



**NAME OF COMMITTEE: CPAW Meeting**  
**MEETING DATE & TIME: Thursday, February 2, 2012**  
**LOCATION OF MEETING: 2425 Bisso Lane, Concord, CA**



TOPIC	ISSUE/CONCLUSION	ACTION/RECOMMENDATION	PARTY RESPONSIBLE
	<p>Implementation process for drop-in groups and follow-up phone calls for people who are at high risk for suicide in the highest risk population</p> <p><u><b>Assessment Recovery Center</b></u> and the <u><b>Crisis Residential Center</b></u></p> <ul style="list-style-type: none"> <li>○ Announcements- Board of Supervisors Approved the request for a Bid to be put out for <b>construction costs</b></li> <li>○ Process is underway</li> <li>○ There is a lot of support for the Crisis Residential</li> </ul> <p><u><b>Ralph Hoffman</b></u></p> <ul style="list-style-type: none"> <li>○ Mark DeSaulnier (senator) – Town Hall Meeting 2/3/12 on the budget from 7:00-9:00 PM –flyers distributed</li> </ul> <p><u><b>Kimberly Krisch</b></u></p> <ul style="list-style-type: none"> <li>○ NAMI (National Alliance on Mental Illness)Walk Fundraiser for Free Bay Area mental health programs– 6/2/12</li> </ul> <p><u><b>Brenda Crawford</b></u></p> <ul style="list-style-type: none"> <li>○ Contra Costa Network of mental health clients is launching a leadership academy starting 2/15/12...to provide the information that AOD, Homeless and Mental Health Consumers need to know about the various planning processes that are occurring in the county, so that they</li> </ul>	<p>➤ Flyers and applications have been handed out to potential candidates (12 total)</p>	<p>Suzanne</p>

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	may participate as engaged, informed consumers		
2. Public Comment	<p>The following issues were noted:</p> <p>Ralph- in the City of Walnut Creek, there are many disturbances which occur and involve violence and alcohol abuse</p> <p>Steven Grolnic-McClurg- Integration Conference in May. County and Rubicon are co-sponsoring the conference</p>	<b>ACTION TAKEN:</b>	All
3. Older Adult Mental Health Program Presentation	<p>The following issues were noted:</p> <ul style="list-style-type: none"> <li>• Presentation “Older Adult Mental Health”</li> </ul> <p><u>Program #5” Supporting Older Adults</u></p> <ul style="list-style-type: none"> <li>○ <b>LifeLong Medical Care</b> -provides isolated older adults in West Contra Costa County with opportunities for social engagement and linkage to mental health and social services. A variety of group and one-on-one approaches are employed to provide opportunities for socialization that appeal to different groups of seniors, and reach out to those most reluctant to participate in social activities.</li> <li>○ <b>SNAP!</b>-Senior Network and Activity Program are provided in four housing developments that currently lack other on –site services: Friendship</li> </ul>	<b>ACTION TAKEN:</b>	Heather Sweeten-Healy, Holly Page, Laura Balon-Keleti

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	<p>manor, Hacienda, Nevin Plaza, and Crescent Park. These activities include regular incentivized on-site socials, quarterly outings, and outreach to invite participation in group activities and develop a rapport with residents. Services also include screening for depression and isolation and information and referral services. The Elders Learning Community provides services to at-risk, frail, socially isolated, and homebound seniors.</p> <ul style="list-style-type: none"> <li>• <b>The expected impact of these services include:</b> <ul style="list-style-type: none"> <li>○ Reducing isolation and promoting feeling of wellness and self-efficacy</li> <li>○ Increasing trust and reducing reluctance to revealing unmet needs or accepting support services</li> <li>○ Improving the quality of life by reducing loneliness and promoting friendships and connections with others</li> </ul> </li> <li>• <b><u>Collaborating with CCRMC</u></b> <ul style="list-style-type: none"> <li>○ Two MD's and a resident visited the older adult dept. and attended the all staff meeting</li> </ul> </li> <li>• <b><u>Resource Allocation</u></b> <ul style="list-style-type: none"> <li>○ Many board and cares are supplemented by augmenting the monies that the county pays</li> <li>○ Adult Day Program may be shut down</li> </ul> </li> </ul>	<p><b><u>Goal for the future</u></b></p> <ul style="list-style-type: none"> <li>➤ Add physical impact measures, to improve health outcomes</li> <li>➤ <b>Steven Grolnic-McClurg</b> from Rubicon would like the team from Older Adult to visit</li> </ul>	

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	<ul style="list-style-type: none"> <li>• <b><u>SNAP</u></b> <ul style="list-style-type: none"> <li>○ Successful program</li> <li>○ Move the program to Central and East County</li> <li>○ Looking into potential senior housing in downtown Martinez (they have no support services)</li> </ul> </li> <li>• <b><u>PAWS (Pets Are Wonderful Support)</u></b> <ul style="list-style-type: none"> <li>○ This program provides pet therapy and assists in maintaining the pets of the seniors</li> </ul> </li> </ul>	<p>Rubicon and educate other sites that offer services to the Older Adult population.</p> <p><b><u>(Ombudsman)</u></b></p> <p>➤ <b>Lori Hefner</b> -need a program proposal from MHSA to collaborate with the Ombudsman program refer to Older Adult Committee for review</p>	
<p>4. AOD, Homeless, MH Services “101”</p>	<p>The following issues were noted:</p> <p><i>Panel included- Fatima, Arturo, Molly, Matthew, Sandy Marsh</i></p> <p><b><u>Alcohol and Other Drug Services (Fatima Matal-Sol)-</u></b>  <b><i>Vision - to create Alcohol and drug free communities</i></b>  <b><i>Mission- Advocate for Alcohol and drug free communities by promoting individual and family</i></b></p>	<p><b>ACTION TAKEN:</b></p> <p>Benefits- Anna Lubarov would like to collaborate with AOD, Homeless, Youth Homeless, and Children’s Programs</p>	<p>Fatima MatalSol  Program Manager (AODS), Arturo Castillo Program Manager (HS), Molly Henricks Program Coordinator (Homeless Youth</p>

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	<p><i>responsibility, hope and self sufficiency</i></p> <p><i>Clients Served:</i></p> <ul style="list-style-type: none"> <li>○ Folks with chemical dependency issues (women, men, children and older adult)</li> <li>○ Across social economics</li> <li>○ Provide comprehensive services include-outpatient treatment, residential treatment, detoxification, methadone, criminal justice (driving under the influence), prevention services (continuum of youth and families) combined set of strategies to address alcohol and drug problems in the community</li> <li>○ Services specific for women</li> <li>○ Juvenile Hall services</li> <li>○ Juvenile drug court (Fatima and Sandy Marsh have been working together)</li> </ul> <p>• <b><u>Children’s (Sandy Marsh)-</u></b>  <b>Vision &amp; Mission -</b> <i>to provide culturally competent, community based, strength focused mental health services for children and families in Contra Costa County</i></p> <p><i>Clients Served:</i></p> <ul style="list-style-type: none"> <li>○ Children 0-18</li> <li>○ Low income</li> <li>○ Underserved and underinsured</li> <li>○ 3 regional clinics, clinic based and field services</li> </ul>		<p>Program) Matthew Luu Acting Program Manager (Adult MH), Sandy Marsh Program Manager(Children’s MH)</p>

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	<p>(individual and group family therapy)</p> <ul style="list-style-type: none"> <li>○ Case management and Wrap Around</li> <li>○ Psychiatric services</li> <li>○ Parenting groups</li> <li>○ 3 central county programs – hospital residential services, emergency foster care</li> <li>○ Orin Allen rehabilitation facility “Byron Boy Ranch”</li> <li>○ Contract with CBO’s (regional and county wide)</li> <li>○ Day treatment</li> <li>○ Mobile response team</li> <li>○ School based serviced</li> <li>○ Dual Diagnosis services</li> </ul> <p>• <b><u>Adult Mental Health(Matthew Luu)</u></b>  <b>Vision &amp; Mission</b> – <i>We are charged to serve the underserved, served, most vulnerable and at risk. We strive to integrate our services with AODS, Homeless services in order to maintain client’s stability in the community.</i></p> <p><i>Clients Served:</i></p> <ul style="list-style-type: none"> <li>○ Independent living</li> <li>○ Room and boards</li> <li>○ Licensed board and care facilities</li> <li>○ Acute hospitalization</li> <li>○ Short term residential facility (Nireka House, Nevin House)</li> </ul>		

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	<ul style="list-style-type: none"> <li>○ Locked facility</li> <li>○ Medication support</li> <li>○ Nursing Services</li> <li>○ Case management</li> <li>○ Transition team</li> <li>○ Money management</li> <li>○ Group therapy</li> <li>○ Individual therapy</li> <li>○ Financial counselors</li> <li>○ Pilot project- Kalman integrate physical and mental health</li> <li>○ IMPACT- county staff to work together with primary care</li> <li>○ Collaborating with Familias Unidas, Rubicon, MHCC, Asian American Community, Shelter Inc.</li> <li>● <b><u>Youth Homeless Program (Molly Henricks)-</u></b>  <b><u>Vision &amp; Mission-</u></b> <i>Provide Comprehensive services to Transitional Aged Youth 12-24and under aged minors who are currently homeless, providing a continuum of care so they can succeed based with their strengths and resiliency</i> <ul style="list-style-type: none"> <li>○ Phone lines opened 24 hours a day</li> <li>○ Pregnant teens (work with different transitional homes) <i>Children in Need of Hugs located in Fairfield</i></li> <li>○ Work closely with the GRIP family program</li> <li>○ Case management, life skills</li> <li>○ Not an out during the day shelter, could stay 120</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>➤ Synergy house will house 13 residents (project will be constructed by June)</li> </ul>	



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	<p>days (drop in center)</p> <ul style="list-style-type: none"> <li>○ There are computers and employment groups</li> <li>○ Collaborate with ANKA, Fred Finch, Rubicon and East Bay Works for employment</li> <li>○ Two different houses (El Sobrante and Richmond) can stay for 2 years</li> <li>○ Psychologist thru ANKA on site for those that do not qualify or do not want Fred Finch Services</li> <li>○ Interns from local universities that can be a peer mentor for the youth</li> <li>○ After Two years of program- synched up monies into a savings account by pay 30% of rent and monies are given back to the client to move out independently with a first and last payment</li> <li>○ Subsidize their education</li> <li>○ Hired SPIRIT graduates</li> </ul> <ul style="list-style-type: none"> <li>● <b><u>Human Trafficking</u></b> <ul style="list-style-type: none"> <li>○ Girls are approached to come into the shelters</li> <li>○ Outreach teen passes out cards to other teens in highly populated areas with shelter information and 211</li> <li>○ Teenagers are linked with CVS</li> </ul> </li> <li>● <b><u>Adult Homeless Program (Arturo Castillo)</u></b>  <b><u>Vision &amp; Mission-</u></b> <i>To get folks into permanent housing with comprehensive services with our interim housing programs and to succeed in</i> </li> </ul>		

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	<p><i>providing a great quality of care.</i></p> <ul style="list-style-type: none"> <li>○ Get folks into permanent housing</li> <li>○ Shelter in Richmond and Concord</li> <li>○ Philip Dorn Respite program adjacent to the Concord Shelter</li> <li>○ 18 and over can come to our shelters or refer them directly to the Calli House</li> <li>○ Interim housing program</li> <li>○ Hospice Services</li> <li>○ Work in collaboration with Public Health’s clinical services program (health care for the homeless)</li> <li>○ Provide onsite WRAP around services (mental health specialists, substance abuse services, nurses on site)</li> <li>○ Rubicon provides employment services</li> <li>○ Provide services into residential detox treatment</li> <li>○ Support housing (Kaizen model) -Case management services to sustain current housing</li> <li>○ SSI/SSD Program- over 60% awards given to the residence</li> </ul> <ul style="list-style-type: none"> <li>● <b><u>High school Diploma and GED resources</u></b> <ul style="list-style-type: none"> <li>○ West County linkage for the school district</li> <li>○ 18 years of age students are given bus passes</li> <li>○ Re-entering education system (life skills specialist) works closely with student to help them re-enter</li> <li>○ Green jobs of the east bay</li> <li>○ Work trade offered for the loan given to the</li> </ul> </li> </ul>		

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	<p>student</p> <ul style="list-style-type: none"> <li>○ Disabled Student Services at Contra Costa College</li> </ul> <ul style="list-style-type: none"> <li>● <b><u>Adult Homeless BEDS</u></b> <ul style="list-style-type: none"> <li>○ 188 beds throughout the whole county</li> <li>○ Anyone who is homeless or at risk of homeless can call the hot line (first come, first serve)</li> <li>○ 1 week of stay (maximum)</li> <li>○ Family shelter- GRIP</li> <li>○ Bay area rescue mission</li> </ul> </li> <li>● <b><u>AOD Beds</u></b> <ul style="list-style-type: none"> <li>○ Discovery House – 40 beds facility for men only</li> <li>○ Diablo Valley Ranch- 16 beds for women</li> <li>○ 3 CBO’s, social detox – Pueblos del sol (monolingual speakers)</li> <li>○ Homeless Program working with the Concord Naval Weapon Station</li> </ul> </li> <li>● <b><u>Health Reform</u></b> <ul style="list-style-type: none"> <li>○ Low income health plan geared for single adults who do not qualify for other services</li> <li>○ Residents of country and county will be enrolled into one of the health care plans</li> <li>○ Homeless are linked to Basic Health Care</li> </ul> </li> </ul>		
5. Break			

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<p>6. MHSIA Design Team Update</p>	<p>The following issues were noted:  Systems Transformation Process has begun with the consultants ZIA Partners-</p> <p><i>Infrastructure created for the BH Division</i>  AODS, Mental Health and Homeless</p> <ul style="list-style-type: none"> <li>○ Mini design teams – internal administrative functions</li> <li>○ Moving forward on developing the MHSIA team</li> <li>○ All design teams will have a limited number of people involved and will work up to 6-8 weeks</li> <li>○ Will represent the folks that were outlined in the law and regulations</li> <li>○ There will be a representative from education, child and welfare, probation, a family member of a child, family member of a consumer</li> </ul> <p><b><u>CPAW Sub Committee Meetings (paused)</u></b></p> <ul style="list-style-type: none"> <li>○ <b><u>Aging and Older Adults</u></b></li> <li>○ Data</li> <li>○ Planning</li> <li>○ Innovation</li> <li>○ Cap Facilities IT-combine with MH Commission Facilities Meeting</li> </ul> <p><b><u>CPAW Sub Committee Meetings that will continue to meet</u></b></p> <ul style="list-style-type: none"> <li>○ Transportation</li> <li>○ Housing</li> <li>○ Suicide Prevention</li> <li>○ Social Inclusion</li> </ul>	<p><b>ACTION TAKEN:</b></p>	<p>Suzanne Tavano,  Cynthia Belon</p>

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	<ul style="list-style-type: none"> <li>○ Reducing Health Disparities</li> <li>○ CATF</li> </ul>		
7. Public Comment	<ul style="list-style-type: none"> <li>● Crestwood- Annual art show (art created by residents) 2/23/12 begins at 4:00 PM</li> <li>● Clubhouse celebrating its 4<sup>th</sup> birthday (open house) there will be a blues rock band, everyone invited on 2/15/12</li> </ul>		
8. Close	At 5:45 PM		Grace
9. Next Meeting	Thursday, March 4, 2012 at 1340 Arnold Drive, Suite 200 Martinez, CA		