

# Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, April 5, 2018

3pm – 5pm

Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520



**Members attending:** Steve Blum, Candace Collier, Doug Dunn, Dave Kahler, Tammy Keagy, Kimberly Krisch, James Lancaster, Sara Marsh, Kathi McLaughlin, Lauren Rettagliata, Roberto Roman, Chelise Stroud, Jennifer Tuipulotu, Sam Yoshioka

**Staff attending:** Stephanie Chenard, Kristin Heher, Elise Shirgul, Windy Taylor, Robert Thigpen

**Public Participants:** Keri Banks, Loretta Bradstreet, Guadalupe Cazares, Andrea Clark, Gigi Crowder, Jamileh Ebrahimi, Leo Martinez, Stephanie Medley, Melinda O’Day, James Ross, Bessie Sagaiga, Carwen Spencer, Elizabeth Ward, Amelia Wood

**Facilitator:** Maria Pappas

**Recorder:** Audrey Montana

**Staff Support:** Warren Hayes

**Excused from Meeting:** Stephen Boyd, Lisa Bruce, Sheri Richards, Karen Smith, Matthew Wilson

**Absent from Meeting:** David Bergesen, Duane Chapman, Courtney Cummings, Maude DeVictor, Tom Gilbert, Molly Hamaker, Jackie Lerman, Will McGarvey, Lucy Nelson, Ryan Nestman, Connie Steers, Gina Swirsding

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none"> <li>• Call to Order</li> <li>• Roll Call, Introductions</li> <li>• Review Working Agreement</li> <li>• Announcements</li> <li>• Finalize Meeting Notes</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Introductions Completed</b> <ul style="list-style-type: none"> <li>▪ James Lancaster, new CPAW Committee member, was introduced. He is the Contra Costa County Behavioral Health Services Clinical Service Provider</li> </ul> </li> <li>• <b>Reviewed Working Agreement</b></li> <li>• <b>Announcements</b> <ul style="list-style-type: none"> <li>▪ The MHSa Office has moved to 1220 Morello Avenue, Suite 110, Martinez</li> <li>▪ Warren Hayes’ new office telephone number is (925) 957-2616</li> <li>▪ Lost Key claimed</li> </ul> </li> </ul>	Information  Notes approved. Will be posted to MHSa CPAW website.	Maria Pappas  Audrey Montana to post notes.

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	<ul style="list-style-type: none"> <li>• <b>Meeting Notes</b> – Approved with minor revisions</li> <li>• <b>Matthew Luu, Deputy Director of Behavioral Health Services - Announcements and Updates</b> <ul style="list-style-type: none"> <li>▪ Cynthia Belon, Behavioral Health Services Director, retired as of March 31, 2018. Matthew White has been appointed the Interim Behavioral Health Services Director. He is also the Behavioral Health Services Medical Director. Dr. White works at the Contra Costa County Hospital and oversees Psychiatric Emergency. He is also a physician/psychiatrist and works with the Miller Wellness Center. Dr. White comes to our Division with much experience and we are happy to have him lead the Division.</li> <li>▪ Vern Wallace, Children’s Mental Health Program Chief, retired on January 31, 2018. Recruitment for candidates to apply for the position is currently in progress. The interview process will then begin. We are asking Warren Hayes to solicit help from stakeholders who wish to become involved in the interview process (i.e. providing interview questions, etc.).</li> <li>▪ Behavioral Health Services completed the Health Care Services Tri-Annual State Audit in April. The Department scored very well. We received a score of 90% for our systems review and 95% for our chart review. During preliminary review of the findings, we found that we had disagreed with a number of findings. We filed appeals on those items. We were able to overturn four or five items. As a result, we actually scored better than the initial scores cited above.</li> <li>▪ The State has a new regulation – Network Adequacy Standard. This is a federal government standard that is imposed upon the states. All zip codes in Contra Costa County are listed. The location of consumers are</li> </ul> </li> </ul>		

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	<p>plotted on a map in the various zip code areas and then the physical location of services provided by the County (clinics, community based organizations, individual service and treatment providers such as pyscho-therapists, hospitals, etc.) are also indicated on the maps – Geomapping. This map indicates how many consumers and service/treatment providers there are in each zip code area. The state will review the location of the consumer, the location of the service provider, the distance between and the time for the consumer to drive to the service location. This information was submitted to the State on March 30<sup>th</sup>. The State has 90 days to review the information submitted. The state will then inform BHS if we have met the standard. If certain standards are not met, a plan of correction will be submitted to the State.</p> <ul style="list-style-type: none"> <li>▪ TAY Residential Request For Proposal – There were several finalists who submitted plans. These plans have to be submitted to Community Licensing to obtain licenses to provide the care as proposed. The TAY facility is County owned – we are the landlord. Inspections of the building were conducted. Unfortunately, the amount of money required to repair the building and provide for habitable conditions was two million dollars. As a result, it is not viable at this point financially to move forward with the project at that location. This project is currently on hold.</li> </ul> <p><b>Comments/Questions:</b> How many of our Behavioral Health clients that we are responsible for are sent out of county for either treatment or housing? Would there be a possibility of sharing services with another County? For those with addiction issues, the IMD exclusion has been removed. But others with serious mental illness are excluded and cannot receive treatment</p>		

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	<p><b>Response:</b> The State will review our information and let us know if there are any areas we need to work on. We will need advocates continue to advocate as this is a state wide issue as well. We will provide the information to the State and the State will indicate if the information is significant or not.</p> <p><b>Comments/Questions:</b> In regards to TAY, is First Hope still at that location? What would it cost for the facility to remain empty? Will we have to spend money if we intend to rent to anyone? Is there a plan in place for the property?</p> <p><b>Response:</b> First Hope is still at that location. We are not sure at this time if we will be renting out the facilities in the future. We plan to move First Hope from that location to another and First Hope and First Break will be co-located.</p>		
<p>2. Dialogue with the Mental Health Services Act (MHSA) Manager</p> <ul style="list-style-type: none"> <li>• MHSA Three Year Plan Update for FY 2018-2019</li> <li>• Status of Unspent Funds/Prudent Reserve</li> <li>• MHSA Funds for Housing</li> </ul>	<p><b>Dialogue With Mental Health Services Act (MHSA) Manager</b></p> <ul style="list-style-type: none"> <li>• Warren Hayes completed a Power Point presentation and distributed the “Mental Health Services Act Three Year Program and Expenditure Plan Fiscal Year 2018-2019” and the presentation outline “Draft of Plan Update”</li> </ul> <p><b>Comments/Questions:</b> Regarding the TAY housing project, is there a Plan B? Any plan to find another location? Could we obtain a copy of the report that indicated repairs need to be made to the property?</p> <p><b>Response:</b> Actually the funds needed to repair the property would be two million dollars. First Hope is located in a part of the building but could not expand due to the needed work on the other parts of the property. First Hope will be moving to a new facility in Pleasant Hill. We have \$250,000.00 in the budget for Tenant Improvements. These funds would be used to help start the project. There is no Plan B at present.</p>		<p>Warren Hayes, Mental Health Services Act (MHSA) Program Manager</p>

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	<p><b>Comment:</b> The property was purchased and then refinanced. We should ask if this is a good time to sell to recoup losses.</p> <p><b>Comments/Questions:</b> The Board of Supervisors and Behavioral Health Services should be informed about interest earned on unspent funds. That amount is \$2,753,000.00. These funds should be used for the severely mentally ill and not put into the general pot of funds. Can we ask that these funds stay within MHSA?</p> <p><b>Response:</b> The interest on the unspent funds remains in the MHSA fund. The interest earned goes to MHSA and it's programs</p> <p><b>Comments/Questions:</b> How much of the fifty million dollars is set aside for capital facilities? How much is used for housing for capital facilities? For example, Hope House was funded for three million dollars and that is now an investment for many years in the future. We need to invest in capital facilities.</p> <p><b>Response:</b> None at present. The State has pre-empted the county's ability to locally carve out unspent funds for bricks and mortar or master leasing. We have to wait for the Notice of Funding Availability from the State to do that. Counties must compete for this funding. With Hope House, we have a contract with TeleCare for two million dollars a year. We have incurred this obligation for many years in the future. MHSA is also committed ongoing costs for the Hope House Program that increases each year.</p> <p><b>Comments/Questions:</b> Have we been reviewing our spending for the past years to determine if we have been effective? We need to prioritize and determine those services that have done well and been effective.</p>		

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	<p><b>Response:</b> We have to ask what actual difference did the services make. The volume of Psychiatric Emergency Services visits is the temperature check. This relates to how effective the prevention and early intervention programs and the full service partnerships were. The determination would be performance based.</p>		
<p>3. Dialogue with Stakeholder Committee Representatives:</p> <ul style="list-style-type: none"> <li>• Systems of Care</li> <li>• Innovation</li> <li>• Mental Health Commission</li> <li>• Alcohol and Other Drug Services</li> <li>• Health, Housing and Homelessness Services</li> <li>• Social Inclusion</li> <li>• Children, Teens and Young Adults</li> <li>• Adults</li> <li>• Older Adults</li> </ul>	<p>Committee Updates (Stakeholder Sharing sheets) were distributed</p> <p><b>System of Care</b> – No additional comments and no questions</p> <p><b>Innovation</b> – No additional comments and no questions</p> <p><b>Mental Health Commission</b> - No additional comments and no questions</p> <p><b>Alcohol and Other Drug Services</b> - No additional comments and no questions</p> <p><b>Health, Housing and Homelessness Services</b> – No additional comments and no questions</p> <p><b>Social Inclusion</b></p> <ul style="list-style-type: none"> <li>• Now engaged in our Social Inclusion campaign</li> <li>• Will be moving the committee meetings temporarily for April and May to RI International (Antioch Wellness City) at 3711 Lone Tree Way in Antioch. Meetings will be the same dates and times.</li> <li>• In celebration for May as Mental Health Awareness Month, there will be a Photo Voice exhibit at the County Administration Building (651 Pine Street, Martinez) as part of the Art Passages Gallery</li> <li>• For WREACH, there is a new staff member, Stephen Boyd. Completed activities in peer support and shared challenges and recovery experiences. The next meeting is the fourth Thursday of April.</li> </ul>		<p>Committee Representatives</p>

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	<p><b>Children, Teens and Young Adults</b> - No additional comments and no questions</p> <p><b>Adults</b> - No additional comments and no questions</p> <p><b>Older Adults</b></p> <ul style="list-style-type: none"> <li>• Currently working on a project to create a training on supporting clinicians and others in our system of care who work with the terminally ill or with issues of death and dying</li> <li>• Invited new members to participate. The Facilitator position is open</li> </ul> <p><b>Membership</b></p> <ul style="list-style-type: none"> <li>• Interviewed and have a new CPAW Member, James Lancaster</li> <li>• Do not meet monthly but if there is an interview, we encourage CPAW members to please participate in the interview</li> </ul>		
<p>4. Prevention Services For Our Youth</p> <ul style="list-style-type: none"> <li>• Gun Violence</li> <li>• Immigration</li> </ul>	<ul style="list-style-type: none"> <li>• The CPAW Steering Committee was interested in addressing issues regarding young adults and current issues involving increasing protections for young adults</li> <li>• MHSA provides funding for RYSE Youth Center</li> <li>• Presentation by RYSE (Richmond) <ul style="list-style-type: none"> <li>▪ Presenters – Stephanie Medley (Education and Justice Director) and Jamileh Ebrahimi (Organizing Director)</li> <li>▪ Completed Power Point presentation and distributed handout “RYSE Youth Center”</li> </ul> </li> </ul> <p><b>Comments/Questions:</b> How many young people are involved in various activities (i.e. marches, going to healing places, etc.)?</p> <p><b>Response:</b> There were various situations. In the March, RYSE provided the only adults supporting the youth (i.e. traffic, police liaisons, etc.). Provide support on site and also at other locations with partner agencies and community</p>		RYSE Youth Center

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	<p>partners. Can be hundreds especially when the community is involved.</p> <p><b>Comments/Questions:</b> What is the phone number?  <b>Response:</b> (925) 900-5151 (Stand Together Contra Costa 24 hour Hotline)</p> <p><b>Comments/Questions:</b> How did you raise the money for the program?  <b>Response:</b> We receive funds from MHSA and other county agencies (i.e. Probation Dept.) and funds from private funding.</p> <p><b>Comments/Questions:</b> whose idea was it for this wonderful program?  <b>Response:</b> A group of young people.</p>		
5. Public Comment, Announcements	<ul style="list-style-type: none"> <li>• None</li> </ul>		Maria Pappas
6. Review of Meeting	<ul style="list-style-type: none"> <li>• No comments</li> </ul>		Maria Pappas
7. Adjourn	<ul style="list-style-type: none"> <li>• Next meeting will be May 3, 2018 from 3:00 pm to 5:00 pm</li> </ul>		Maria Pappas