

**CONTRA COSTA COUNTY ALCOHOL AND OTHER DRUGS ADVISORY BOARD MEETING
MINUTES**

**Wednesday, April 27, 2016
Board of Supervisors Chambers
651 Pine Street
Martinez, CA 94553**

Members Present: Antwon Cloird, Brianna Robinson, Jerry Lasky, Tom Aswad, Robin Houdashell, Elizabeth Sutherland M.D., Hayden Padgett (arrived late), James Ryan (arrived late), Katherine Webster (arrived late)

Members Absent: Guita Bahramipour (U), Catherin Taughinbaugh (E), Jill Chioino (U), Shirley Cheney (R)

Staff Present: Fatima Matal Sol, AOD Program Chief, Isabelle Kirske, AOD Prevention Coordinator

Member Liaisons: Sam Yoshioka - Mental Health Commission

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION
I. <u>CALL TO ORDER</u>	The meeting was not called to order at 4:00 pm due to lack of quorum. Presenters began their presentation to members of the public.	TOM ASWAD CALLED THE MEETING TO ORDER AT 4:35 PM WHEN QUORUM WAS MET. CONTINUED WITH PRESENTATION.
V. <u>Marijuana Lecture Series Presents: Legalization of Marijuana and Oaksterdam University, Presented by Dr. Aseem Sappal Provost and Dean of the Faculty at Oaksterdam University</u>	<p>Dr. Aseem Sappal, Provost and Dean of the Faculty at Oaksterdam University gave a presentation regarding the "Effect of Legalization of Marijuana." Some highlights from this presentation are as follows:</p> <ul style="list-style-type: none">• Oaksterdam is an area of Oakland located in downtown Oakland. Oaksterdam University was founded in 2007 and it is America's first Cannabis College. Oaksterdam university has graduated 25,000 students from across the world.• There are a lot of organizations surrounding Oaksterdam University that support their work. A few examples are Law Enforcement Against Prohibition (LEAP), Women Who Grow, etc.• Oaksterdam University is working internationally to study Cannabis as a medicine because with the classification as a Schedule 1 drug, cannabis cannot be researched in the United States and it must be prescribed by a doctor.• Safely and Responsibly are the two key factors that drive the program implementation at Oaksterdam University.• It is important to understand Cannabis and its physiological effects. There are two very similar plants that everyone should know about. <i>Indica</i> strains have big leaves and a greater amount of Cannabidiol (CBD) which is the part of the plant that has more medicinal qualities. <i>Sativa</i> plants have smaller leafs and higher Tetrahydrocannabinol (THC) which offers users the feeling of being high.• A Marijuana plant also contains Trichome's which are the crystals on a Marijuana bud which	

Continued Presentation

- is what is used to make Cannabis Medication.
- It is good to understand that the term Cannabis refers to medicine which is not smoked. It can come in an oil, a pill, or food.
- There is a chemical called THCA found within Cannabis plants. If you can isolate the Acid molecule and have it stay attached to the THC it makes the Cannabis non psychoactive so the user can benefit from the anti-inflammatory and neuroprotective properties.
- There are different types of ingestion such as: oral ingestion through food or liquids, transdermal ingestion through a topical, or vaporization via an inhaler.
- Cannabis level of dependence is approximately the same level as caffeine.
- The potential tax revenue that legalizing marijuana would bring, would have a positive effect on the state and the country's economy.
- He added that hemp can be used for a lot of different things like: paper, clothing, clean burning ethanol fuel, etc.. As Cannabis moves towards legalization, a plan needs to be set in place on how best to regulate. In terms of how fast hemp grows, in order to make paper products only 25 acres of hemp is equivalent to the amount of paper that can be produced by 100 acres of trees.

DISCUSSION ENSUED ABOUT THE TOPIC. PRESENTERS WERE THANKED BY THE BOARD.

II. ADOPT THE AGENDA

James Ryan opened the floor to adopt the agenda.

HAYDEN PADGETT MMS ROBIN HOUDASHELL TO ADOPT THE AGENDA AS WRITTEN. MOTION APPROVED.

AYES: James Ryan, Antwon Cloird, Tom Aswad, Robin Houdashell, Hayden Padgett, Elizabeth Sutherland M.D., Jerry Lasky, Brianna Robinson

NOES: None

ABSENT: Catherine Taughinbaugh, Guita Bahramipour, Shirley Cheney, Katherine Webster, Jill Chioino

ABSTAIN: none

III. APPROVAL OF MINUTES

Approval of the March 23, 2016 meeting minutes. The minutes were approved as presented.

TOM ASWAD MMS ROBIN HOUDASHELL TO APPROVE THE MARCH 23, 2016 MINUTES WITH NO CORRECTIONS. MOTION APPROVED, ONE ABSTENTION.

AYES: James Ryan, Antwon Cloird, Tom Aswad, Robin Houdashell, Hayden Padgett, Elizabeth Sutherland M.D., Jerry Lasky

NOES: None

ABSENT: Catherine Taughinbaugh, Guita Bahramipour, Shirley Cheney, Katherine Webster, Jill Chioino

ABSTAIN: Brianna Robinson

IV. PUBLIC COMMENT

The public and Board members may comment on any agenda item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board. (Maximum three minutes per speaker.)

- Ronovel Sharper is a youth member of Youth Leadership for a Healthier Richmond. He joined this group because he believes that Marijuana is a problem in Richmond and he gave the example of a friend who started using marijuana in the 6th grade. His

group created and implemented focus groups for both students and teachers, hoping to understand why people use marijuana. They found that people use it as a coping mechanism and to fit in with peers. Based on the focus groups they arrived at policy recommendations for: better regulation of Marijuana Use if it becomes legalized, more funding for youth leadership programs so youth voices can be heard, more school based drug and alcohol prevention programs, and to work with the Invest in Youth Foundation.

- Tom Aswad reminded everyone that on May 24th Support4Recovery will be hosting a presentation by Chris Herron at the Dean Leshner center in Walnut Creek. Students under 25 years old will get a 50% discount on tickets.
- Antwon Cloird presented at an event on May 6th at Allegiance High School.
- Fatima Matal Sol informed the Board that prevention staff will be taking part in a retail assessment for the 2nd time called Healthy Stores for Healthy Community. In this assessment participants will survey the presence of several types of products such as Alcohol, Tobacco, Nutrition and Condoms in stores. Which will be selected at random. They are currently in the need of assessors. If the Board is interested contact Isabelle Kirske.
- Patty Hoyt, Alcohol Policy Coordinator at Discovery Counseling Center in Danville, promoted an event hosted by the San Ramon Valley MEDS Coalition on Monday May 2nd from 6-8pm at the San Ramon Valley Unified School District offices. This event is the first of a Speaker Series that will feature a DEA Agent speak about the dangers of Prescription Drugs and a representative from New Leaf Treatment Center who will train participants on how to administer Naloxone.

VI. AOD Chief's Report

Fatima Matal Sol submitted the Chief's report in writing as requested by the Executive Committee. She brought up a few key points from her report:

- The Drug Medical Waiver Draft Implementation Plan was submitted on April 15th. Four days after AOD Services received their first comments/questions

NO QUESTIONS OR COMMENTS WERE MADE.

from the state and they were very light. It has now been submitted to the federal government.

- Fatima commented on the young man who presented during Public Comment who is one of the youth who helped with the implementation of the Youth Summit. They did a fabulous job with the Youth Summit and had approximately 60 youth in attendance. The presence of the entire county was felt. The youth developed several policy recommendations based on their projects that the Board should take into consideration when drafting a letter to the Board of Supervisors at the end of the Marijuana Speaker Series.

VII. COMMITTEE HIGHLIGHTS

Executive Committee

James Ryan reported that the last Committee meeting was very productive and they accomplished several items.

Accept Shirley Cheney's resignation from the Board

James Ryan opened the floor to accept Shirley Cheney's Resignation.

TOM ASWAD MMS HAYDEN PADGETT TO ACCEPT SHIRLEY CHENEY'S RESIGNATION FROM THE ADVISORY BOARD AND THANK HER FOR HER YEARS OF SERVICE. MOTION APPROVED.

AYES: James Ryan, Antwon Cloird, Tom Aswad, Robin Houdashell, Hayden Padgett, Jerry Lasky, Brianna Robinson

NOES: None

ABSENT: Catherine Taughinbaugh, Guita Bahramipour, Shirley Cheney, Katherine Webster, Jill Chioino

ABSTAIN: Elizabeth Sutherland M.D.

Committee Appointments

James Ryan has finalized Committee appointments for the Advisory Board members based on their emails to Isabelle Kirske. Moving forward we are expecting to hear regular reports from the committees. This assignments to committees is as follows:

- James Ryan, Chair – Executive Committee
- Tom Aswad, Vice Chair – Executive Committee
- Jerry Lasky – Executive Committee & Community Awareness Chair
- Jill Chioino – Community Awareness
- Robin Houdashell – Community Awareness
- Antwon Cloird - Programs and Services
- Catherine Taughinbaugh – Programs and Services
- Brianna Robinson – Programs and Services
- Guita Bahramipour – Programs and Services
- Elizabeth Sutherland M.D. – Programs and Services
- Hayden Padgett – Programs and Services

Community Awareness	Jerry Lasky reported that the People Who Make a Difference Awards have been scored. This year Robin Houdashell will present to the Board of Supervisors on May 24 th . The May speaker will be Don Bessee from Project SAM (Smart Approaches to Marijuana). He will discuss the harmful effects of Marijuana.	
2016 People Who Make a Difference Award	<p>James Ryan opened the floor to approve the recommendations made by the Community Awareness Committee for the 2016 People Who Make a Difference Awards as follows:</p> <ul style="list-style-type: none"> • Discovery House Alumni Association • Linda Pete • Officer Dave Williams • Ujima Central • Punya Sidhu • Riverview Middle School • East Bay Youth Coalition • CourAGE Youth Health Coalition 	<p>JERRY LASKY MMS ROBIN HOUDASHELL TO APPROVE THE 8 WINNERS OF THE PEOPLE WHO MAKE A DIFFERENCE AWARDS 2016. MOTION APPROVED.</p> <p><u>AYES:</u> Antwon Cloird, Tom Aswad, Robin Houdashell, Hayden Padgett, Elizabeth Sutherland M.D., Jerry Lasky, Brianna Robinson, James Ryan</p> <p><u>NOES:</u> None</p> <p><u>ABSENT:</u> Catherine Taughinbaugh, Guita Bahramipour, Shirley Cheney, Katherine Webster, Jill Chioino</p> <p><u>ABSTAIN:</u> None</p>
Program and Services	The Program and Services Committee did not meet.	
IX. <u>LIAISON REPORT</u> Contra Costa County Interjurisdictional Council on Homelessness	No report due to liaison being absent.	
Tobacco Prevention Coalition	James Ryan was unable to attend the meeting and cannot make the future meetings. He would like to see other Board members get involved in this Coalition and with Consolidated Planning Advisory Workgroup (CPAW).	
Mental Health Commission	Sam Yoshioka reported that they finalized a 3 year plan review last month. The Mental Health Commission will be monitoring the assisted outpatient treatment program. The commission is changing some of the missions of the committees such as changing the Criminal Justice Committee to System Justice Committee.	
Prescription Drug Abuse Prevention Coalition	No report due to liaison being absent.	
Appoint Board member to CPAW	James Ryan reported that Alcohol and Other Drugs Staff is currently covering this seat, however CPAW would like a member of the Alcohol and Other Drugs Advisory Board to attend their meetings. Please speak with James Ryan if interested.	

IX. OLD BUSINESS

Alcohol License Initiative

Isabelle Kirske provided a report regarding the business EnRoute which has applied for a beer and wine on/off sale Alcohol License. Prevention staff did an environmental scan in which he interviewed neighboring businesses and people who live in close proximity. He found that everyone was very accepting of this convenience store selling beer and wine and found that public convenience would be met.

Countywide Youth Commission

Discussion ensued on next steps for the Countywide Youth Commission. After speaking with Supervisor Gioia, Antwon Cloird was advised to reach other supervisors' offices and solicit their input regarding a Youth Commission.

BOARD MEMBERS WILL REACH OUT TO OTHER SUPERVISORS TO SEE HOW THEY FEEL ABOUT REESTABLISHING A YOUTH COMMISSION.

Letter of Support for AB 2121 (Gonzalez)

James Ryan opened the floor to approve a letter of support from the Board of Supervisors for AB 2121 (Gonzalez). Discussion ensued.

TOM ASWAD MMS ANTWON CLOIRD TO APPROVE A LETTER IN SUPPORT FROM BOARD OF SUPERVISORS FOR AB 2121. ONE (1) NOES, AND TWO (2) ABSTENTIONS. MOTION APPROVED.

AYES: Antwon Cloird, Tom Aswad, Robin Houdashell, Elizabeth Sutherland M.D., Jerry Lasky, Brianna Robinson

NOES: Hayden Padgett

ABSENT: Catherine Taughinbaugh, Guita Bahramipour, Shirley Cheney, Katherine Webster, Jill Chioino

ABSTAIN: Katherine Webster, James Ryan

X. NEW BUSINESS

Transition of Board Officers

James Ryan reported that he will be moving to Massachusetts for Graduate School. His last meeting will be June 22, 2016. Discussion ensued about succession of a new officer. Tom Aswad who is the Vice Chair has declined assuming the chair position due to other commitments.

JAMES RYAN MMS TOM ASWAD TO TABLE THIS ITEM UNTIL NEXT ADVISORY BOARD MEETING. MOTION APPROVED.

AYES: Antwon Cloird, Tom Aswad, Robin Houdashell, Hayden Padgett, Elizabeth Sutherland M.D., Jerry Lasky, Katherine Webster, Brianna Robinson, James Ryan

NOES: None

ABSENT: Catherine Taughinbaugh, Guita Bahramipour, Shirley Cheney, Jill Chioino

ABSTAIN: None

Recommendation to recognize members of the Advisory Board who served five or more years.

Jerry Lasky reminded the Board about the bylaw provisions stating that if a Board member serves a minimum of five years he would be considered to receive recognition from the Board of Supervisors upon their resignation. James Ryan opened up the floor to recognize Shirley Cheney, James Doyle and Doug Sibley. Discussion ensued.

HAYDEN PADGET MMS ANTWON CLOIRD TO DRAFT RESOLUTIONS RECOGNIZING SHIRLEY CHENEY, JAMES DOYLE AND DOUG SIBLEY FOR THEIR YEARS OF SERVICE. MOTION APPROVED

AYES: Antwon Cloird, Tom Aswad, Robin Houdashell, Hayden Padgett, Jerry Lasky, Katherine Webster, Brianna Robinson, James Ryan

NOES: None

ABSENT: Catherine Taughinbaugh, Guita Bahramipour, Shirley Cheney, Elizabeth Sutherland M.D., Jill Chioino

ABSTAIN: None

XI. PUBLIC COMMENT

The public and Board members may comment on any item of public interest within the jurisdiction of the Alcohol and other Drugs Advisory Board. (Maximum three minutes per speaker.)

Katherine Webster announced that this meeting on Wednesday April 27, 2016 will be her last meeting as a Board Member.

Tom Aswad thanked Katherine Webster for her years of service. He also mentioned that he will not be able to attend the Executive Committee meeting on May 9th. Tom indicated that he found it interesting that each presentation has presented two different views about the possible tax revenue from the legalization of Marijuana. Tom read a letter from someone who is applying for funding from Support4Recovery. Women come across this issue in order to get their kids back; they need stable housing, but without money they are not able to get stable housing and without their kids back they do not qualify for government funding. Support4Recovery is committed to address this issue and Tom hopes that the Board will join as well.

Antwon Cloird stated that AB 109 funding contract just finished. He added that as a Board we need to mentor young people and give them the opportunity to get clean. Antwon also thanked Katherine Webster for helping him to remain on the Board and educating him on the protocol.

Isabelle Kirske showed everyone in attendance the Fentanyl Alert that the Contra Costa Health Services unveiled earlier that day. She requested help to disseminate. Isabelle will email it to everyone in both English and Spanish after the meeting.

Fatima Matal Sol wanted to publicly thank National Alliance on Mental Illness (NAMI) whose volunteers have been coming to Discovery House and doing presentations. Last week during the presentation at least 1/3 of the clients in attendance disclosed mental illness and another 1/3 disclosed having symptoms of mental illness. Fatima will speak with NAMI and try to encourage them to cover additional treatment sites throughout the county. NAMI is a program that is driven by volunteers.

XII. ADJOURNMENT

James Ryan opened the floor to adjourn the meeting.

HAYDEN PADGET MMS ANTWON CLOIRD TO ADJOURN THE MEETING AT 6:10PM. MOTION APPROVED

AYES: Antwon Cloird, Tom Aswad, Robin Houdashell, Hayden Padgett, Jerry Lasky, Katherine Webster, Brianna Robinson, James Ryan, **Elizabeth Sutherland M.D.**
NOES: None
ABSENT: Catherine Taughinbaugh, Guita Bahramipour, Shirley Cheney, Jill Chioino
ABSTAIN: None