

**CONTRA COSTA COUNTY ALCOHOL AND OTHER DRUGS ADVISORY BOARD MEETING  
MINUTES**

**Wednesday, October 26, 2016**

**Alcohol and Other Drugs Services**

**1220 Morello Ave, Second Floor Large Conference Room**

**Martinez, CA 94553**

Members Present: Randolph Hencken (late), Antwon Cloird, Hayden Padgett, Guita Bahramipour, Catherine Taughinbaugh, Tom Aswad

Members Absent: Anne Sutherland M.D. (E)

Staff Present: Fatima Matal Sol, AOD Program Chief, Isabelle Kirske, AOD Prevention Coordinator

Member Liaisons: Sam Yoshioka - Mental Health Commission

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION
I. <u><b>CALL TO ORDER</b></u>	The meeting was called to order at 4:03 pm.	<b>TOM ASWAD CALLED THE MEETING TO ORDER AT 4:03 PM WHEN QUORUM WAS MET.</b>
II. <u><b>Review and Adopt the Agenda</b></u>	Tom Aswad opened the floor to adopt the agenda.	<b>HAYDEN PADGETT MMS CATHERINE TAUGHINBAUGH TO ADOPT THE AGENDA AS WRITTEN. MOTION APPROVED.</b> <b><u>AYES:</u></b> Guita Bahramipour, Antwon Cloird, Hayden Padgett, Catherine Taughinbaugh, Tom Aswad <b><u>NOES:</u></b> None <b><u>ABSENT:</u></b> Randolph Hencken, Anne Sutherland M.D. (E) <b><u>ABSTAIN:</u></b> none
III. <u><b>Review and Approval of Draft Minutes of July 27, 2016</b></u>	Approval of the July 27, 2016 meeting minutes. The minutes were approved as presented.	<b>GUITA BAHRAMIPOUR MMS HAYDEN PADGETT TO APPROVE THE JULY 27, 2016 MINUTES WITH NO CORRECTIONS. ONE ABSTENTION. MOTION APPROVED.</b> <b><u>AYES:</u></b> Catherine Taughinbaugh, Guita Bahramipour, Hayden Padgett, Tom Aswad <b><u>NOES:</u></b> None <b><u>ABSENT:</u></b> Randolph Hencken, Anne Sutherland M.D. (E) <b><u>ABSTAIN:</u></b> Antwon Cloird
IV. <u><b>PUBLIC COMMENT</b></u> The public and Board members may comment on any agenda item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board. (Maximum three minutes per speaker.)	<ul style="list-style-type: none"><li>Fatima Matal Sol introduced two new Alcohol and Other Drugs Services (AODS) staff members, Keith Anderson and Juli Torok. Keith transferred from Discovery House and is now the new AB 109 counselor. Juli is a Mental Health Clinical Specialist working at Discovery House and providing support to other AOD treatment</li></ul>	

facilities. Recently, she provided a Mental Health Systems 101 presentation to help AOD providers better navigate the Mental Health system.

- Tom Aswad gave an update on the September National Recovery Month activities sponsored by Support 4 Recovery (S4R). September 3<sup>rd</sup> was the Third Annual Recovery Ride with approximately 40 people in attendance. September 13<sup>th</sup> was the Board of Supervisors meeting in which we went and accepted a Proclamation recognizing September as National Recovery Month. September 17<sup>th</sup> was the 12<sup>th</sup> annual Recovery Walk in Martinez. September 21<sup>st</sup> was the John Muir Recovery Health Fair which S4R tabled at along with AODS Administration. September 24<sup>th</sup> was the San Quentin Recovery Celebration. He announced that this Friday October 28<sup>th</sup> from 10-12 at the Richmond City Hall is an Affordable Housing Meeting.
- Antwon Cloird shared information about a community forum that he attended in San Pablo on October 6<sup>th</sup> that was hosted by Mental Health Services. This community forum was an opportunity to get ideas from the community about the development of the next Mental Health Services Act (MHSA) Strategic Plan that will begin in 2017. Antwon let the Board know that he plans to attend the next two meetings, November 3<sup>rd</sup> in Pleasant Hill and December 1<sup>st</sup> in Bay Point and he encouraged other Board members to attend as well.

#### **V. AOD Staff Report**

Fatima Matal Sol submitted the Staff report in writing as requested by the Executive Committee. She made herself available for questions. She highlighted points:

- FAQ's of the Waiver were included in their Board packet and suggested that Board members familiarize themselves with it. There is also a checklist which tells the reader about when the Waiver becomes effective and what needs to take place between now and then.
- Health Services Department is applying for a Federal Grant called "Whole Person Care" which is between \$30 and \$40 million. It is already approved by the Board of Supervisors. A portion of this grant will fund a Sobering Center. This is a place where inebriates sober up. The average time that a person will stay in the center is between 6 and 8 hours. We will place

approximately 10 Substance Abuse Counselors in the facility. The center functions as a diversion program from jail and hospitals; this is not a place where AOD treatment occurs. In addition, there will be Community Support Workers driving around and bringing clients to the facility, and Mental Health Clinicians working at the center. We are looking at Central County as a place to support the entire County..

- Fatima also distributed an opinion survey. The purpose of the survey is to provide feedback to staff to help us better assist the needs of the Board.

## **VI. COMMITTEE HIGHLIGHTS**

### **Executive Committee**

The Executive Committee did not meet; however, staff met with Dr. Sutherland to discuss the Annual Report by reviewing activities throughout the year. Other items discussed were:

- Recommending, meeting time changes due to the holidays.
- Recommended to hold a “light business” meeting in December to elect officers and any other required business including a session where new goals and objects are shared.
- Recognition of Shirley Cheney, Doug Sibley and James Doyle for their years of service on the Board in November 2016.

### **Appoint Chair to Community Awareness Committee**

Tom Aswad opened the floor for volunteers to join the Community Awareness Committee.

**APPOINTMENTS TO THIS COMMITTEE WERE POSTPONED.**

### **Annual Report 2016 - Staff**

The Board of Supervisors established that every year every Board or Commission has to compile a report summarizing all of the accomplishments during the year. Staff announced that the report for the AOD Board is due Tuesday December 13<sup>th</sup> and recapped the process for building the report. The draft report was submitted for review.

**THE REPORT WILL BE APPROVED DURING THE NOVEMBER 2016 MONTHLY BOARD MEETING.**

**EDITS MUST BE SUBMITTED TO STAFF BY FRIDAY, NOVEMBER 4<sup>TH</sup>, 2016.**

### **Bylaw revision.**

The Executive Committee reviewed the new drafted language to the bylaws to replace the Public Policy and the Youth and Family Committees with the Programs and Services Committee.

**BOARD MEMBERS WERE ASKED TO SUBMIT OTHER CHANGES TO THE BYLAWS IF NEEDED. THE BOARD WILL VOTE ON THE CHANGES AT THE NOVEMBER 2016 MONTHLY BOARD MEETING.**

### **Community Awareness**

Community Awareness does not have any members at the present. There was no report.

### **Programs and Services – Hayden Padgett**

The committee heard a presentation from Donte Blué who is the Reentry Coordinator regarding current Reentry programs in Contra Costa County. The committee has decided to assess reentry needs in the county which is goal 2 of the Board’s objectives.

**VII. BOARD MEMBER NOMINATIONS**

Nominations for Officer Positions  
Election in November.

Every year the Board elects new Officers. The process starts in November with Board Officer Nominations and voting in December. Staff shared a nomination form that was developed last year. The nomination process will be facilitated by a previous Vice Chair.

**II. NEW BUSINESS**

2016 National Recovery Month  
Champion

Tom Aswad gave a report on the two Recovery Champion Nominations that he submitted: Jennifer Sanchez, Manager of Ygnacio Valley Peet's Coffee and Judge Clare Maier, Contra Costa County Superior Court. Awards will be presented at the November Board meeting.

**CATHERINE TAUGHINBAUGH  
MMS GUITA BAHRAMIPOUR TO  
SELECT BOTH JENNIFER  
SANCHEZ AND JUDGE CLARE  
MAIER TO RECEIVE THE  
NATIONAL RECOVERY CHAMPION  
AWARD. MOTION APPROVED.**

**AYES:** Guita Bahramipour, Cathy Taughinbaugh, Antwon Cloird, Randolph Hencken, Hayden Padgett, Tom Aswad.

**NOES:** None

**ABSENT:** Anne Sutherland M.D.(E)

**ABSTAIN:** None

EPIC Youth Summit Policy  
Recommendations.

Tom Aswad opened a discussion regarding revisions to the Social Host Ordinance to include Marijuana and Prescription Drugs. Tom gave an overview of the Social Host Ordinance followed by questions regarding current enforcement.

**HAYDEN PADGETT MMS ANTWON  
CLOIRD TO POSTPONE A  
DECISION ON MAKING CHANGES  
TO THE SOCIAL HOST  
ORDINANCE UNTIL THE BOARD  
RECEIVES MORE INFORMATION  
FROM THE DISTRICT ATTORNEYS  
OFFICE. MOTION APPROVED.**

**AYES:** Catherine Taughinbaugh, Guita Bahramipour, Antwon Cloird, Randolph Hencken, Hayden Padgett, Tom Aswad.

**NOES:** None

**ABSENT:** Anne Sutherland M.D. (E)

**ABSTAIN:** None

**X. LIAISON REPORTS**

Contra Costa County  
Interjurisdictional Council on  
Homelessness

Jill Ray, Supervisor Candace Anderson's Office, reported that during the last meeting the Council heard a presentation on bed bugs provided by the Integrated Pest Management Department. She also shared information regarding the use of MHSA funds by the State via No Place Like Home bonds. She added that a recent assessment found that Section 8 is not being used as intended, and that 3 Coordinated Care Centers have been created in central, east and west county where centralized assessments for housing will take place.

Tobacco Prevention Coalition

There is no one currently appointed to the Tobacco Prevention Coalition. There was no report.

**REMINDER BY STAFF OF THE  
NEED FOR BOARD  
REPRESENTATION AT THE  
TOBACCO PREVENTION  
COALITION.**

Mental Health Commission

Sam Yoshioka said he is impressed with the Programs and Services Committee for wanting to track funds as the Mental Health Commission does. Realignment 1 and Realignment 2 funds are being tracked by the Commission, where it is going, how much, etc. The Commission is also developing the annual report to the Board

Mental Health Commission Cont.	of Supervisors. Mental Health final budget Revenue: \$173,763,444 million and Expenditure/Appropriates \$191,036,617. Sam said that the Board may be interested in submitting a grant in order to implement a dual diagnosis program.	
Appoint Board member to CPAW	CPAW report included within the Staff Report.	<b>REMINDED BY STAFF OF THE NEED FOR BOARD REPRESENTATION AT CPAW.</b>
Prescription Drug Abuse Prevention (MEDS) Coalition	MEDS Coalition report included within the Staff Report	<b>REMINDED BY STAFF OF THE NEED FOR BOARD REPRESENTATION AT THE CONTRA COSTA COUNTY MEDS COALITION.</b>
<b>XI. OLD BUSINESS</b>		
Vote to postpone a recommendation to the Board of Supervisors about whether to support or oppose the legalization of marijuana.	Tom Aswad opened the floor for discussion.	<b>HAYDEN PADGETT MMS RANDOLPH HENCKEN TO CANCEL THIS VOTE DUE TO THE ELECTION BEING TWO WEEKS AWAY. MOTION APPROVED ONE ABSTENTION.</b>  <b><u>AYES:</u></b> Guita Bahramipour, Catherine Taughinbaugh, Tom Aswad, Antwon Cloird, Randolph Hencken, Hayden Padgett <b><u>NOES:</u></b> None <b><u>ABSENT:</u></b> Anne Sutherland M.D.(E) <b><u>ABSTAIN:</u></b> None
Alcohol License Initiatives	There were no Alcohol License Initiatives.	
Countywide Youth Commission	Antwon Cloird reminded the Board that Supervisor Federal Glover and Supervisor John Gioia are supportive of a Countywide Youth Commission.	<b>RANDOLPH HENCKEN MMS HAYDEN PADGETT TO TABLE THIS DISCUSSION UNTIL THE FEBRUARY MEETING DUE TO ELECTIONS OF SUPERVISORS. MOTION APPROVED</b>  <b><u>AYES:</u></b> Catherine Taughinbaugh, Guita Bahramipour, Antwon Cloird, Randolph Hencken, Tom Aswad <b><u>NOES:</u></b> None <b><u>ABSENT:</u></b> Anne Sutherland M.D.(E) <b><u>ABSTAIN:</u></b> None  <b>TOM ASWAD WILL APPROACH SUPERVISOR KAREN MITCHOFF.</b>  <b>HAYDEN PADGETT WILL APPROACH SUPERVISOR CANDACE ANDERSON.</b>
<b>XII. PUBLIC COMMENT</b>		
The public and Board members may comment on any item of public interest within the jurisdiction of the Alcohol and other Drugs Advisory Board. (Maximum three minutes per speaker.)	<ul style="list-style-type: none"> <li>Guita Bahramipour wanted to publicly recognize Jill Ray for continuously attending the AOD Board meetings. Guita posed a question to the Advisory Board: how will AODS increase access to care when we already have a waiting list and cannot even meet treatment on demand now? If there is a waiting list in housing or for detox, how</li> </ul>	

- will we meet the demand for services?
- Tom Aswad informed the Board that unfortunately Peet's corporation has changed their fundraising protocol and as a result, S4R lost 1/3 of their annual budget. The training program at San Quentin on November 4<sup>th</sup> will have a cap and gown presentation for the 3<sup>rd</sup> group of newly trained AOD counselor interns. Tom mentioned a recent article in the San Francisco Chronicle citing figures released by the Department of Corrections showing that out of 919 prisoners who received drug treatment only 141 were re-imprisoned which is 15.3%. He said that the local recidivism rate is approximately 45% so the program is doing great. Tom was happy to report that with the S4R housing grants over the last 36 months are coming in at 80% cost savings of what the county is doing. S4R has also had a 46% higher success rate as compared to the county run programs.

**XIII. ADJOURNMENT**

Meeting was adjourned at 5:45 PM.

**HAYDEN PADGETT MMS  
RANDOLPH HENCKEN TO  
ADJOURN THE MEETING AT  
5:45PM. MOTION APPROVED.**

**AYES:** Catherine Taughinbaugh, Guita Bahramipour, Antwon Cloird, Randolph Hencken, Tom Aswad

**NOES:** None

**ABSENT:** Anne Sutherland M.D.(E)

**ABSTAIN:** None