

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, May 3, 2018

3pm – 5pm

Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520



- Members attending:** Stephen Boyd, Candace Collier, Doug Dunn, David Kahler, Sara Marsh, Will McGarvey, Tammy Keagy, James Lancaster, Kathi McLaughlin, Jennifer Tuipulotu
- Staff attending:** Jennifer Bruggeman, Golnaz Fortune, Jan Cobaleda-Kegler, Kristin Heher, Manvarid Naghshineh, Ellie Shirgul, Windy Taylor, Robert Thigpen, Genoveva Zesati
- Public Participants:** Keri Banks, Loretta Bradstreet, Graciela Cesares, Gigi Crowder, Leo Martinez, Melinda O’Day, Liz Olsen, Steven Renner, James Ross, Carwen Spencer, Bessie Sagaiga, Elizabeth Ward, Matthew Wilson, Amelia Wood, Charles Madison
- Facilitator:** Maria Pappas
- Recorder:** Audrey Montana
- Staff Support:** Warren Hayes
- Excused from Meeting:** Karen Smith, Lisa Bruce, Roberto Roman
- Absent from Meeting:** David Bergesen, Duane Chapman, Maude DeVictor, Tom Gilbert, Jackie Lerman, Lucy Nelson, Lauren Rettagliata, Connie Steers, Gina Swirsding

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none"> • Call to Order • Roll Call, Introductions • Review Working Agreement • Announcements • Finalize Meeting Notes 	<ul style="list-style-type: none"> • Introductions made • Review Working Agreement • Announcements <ul style="list-style-type: none"> ○ Corrections to CPAW May Calendar <ul style="list-style-type: none"> ▪ Adult Committee will meet May 22nd ▪ Older Adults will meet May 23rd ○ Addresses for Committee meetings <ul style="list-style-type: none"> ▪ Some meetings will be at Arnold Drive ▪ Some will meet at 1220 Morello Avenue ○ Kathi McLaughlin requests attendance at the 	Information Notes approved. Will be posted to MHSAA CPAW website.	Maria Pappas Audrey Montana to post notes.

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	<p>CPAW Membership Committee on May 21st</p> <ul style="list-style-type: none"> ○ NAMI will have an event regarding Faithnet and their approach to inclusion on May 25th ○ Danville Community Band will give a free concert at the Community Presbyterian Church in Danville on Sunday, June 3rd ○ Due to the upcoming Community Forum at the end of June, there will be no CPAW meeting on July 5th. <ul style="list-style-type: none"> ● Meeting Notes – Approved with minor revision 		
<p>2. Dialogue with Contra Costa Behavioral Health Services (CCBHS) Executive Staff</p> <ul style="list-style-type: none"> ● Areas of Interest ● Moving Forward 	<p>Dialogue With Contra Costa Behavioral Health Services (CCBHS) Executive Staff</p> <p>Warren Hayes:</p> <ul style="list-style-type: none"> ● Dr. Anna Roth is the new Mental Health Services Director as of February 1st ● She is focusing on patient and family centered care, and is looking at Behavioral Health Services as the model ● She has raised issues as to access to care ● Introduced Dr. Matthew White (Acting Behavioral Health Services Director) <p>Dr. Matthew White:</p> <ul style="list-style-type: none"> ● Background <ul style="list-style-type: none"> ○ Grew up in the Bay Area ○ Was an Internal Medicine physician at Alta Bates Hospital ○ He then became a psychiatrist with residence at Stanford ○ He was a faculty member at Stanford for five years ○ Interested in intergrading psychiatry into primary care ○ He was head at the Psychiatric Emergency 		<p>Dr. Matthew White, Acting CCBHS Director</p>

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	<p>Services at Stan Miller Wellness Center and Detention facility for one year</p> <ul style="list-style-type: none"> ○ Has worked at Contra Costa Psychiatric Emergency Services for seven or eight years ○ He observed who were the least served and most vulnerable of the clients ○ He still retains his role as the Medical Director at the hospital ○ He is versed on hospital based systems and is now learning Behavioral Health Services <ul style="list-style-type: none"> ● Issues Currently Focusing On <ul style="list-style-type: none"> ▪ Access to care ▪ Is aware that psychiatrists are needed especially in East County where there is a long wait list ▪ Salary has been an issue for retention and attrition. To attract psychiatrists, there will be a twenty percent increase in pay for psychiatrists starting July first ▪ New Child Psychiatrist started in West County ▪ Two new psychiatrists in East county will permit tele-psychiatry ▪ Look at hospital information <ul style="list-style-type: none"> - Average length of stay, percentage of people who return to PES ▪ New data and billing system starts July 1st ▪ Need to measure how we are doing ▪ Assess who are the clients and determine where they are located ▪ Is working to strengthen the relationship with stakeholders <ul style="list-style-type: none"> ○ Comment – Kathi McLaughlin <ul style="list-style-type: none"> ▪ Children’s needs need to be met 		

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	<ul style="list-style-type: none"> ▪ Transform the system from children, to transitional age youth to adults systems ▪ Would like a timeline ▪ Would like to be involved in the interviewing process for the new Children’s Program Chief ▪ In mid-May he will get a list of the candidates for Program Chief ○ Comment – Douglas Dunn <ul style="list-style-type: none"> ▪ There is a facility on Oak Grove that needs two million dollars to upgrade ▪ We are still paying rent on the facility ▪ Need a new crisis facility for transitional age youth ○ Comment – Gigi Crowder <ul style="list-style-type: none"> ▪ Come to the NAMI General Meeting 		
<p>3. Dialogue with Stakeholder Committee Representatives</p> <ul style="list-style-type: none"> • System of Care • Innovation • Mental Health Commission • Alcohol and Other Drug Services • Social Inclusion • Children, Teens and Young Adults • Adults • Older Adults 	<p>Committee Updates (Stakeholder Sharing sheets) were distributed</p> <p>Housing Committee – No additional comments and no questions</p> <p>System of Care</p> <ul style="list-style-type: none"> • Will discuss the Family Support Volunteer Network • Adult Program Family Coordinator will work with NAMI <p>Innovation – No meeting in April</p> <p>Mental Health Commission</p> <ul style="list-style-type: none"> • Detention Facility presented • The Martinez M Ward • Procedures and proposed changes • Devising ways to connect people with services upon release from detention • Provide a record for tracking • Proposed major positive changes <p>Alcohol and Other Drug Services - Representative was not present and there were no questions</p> <p>Social Inclusion</p> <ul style="list-style-type: none"> • Photo Voice Exhibit “See Me As I Am” 		Committee Representatives

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	<ul style="list-style-type: none"> ○ Will be at 651 Pine Street, First Floor in Martinez for May ○ The Exhibit will address myths and facts about mental illness ○ May is Mental Health Awareness Month ● Presentation Before the Board of Supervisors <ul style="list-style-type: none"> ○ Vicente High School Students prepared a video with funding from PEI providers ○ The video will be shown to the Board ○ Will make presentation re the Photo Voice ○ The Board will make a Proclamation ○ Will occur next Tuesday, May 8th at the Board of Supervisors' Meeting ● May 10th is Celebration at RI International in East County <ul style="list-style-type: none"> ○ Speakers will make presentations ○ The Vicente High School video will be shown <p>Children, Teens and Young Adults – No additional comments and no questions</p> <p>Adults</p> <ul style="list-style-type: none"> ● The Stephen Dale law firm provided information on special needs trusts ● Consumers must understand the need for such trusts <p>Older Adults – No additional comments and no questions</p> <p>AOD – No additional comments and no questions</p>		
<p>4. Preparing for the June 21 Community Forum</p> <ul style="list-style-type: none"> ● Planning to Date ● Small Group Discussions --What Do We Want to Pose to Our Stakeholders Regarding: <ul style="list-style-type: none"> a) Housing for Persons Who Experience Serious Mental Illness 	<p>Preparing for the June 21st Community Forum</p> <p>Planning to Date:</p> <ul style="list-style-type: none"> ● This is part of the ongoing stakeholder participation ● In this event, we reach out to the community to get input and we incorporate that information for the MHSA community planning process ● Usually have the events in the fall but they will now be held on a quarterly basis ● We will now partner with a community organization 	CPAW members and attendees	Warren Hayes

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b) Outreach and Care to the Underserved c) Support for Families and Loved Ones of Consumers	<ul style="list-style-type: none"> • We look at the specific community and culture • Do not listen just to the loudest • The first quarterly community forum will be held on June 21st during the NAMI General Meeting from 7:00 pm to 9:00 pm <p>Small Group Discussions:</p> <ul style="list-style-type: none"> • Attendees assembled into three groups <ul style="list-style-type: none"> ○ Each group chose one of three topics to discuss (community chose top topics to discuss) regarding support for consumers and their families <ul style="list-style-type: none"> ▪ Support for Families and Love Ones of Consumers ▪ Housing for People with Serious Mental Illness ▪ Outreach and Care To The Underserved • A facilitator was assigned to each discussion group • An assigned scribe took notes of group discussions • Notes will be written and submitted for discussion at the June 7 CPAW meeting in preparation for Questions for the next Community Forum 		
5. Public Comment, Announcements	<ul style="list-style-type: none"> • The new NAMI Executive Administrator, Steve Renner, started May first • Adult Committee Workgroup will be Tuesday, May 29th at 1340 Arnold Drive from 1:00 pm to 3:00 pm. Dr. Jan Cobaleda-Kegler will speak about Psychiatric Emergency Services. 		Maria Pappas
6. Review of Meeting	<ul style="list-style-type: none"> • Completed 		Maria Pappas
7. Adjourn	Next meeting will be June 7, 2018 from 3:00 pm to 5:00 pm		Warren Hayes