

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, January 7, 2016

3:00 – 6:00 pm

Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520



Members attending: Ashley Baughman, Stephen Boyd, Lisa Bruce, Courtney Cummings, Maude DeVictor, Douglas Dunn, Molly Hollender, Dave Kahler, Kimberly Krisch, Will McGarvey, Kathi McLaughlin, Lauren Rettagliata, Sheri Richards, Karen Smith, Jennifer Tuipulotu,

Staff attending: Stephanie Chenard, Elena Eagan, Beverly Fuhrman, Lisa Noriega, Michelle Nobori, Betsy Orme, Michelle Richardson, Michelle Rodriguez-Ziemer, Roberto Roman, David Seidner, Heather Sweeten-Healy, Robert Thigpen

Public Participants: Glen Arnold, Tanya Arnold, Ben Barr, Chris Celio, Denise Harrell, James Hurley, Dana Matteri, Leslie Miao, Brian Newton, Sylvia Ortega, Anthony Reed, Joty Sikand, Carwen Spencer

Facilitator: Maria Pappas

Recorder: Melinda Meahan

Staff Support: Warren Hayes

Absent from Meeting: Hillary Bowers, Tom Gilbert, Jackie Lerman, Kimberly Martell, Susan Medlin, Ryan Nestman, Connie Steers, Gina Swirsding, Matt Wilson, Sam Yoshioka

NOTE: Due to Lisa Cabral's absence, there was no way to determine who was excused from this meeting.

TOPIC	ISSUE/CONCLUSION	ACTION/RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none">• Call to Order• Roll Call, Introductions• Working Agreement• Announcements• Finalize Meeting Notes	<ul style="list-style-type: none">• Introductions were made.• Maria Pappas reviewed the CPAW Working Agreement.• Lisa Bruce asked for someone to assist her with a housing issue. She thanked those have previously helped her.• Warren announced that Lisa Cabral is returning on	Information	Maria Pappas

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	<p>Monday, 1-11. (subsequently corrected to 1-19)</p> <ul style="list-style-type: none"> • Warren asked people to email Lisa or him with any corrections to the meeting notes. • Anybody who was excused from the December meeting should email Lisa to let her know so they will be listed in the notes as excused. 	<p>Lisa to make any corrections to minutes.</p>	
<p>2. Behavioral Health Issues</p>	<ul style="list-style-type: none"> • Jan Cobaleda-Kegler has been selected at the Adult Mental Health Program Chief. Management is already looking for an interim replacement for her current. She will be phasing from her old position into her new one so there is a smooth transition for all her present responsibilities. • Dr. Ross Andelman is retiring on January 8. Dr. Jon Whalen will serve as the interim medical director until a permanent replacement is selected. • The Central County clinic on Willow Pass Road is currently reviewing their space planning to utilize additional available space downstairs and to allow adequate space for anticipated future needs. • The process to contract with Optum to provide off-hours Access Line service has been completed as far as the County goes, and is in San Mateo County's hands to sign the contract and start the program. • Matthew was asked if the County could temporarily fill the three vacant psychiatrist spots with staffing from Traditions, who is already supplying staff to PES and Miller Wellness Center, as consumers were calling the Mental Health Commission and complaining about a two-month wait for appointments. He said it could be explored as an option if the union for the clinic doctors was open to doing that and stated that he would be happy to problem-solve for any individual consumers who might call. 		<p>Executive Staff: Matthew Luu</p>

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	<ul style="list-style-type: none"> Maude asked about the current security system in place to deal with events such as the San Bernardino shootings. Matthew described the current system and what they have done to reinforce it since those shootings. He added that Peter Ordaz was available to speak to non-County agencies to provide resources for them to use to meet their needs. 		
<p>3. CPAW Committee Reports</p> <ul style="list-style-type: none"> Membership Innovation System of Care 	<p><u>Membership:</u></p> <ul style="list-style-type: none"> There was no meeting in December. January's meeting is Monday, January 11. There is one application for a committee member. <p><u>Innovation:</u></p> <ul style="list-style-type: none"> The Innovation Committee is still open for more committee members. Anyone in the community who is willing to make a one-year commitment and attend on a regular basis is welcome to apply. After January, they will be closed to new committee members, although anybody is still welcome to come to meetings. As a reminder, anyone present during a discussion about a program they are personally connected with will not be permitted to weigh in on a proposal regarding that program, because they would have an unfair advantage. The agenda topics are announced at the beginning of each meeting so that people can excuse themselves if their program or agency will be discussed. The Committee will be starting to look at the additional funding we have available, the ideas that have come in for new projects, and what projects could be funded through Innovation funds given that the regulations and the definition of what constitutes an innovative project have changed since the County 		Committee Representatives

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	<p>previously went through this process.</p> <p><u>Systems of Care:</u></p> <ul style="list-style-type: none"> There was no meeting in December. The January meeting will be on January 13 and will focus on data evaluation and program outcomes. There will be some new data collection forms to pilot for the new PEI and Innovation regulations. 		
<p>4. BHS Committee Dialogue</p> <ul style="list-style-type: none"> Social Inclusion Housing Children, Teens and Young Adults Adults Older Adults 	<p><u>Social Inclusion:</u></p> <ul style="list-style-type: none"> The December meeting included members sharing their personal experiences of stigma and discrimination in mental and physical health, a presentation of the new Coaching to Wellness pilot program, and their annual potluck. The next meeting is on January 12. Steve Blum will facilitate a discussion on stigma and stigmatization of people who have undergone trauma to look for ways to overcome that stigma. The PhotoVoice subcommittee has moved to Crestwood Healing Center and is held the third Wednesday of the month from 10:00 – 11:30 am. Classes are still in the planning phase with a projected start of March 2016. The current WREACH coordinator, Lisa Noriega, is leaving the County. She is creating How-To guides to help the OCE team continue the success of this program. WREACH speakers have been confirmed for the Crisis Intervention Trainings in March; however, there is still a need for four observers who would be there to experience the presentations and not to present anything themselves. Anyone interested can contact Stephen Boyd. 		<p>Committee Representatives</p>

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	<p><u>Housing:</u></p> <ul style="list-style-type: none"> • Tom Gilbert and Lauren Rettagliata toured the First Hope facility to see if it could be used for TAY housing. It appeared to not be appropriate. However, there is a large plot of County-owned land on-site that could be used, and they are working on seeing if that can happen. One possibility to consider would be building “tiny modular homes” on the site, an idea presented by a Portland speaker who was brought in by the Interfaith Council. <p><u>Children, Teens, and Young Adults:</u></p> <ul style="list-style-type: none"> • At the last meeting, they discussed Ashley’s report about interviewing and having a discussion with different providers to the TAY population. They are waiting on feedback to this idea and will discuss what to do with the report. They are also trying to identify any ideas in the report that could be submitted to the Innovation Committee. • The Committee is still looking for viable housing solutions for youth and families. There is especially a need for family housing, as there are already plans for housing for individuals. • Vern is continuing the discussion with Finance regarding the possibility of creating a children’s inpatient unit. • The committee is researching and discussing what the impact will be of AB 403, the Continuum of Care Reform Bill, which states that children can only stay in residential care for six months with a possible (but difficult to get) extension for another three to six months. This will mean more children will be sent out of state for care, and it will mean there will be very little family reunification. 		

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	<p><u>Adults:</u></p> <ul style="list-style-type: none"> The committee has not had any meetings yet. Betsy Orme will find a time slot for meetings and let everybody know. They are waiting for key players to be in place so that issues specific to adult services can be linked to resources we have, similar to what is already happening in the Children’s Committee. <p><u>Older Adults:</u></p> <ul style="list-style-type: none"> There were no November or December meetings. The next meeting is January 27. Those who attend the committee meetings represent many different populations, and areas of interest have a lot of overlap with other committees, such as general health and well-being, housing, and alcohol and other drug issues. The committee has been revived because of new members coming in and participating and is looking at the mission statement, the vision and goals, and barriers for older adults. 		
<p>5. Stakeholder Dialogue</p> <ul style="list-style-type: none"> Mental Health Commission Behavioral Health Care Partnership Other Stakeholder Bodies 	<p><u>Mental Health Commission:</u></p> <ul style="list-style-type: none"> Doug Dunn will be joining the Commission, but there are still four Commissioner vacancies that need to be filled. <p><u>Behavioral Health Care Partnership:</u></p> <ul style="list-style-type: none"> No report was available due to several meetings having been canceled. <p><u>Other Stakeholder Bodies:</u></p> <ul style="list-style-type: none"> Maude brought up and the group discussed the inadequate staffing at Orrin Ranch and other juvenile 		Stakeholder Body Representatives

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	centers and the recidivism problem caused by the lack of transitional housing for the TAY population.		
6. Break (flexibly applied)			
7. Meet with Hume Center <ul style="list-style-type: none"> • Full Service Partnerships in East County • New contracts in West County 	<ul style="list-style-type: none"> • Hume Center introduced themselves and their staff. • They gave an overview of all of their current programs and what programs they already operate in the county. • For their new FSP and specialty mental health contracts, they are currently in lease negotiations for a main site in Richmond. They are also working on identifying a location in central Richmond close to Rubicon for a smaller satellite site in that community.. • They are working closely with Rubicon and the El Portal Clinic to have a smooth transition with warm handoffs of all the current consumers. • As part of their staffing search, they have asked Rubicon for names of any staff who might like to transfer to Hume with the new program. • They have a nurse practitioner on their team who can help with getting medication refills and answering questions, which they hope will help with the continuum of care. • Their model is to have more licensed and clinical staff and smaller work teams. <p><u>Questions from the group:</u> Q: How are you planning on dealing with situations such as when members of different gangs are together? A: We have gotten good information from Rubicon on how they handle those situations and are planning on using their strategies and getting advice from them as well as the El Portal Clinic on where to locate facilities. Q: What is your timeline for transferring clients? A: Our proposal gave the original timeline. We are</p>		Chris Celio & staff (invited)

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	<p>anticipating starting with a fixed number of consumers in February and adding subsequent numbers of consumers until they are all transferred.</p> <p>Q: Do you have a plan for West County consumers to have access to emergency medical care since Doctors Hospital in San Pablo closed?</p> <p>A: (Answered by David Seidner) Hume will not be able to answer this question. The County is currently working on solutions to this problem and will be working with Hume on that.</p> <p>Q: How are you planning to reach all the cultures in Richmond, and are you going to have a full umbrella of services similar to what Rubicon had?</p> <p>A: Our approach includes having psychiatrists and psychologists who are trained in going out to the community, developing partnerships, and working in collaboration with other people. We are meeting with Rubicon to understand their relationships in the community so we can transfer them to us. We plan to create community asset mapping to know what resources are in the community and have a team approach to building a community partnership. A major component will be cultural diversity, and we have experience in this with our Southeast Asian program in Alameda County. We are also seeking subthreshold language staff.</p> <p>Q: Will you have any volunteer or paid peer counselor positions for consumers with SPIRIT or similar training to use their knowledge and skills to work with their peers?</p> <p>A: The grant process included peer specialists and family partners. Also, we are here to provide services to the community at large, and anything we develop will take these factors into consideration.</p>		

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	<ul style="list-style-type: none"> • Lisa Noriega added that Hume currently has a track record of doing this in their East County program. 		
<p>8. MHSA Planning for 2016</p> <ul style="list-style-type: none"> • Timeline for FY 2016-17 Plan Update • Draft Timeline for FY 17-20 Three Year Plan <ul style="list-style-type: none"> - Budget Projections - Program Reviews 	<ul style="list-style-type: none"> • Warren went over the handout of the draft timeline for the 2016-17 MHSA plan update. He encouraged every CPAW member to attend and actively participate so that the stakeholder group they represent has a voice. • Warren also spoke about the program review schedule and issues affecting the timing of these reviews. He invited interested persons to participate in site reviews and indicated that they would be trained on what to do before going to the review. <ul style="list-style-type: none"> ○ It may be possible for one to volunteer to participate in a program review at a site they are already affiliated with if they can remain a disinterested party during the review. ○ Warren described MHSA funding availability and limitations and why this makes it important to budget funds appropriately. 		Warren Hayes
<p>9. Public Comment, Announcements</p>	<p>Announcements:</p> <ul style="list-style-type: none"> • Sandy Rose has left the County, and there is no replacement for her yet. • Michelle Nobori is taking over Erin McCarty's functions. 		Maria Pappas
<p>10. Review of Meeting</p>	<ul style="list-style-type: none"> • Liked Matthew Luu being at meeting for an extended time period to have dialogue with him, because it is important for him to hear our concerns. Hope it is continued. • Liked committee reports being moved up in the agenda. 		Maria Pappas
<p>11. Review February CPAW Meeting Date</p>	<p>The next meeting will be held on February 4.</p>		Maria Pappas