CCC ALCOHOL AND OTHER DRUGS ADVISORY BOARD MEETING **DRAFT MINUTES**

WEDNESDAY, December 14, 2022

To prevent the spread of COVID this meeting was conducted via Zoom

Members Present: Antwon Cloird, Guita Bahramipour, Cynthia Chavez, Jonathan Ciampi, Victor

Ortiz, Talia Moore E.D.D., Rhiannon Shires Psy.D., Michael Ward, Azi

Carter, Candace Cowing, Robert Frey

Logan Campbell (U), Dylan Johnston (U), Mark Howard, Ph.D. (E) **Members Absent:**

Staff Present: Fatima Matal Sol, AODS Program Chief; Patricia Rogers, Program

Manager; Jessica Recinos, Prevention Coordinator

Other Attendees: John Dante, Jill Ray, District II Staff Representative, Danielle Aubin, Dr. Roberta

Chambers, Veronica Maya

TOPIC

ISSUE/CONCLUSION

ACTION/ RECOMMENDATION

I. **CALL TO ORDER**

The meeting was called to order by Dr.

Moore.

REVIEW AND ADOPT II. **THE AGENDA**

Dr. Moore opened the floor to review the December 14, 2022, agenda as presented.

Fatima asked that the presentation of Dr. Chambers of Indigo Project be moved up in the agenda before the staff report. Dr. Chambers has other prior commitments which conflict with the agenda time.

REVIEW AND APPROVAL OF DRAFT MINUTES OF **NOVEMBER 16. 2022. MEETING**

Dr. Moore opened the floor to approve the November 16, 2022, Board Draft Meeting Minutes.

DR. MOORE CALLED THE MEETING TO ORDER AT 4:07 PM.

GUITA BAHRAMIPOUR MMS BY ANTWON CLOIRD TO ADOPT THE AGENDA WITH SUGGESTED **REVISIONS. MOTION APPROVED.**

AYES: Antwon Cloird, Guita Bahramipour, Cynthia Chavez, Victor Ortiz, Talia Moore E.D.D., Michael Ward, Azi Carter, Robert

NOES: None.

ABSENT: Logan Campbell (U), Dylan Johnston (U), Jonathan Ciampi (Late), Dr. Rhiannon Shires Psy. D. (Late), Mark Howard, Ph.D. (E), Candace Cowing (Late) ABSTAIN: None.

AZI CARTER MMS BY VICTOR ORTIZ TO APPROVE THE MINUTES. MOTION APPROVED.

AYES: Antwon Cloird, Guita Bahramipour, Cynthia Chavez, Victor Ortiz, Talia Moore E.D.D., Michael Ward, Azi Carter, Robert Frey

NOES: None

ABSENT: Logan Campbell (U), Dylan Johnston (U), Jonathan Ciampi (Late), Dr. Rhiannon Shires Psy. D. (Late), Mark Howard, Ph.D. (E), Candace Cowing (Late)

ABSTAIN: None.

IV. PUBLIC COMMENT

The public and Board members may comment on any agenda item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board. (Maximum three minutes per speaker).

- Antwon announced his resignation from the Board as he will be working with the Alameda District Attorney's Office effective January 2023. He shared his appreciation for the Board and work done throughout Contra Costa County. He will submit written resignation to Fatima.
- Various Board members congratulated Antwon on his new assignment

Public Comment. Contd.

V. STAFF REPORT AND UPDATES

Fatima Matal Sol, AOD Program Chief

VI. The Behavioral Health
Continuum
Infrastructure Program
(BHCIP)

Roberta Chambers, Ph.D.

***THIS ITEM WAS MOVED EARLIER ON THE AGENDA BEFORE STAFF REPORT.

Presentation cont.

 Jill announced that there was an amendment to Ordinance No. 2022-28 regarding sale and delivery of nonflavored cannabis vaping products in a 3-2 vote.

Fatima began her report by asking if there were any questions.

- Azi asked for clarification on fentanyl test strips and distribution to recovery residences (RR). Fatima provided an overview of Narcan trainings in RR and value of fentanyl test strips which are considered part of a harm reduction approach. Danielle Aubin explained how fentanyl testing strips add a layer of protection.
- Fatima provided an overview on electronic health records (EHR) to be ready for implementation by June 2023. EHR is part of compliance with CalAIM initiatives. AOD will be using Streamline instead of EPIC to comply with 42 CFR Part 2. Streamline will be implemented across all substance use providers with the exception of prevention services.
- Fatima referred to the amendment of ordinance No. 2022-28 regarding sale and delivery of non-flavored cannabis vaping products. She expressed her appreciation of Supervisor Candace Anderson and Supervisor Federal Glover; both of whom opposed the changes. Fatima mentioned that the Prop 64 grant was resubmitted in partnership with the Tobacco program. If awarded, we plan to provide technical support to local jurisdictions in the development of policies to prevent cannabis vaping products/promotion, etc.
- Fatima introduced Dr. Roberta Chambers who has previously assisted Behavioral Health. Currently, Dr. Chambers is facilitating the Continuum Infrastructure Program (BHCIP) grant preparation. Dr. Chambers presented a PowerPoint and gave an overview of BHCIP.
- Roberta said that nine months ago, BHCIP and CCBHS embarked on a project to do a needs assessment to determine funding to build facilities (short-term, long-term, substance use, clinician-led, peer-led, etc.). A short list was created based on community need. BHCIP has a six rounds phase.

Cici Cowing joined at 4:19 PM. Jonathan Ciampi joined at 4:21 PM. Dr. Shires joined at 4:24 PM.

Antwon left meeting at 4:26 PM. Quorum was still met.

GUITA EXPRESSED GRATITUDE FOR AOD WORK.

PRESENTATION AND REPORT ARE PUBLICLY AVAILABLE TO VIEW AS IT WAS PRESENTED AT THE COUNTY BOARD OF SUPERVISORS MEETING.

FATIMA STATED THAT IF BOARD MEMBERS ARE INTERESTED IN ATTENDING BHCIP MEETINGS, THEY CAN CONTACT HER TO BE ADDED TO MAILING LIST.

- There were other counties CCBHS programs/ organizations that applied and were awarded in rounds 1 and 2. Likewise, there are four viable properties of which three will be submitted for round 5 in January 2023. Dr. Chambers shared that those proposed facilities are located in Central/East County (Kirker Pass area) and West County. Round 6 will have a proposed adult co-occurring residential treatment near Pacheco area
- Contra Costa County is the only large county that does not have an in-county Mental Health Rehabilitation Center (MHRC). Plans are in the works for a 45-bed MHRC, which will make this level of care available in-county for clients who need treatment while receiving support from their families and friends.
- Dr. Chambers stated that there is an opportunity for the Board to provide a letter of support for BHCIP applications. She said she could provide template to Fatima. letter would be needed by January 13, 2023.

Dr. Moore opened the floor for questions:

- Victor inquired if there were any applications for facility upgrades for AOD services. Dr. Chambers explained that results from the needs assessment did not indicate that need. Dr. Chambers stated there is a need for a residential treatment facility, and thus no additional needs at this time but rather more focus on co-occurring facilities.
- Dr. Chambers acknowledged the AOD system of care and DMC-ODS for how much progress has been made.

Dr. Moore said that the Executive committee did not meet in December. Thus, no updates were provided.

Cynthia provided an overview of the committee meeting including topics discussed such as, tobacco updates, advocacy efforts for 2023, and increasing fentanyl awareness in East County.

Victor discussed the significance of meeting with AODS Program Manager, Mark Messerer. Victor explained the need to gather data outcomes from EQRO & SABG audit. Victor added that most DISCUSSION ENSUED WHEN JILL STATED THAT BOARD MEMBERS CAN VOTE TO SUBMIT LETTER OF SUPPORT EVEN THOUGH THIS ITEM WAS NOT LISTED AS AN ACTION ITEM. THIS WAS ONLY LISTED AS A PRESENTATION.

BASED ON JILL RAY'S CLARIFICATION, VICTOR ORTIZ MMS BY DR. SHIRES TO SEND A LETTER OF SUPPORT FOR BHCIP BY EXECUTIVE COMMITTEE.

AYES: Guita Bahramipour, Cynthia Chavez, Jonathan Ciampi, Victor Ortiz, Talia Moore E.D.D., Dr. Rhiannon Shires Psy. D, Michael Ward, Azi Carter, Candace Cowing, Robert Frev

NOES: None

ABSENT: Antwon Cloird, Logan Campbell (U), Dylan Johnston (U), Mark Howard, Ph.D. (E)

ABSTAIN: None.

VII. COMMITTEE
HIGHLIGHTS
Executive Committee
Dr. Talia Moore, Chair

Community Awareness
Cynthia Chavez, Chair

<u>Program and Services</u> Victor Ortiz, Chair

Committee Reports. Contd.

VIII. Election of 2023 AOD Board Officers for Chair and Vice Chair: Vote – Victor Ortiz/All*

- Nomination for Chair Talia Moore
- Nomination for Vice Chair Logan Campbell

recently, Fatima explained the different audits and the importance of the findings from such audits to increase services and improve quality.

Victor opened the floor for election of officers for chair and vice chair and asked if there were any additional nominations.

Dr. Moore accepted her nomination for Chair. A vote was then taken by each Board member for the Chair position.

Logan Campbell accepted his nomination at the November 2022 meeting, but he was not present for today's election. A vote was then taken by each Board member for the Vice Chair position.

IX. Old Business

Review Goals and Objectives for 2022 Action Plan/Retreat Planning – Tentative Retreat Date February 4, 2023 - Victor Ortiz

Recovery Housing Updates - Staff

Victor stated the goals and objectives have been updated for 2022-year end.

Victor announced that he will be resigning from the AODAB Board at the end of December, but he will be volunteering to facilitate the AODAB retreat on February 4, 2023. Victor described the retreat objectives, including development of goals and objectives for the new year.

Fatima gave an update on the Recovery Residences (RR) and added onsite audits have resumed and are mainly centered on quality. Following the visit, a report is completed and submitted to the State like all other site visits in treatment or prevention. This new and intense monitoring process for all AOD programs, began a year and a half ago across the State of California. There are a total of 7 Oxford houses with a total of 78 beds in the County. Fatima provided a count of the November RR applications received and processed as she discussed what is included in the admission packet as well as the intake process. A counselor was added to visit every house where AODS has clients to do in person check in and to continue to support clinical needs to

NO ADDITIONAL NOMINATIONS WERE OFFERED.

DR. TALIA MOORE WAS VOTED AS A CHAIR:

AYES: Guita Bahramipour, Cynthia Chavez, Jonathan Ciampi, Victor Ortiz, Talia Moore E.D.D., Dr. Rhiannon Shires Psy. D, Michael Ward, Azi Carter, Candace Cowing, Robert Frey

NOES: None

ABSENT: Antwon Cloird, Logan Campbell (U), Dylan Johnston (U), Mark Howard, Ph.D. (F)

ABSTÀIN: None.

LOGAN CAMPBELL WAS VOTED AS VICE-CHAIR:

AYES: Guita Bahramipour, Cynthia Chavez, Jonathan Ciampi, Victor Ortiz, Talia Moore E.D.D., Dr. Rhiannon Shires Psy. D, Michael Ward, Azi Carter, Candace Cowing, Robert Frev

NOES: None

ABSENT: Antwon Cloird (Left), Logan Campbell (U), Dylan Johnston (U), Mark

Howard, Ph.D. (E) **ABSTAIN:** None.

DR. MOORE SAID THAT SHE WOULD LIKE FOR VICTOR TO FACILITATE RETREAT. DR. MOORE WILL CONTACT STAFF REGARDING RETREAT LOGISTICS.

FATIMA TO UPDATE ON RETREAT BEING HYBRID OR VIRTUAL ONLY.

Recovery Housing Updates Contd.

reengage if needed. Fatima emphasized that there are multiple domains/dimensions that drive treatment such as clinical, employment, health, mental health, recovery environment which require collaboration to coordinate care for the well-being of clients and to support long term recovery and stability. Care Management is the vehicle used to by our RR model, whether is under Shelter Inc, Oxford or Uilkema House.

Annual Report - Update - Chair

Χ.

Fatima reported that the Annual Report was submitted and scheduled to be on the agenda for the Board of Supervisors meeting scheduled for the third week of January 2023.

Guita stated she attended the Homeless Council meeting, and updates on grant proposals were discussed. In addition, Guita shared she attends other committees that relate to AODS efforts.

GUITA SHARED IF A PARTICULAR REPORT IS REQUESTED, SHE COULD PROVIDE REQUESTED REPORT.

<u>Tobacco Prevention Program</u> – Azi Carter

Liaison Reports

Contra Costa Council on

Homelessness - Vacant

Azi provided updates on the Tobacco Prevention Coalition. She stated there has been a shift of focus from Martinez to Brentwood due to lack of support in Martinez. There are 42 tobacco retailers in Brentwood prompting concerns specifically around youth. Azi said that the Concord City Council is considering having staff to update all of retail licenses, which could stop sales of vaping products.

Azi provided an overview of successful and resourceful Smokefree Multi-Unit Housing event in Pittsburg. She thanked the AOD staff and Veronica Maya from Center for Human Development for support at event.

Azi announced she was the recipient of the Advocate for the Year Award for her work with Tobacco Prevention. She thanked everyone for allowing her to be of service.

Dr. Shires shared she presented at commission on 2023 Kids Count Data Book – State Trends in Child Well-Being. She shared that California ranks 33 out of all States for addressing how the effects of the pandemic have had a direct impact on kids missing developmental milestones. Dr. Shires emphasized how important both mental health and AOD need to work together to address the increasing demand of youth who are experiencing co-occurring

diagnosis.

<u>Mental Health Commission</u> – Dr. Shires

DR. MOORE, BOARD MEMBERS, AND STAFF CONGRATULATED AZI. FATIMA SUGGESTED TO CONSIDER AN ADVOCATE AWARD FOR THIS BOARD.

MEDS Coalition - Vacant

Community Reports

XI. NEW BUSINESS

 Alcohol/Cannabis License Initiatives –

Alcohol License: None Cannabis License: None

XII. PUBLIC COMMENT

THE PUBLIC AND BOARD MEMBERS MAY COMMENT ON ANY AGENDA ITEM OF PUBLIC INTEREST WITHIN THE JURISDICTION OF THE ALCOHOL AND OTHER DRUGS ADVISORY BOARD. (MAXIMUM OF THREE MINUTES PER SPEAKER).

XIII. <u>ADJOURN</u>

Dr. Shires said that she will continue to serve as the AODAB liaison for the Mental Health Commission.

No updates to provide.

No updates provided. No new licenses to review and discuss.

Victor expressed his gratitude for his five years on the Board and stated that it takes various people, both professionally and personally, to make this Board a success. He acknowledged Azi, Dr. Shires, and Guita this year for their advocacy efforts and is hopeful for the future of the Board.

Patricia wished everyone a happy holiday season. She acknowledged and thanked Victor for his work and leadership. She expressed that he will be missed.

Dr. Moore wished everyone a happy, healthy, and safe holiday season. She thanked everyone for their work this year.

The meeting was adjourned

FATIMA AND DR. MOORE SECONDED THE SENTIMENT.

THE MEETING WAS ADJOURNED AT 6:05 PM.