:00 pm 1220 Morello, Martinez	23	24	25
26	27 CPAW Innovation: 2:30 — 4:00 pm 1220 Morello Av, Ste 100, Martinez	28 Adults: 3:00 — 4:30 pm 1340 Arnold Dr, Ste 200, Martinez	29	30	31	