## MHSA CONSOLIDATED PLANNING & ADVISORY WORKGROUP December 3, 2009 4:00-6:00, 651 Pine Street #101, Martinez

<u>Members:</u> John Gragnani, Steven Grolnic-McClurg, Peggy Harris, John Hollender, Ron Johnson, Candace Kunz-Tao, Beatrice Lee, Kathi McLaughlin, Susan Medlin, Mariana Moore, Ryan Nestman, Teresa Pasquini, Annis Pereyra, Tony Sanders, Connie Steers, Veronica Vale

<u>Staff:</u> Sherry Bradley, David Carrillo, Cesar Court, Cindy Downing, Julie Freestone, Steve Hahn-Smith, Helen Kearns, Mary Roy, Elvita Sarlis, Karen Shuler (Recorder), Suzanne Tavano, Stacey Tupper, Donna Wigand

Public/Guests: Audrey Bramhall, Holly Page, Caroline Sagan

<u>Absent or Excused:</u> Charles Brigham, Brenda Crawford, Courtney Cummings, Joannie Devries, Mark Gagan, Molly Hamaker, Rhonda Haney, Anna Lubarov, Bob Sessler, Wayne Thurston, Cheryl Virata

TOPIC/AGENDA ITEM	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Introductions/	Facilitator Julie Freestone called the meeting to order at 4:12 p.m. Introductions were made.		
Agenda/	The anticipated meeting Outcomes were		
Outcomes/	reviewed.		
Conflict of	No one declared a conflict of interest.		
Interest			
2. Approval of	> There was consensus to approve the Minutes as	The Minutes were	
the Minutes	presented.	approved as	
from 11/05/09		presented.	
3. CPAW	Kathi McLaughlin reported there were 25	Place update on	Sherry
Facilitation	applications that were narrowed down to 6	January Agenda.	
Committee	potential candidates who will be interviewed on		
Update	Monday and Tuesday. A second interview is		
	proposed for the following week. The Committee		
	consists of Brenda Crawford, Kathi McLaughlin,		
	Mariana Moore, and Teresa Pasquini.		
	Julie acknowledged the committee's work, saying		
	they had done an incredible job.		
4. Fiscal Update	Sherry delivered an extensive overview of MHSA	Recommendations:	
on MHSA	fiscal realities.	Place impact of the	
Funding	She explained that each year the State Department of	loss of the Federal	Sherry
	Mental Health (DMH) comes out with a list of specific	Stimulus money on	
	allocations for that for each county's approved plans.	MHSA services on	
	She stated we can expect a decreased allocation of	the January agenda.	
	44% over the next 2-3 years. She said we needed to		
	plan for the hard times when we have the decreasing	There was	
	allocations, and that plan is called the Prudent	consensus to accept	
	Reserve.	Mental Health	
	Sherry said we still do not know what our 2010-2011	Administration's	
	allocations are, but we do know the allocations for	recommendation to	
	2009-2010 \$20,340,000. She added that 2 months	set up the	

TOPIC/AGENDA	ISSUE/CONCLUSION	ACTION/	PARTY RESPONSIBLE
ITEM		RECOMMENDATION	
	ago CPAW agreed we would hold to the current, most	mechanism to put	
	recently approved CSS plan for fiscal year 2008-2009,	\$13,074,022 into	
	a total of \$16.2 million. That would leave some	the Prudent	
	money available for the Prudent Reserve.	Reserve (includes	
	The Best Case Scenario (estimates):	the \$4 million	
	For CSS, between 2009-2010 and 2010-2011, the	previously	
	allocation will go down by 13% (expecting about	approved).	
	\$17.6 million). If we hold at \$16.2 million, we're okay		
	going into that next fiscal year. Between 2010-2011		
	and 2011-2012 we expect a decrease of 9% and that		
	would bring us to \$16.1 million, so we might have to		
	dip into the Prudent Reserve for about \$100,000. In		
	2011-2012 and 2012-2013 we would have a decrease		
	of 21% which would bring our allocation down to		
	\$12.7 million, so we would have to dip into the		
	Prudent Reserve.		
	For PEI, between 2009-2010 and 2010-2011 starting		
	with our allocation of \$7.6 million for 2009-2010, we		
	expect a decrease of 34% to \$5.053 million. Our		
	current plan is at \$6.6 million. Then we expect a		
	decrease of 17% that would mean our allocation is		
	\$14.1 million, and then 2011-2012 and 2012-2013 a		
	decrease of 21% would bring us down to \$2.3 million.		
	The Worst Case Scenario:		
	For CSS, starting with \$20.3 million, which is 2009-		
	2010 with a 13% decrease to \$17.6 million, which still		
	allows us to put some in Prudent Reserve. 2010-2011		
	and 2011-2012 gives us a 30% decrease which takes		
	us down to \$12.3 million, causing us to have to go to		
	the Prudent Reserve for \$3 million. 2011-2012 and		
	2012-2013 shows a 15% decrease, taking us down to		
	\$10 million. This would result in another dip into the		
	Prudent Reserve.		
	PEI would have a 34% decrease brings allocation		
	down to \$5.053 million; 37% decrease in 2010-2011		
	and 2011-2012 bringing it down to \$3.1 million; and		
	in 2011-2012 and 2012-2013 a 21% decrease which		
	gives you \$2.5 million.		
	As to what we should dowe have to follow the		
	DMH Guidelines regarding how to do the Prudent		
	Reserve. Looking at the most recent funding levels of		
	\$20.3 million and PEI allocations, we come up with		
	\$20.8 million. According to the Guidelines the		
	maximum Prudent Reserve we can set aside is 50%		

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	up to \$14 million.		
	Mariana asked if the projects were going down		
	because of the loss of the Federal Stimulus package		
	and Sherry responded that it was the projection of		
	the decreased taxes collected on the 1% tax on		
	incomes over \$1,000,000. It was further explained		
	this was seen as a 2-3 year decrease, then holding,		
	then increasing again within 4-5 years. It was seen as		
	a purely economic problem.		
	Sherry continued her explanation of the Prudent		
	Reserve, saying that prior to 2009 we had already set		
	aside \$3,812,150, so \$3.8 million is already sitting in		
	our Prudent Reserve earning interest. The way the		
	Guidelines are written, we can use funds that are		
	either unspent submitted or unapproved.		<b>=</b>
	The State requires that we tell them how we will		
	achieve the 50% level by July 2010. The good news is		
	that we're only short about a million dollars. If we		
	hold at \$16.2 million, which is our current actual		
	expenses, we will have to take from the Prudent		
	Reserve \$8.6 million for CSS and \$11 million for PEI.		
	The target is \$14,001,850.		
	Sherry asked that CPAW approve placing a certain		
	amount of money from each of the pots in the		
	Prudent Reserve.		
	Susan asked what we are going to do to prepare for		
	the future when it levels out at a lower level of		
	funding.		
	Sherry responded that if PEI is fully funded at the \$6.8 million level, we won't be able to sustain that		
	level of funding. But in PEI, contracts are		
	performance based and if outcomes are not		
	achieved, they might not be renewed, so that is one		
	potential. Another potential is determining if we		
	want to fill any of the county positions that we said		
	we would create under PEI.		
	Annis asked if the Prudent Reserve funds are in		
	Sacramento or gaining interest locally.		
	Sherry replied that the funds are here and gaining		
	interest.		
	Kathi asked what the rules are for taking money out		
	of Prudent Reserve.		
	Sherry said we have the ability to take money out,		
	but must send in an application to do so to the state.		

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	Ryan asked if Innovation monies were affected.		
	Sherry said they were not.		
	Steven said that with the loss of the FSP, there will be		
	a decrease in services in that money is not replaced.		
	Teresa asked if contracts other than PEI are		
	performance-based.		
	Sherry said we are moving in that direction with		
	service work plans.		
	Teresa asked about outcomes and data from current		
	non-performance-based contracts.		
	Sherry said we do have measures and data that		
	covers through June 2009, and we now have an 18-		
	month snapshot where we have pre-enrollment,		
	current enrollment and post-enrollment – and Steve		
	Hahn-Smith presented that last time.		<b>\</b>
	Kathi asked if MHSA services would be affected by		
	the loss of the FSP monies. There was discussion		
	about how the federal money affects our Medi-Cal		
	and other billing. It was suggested that a discussion		
	of the impact of the loss of the Federal Stimulus		
	money on MHSA services be placed on the next		
	agenda.	<b>T</b>	
	The Prudent Reserve information will be posted		
	online for 30-day comment. Sherry will check to see		
	if a Public Hearing is required.		
	Mariana asked if there were other options. Donna		
	said some other counties are choosing not to fund a		
	Prudent Reserve and to spend every dollar as well as		
	they can and then to completely cut programs. By		
	doing so, they are defying the state DMH Guidelines.		
	> There was consensus to accept Mental Health		
	Administration's recommendation to set up the		
	mechanism to put \$13,074,022 into the Prudent		
	Reserve (includes the \$4 million previously		
	approved).		
5. Update on 20	Mental Health Director Donna Wigand reported that		
Allen Street	the county has negotiated a price with the owners of		
Property	20 Allen Street. It is currently a verbal agreement. A		
Negotiations	contract will be drawn up and go before the Board of		
	Supervisors, hopefully December 15 <sup>th</sup> .		
	The contract to purchase the property has nothing to		
	do with what will be placed on the property, only the		
	purchase of the property itself.		
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	The Hospital is competing for space on the property		
	to put in additional medical records storage and		
	parking. Donna is pushing for all or part to be used		
	for mental health programs.		
	Donna said the original proposed 16-bed locked PHF		
	is in question. Adults who are 5150'd would still go		
	through Hospital Emergency to the Crisis Stabilization		
	Unit. Still being considered are a 16-bed unlocked		
	voluntary crisis residential unit for adults; an urgent		
	care voluntary walk-in clinic for all ages; and a 5150		
	receiving involuntary center for children and		
	adolescents. Donna said everything is still in flux.		
	There have been no decisions, but there are		
	competing interests for the property.		
6. Plan of	Julie mentioned that the CPAW Plan of Action	Recommendations:	
Action: Goal #1	timeline has expired, so it needs to be looked at or	There was	
The MHSA Plans	reviewed. They are arranged on the Agenda in their	consensus to	
1116 141113/11 14113	order.	establish an	
	order.	ongoing Capital	
	A. Prevention and Early Intervention Component:	Facilities/IT	
	Suicide Campaign Update	Workgroup with	
	Mary Roy reported she had met with Suzanne,	the charge of	
	Vic, Vern and John Bateson. They are just	bringing the peer	
	getting started on planning on a two-pronged	and family	
	program: 1-A broad-based campaign; 2-	perspective to the	
	Targeting the unserved. They are hooking up	program design for	
	contractors to training. Julie clarified this was	both components,	
	one of the program funded by PEI.	including increased	
	2) PEI Request for Funding – Training, Technical	access to services.	
	Assistance, and Capacity Building	access to services.	
	Sherry reported they had submitted their	CPAW members	CPAW Members
	requests for the \$138,700 funding and found	were asked to	CPAVV IVIEITIBEIS
	out today the state has approved it. This will be	contact Sherry and	
	seen in training that will be partnered with 4	let her know what	
		information needs	
	initiatives: 1-LGBTQQI Training; 2-Speaker's Bureau; 3-partnering with MHCC; 4-Training	to be brought back	
	community support workers.	in January in order	
	community support workers.	for a decision to be	
	B. Capital Facility and Technology Needs Component	made. Place on	Shorry
	Capital Facility and Technology Needs Component     Properties of the CPAW's Capital Facility/IT	January Agenda.	Sherry
		January Agenua.	
	Workgroup Tony Sandors gave a brief background of the	There was	
	Tony Sanders gave a brief background of the		
	CPAW representation on the MHC-CPAW Joint	consensus to accept	
	Capital Facilities Workgroup, stating that while	the report from the	

TOPIC/AGENDA	ISSUE/CONCLUSION	ACTION/	PARTY RESPONSIBLE
ITEM		RECOMMENDATION	
	CPAW wished to participate, the	Innovation	
	representatives (Kathi, Tony and Brenda) did	Workgroup. Place	
	not necessarily agree that more information	update on January	Sherry
	was needed. He said CPAW's agenda surrounds	Agenda.	
	Prop 63 issues, and they felt there was more		
	urgency to get recommendations back to	Place Workforce	
	CPAW. He stated the CPAW representatives to	Education &	Sherry
	the joint workgroup met to consider their	Training	
	options as they felt there was an urgency for	Component update	
	CPAW to meet regarding capital facilities, but	on January agenda.	
	not jointly with the MHC. Tony distributed a		
	paper with their recommendations:		
	Establish an ongoing Capital Facilities/IT  Workgroup with the sharps of bringing the page.		
	Workgroup with the charge of bringing the peer and family perspective to the program design		
	for both components, including increased		_
	access to services.		
	<ul><li>2. Recognizing the importance of both</li></ul>		
	components, we recommend the IT/Capital		
	Facilities split be modified to approximately		
	50/50.		
	3. CPAW strongly supports best practical		
	alternatives to hospitalization and therefore	_	
	recommends that the property at 20 Allen		
	contain the following psychiatric services:		
	a. Crisis Assessment and Recovery Services		
	for children and youth.		
	b. Voluntary Crisis Assessment and Recovery		
	Services for adults.		
	c. Voluntary Crisis Residential for Adults.		
	d. We also recommend that discreet older		
	adult services be included.		
	Kathi and Tony reported that children are not		
	being served. 20 Allen would be an opportunity		
	to have an Assessment and Recovery Center for		
	kids. If we lose that opportunity, we lose an		
	alternative to hospitalization.		
	There was consensus to establish an ongoing		
	Capital Facilities/IT Workgroup with the charge		
	of bringing the peer and family perspective to		
	the program design for both components,		
	including increased access to services.		

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ITEM		RECOMMENDATION	
	Kathi, Ryan, Susan, Tony, Teresa and Annis		
	volunteered to participate on this committee.		
	Steve said he is in favor of item 3, but is not		
	ready to vote today. Mariana said she felt		
	more information is needed both on items 2		
	and 3.		
	> CPAW members were asked to contact Sherry		
	and let her know what information needs to be		
	brought back in January in order for a decision		
	to be made. Items 2 and 3 of these		
	recommendations will be placed on the January		
	Agenda.		
	Agenau		
	2) Report from MHC-CPAW Joint Capital Facilities		_
	Workgroup		
	Annis reported the Committee sent out a		
	questionnaire. It was deemed not to be		
	appropriate to send out to a broad spectrum of		
	the community, so it was sent out to hospital		
	staff, contract service providers and county		
	staff. The response deadline is next Friday	_	
	(December 11 <sup>th</sup> ). The group is meeting next		
	Wednesday to start looking at the		
	questionnaires that have come back to see if		
	there's an indication of where things are going.		
	After the deadline, they will all be reviewed.		
	Steve Hahn-Smith will do the data input.		
	Annis said she had concerns after hearing the		
	worst case scenario regarding funding and		
,	asked Donna where the money is coming from		
	for 20 Allen.		
	Donna replied that the Capital that would be		
	used for construction of voluntary programs		
	only. This is one-time construction money. If		
	these are programs that are necessary Medi-Cal		
	revenue generating programs, it is believed they will be self-sustaining. If there is CSS		
	funding needed to sustain them, that would call		
	them into question. Donna added that Finance		
	•		
	is doing a thorough analysis, and would not let		
	us move forward with the program if the money's not there. In response to a question,		
	money's not there. In response to a question,		

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	Donna said the Capital money is for voluntary		
	services only but does not have to be only for		
	FSP individuals.		
	Teresa said the financial data provided us		
	earmarked up to \$2 million in CSS funds. So		
	depending on the programs depends on how		
	much of these funds are taken.		
	There was brief discussion about the funding		
	and configuration of the children's portion of		
	the facility.		
	Julie asked Annis for a brief summation of what		
	the survey they sent out was asking.		
	Annis replied that it was asking staff what we		
	have long-felt was not done was a needs		
	assessment of capital facilities matching up the		
	needs of our county residents, things that could		
	remedy the gaps in our services. We asked		
	about different types of capital facilities, using		
	essentially the same questions as from the		
	previous version that Sherry and Susan had		
	come up with, and we asked them, because of		
	their experience in working with the consumers		
	in the community which things they felt would		
	best serve the gaps in services that they		
	thought.		
	Julie then asked what the next step was.		
	Annis said people from the workgroup will look		
	them over initially as soon as possible to have a		
	brief glimpse before the Commission meets		
	Thursday. Since the deadline date is the day		
	after the Commission meeting, she said they		
	will not have time to review them before the		
	Commission meeting, but if there a significant		
	number of them returned before next		
	Thursday, then they will look those over.		
	Julie asked if the input from the MHC would be		
	available at the January CPAW meeting and		
	Annis replied that it would. She added that		
	they have also been accumulating links from		
	previous stakeholders.		
	C. Innovation Component – Update on Innovation		
	Workgroup Process, Total Submissions, etc.		
	A paper describing the Innovation Idea Review		
	A paper acsorbing the inhovation laca heview		

TOPIC/AGENDA	ISSUE/CONCLUSION	ACTION/	PARTY RESPONSIBLE
ITEM	The second secon	RECOMMENDATION	
	process was distributed. Tony said they would have		
	to push back their final report 30 days and would have it ready in January. Sherry announced that the		
	·		
	Innovation Workgroup was praised by the OAC on a conference call. Their work was so highly thought of		
	by the OAC that the OAC would like to make it a		
	model for other counties. The workgroup will be		
	meeting again to finalize their prioritization of		
	ideas/themes.		
	<ul> <li>There was consensus to accept the report from</li> </ul>		
	the Innovation Workgroup.		
	D. Workforce Education & Training Component		
	Suzanne said that responsibilities had been divided		
	up following Vidya's moving to other employment.		
	She also reported that the college approved the		
	certification program.		
7. Plan of	A. MHSA Goals & Objectives for MH Division Quality		
Action: Goal #2	Improvement Plan for Calendar Year 2010 –		
- Evaluate	Distributed via E-Mail		
Outcomes	The MHSA Goals & Objectives for MH Division Quality		
	Improvement Plan for Calendar Year 2010 was		
0 0 0	distributed.		
8. Plan of	A. Housing Committee – Report/Update	There was	
Action: Goal #3	The Minutes from the last Housing Committee	consensus to form a	
Create	meeting were distributed. It was announced they are	CPAW MH Older	
recommenda- tions for	posting a Housing Coordinator position. Annis	Adult Committee.	
transforming the	mentioned that housing provides stabilization. She said an older adult person is needed on the		
system	committee.		
System	committee.		
	B. Proposal for a CPAW Mental Health Older Adult		
	Committee		
	Connie, Brenda, Veronica, Cesar and Audrey comprise		
	the proposed CPAW Older Adult Committee. A		
	statement was read that can become their charge as		
	a committee.		
	> There was consensus to form a CPAW MH Older		
	Adult Committee.		
9. CPAW	Sherry said she had heard from a couple of Latinos		
Recruitment-	and older adults who expressed interest, but no one		
Latino	had submitted an application for CPAW membership.		
Community	Kathi suggested looking at the attendance of the		
Community	ratin suggested looking at the attenuance of the		

TOPIC/AGENDA	ISSUE/CONCLUSION	ACTION/	PARTY RESPONSIBLE
ITEM		RECOMMENDATION	
representa-	CPAW meetings as several people had not attended		
tive(s)	regularly, creating gaps in the diversity of the group.		
Needed,			
Asian/Pacific			
Island			
Community			
representative,			
Older Adult			
Community			
representative			
10. Public	None.		
Comment			
11. Wrap	Cesar mentioned that older adults have specialized		
Up/Evaluation	needs and also a lack of services. The meeting		
	adjourned at 6:10.		

## **Expected Outcomes:**

- ✓ 1. Approve Minutes of November 5, 2009
- ✓ 2. Accept CPAW Facilitation Committee Update
- ✓ 3. Review MHSA Fiscal Update, Formulate Any Recommendations
- ✓ 4. Review Suicide Campaign Update
- ✓ 5. Review Report from CPAW's Capital Facility/IT Workgroup representatives, Formulate Any Recommendations
- ✓ 6. MHC/CPAW Capital Facility/IT Workgroup, Formulate Any Recommendations
- ✓ 7. Accept Innovation Workgroup Update, Formulate Any Recommendations
- ✓ 8. Review Housing Committee Update
- ✓ 9. Approve Charge for Standing CPAW Older Adult Committee, As Per Report

## Materials Distributed:

- Agenda
- Minutes from November 5, 2009 CPAW Meeting
- Proposal from the CPAW Representatives of the MHC-CPAW Joint Capital Facilities Workgroup
- MHSA Innovation Planning Process
- Innovation Ideas Algorithm
- Innovation Step 5 Prioritize
- MHSA Goals Objectives for QI Plan 2010
- MHSA Housing Committee November 19, 2009 Meeting Minutes