# **Contra Costa County MHSA Planning Consolidated Planning Advisory Workgroup**

## Meeting Notes July 16, 2009

#### **Present:**

Laura Balon-Keleti, Sherry Bradley, David Carrillo, Dianna Collier, Brenda Crawford, Jana Drazich, Robert Freeman, Nancy Frank, Julie Freestone, John Gragnani, Molly Hamaker, Art Honegger, Helen Kearns, Mashariki Kurudisha, Anna Lubarov, Kathi McLaughlin, Susan Medlin, Vic Montoya, Mariana Moore, Ryan Nestman, Teresa Pasquini, Tony Sanders, Aida Shirazi, Karen Shuler, Connie Steers, Candace Tao, Suzanne Tavano, Wayne Thurston, Veronica Vale, Donna Wigand.

<b>Next Meeting:</b>	Thursday, August 6, 2009
	4:00-6:00 p.m.
	2425 Bisso Lane, 1st Floor Conference Room, Concord

# 1. Introductions/ Agenda / Outcomes / Conflict of Interest

Julie Freestone called the meeting to order at 3:35. The Agenda and proposed Outcomes from today's meeting were discussed. There were no conflicts of interest.

- Introduction of the Youth Voice Dianna Collier introduced Parent Partner Robert Freeman, who will bring in 1-2 youth he is mentoring to participate at CPAW meetings.

# 2. Approval of the Minutes

A motion was made to approve the Minutes from June 16, 2009. M-Kathi McLaughlin; S-Veronica Vale. Approved as presented.

#### Assignments:

WHO	WHAT	WHEN
Sherry	1. Distribute all materials and minutes ahead of the meeting	Each Month,
	to CPAW members	Prior to
	2. Post committee names, meeting dates and members	Meeting
Sherry/Julie	Add to future agendas:	
	1. Members to provide input on needed revisions PRIOR to	All future
	meeting.	agendas
	2. Discussion on Housing	8/6
Innovation	Recommendations to CPAW.	By 8/1
Workgroup		
Donna	Impact on Innovation of Prudent Reserve decisions	8/6
	Impact of budget cuts	
David Carrillo	Make changes to PEI Matrix re: Martinez School District;	8/6
and Laura	include LGBTQ in programs under race/ethnicity; add	
Balon-Keleti	definitions for general categories.	

Brenda and	Bring compilation of findings from Capital Facilities focus	8/6
Suzanne	groups.	
Connie,	Review Housing 101 Outline and bring suggestions to	8/6
Mashariki,	meeting.	
Ryan, Anna and Molly		
All	"Homework Assignment"	
	1. Review and comment on Powerpoint	By 8/6
	2. Review and comment on websiteuser friendly, what's	
	missing, etc.	
	3. Identify new CPAW members and/or outreach options	
	4. Complete IT link	
	5. Complete /distribute IT application	
	6. Send in suggestions to Sherry for projects from everyone	By July 26
	to avoid the RFP process.	
Sherry	1. Distribute Principles (Report Card)	ASAP
	2. Distribute Housing Outline	
	3. Send recruitment suggestions to CPAW members	
Jana	Present Financial Report	8/6

# 3. Approval of CPAW Charter

A motion was made to approve the CPAW Charter. M-John Hollender; S-Ryan Nestman. Approved as presented.

# 4. Plan of Action: Goal #1 – The MHSA Plan – Overview of Plan Status:

#### - PEI Matrix

PEI contracts are awarded and ready to go on BOS agenda, but have been asked to hold off on implementation because DMH has deferred payment for 30-60 days. Contracts will be put through and will be paid retroactively. Following discussion, it was decided that changes should be made to the Matrix and it should be brought back for further discussion.

o Make correction to Matrix re: Martinez School District; include LGBTQ in programs under race/ethnicity; add definitions for general categories.

#### - Capital Facilities focus group results

Mental Health Consumer Concerns organized and facilitated a number of focus groups for family members and consumers around the proposed PHF.

Next steps:
 Receive report from MHCC giving a summary of what was said at all the MHCC Focus groups held throughout the community.

#### - Innovation Committee

Report from the Committee
 Kathi and Tony reported on a change in focus for the Innovation Workgroup
 necessitated by changes in the DMH/OAC criteria. In order to get the plan
 approved, one category must be chosen that the County will be specifically be

accountable for producing learning measures. There is a need to focus on whether or not the plan includes projects for which there is an "ability to learn from it". A change in the language may be more important than changing the actual plan.

The Workgroup recommended CPAW approve increasing access to underserved populations as primary measured outcome project, and also focus on transforming the system and on system integration.

#### Comments:

Definition of undeserved groups?

Can be broad -- have to make a case for definition.

The RFP process would cost \$400,000 so Donna has requested to use a different process – focusing on using existing programs and existing staff when possible.

# CPAW member consensus was reached on accepting recommendation of Innovation Workgroup to focus on access to services for underserved.

## o Next steps:

Solicit suggestions for projects from everyone to send to Sherry by July 26th. Look at:

- No cost
- Low cost
- Blending or leveraging using existing staff, contractors in the system and saying what the learning would be
- o Process:
  - Innovation Workgroup will filter ideas through the Innovation Checklist and apply their principles, look at OAC Review Tool, put a list together and come back to CPAW.
  - Comments:
    - ➤ A longer timeline and clearer definitions are needed.
    - ➤ Discuss at next meeting how to do an Innovation Party. Donna suggested slowing down -- having parties in different venues.

#### - IT Plan Update

No movement at this time. Proposal has been written but is being held because cost is prohibitive at this time, and HSD is re-evaluating options.

#### - Communications Advisory Committee

No discussion. Place on next month's Agenda.

#### - CSS Community Meeting results status

o Approve referral to data group

A Summary and Analysis paper was distributed (snapshots of people's ideas) listing most common and less common themes and ideas, comments about CSS, Capital Facilities/IT, Innovation Planning and PEI.

Discuss quarterly town hall meetings
 The desire to hold community forums regularly was expressed, and Donna said they could be held quarterly in all regions, but in different cities.

## 5. Plan of Action: Goal #2 – Evaluate Outcomes

- Data Review
  - Approve Data Committee recommended revised charge No action taken.
  - Report from Data Committee
     Committee is working on developing a "dashboard" matrix.
     Jana gave a brief financial report on funds expended, allocated, and funds that have been asked for. A Financial Report will be placed on the next agenda.
- Site Review Scope of Work

No report was given.

- Update of Facilitated Debrief of CSS stakeholders/providers/consumers
  - o Committee is looking at a format for a facilitated debriefing meeting
    - Facilitator has volunteered time
    - Get MHSA consumers, family members, providers, key stakeholders together in an organized, structured, safe way to look at what have we learned, what has been successful, what is not.
    - Trying to balance inclusiveness without being overwhelming.
    - Date of August 17<sup>th</sup> tentatively chosen at Unitarian Church in WC.

Discussion:

CPAW members were asked if this was what they wanted.

- ➤ There was a question regarding the selection process.

  A program will be used to identify all who have had services, from whom people will be randomly selected by Steve.
- ➤ Concern was expressed that summer may make August a difficult date.

# 6. Plan of Action: Goal #3 – Create recommendations for transforming the system

- Housing presentation preview from next meeting
  - An outline has been developed of what will be included in a Housing 101 paper. Connie Steers, Mashariki Kurudisha, Brenda Crawford, Ryan Nestman, Anna Lubarov and Molly Hamaker volunteered to look it over and give suggestions.

# 7. CPAW Recruitment and CNN spot

Sherry and Kathi went to Comcast and spoke about MHSA to recruit new members to CPAW. A Police Officer in Richmond has been recommended. Sherry will send recommendation suggestions to CPAW members.

#### 8. Public Comment

Ryan mentioned problems with getting dental and vision care following Medi-Cal eligibility deadline of July 1.

#### 9. Wrap Up / Evaluation

#### **Outcomes:**

✓ Approve CPAW Charter

- X Decide on further PEI discussion
  - ➤ Leave in Issues Bin
  - ➤ Update PEI Matrix for LGBTQ
- X Approve Communications Committee Charge
- X Identify Communications Committee members
- X Approve Revised Data Committee Charge and direction
- Agree on Facilitated debrief format
- ☑ Agree on the Housing presentation content
- ☑ Identify potential CPAW members

#### Materials Distributed:

Agenda

Meeting Notes from June 18, 2009

**CPAW Charter** 

PEI Matrix

Family Focus Groups Report

Innovation Workgroup Meeting Notes

**Innovation Checklist** 

Issues/Ideas with Potential for Innovative Solutions

Review Tool for OAC: Innovations

Contra Costa Mental Health 2009 Community Meetings: Summary and Analysis