# CONTRA COSTA COUNTY ALCOHOL AND OTHER DRUGS ADVISORY BOARD MEETING MINUTES

Wednesday, December 13, 2017 Alcohol and Other Drugs Services

1220 Morello Ave, Second Floor Large Conference Room Martinez. CA 94553

Members Present: Anne Sutherland M.D., Antwon Cloird, Catherine Taughinbaugh, Guita Bahramipour,

Michael Collins, Tom Aswad

Members Absent: Anthony Segovia (E), Courtney Cummings (U), Lanita Mims (R)

Staff Present: Fatima Matal Sol - AOD Program Chief, Isabelle Kirske - AOD Prevention Coordinator

Member Liaisons: Sam Yoshioka - Mental Health Commission

	TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION
l.	CALL TO ORDER	Anne Sutherland M.D. called the meeting to order at 4:17 pm when quorum was met.	ANNE SUTHERLAND M.D. CALLED THE MEETING TO ORDER AT 4:17 PM WHEN QUORUM WAS MET.
II.	Review and Adopt the Agenda	Anne Sutherland M.D. opened the floor to adopt the agenda.	ANTWON CLOIRD MMS TOM ASWAD TO ADOPT THE AGENDA AS PRESENTED. MOTION APPROVED UNANIMOUSLY. AYES: Anne Sutherland M.D., Catherine Taughinbaugh, Guita Bahramipour, Antwon Cloird, Michael Collins, Tom Aswad NOES: None ABSENT: Anthony Segovia, Courtney Cummings, Lanita Mims ABSTAIN: None
III.	Review and Approval of Draft Minutes of November 15, 2017	Approval of the November 15, 2017 meeting minutes. The minutes were approved as presented.	ANTWON CLOIRD MMS CATHERINE TAUGHINBAUGH TO APPROVE THE NOVEMBER 15, 2017 MINUTES AS PRESENTED. MOTION APPROVED UNANIMOUSLY. AYES: Anne Sutherland M.D., Catherine Taughinbaugh, Guita Bahramipour, Antwon Cloird, Michael Collins, Tom Aswad NOES: None ABSENT: Anthony Segovia, Courtney Cummings, Lanita Mims ABSTAIN: None
com inter Alco	PUBLIC COMMENT public and Board members may ment on any agenda item of public est within the jurisdiction of the hol and Other Drugs Advisory Board. kimum three minutes per speaker.)	<ul> <li>Anne Sutherland M.D. reported that she is a part of the Bay Area Earthquake Alliance and wanted to know if AOD treatment providers were knowledgeable about Earthquake safety and have a plan in place. She added that if providers need information she can provide literature about earthquake safety. Dr. Sutherland also referenced a report entitled "What Pot</li> </ul>	

Really Does to the Teen Brain," from *Scientific American* she gave the article to

Antwon Cloird reported that he attended the

Isabelle Kirske and asked that she

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Public Comment Cont.

disseminate it.

December Consolidated Planning Advisory Workgroup (CPAW) meeting and that they are interested in expanding Mental Health Services in West County. Antwon also reported that the National Alliance on Mental Illness (NAMI) is creating satellite locations across the county to better serve the community.

Tom Aswad reported that, February 20<sup>th</sup> Support4Recovery (S4R) is hosting their annual fundraiser at Bridges in Danville. Tom thanked the Fresh Start Alumni Association, from the John Muir treatment programs, for providing gifts to the children of East County Wollam. Tom also reported that as of December 1<sup>st</sup>, S4R has housed 32 men, women and children for an average cost of \$14.21 per day for Sober Living. Tom stated that he shared those numbers with Congressman Mark DeSaulnier and advocated for more federal funding for sober living.

### VI. AOD Staff Report

Fatima Matal Sol submitted the Staff report in writing as requested by the Executive Committee. She made herself available for questions. She highlighted the following points:

- She introduced Trisha Seastrom, a new Program Manager overseeing Women's Services.
- Fatima shared that she met with the Chief of Police in Concord, along with Steve McNutt, to discuss the location of the Restoration Center. The Concord Chief of Police agreed to let the Restoration Center be placed in North Concord. He also invited them to attend the monthly meeting, scheduled for December 14<sup>th</sup>, with the Central region Chiefs of Police and the City Managers.
- Fatima also shared that on December 12<sup>th</sup>
  AODS completed the Key Prioritization
  Community Forum intended to develop the
  2018-2023 Strategic Prevention Plan.
- On December 21<sup>st</sup> AODS will host a training with providers to discuss Utilization Review and Utilization Management procedures in order to prevent disallowances of services under the Waiver.
- Regarding the current rates, when Contra Costa began preparing for the Drug Medi-Cal Organized Delivery System (DMC-ODS) Waiver, Fatima met with providers to discuss a proposed cost for services.
   Previously Residential Treatment was not DMC billable so it was difficult to come up with operating rates. When it was time for providers to submit proposed rates based on their costs, only one provider submitted

AOD Staff Report Cont.

rates for Residential Treatment. This has led to AODS conducting a needs assessment to revisit the rates with the State. As reported before, the process to revisit rates involves providers, the first meeting with residential providers was held late November 2017.

### VII. COMMITTEE HIGHLIGHTS

**Executive Committee** 

**Community Awareness** 

Programs and Services

VII. Board Member Nominations

Election of Board Officers: Chair & Vice Chair for 2018 calendar year term.

Anne Sutherland M.D. reported that the Executive Committee did not meet.

Guita Bahramipour reported that the Community Awareness Committee did not meet.

Catherine Taughinbaugh reported that the Programs and Services Committee did not meet.

Guita Bahramipour explained the election process, and suggested that members would vote for one position at a time. The names of the individuals nominated for Chair were read out loud and printed on paper posted on the wall. The nominee was: Dr. Anne Sutherland for Chair.

Name	# of Votes
Anne Sutherland	IIIII (6)
M.D.	` ,

The names of the individuals nominated for Vice Chair were read out loud and printed on paper posted on the wall. The nominee was: Tom Aswad for Vice Chair.

Name	# of votes
Tom Aswad	IIII (5)

### **VIII. OLD BUSINESS**

Letter in support of making the Contra Costa County Fairgrounds Smoke Free to Ms. Kelly Mykrantz, President of Contra Costa County Fairgrounds.

#### IX. LIAISON REPORTS

Contra Costa County Interjurisdictional Council on Homelessness

**Tobacco Prevention Coalition** 

Mental Health Commission

Anne Sutherland M.D. presented the letter that the Executive Committee developed in support of making the Contra Costa County Fairgrounds Smoke Free. The Board reviewed the letter and had no concerns with it.

Guita Bahramipour reported that the council is looking for new members. She also reported that Contra Costa will begin implementing the annual Point in Time count in which they will count the homeless population. If anyone is interested in assisting with this survey please contact Guita.

There was no report.

Sam Yoshioka reported that during the December Mental Health Commission meeting Fatima Matal Sol presented on the Drug Medi-Cal Organized Delivery System Waiver.

## ANNE SUTHERLAND M.D. WAS ELECTED AS THE 2018 CHAIR.

<u>AYES</u>: Catherine Taughinbaugh, Tom Aswad, Michael Collins, Antwon Cloird, Guita Bahramipour, Anne Sutherland M.D. **NOES**: None

ABSENT: Anthony Segovia, Courtney Cummings, Lanita Mims

ABSTAIN: None

### TOM ASWAD WAS ELECTED THE 2018 VICE CHAIR.

AYES: Catherine Taughinbaugh, Anne Sutherland M.D., Michael Collins, Antwon Cloird, Guita Bahramipour

NOES: None

ABSENT: Anthony Segovia, Courtney Cummings, Lanita Mims

ABSTAIN: Tom Aswad

The Board instructed Isabelle Kirske to submit the letter on their behalf.

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Contra Costa County Prescription Drug Abuse Prevention (MEDS) Coalition Michael Collins reported that there was no MEDS Coalition meeting in November, however, he reminded the Board that starting in October all sheriff officers on patrol began carrying Naloxone. Michael also reported that he has become a core member of the coalition in support of applying for an Accelerator Grant program. If awarded, the grant will cover training and technical assistance to make sure that the coalition is operating effectively and sustainably.

#### X. NEW BUSINESS

Alcohol License Initiatives. None.

There is no new license request.

Marijuana Interdepartmental Workgroup: Adult Use of Marijuana Act.

There was no update regarding the Interdepartmental Workgroup. Isabelle Kirske shared a power point presentation that was provided by the California Prevention Coordinators on Marijuana. The power point was included in the Board Packet.

Advocate in support of John Muir's Alumni Association.

Tom Aswad reported that in November he learned that John Muir was going to stop supporting their Alumni Association. Since the announcement was made John Muir received enough concerns from the community that they will not discontinue the Alumni Association. There is no need for the Board to advocate in support.

Restoration Center. Consider approving a letter of support.

Staff shared a letter that was drafted in support of a Restoration Center in Central Contra Costa County. The Board reviewed the letter and voted to send the letter of support to Dr. Walker.

TOM ASWAD MMS GUITA
BAHRAMIPOUR TO APPROVE
AND SEND THE LETTER OF
SUPPORT OF THE RESTORATION
CENTER. MOTION APPROVED
UNANIMOUSLY.

AYES: Catherine Taughinbaugh, Antwon Cloird, Guita Bahramipour, Anne Sutherland M.D., Tom Aswad, Michael Collins

None

ABSENT: Anthony Segovia, Courtney Cummings, Lanita Mims

ABSTAIN: None

Discuss 2018 Board Goals and Objectives.

Staff explained the brainstorm process that would be used for the discussion of the AOD Board Goals and Objectives for 2018. The 3 goals from the previous year were posted around the room along with a question about specific activities that would support the goals. The same was done for Key Priorities.

QUORUM WAS LOST PRIOR TO FINISHING THIS ACTIVITY.

### XI. PUBLIC COMMENT

The public and Board members may comment on any item of public interest within the jurisdiction of the Alcohol and other Drugs Advisory Board. (Maximum three minutes per speaker.)

There was no public comment due to lack of quorum.

The meeting ended early due to lack of quorum.

MEETING ADJOURNED DUE TO LACK OF QUORUM AT 6:00PM.

### XII. ADJOURNMENT

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