

**CONTRA COSTA COUNTY ALCOHOL AND OTHER DRUGS ADVISORY BOARD MEETING
MINUTES
Wednesday, June 22, 2016
Board of Supervisors Chambers
651 Pine Street
Martinez, CA 94553**

Members Present: Tom Aswad, Guita Bahramipour, Robin Houdashell, Randolph Hencken, Hayden Padgett, Anne Sutherland M.D., Cathy Taughinbaugh

Members Absent: Shirley Cheney (R), Jill Chioino (R), Antwon Cloird (E), Jerry Lasky (R), James Ryan (R), Katherine Webster (R)

Staff Present: Fatima Matal Sol, AOD Program Chief, Isabelle Kirske, AOD Prevention Coordinator

Member Liaisons: Sam Yoshioka - Mental Health Commission

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION
I. <u>CALL TO ORDER</u>	The meeting was called to order at 4:10 pm.	TOM ASWAD CALLED THE MEETING TO ORDER AT 4:10 PM WHEN QUORUM WAS MET.
II. <u>Review and Adopt the Agenda</u>	Tom Aswad opened the floor to adopt the agenda.	RANDOLPH HENCKEN MMS GUITA BAHRAMIPOUR TO ADOPT THE AGENDA AS WRITTEN. MOTION APPROVED. AYES: Robin Houdashell, Anne Sutherland M.D., Guita Bahramipour, Randolph Hencken, Hayden Padgett, Catherine Taughinbaugh, Tom Aswad NOES: None ABSENT: Shirley Cheney, Jill Chioino, Antwon Cloird, Jerry Lasky, James Ryan, Katherine Webster ABSTAIN: none
III. <u>Review and Approval of Draft Minutes of April 2016</u>	Approval of the April 20, 2016 meeting minutes. The minutes were approved as presented. There was no meeting in May 2016 due to lack of quorum.	HAYDEN PADGETT MMS CATHERINE TAUGHINBAUGH TO APPROVE THE APRIL 20, 2016 MINUTES WITH NO CORRECTIONS. MOTION APPROVED. AYES: Robin Houdashell, Anne Sutherland M.D., Guita Bahramipour, Randolph Hencken, Hayden Padgett, Catherine Taughinbaugh, Tom Aswad NOES: None ABSENT: Shirley Cheney, Jill Chioino, Antwon Cloird, Jerry Lasky, James Ryan, Katherine Webster ABSTAIN: none
IV. <u>PUBLIC COMMENT</u> The public and Board members may comment on any agenda item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board. (Maximum three minutes per speaker.)	<ul style="list-style-type: none"> Guita Bahramipour expressed concerns about Mental Health not admitting people for psychiatric watch. For example, when people who are suicidal go to Mental Health in Martinez for a Psych Emergency they are not taking them. People are not being taken 	

Public Comment Cont.

in under "5150" and she is concerned about if Mental Health Services are taking in people with Drug and Alcohol treatment.

- Tom Aswad announced that September 3rd is the 3rd Annual Wheels for Recovery Fun Ride starting at Sports Basement in Walnut Creek. Tuesday September 13th is the Board of Supervisors Proclamation for Recovery Month followed by a celebration. The 12th Annual Recovery walk is September 17th in Martinez; Support 4 Recovery is expecting approximately 500 participants.

V. AOD Chief's Report

Fatima Matal Sol submitted the Chief's report in writing as requested by the Executive Committee. She was asked to provide a few key points from the Substance Abuse Prevention and Treatment (SAPT) meeting in Sacramento earlier in the day:

- County Alcohol and Other Drugs Advisory Boards are becoming more active in their communities as a result of the Drug Medical Waiver.
- Four county implementation plans have been submitted and 2 fiscal plans have been approved, Santa Clara and Santa Cruz.
- Alcohol and Other Drugs Services are working with the Contra Costa County Health Plan and are moving towards coordination instead of working in silos.
- The State/County Contract requires that Alcohol and Other Drugs Services conducts fiscal monitoring at program providers. The state is closely following this requirement, to include meeting records and sign in sheets.
- Health Services Department will be submitting a Whole Person Care Grant which is focused on treating the comprehensive needs of the patient. Fatima has provided information about a Sobering Center which is a place where people go to sober up, for an average of 6 hours. There is no counseling services involved in it. This is a diversion program that saves money on psych emergency services, ambulances, hospital cost, and Jail booking fees. Fatima also is working on Recovery Residences, which are sober living environments. She will be traveling to Oregon to see how Oxford House runs, which is an Evidence Based Practice.

VI. COMMITTEE HIGHLIGHTS

Executive Committee

Tom Aswad reported that the committee meeting was productive and they accomplished several items.

Accept James Ryan's Letter of Resignation

Tom Aswad opened the floor to accept James Ryan's Resignation.

HAYDEN PADGETT MMS ROBIN HOUDASHELL TO ACCEPT JAMES RYAN'S RESIGNATION FROM THE ADVISORY BOARD AND THANK HIM FOR HIS SERVICE. MOTION APPROVED.

AYES: Guita Bahramipour, Randolph Hencken, Hayden Padgett, Catherine Taughinbaugh, Tom Aswad, Robin Houdashell, Anne Sutherland M.D.

NOES: None

ABSENT: Shirley Cheney, Jill Chioino, Antwon Cloird, Jerry Lasky, James Ryan, Katherine Webster

ABSTAIN: None

Recommendation to recognize members of the Advisory Board who served five or more years. Recognize: Katherine Webster, Jerry Lasky and Jill Chioino.

Tom Aswad opened the floor to recognize Katherine Webster, Jerry Lasky and Jill Chioino for their years of service to the Advisory Board.

HAYDEN PADGETT MMS GUITA BAHRAMIPOUT TO APPROVE THE RECOMMENDATION TO DRAFT A RESOLUTION FOR 3 PREVIOUS BOARD MEMBERS TO THE BOARD OF SUPERVISORS. MOTION APPROVED.

AYES: Randolph Hencken, Hayden Padgett, Catherine Taughinbaugh, Tom Aswad, Robin Houdashell, Anne Sutherland M.D., Guita Bahramipour

NOES: None

ABSENT: Shirley Cheney, Jill Chioino, Antwon Cloird, Jerry Lasky, James Ryan, Katherine Webster

ABSTAIN: None

Updating By Laws to reflect Board Structure Changes and Other

The executive committee is working on updating the By Laws to reflect the Board Structure changes and other needed revisions.

Community Awareness

Robin Houdashell reported that the committee focused on the Marijuana Lecture Series from February to May of 2016. The first speaker was Dr. Sooter who spoke about the effects of Marijuana on the Brain. The second speaker was from the District Attorney and the Sheriff's Office the Increase in Crime in Colorado. The third speaker was from Oaksterdam University who outlined the benefits of Marijuana Use. The fourth speaker was a representative from Project SAM who compared the Marijuana Legalization pros and cons and repeated the fact that 8th grade use is 3 times the national average in Colorado. She said that The Series were meant to educate the Advisory Board and members of the public to arrive to an informed decision on how we should vote and make recommendations to the Board of Supervisors regarding Marijuana Legalization in November.

Program and Services

Hayden Padgett reported that the committee had its first meeting prior to the Advisory Board meeting and they discussed the priorities and

goals of the committee. This committee is requesting direction from the Executive Committee on how to focus their time for the next 5 months. Additionally, they hope to invite the person in charge of re-entry to present to a committee meeting so they will be able to develop recommendations for the Board of Supervisors.

VII. LIAISON REPORT

Contra Costa County
Interjurisdictional Council on
Homelessness

Guita Bahramipour reported that she is advocating for Sober Living environments at the Council meetings during which she emphasizes that addiction can lead to homelessness, and stated that the council is listening to her requests.

Tobacco Prevention Coalition

No report due to lack of representation.

Mental Health Commission

Sam Yoshioka responded to Guita Bahramipour's public comment by stating that there is an overcrowding in the Emergency Room of the hospital, so the Contra Costa County Regional Medical Center separated their Psychiatric Emergency Department from the Emergency Room. The Mental Health Commission received a proposal currently being considered at the state level. What they are proposing is to take \$3 billion for several years from the Mental Health Services Act funding and reallocate it to housing. The commission was upset with this legislation and recommended to the Board Of Supervisors to reject the proposal. The Board of Supervisors also asked the state legislature to oppose. Another proposal was brought to the Commission for funding of \$1.4 million for construction of a new residential facility which was approved and submitted for the Board of Supervisors for their approval.

Appoint Board member to CPAW

The Board postponed discussion of this item for a future meeting.

Prescription Drug Abuse Prevention
Coalition

Report regarding this item is included in the Staff Report. The Board needs to appoint a new representative to the coalition.

VIII. OLD BUSINESS

Alcohol License Initiatives

Ricardo Simental provided an update regarding EnRoute which has applied for a Type 41 and Type 21 Alcohol Licenses. This is a proposed convenience store that plans to serve alcohol both to consume off/on the premise. This location is within a block of a Starbucks that will begin selling beer and wine in August and sits below the Avalon Apartments across from Pleasant Hill BART. Ricardo was able to

Alcohol License Initiatives continued.

interview both Bart Police and a representative of the Sheriff's Office and both thought it was a great idea and without detriment to the community. Ricardo was able to reach an ABC agent who reported that this census tract only allows 6 On-Sale licenses and 2 Off-Sale licenses. This area currently has 10 On-Sale licenses and 1 Off-Sale license. Based on the ABC reports, this census track is oversaturated.

Ricardo Simental also provided an update on Hops and Scotch which is located one block away from and in the same Census Tract as EnRoute. This location has applied for an On Sale license Type 48 Alcohol License. According to Ricardo the community seems accepting of this location, and the police officers interviewed thought, it would be a great addition to the area.

Supervisor Mitchoff is concerned about the two alcohol applications of Hops and Scotch and EnRoute. Since this area is oversaturated there is a concern that it will negatively impact these locations.

Isabelle Kirske reported on behalf of the San Ramon Valley Alcohol Policy Coalition staff who conducted an environmental assessment on a Farm Distillery in Livermore technically falling under the jurisdiction of unincorporated Contra Costa County. Staff found that the applicant plans to turn farm grown grains into distilled spirits. It is a location that sits 5-6 miles off of the freeway on a two lane windy road. The closest neighbor to this proposed location is a family member who approves of this alcohol license. It was found that there is one other On-Sale location within the census tract. There was not much concern aside from needing more lights around night. The customers will probably be people who plan a day trip since there is not much around as well.

Countywide Youth Commission

Since Antwon is not here it was decided to postpone this discussion until next meeting.

**HAYDEN PADGET MMS
RANDOLPH HENCKEN TO TABLE
THIS DISCUSSION UNTIL THE
JULY MEETING. MOTION
APPROVED.**

AYES: Guita Bahramipour, Anne Sutherland M.D., Robin Houdashell, Tom Aswad, Catherine Taughinbaugh, Hayden Padgett, Randolph Hencken

NOES: None

ABSENT: Shirley Cheney, Jill Chioino, Antwon Cloird, Jerry Lasky, James Ryan, Katherine Webster

ABSTAIN: None

Electing an Interim Chair through the next election of officers.

Tom Aswad nominated Dr. Anne Sutherland as Interim Chair and she willingly accepted to be an Interim Chair of the Alcohol and Other Drugs Advisory Board. There was no discussion.

HAYDEN PADGETT MMS GUITA BAHRAMIPOUR TO ELECT DR. ANNE SUTHERLAND AS INTERIM CHAIR OF THE ALCOHOL AND OTHER DRUGS ADVISORY BOARD. MOTION APPROVED.

AYES: Catherine Taughinbaugh, Tom Aswad, Robin Houdashell, Anne Sutherland M.D., Guita Bahramipour, Randolph Hencken, Hayden Padgett

NOES: None

ABSENT: Shirley Cheney, Jill Chioino, Antwon Cloird, Jerry Lasky, James Ryan, Katherine Webster

ABSTAIN: None

X. NEW BUSINESS

Board Recommendation to Board of Supervisors regarding marijuana Legalization.

Robin Houdashell provided a recap earlier on the agenda during the Community Awareness Committee report to create the context for the discussion. Discussion ensued as to whether the Board supports the legalization of Marijuana and drafting a letter to the Board of Supervisors.

TOM ASWAD MMS ROBIN HOUDASHELL TO NOT SUPPORT THE LEGALIZATION OF RECREATIONAL MARIJUANA. MOTION DENIED.

AYES: Catherine Taughinbaugh, Tom Aswad, Robin Houdashell

NOES: Randolph Hencken, Hayden Padgett, Anne Sutherland M.D., Guita Bahramipour

ABSENT: Shirley Cheney, Jill Chioino, Antwon Cloird, Jerry Lasky, James Ryan, Katherine Webster

ABSTAIN: None

Debbie Berndt, a member of the public and county resident, presented her concerns about legalizing Marijuana. She said that Andrew Friedman, drug czar of Colorado was questioned about Marijuana legalization and if he could re do it what would he do different. He said he would get rid of unregulated home grows, advertising in general and to start the educational campaign as early as possible. She stated that legalization has shown that it increases use and we know that increased use leads to increase in addiction.

RANDOLPH HENCKEN MMS GUITA BAHRAMIPOUR TO DRAFT A LETTER TO THE BOARD OF SUPERVISORS ASKING FOR THEIR SUPPORT OF THE ADULT USE OF MARIJUANA ACT. MOTION APPROVED

AYES: Hayden Padgett, Catherine Taughinbaugh, Tom Aswad, Anne Sutherland M.D., Guita Bahramipour, Randolph Hencken.

NOES: Robin Houdashell

ABSENT: Shirley Cheney, Jill Chioino, Antwon Cloird, Jerry Lasky, James Ryan, Katherine Webster

ABSTAIN: None

Guita Bahramipour posed the question, what is the root cause of addiction? It is not Marijuana. If it is not Marijuana it can be alcohol, if it is not alcohol it can be prescription drugs. She does not think it is a good idea to have alcohol across the street, but if you have alcohol across the street then why can't you have Marijuana across the street? Marijuana is a natural plant, you can grow it and clip it and smoke it, so it is natural. Keeping Marijuana illegal will make your child want to use marijuana more than if we legalize it. It is the parent's job to tell the kids "it is a norm, but you should not use it."

Anne Sutherland M.D., stated that those who want drugs will get them. The difference between Marijuana and Alcohol is that you do not know what you are getting in that pot. It is not natural.

Tom Aswad said that he believes that the most effective prevention is Environmental Prevention. The deadliest drugs are all the drugs that are legal, alcohol, prescription drugs

Board Recommendation to Board of Supervisors regarding marijuana Legalization continued.

because we grow up in a society that makes it the norm. He added that he is scared to think that children will get messages that marijuana is the norm.

Randolph Hencken stated that he heard a lot of miss information from the guest, Debbie Berndt. He added that the The Adult Use of Marijuana (AUMA) Bill is a 62 page bill filled with regulations that we currently do not have. For instance, presently youth can go buy marijuana from a drug dealer who is not checking their ID to see if they are 21 or older. There is a reason that the California Medical Association is supporting AUMA because they want to protect our children. Mr. Hencken continued saying that Colorado has the lowest rate of youth use of Marijuana as youth no longer think that it is cool to smoke because adults are using it. AUMA is going to protect the children more than leaving it in the black market. "People use stats the way you want to use stats." Lastly, he stated that this bill was developed by Gavin Newsom and is the result of years of study and writing. As an Advisory Board Mr. Hencken believes to be ahead of the curve and pay attention to what the citizens of California want, which is that they are ready for the legalization of Marijuana.

Robin Houdashell stated that in March the Sheriff's Department presented stats on the increase in Fatal Traffic accidents caused by Marijuana Use. All of us have worked with people who are addicted and a lot of them have started with Marijuana.

Hayden Padgett stated that you are considered under the influence if you have 5 nanograms in 1 liter of blood in Washington. The report does not have any information on causation. Were they drunk and high or was it just Marijuana. Mr. Padgett said: "representing the people that are in the district, and representing the youth demographic I vote "no.""

Catherine Taughinbaugh said that she was on the fence because there are some pros of legalizing but she does not like the advertising and she does not like that we do not now have prevention education in our schools.

Fatima Matal Sol asked that the Board members keep in mind that they are representing constituents with this vote and it should not reflect their personal opinions which should be saved for voting in November as an individual. Constituents are district residents, program providers, the clients in our programs,

the young people in our prevention programs, etc.

EPIC Youth Summit Policy Recommendations.

Meeting was adjourned.

National Recovery Month and collaboration with Support 4 Recovery.

Meeting was adjourned.

XI. PUBLIC COMMENT

The public and Board members may comment on any item of public interest within the jurisdiction of the Alcohol and other Drugs Advisory Board. (Maximum three minutes per speaker.)

Meeting was adjourned. There were no public comments.

XII. ADJOURNMENT

Anne Sutherland M.D. opened the floor to adjourn the meeting.

**HAYDEN PADGETT MMS
CATHERINE TAUGHINBAUGH TO
ADJOURN THE MEETING AT
6:25PM. MOTION APPROVED.**

AYES: Robin Houdashell, Anne Sutherland M.D., Guita Bahramipour, Randolph Hencken, Hayden Padgett, Catherine Taughinbaugh, Tom Aswad

NOES: None

ABSENT: Shirley Cheney, Jill Chioino, Antwon Cloird, Jerry Lasky, James Ryan, Katherine Webster

ABSTAIN: None