

## CONTRA COSTA HEALTH SERVICES

### **Consolidated Planning Advisory Workgroup (CPAW)**

#### **CPAW MEETING**

Date of Meeting: Thursday, January 6th, 2011 3:00 PM to 5:00 PM 2425 Bisso Lane, Suite 100, Concord, CA 94520



Attended: Anna Lubarov, Annis Pereyra, Beatrice Lee, Brenda Crawford, Candace Kunz, Wayne Thurston, Dave Kahler, John Hollender, Kathi McLaughlin, Lori Hefner, Lori Larks, Mariana Moore, Molly Hamaker, Ralph Hoffmann, Ryan Nestman, Sam Yoshioka, Steven Grolnic-McClurg, Susan Medlin, Susanna Marshland, Teresa Pasquini

**Excused:** Courtney Cummings, John Gragnani, Tony Sanders, Ron Johnson

**Absent:** Cheryl Virata, Connie Steers

Staff: Cesar Court, Cindy Downing, Donna Wigand, Mary Roy, Sherry

Bradley, Holly Page, Sandy Rose, Zabeth Cooper **Public:** Sara Aboei, Stacey Hoskins, Robert Thigpen

Facilitator: Grace Boda

#### AGENDA

| TOPIC |  | DISCUSSION   | ACTION/                                     |
|-------|--|--|---|
|       |  |  | RECOMMENDATIONS                             |
| 1     | Opening, Accept Minutes from Previous Meeting 12/2/10                        | Facilitator, Grace Boda, opened the meeting at 3:05pm and introductions were made.   |   |
|       | Announcements and<br>Agenda review<br>Welcome Sandy Rose<br>New Leaf Program | Kathi McLaughlin spoke of the PEI program, New Leaf Project.   | Sherry to distribute New<br>Leaf PowerPoint |
| 2     | CPAW Survey 2 Results  | Reflection and Discussion: Grace reviewed "CPAW Survey" Comparison Report which included Survey 1 (15 respondents) Survey 2 (11 respondents) results.  |   |
| 3     | Planning Committee<br>Action Item (1)  | Approval:  Recommendation Item #1: The CPAW Planning Committee has requested input from CPAW and made recommendations for CPAW approval in an effort to establish an inclusive and effective process for recruiting and selecting Planning Committee Members. Current Planning Committee member were only approved through Dec. 2010.  The Planning Committee ask that CPAW approve the following slate of people as 2011 Planning Committee Members:  Teresa Pasquini | ACTION: Approved                            |

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|--|--|---|
|  | <ul> <li>Sam Yoshioka</li> <li>Molly Hamaker</li> <li>Steve Grolnic-McClurg</li> <li>Kathy McLaughlin</li> <li>Mariana Moore</li> <li>Brenda Crawford</li> <li>John Gragnani</li> </ul>  |   |
| 4. Housing Committee Report  | Receive, Increase Understanding: Sandy is working closely with the Board and Cares so that they will operate properly. Regional trainings will be provided for the operators at Board and Cares. A coalition will be created for the consumers who live in Board and Cares so that they can attend regular meetings to advocate for themselves. New Projects coming are the ANKA collaboration and Hacienda Rehab in Richmond.  Concerns-  Board and Cares are under resourced and it is difficult for consumers not willing to come forward in fear of losing housing.  A fund needed for residential property that has been damaged by consumer Housing is the critical corner stone of our system and it is a huge failure in this county. There is concern that there are only 9 units up and running.  Find new location for consumers who have rehabilitated   | ACTION: Recommend Conference call capability be set- up for the next Housing Committee Meeting for CPAW Members |
| 5. Multi-Family Group Therapy Targeted at Early Intervention in the Treatment of Psychosis | Recommendation Item #1 (Approval):  Project Manager of PEI reviewed "PEI New Program Description" Draft. Once approved to post by members, program will then move forward to request from the state, PEI funds for this FY 2010-11. Sherry reviewed the proposed budget and costs for the upcoming 4 years. The project will be submitted to the State as an Update to the Annual Plan Update, which would require no Public Hearing.  Suggestions-  Member stressed that this is a consumer and family driven process and there is a concern about failure to support the families and the mentally ill in this county and so this program is supported.  There is a need for this program in West County  More young people are being hospitalized  There is a need for support for young adults going through the "First Break."  Include parents of children with special needs. Go younger than 12 yrs.  Integrate community based programs | ACTION: Approved  |

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|--------------------------|--|----------------------------|
| 6. Necessary Context for | Discussion to Build Understanding:   | Responses will be given to |
| Funding                  | Grace created a check list of comments members gave in regards to making a decision on                               | Planning Committee.        |
| Recommendations          | allocating and spending \$:  |                            |
|                          | <ul> <li>A composite overview of the funding categories and where they're committed, so we</li> </ul>                |                            |
|                          | could % of the programs in question  |                            |
|                          | How much spent/left  |                            |
|                          | Demographic data – proposed strategy match intended target population  |                            |
|                          | More precise cost/estimate   |                            |
|                          | Visual charts – categories and spending  |                            |
|                          | What else pending/cost   |                            |
|                          | <ul> <li>For each pot – process for deciding on spending and CPAW role</li> </ul>                                    |                            |
|                          | How much is going to county wide programs vs. CBO wide programs  |                            |
|                          | List of priorities (check if current)  |                            |
|                          | How does proposal fit with MHSA values   |                            |
|                          | <ul> <li>Discuss how we act when money is in room – power</li> </ul>   |                            |
|                          | Preparatory discussions before deadline arrives  |                            |
|                          | <ul> <li>Criteria for decision making and being transparent – why this? – why now? – why this<br/>amount?</li> </ul> |                            |
|                          | Template for executive summary, so everybody gets the same information on each                                       |                            |
|                          | proposal.  |                            |
|                          | Barriers to implementation/success   |                            |
|                          | <ul> <li>Context – part of larger strategy? Connected to what?</li> </ul>  |                            |
|                          | Relationship to Mental Health system strategic plan/vision, related to data  |                            |
|                          | <ul> <li>Better understanding of regular services – what, where they are?/do?</li> </ul>                             |                            |
|                          | What we do under each category, overview of amount/activities  |                            |
|                          | <ul> <li>Define what we need in order to do what – how principles frame the work</li> </ul>                          |                            |
| 7. Director's Report     | Receive, Increase Understanding  |                            |
|                          | Statewide Report was given by the Deputy Director.   |                            |
|                          | Cliff Allenby is now the Interim Director for the State Department of Mental Health and                              |                            |
|                          | Steve Mayburg has retired. Cliff is skilled at maximizing dollars and will work with MHSA                            |                            |
|                          | to maximize federal dollars to pull into the state and the counties. Cliff will attend the                           |                            |
|                          | California Mental Health Directors Association (CMHDA) Governing Board meeting in                                    |                            |
|                          | two weeks and will spend the majority day with CMHDA.  |                            |
|                          | <ul> <li>Monday, January 11, 2011 the new governor, Jerry Brown will release his proposed<br/>budget</li> </ul>      |                            |

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|                   | Governor Brown is talking about realignment and pushing as much fiscal responsibility             |  |
|-------------------|---|--|
|                   | and authority for expended state dollars down to the local level                                  |  |
|                   | MHSA being look at again  |  |
|                   | DMH – the department of finance ( as they have every year) has held back \$3,000,000              |  |
|                   | of MHSA money   |  |
|                   | Discussion of special June election for Prop. 63 and Prop. 10 in effort to put the                |  |
|                   | propositions back onto the ballot for voters to review  |  |
|                   | MH Director made a pitch at the statewide meeting for MHSA  |  |
|                   | The new head of Health Care Services Agency, Diana Dooley, has been given orders to               |  |
|                   | take a look at all of the administrative structure within health care services of which           |  |
|                   | DMH and State Department of Alcohol and Drugs and look at "how do we restructure?"                |  |
|                   | Health Services Director, William Walker has pulled a small group of administrators in            |  |
|                   | the health department to begin discussing health care reform including behavioral                 |  |
|                   | frontiers. Group has had five meetings to go over material together so that the health            |  |
|                   | department administration is on the same page.  |  |
|                   | *Donna thankful to all CPAW members and what they bring to MHSA                                   |  |
| Announcement      | Teresa Pasquini- As a CPAW Member I totally agree and support what you are saying and as a        |  |
|                   | family member who has advocated for it. I was invited to join Rose King last week to March        |  |
|                   | with Senator Marc Leno of San Francisco and invited me to join her and to talk about our          |  |
|                   | feelings of betrayal by MHSA. I shared some of that here. There are a lot of family members of    |  |
|                   | adults in the system of care who feel that we have been betrayed by the implementation of         |  |
|                   | guidelines and regulations. As a family member I stressed that to Senator Leno. There is a lot of |  |
|                   | celebrate and I know that transformation is an important thing and I am all for it but only if    |  |
|                   | everybody gets to be transformed.   |  |
| 8. Public Comment | None  |  |
| Closing           | Facilitator closed the meeting at 5:50pm  |  |

Next Meeting: Thursday February 3, 2011 — \*\*New Time: 3pm to 6pm. \*\*
Location: 2425 Bisso Lane, First Floor Conference Room, Concord, Ca 94520

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