

Contra Costa County Mental Health Services Act Community Forum

Community Program Planning Process for the
Fiscal Year 2017-20 MHSa Three Year Program
and Expenditure Plan

October 6, 2016 – West Contra Costa County



Mental Health Services Act (MHSa)

- Proposition 63 voted into law in November 2004 by California's citizens.
- Taxed 1% of income over \$1 million.
- Provides additional funding to the County's existing public mental health system of care.
- Services are to be consumer driven, family focused, based in the community, culturally competent, and integrated with other appropriate health and social services.
- Requires that a three year program and expenditure plan be developed with the active participation of local stakeholders in a community program planning process.



MHSa Three Year Program and Expenditure Plan

- Contra Costa's current Three Year Plan was approved by the Board of Supervisors for FY 2014-17.
- Preceded by a comprehensive community program planning process
- Over 500 consumers, family members, service providers and other interested individuals participated in 52 focus groups and community forums that identified service needs, and offered strategies for meeting these needs.
- **We are asking for your input as we prepare for the upcoming Three Year Plan starting July 2017.**



Current MHSA Three Year Plan

For Fiscal Year 2016-17 the Three Year Plan set aside \$43.1 million for over 80 programs and plan elements in the following five components:

- **Community Services and Supports** – \$31.6 million for children with serious emotional disturbance and adults with serious mental illness
- **Prevention and Early Intervention** - \$8 million for services to prevent mental illness from becoming severe and debilitating
- **Innovation** - \$2 million for new or different patterns of service that can be subsequently added into the system.
- **Workforce Education and Training** - \$650,000 to recruit and retain CCBS County employees and contract staff.
- **Capital Facilities/Information Technology** - \$850,000 toward implementing an electronic mental health record system.

The full Three Year Plan and FY 16-17 Plan Update is on the MHSA web page.



What Input do We Need From You Today?

We would like input from you in three areas:

1. Discuss current mental health issues in the community, and strategies to address these issues
2. Identify new and/or emerging public mental health needs and recommended strategies for meeting these needs.
3. Prioritize previously identified service needs



1. Current Mental Health Issues

Issues identified by **Consumers**:

- What does help getting to and from services look like?
- What should services in my culture look like?
- How can I get housing that I can afford?



1. Current Mental Health Issues(contd)

Issues identified by **Family Members:**

- Help in navigating mental health, medical and alcohol and drug services – what should that look like?
- What should emotional support of family members look like?
- How should public mental health partner with the community when violence and trauma occurs?



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1. Current Mental Health Issues(contd)

Issues identified by **Service Providers:**

- What should care look like for persons with serious mental illness who live in supportive housing?
- How do we care for young people who have both mental health and alcohol and drug problems?
- How do we help people who get better move to lower levels of care?



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2. New and/or Emerging Needs

- What community mental health needs and strategies would you like to discuss that have not been mentioned?



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3. Identified Service Needs

Previously stakeholders identified the following needs:

ACCESS

- Finding the right services
- Getting services when you need it
- Getting care in my community, in my culture, in my language
- Getting to and from services



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3. Identified Service Needs (contd)

CAPACITY

- Serve those who need it the most
- Improved response to crisis and trauma
- More housing and homeless services
- Assistance with meaningful activity
- Children and youth in-patient and residential beds
- More support for family members and loved ones of consumers
- Support for peer and family partner providers
- Care for the homebound frail and elderly
- Intervening early in psychosis



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3. Identified Service Needs (contd)

Integration

- Better coordination of care between providers of mental health, substance use disorders, homeless services and primary care
- Help with moving to a lower level of care as people get better
- More transparent program and fiscal accountability
- Better communication to enable stakeholder trust and participation



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How You Can Provide Input

- Participate in today's community forum
- Provide verbal and/or written input to Contra Costa Behavioral Health Service representatives
- Participate in CCBHS sponsored stakeholder committees and workgroups
- Send email to mhsa@hdsd.cccounty.us
 - Input received before December 31 will be considered in the development of the DRAFT MHSA Three Year Plan.
 - Input received after December 31 will be considered comments on the draft plan.



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What Happens After Today

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| • Draft MHSA Plan for FY 17-20 developed | FEB |
| • Draft Plan posted and circulated for stakeholder and 30 day public comment | MAR |
| • Mental Health Commission hosts a public hearing | APR |
| • Draft Plan summarizes, analyzes and responds to any substantive written recommendations for revisions | MAY |
| • Mental Health Commission reviews the Three Year Plan and makes recommendations | MAY |
| • Board of Supervisors reviews and approves the final Plan for FY 17-20 | JUN |



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Today's Agenda

- 3:00 – Welcome, overview of MHSA and the Community Planning Process
- 3:30 – Introduction to CCBHS stakeholder committees
- 3:45 – Introduction of small group discussion topics
- 4:00 – Break
- 4:15 – Small group discussions
- 5:45 – Summary and next steps
- 6:00 – Optional input invited
- Provide public comment
 - Apply your dots to prioritize service needs
 - Provide written input
 - Speak with CCBHS staff
 - Evaluate today's event

Reasonable Accommodations: Spanish translation, gift cards available upon request



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Contra Costa Behavioral Health Stakeholder Calendar

October 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3	4	5 MH Commission: 4:30 - 6:30 pm 550 Ellinwood Way Pleasant Hill	6 <i>Community Event</i> Maple Hall San Pablo	7	8
9	10 Social Inclusion: 1:00 - 3:00 pm 2425 Bisso Ln, Concord	11	12 CPAW Systems of Care: 10am - 12 pm 1340 Arnold Dr, Ste 200, Martinez	13 Children's Teens and Young Adults: 11:00- 1:00pm, 1340 Arnold Dr, Ste 200, Martinez	14	15
16	17 CPAW Membership: 3:00 - 4:30 pm 1340 Arnold Dr, Ste 200, Martinez	18	19	20 CPAW Steering: 3:00 - 4:30 pm 1340 Arnold Dr, Ste 200, Martinez	21	22
23	24 CPAW Innovation: 2:30 - 4:30pm 1340 Arnold Dr, Ste 200, Martinez	25 Adult: 3:00 - 4:30pm 1340 Arnold Dr, Ste 200, Martinez	26 Aging and Older Adult: 2:00 - 3:30 pm 2425 Bisso Ln, Concord AOD Advisory Board : 4 - 6:15pm, 2nd Floor, 1220 Morello, Martinez	27	28	29
30	31 					