

**CCC ALCOHOL AND OTHER DRUGS ADVISORY BOARD MEETING
DRAFT MINUTES
WEDNESDAY, August 24, 2022
To prevent the spread of COVID this meeting was conducted via ZOOM**

Members Present: Guita Bahramipour, Cynthia Chavez, Dylan Johnston, Logan Campbell, Victor Ortiz, Rhiannon Shires Psy. D., Michael Ward, Azi Carter, Mark Howard Ph.D., Robert Frey

Members Absent: Jonathan Ciampi (E), Talia Moore E.D.D. (E), Candace Cowing (U)

Staff Present: Fatima Matal Sol, AODS Program Chief; Patricia Rogers, AODS, Program Manager; Jessica Recinos, AODS Prevention Coordinator; Zachariah Todd, AODS, Supervisor.

Other Attendees: Kristen Smith, Michael Young, Mariella Sanding, John Dante, Danielle Aubin, Jill Ray, District II Representative; April Rovero and Antwon Cloird

| TOPIC | ISSUE/CONCLUSION | ACTION/RECOMMENDATION |
|---|--|---|
| <u>I. CALL TO ORDER</u> | The meeting was called to order by Logan Campbell, Vice Chair. Dr. Moore was excused for this meeting. | LOGAN CAMPBELL CALLED THE MEETING TO ORDER AT 4:05PM |
| <u>II. REVIEW AND ADOPT THE AGENDA</u> | Logan opened the floor to review the August 24, 2022 agenda. | <p>DYLAN JOHNSTON MMS BY MICHAEL WARD TO ADOPT THE AGENDA AS PRESENTED. MOTION APPROVED.</p> <p>AYES: Dylan Johnston, Logan Campbell, Victor Ortiz, Rhiannon Shires Psy D., Azi Carter, Mark Howard Ph.D, Robert Frey</p> <p>NOES: None</p> <p>ABSENT: Guita Bahramipour (Late), Cynthia Chavez (Late), Jonathan Ciampi (E), Talia Moore E.D.D. (E), Candace Cowing (U)</p> <p>ABSTAIN: None</p> |
| <u>III. REVIEW AND APPROVAL OF DRAFT MINUTES OF JULY 27, 2022</u> | Logan opened the floor to approve the July 27, 2022, Draft Meeting Minutes as submitted. | <p>DYLAN JOHNSTON MMS BY MICHAEL WARD TO APPROVE THE MINUTES. MOTION APPROVED.</p> <p>AYES: Dylan Johnston, Logan Campbell, Rhiannon Shires Psy. D., Michael Ward, Azi Carter, Robert Frey</p> <p>ABSENT: Guita Bahramipour (Late), Cynthia Chavez (Late), Jonathan Ciampi (E), Talia Moore E.D.D. (E), Candace Cowing (E)</p> <p>NOES: None</p> <p>ABSTAIN: Victor Ortiz, Mark Howard Ph.D</p> |
| <p><u>IV. PUBLIC COMMENT</u></p> <p>The public and Board members may comment on any agenda item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board. (Maximum three minutes per speaker.)</p> | <p>Logan shared that on August 20th Pueblos Del Sol had their first alumni event in Concord, CA. Over 100 people attended, and they were able to raise approximately \$1200. Logan thanked everyone who came to support this even and mentioned that overall, it was a great event.</p> <p>John Dante wanted to acknowledge that Shelter Inc's response has greatly improved.</p> | |

**V. AODS STAFF
REPORT AND
UPDATES:**

Fatima Matal Sol, Program
Chief

Fatima asked if there are any questions regarding the written staff report. Jill Ray asked clarification about the definition of the name CALMHSA, which in the adolescent expansion section of the report includes an "E." Fatima said that CALMHSA stands for California Mental Health Services Authority, and that the extra "E" is just a typo. Jill had a second question as to whether or not all recovery housing claims have been paid. Fatima stated that as of today, there are no outstanding invoices with the exception of the two that were declined for lack of back up documentation. Regardless, the house owner has been encouraged to approach Shelter Inc. whenever the necessary documentation becomes available to request reimbursement.

Fatima stated that all information for External Quality Review Organization (EQRO) has been submitted. EQRO is scheduled for September 13th through 15th, 2022.

She announced that AODS is preparing to open a new treatment facility in the Concord area called OPTIONS Recovery Services. They will provide Intensive Outpatient and Outpatient services starting October 1st, 2022. A tentative Open House has been scheduled for September 15th, 2022.

Fatima introduced Zachariah Todd, program supervisor, as the new county coordinator for the Contingency Management program, which is an evidence-based practice founded on a harm reduction philosophy for individuals with stimulant disorders. The County applied and was granted funds by the Department of Health Care Services.

VI. Cannabis Score Card

Dr. Rhiannon Shires Psy.D

Dr. Shires presented a report from *Getting It Right from the Start* by the Public Health Institute. The purpose is to assist local governments offering model policy for cannabis retailing marketing and taxation. Some program goals are to protect children and youth, not exacerbate existing health inequalities, minimize cannabis usage, and promote Public Health and social justice. The project works with states that have legalized cannabis by sharing models for safer cannabis policy and providing policies that can help reduce harm and promote social equity. According to the report, youth marijuana usage reached its highest level in 35 years, daily use in pregnancy is increasing, vaping has swept the nation. Effects of cannabis usage on brain development discussed specifically among those under age 25.

Dr. Shires discussed Contra Costa County's

**THE OPEN HOUSE DATE WILL BE
CONFIRMED**

**ZACHARIAH ENTHUSIASTICALLY
SHARED INFORMATION ON
CONTINGENCY MANAGEMENT AND HOW
CONTRA COSTA WILL BE ONE OF THE
FEW COUNTIES IN CA TO PARTICIPATE
AND IMPLEMENT THIS MODEL.**

**VICTOR ORTIZ WOULD LIKE
ZACHARIAH TO PRESENT AT
PROGRAMS AND SERVICES
COMMITTEE MEETING.**

**STAFF TO INCLUDE DOCUMENTS IN
AUGUST MINUTES.**

**VICTOR ASKED ABOUT STATISTICS
BEING PROVIDED. DR. SHIRES WILL
WORK ON PROVIDING DATA.**

**A CALL FOR ACTION WAS
PROMPTED BY DR. SHIRES TO
PROTECT YOUTH AND ACHIEVE THE
GOALS OUTLINED IN THE
PRESENTATION THROUGH
EDUCATION AND COLLABORATION.
FATIMA SAID THAT AODS WILL
EXTEND THE CALL TO ACTION TO
PREVENTION PROVIDERS.**

Cont. Dr. Shires presentation

(CCC) cannabis retail stores by cities during 2019 to 2021. In addition, CCC cannabis policy 2021 scorecard was explained where scores fall into six public health and equity focused categories. CCC scores was 50 out of 100 of State policy.

Fatima and Logan thanked Dr. Shire for her presentation. Antwon commented that the county has millions of dollars from Contra Costa cannabis tax, but no money is coming to Richmond.

A discussion ensued on tax revenue. Jill Ray clarified that through May 2022, Contra Costa County has collected \$147,501.43 on cannabis tax which goes into general funds. The majority of which, she added goes to Health Services and Social Services Departments.

VII. COMMITTEE

HIGHLIGHTS

Executive Committee

Logan Campbell, Vice Chair

Logan said that there were no updates on the Behavioral Health Continuum Infrastructure Program. Housing updates will be addressed later in the meeting.

Community Awareness

Dylan Johnston

Dylan reported that Community Awareness did not meet in August, there were no updates.

Dylan reminded the Board that the Recovery Champion nominations are due by September 9th, 2022. Only Board Members can submit nominations. He reported that as of August 24th, 2022, only 1 nomination has been received.

THE RECOVERY CHAMPION NOMINATIONS ARE DUE BY SEPTEMBER 9TH, 2022. THE SUBMISSION IS OPEN TO ALL BOARD MEMBERS.

Programs & Services

Victor Ortiz

Victor shared that Mark Messerer of AODS presented and reviewed various data and reports. He said that both the Board and AODS share common goals of service excellence and a life without imprisonment to addiction. Victor said that he would like to create a dashboard with reports that depict the performance of the service delivery system.

VICTOR THANKED MARK FOR DATA AND WILL UPDATE GOALS BY NEXT MONTH.

VIII. OLD BUSINESS

Review Goals and Objectives for 2022 Action Plan – Victor

Victor reviewed the Board's Goals and Objectives for 2022.

NO SIGNIFICANT UPDATES IN THE LAST MONTH.

Behavioral Health Continuum Infrastructure Program (BHCIP)

No updates to provide. Victor would like to know when next meeting or next action is.

Board Meeting at Diablo Valley College. Update – Dr. Moore

Dr. Moore was not present. Fatima stated that Dr. Moore would like to include a Job Fair and involve service providers. Patricia stated that efforts are underway to allow for an in-person meeting that also allows for public participation via Zoom.

STAFF WILL REACH TO DR. MOORE FOR AN UPDATE

Recovery Residence (RR) Updates – Staff

Fatima shared Darren Webb's Recovery Residence (RR) Update Report:

Cont. Recovery Residences
Updates

- In the month of July there was one network recovery residence meeting. The term RR has been recently adopted by the Department of Health Care Services (DHCS) to differentiate from the commonly used "SLEs" and which may not follow County's AODS Guidelines.
- Administrative support included: distribution of COVID supplies to 3 SLEs and 2 SLEs received Narcan kits. Fatima added that Shelter Inc. continues to focus on building strong partnerships with RRs
- Fatima described that the application process for Shelter Inc. (SInc) The application is initiated by the treatment counselor along with the client. Jill Ray asked: "What happens to denied applications?" Fatima said that there are no denied applications, there are different programs and clients may be eligible for some, which means if ineligible for SInc, then the counselor assists the client to apply to the most appropriate resource, such as Oxford Houses or Lao Family.
- Ineligibility may occur if the client is unable to pay his shared cost, in which case the counselor continues to work with the client until a more suitable alternative is found. The client is informed by the counselor along the way.
- Fatima said that multiple meetings with treatment providers have taken place to strengthen case management services and provide support and guidance to leverage other County-wide housing resources. As part of after care, within the last 30 days, the client must address employment and other social determinants of health. Darren as well as Michelle are now sending employment opportunities to all treatment providers and RRs on weekly basis.
- All RR are being asked what type of support they need. As an example, Mariella Sanding from MEDS Coalition will be providing a Narcan training in September.
- Fatima concluded that due to insufficient funding, AOD needs to be creative and leverage existing available resources and opportunities through other programs like AB109 and CalWORKS.
- Logan asked how a person could access a RR. Fatima said that the process to transition from a residential program to a RR is similar to the original process with some exceptions. The counselor and client prepare the application for SInc. then submit directly to an email address created by SInc. SInc. staff contacts the counselor to arrange an interview. The client basic information is then transferred to Darren who reviews clinical and health related information to ensure safety. S Inc. staff arranges move-in date and meets the

FATIMA WILL MEET WITH SLE PROVIDERS NEXT WEEK TO DISCUSS AND SHARE INFORMATION RE CHANGES.

VICTOR RECOMMENDED THAT THE BOARD SHOULD HELP STAFF IN IDENTIFYING CRITICAL MEASURES AND ADVOCATING FOR ADEQUATE FUNDING AND STAFFING.

A GRIEVANCE FORM WAS CREATED FOR RRs TO USE AND SUBMIT TO AODS.

Cont. Recovery Residences
Updates. Contd.

client in-person at the RR. Oxford House has their own process where clients go online to check availability and submit application with assistance of the counselor.

Fatima shared that a new counselor will start at end of August at the Access Line, this would allow for Darren to fully transfer to his new assignment. Fatima is grateful of individuals such as John Dante who bring their wealth of experience to help improve the quality of services.

Clients are staying longer in residential treatment due to the State removing restrictions and thus, leading into more stability.

IX. LIASION REPORTS

Council on Homelessness
Vacant

Tobacco Prevention Project
Azi Carter

No updates.

Azi shared there are major updates in the cities of Pittsburg, Concord, and San Ramon. Pittsburg is receiving a failing grade in tobacco prevention. The Public Health attorney presented to the City Council to address issues such as: secondhand smoking, advertising and marketing laws. The Concord meeting was cancelled on August 16th, 2022 and rescheduled to in person on August 30th, 2022. San Ramon is forming an Ad Hoc committee to visit the Tobacco Licensing Ordinance. There has been collaboration with Monument Youth Drug & Alcohol Coalition (MYDAC) on raising awareness amongst community about tobacco products and leading to other types of substance use/abuse.

BOARD MEMBERS ARE HIGHLY ENCOURAGED TO SPEAK AT A CITY COUNCIL MEETING OR SIGN LETTER OF SUPPORT. PER AZI'S REQUEST, A SAMPLE LETTER WAS DISTRIBUTED EARLIER BY STAFF.

Mental Health Commission
Dr. Rhiannon Shires Psy. D

Dr. Shires reported that the Mental Health Commission made three recommendations to Board of Supervisors (BOS) as follows:

- 1) A letter recommending support for any grant opportunities that build the infrastructure essential to the delivery of mental health services in the county.
- 2) A letter to include in the Board's Legislative Platform a goal for the State to fund a statewide conservatorship director to provide uniform guidelines to all counties.
- 3) A letter in reference to the letter sent to Director Anna Roth, Lavonna Martin, and Dr. Suzanne Tavano regarding denial of Justice Systems Committee's request to make mental health diagnosis data available as captured by Detention Health.

MEDS Coalition
Logan Campbell

Mariella Sanding from CCC MEDS Coalition is cohosting an event for International Overdose Awareness Day on Saturday August 27th from 5:30 pm to 8 pm at Chichibu Park in Antioch, CA. CCC providers will be tabling an providing

LOGAN WILL ASK SUPPORT4RECOVERY TO TABLE. LOGAN AND MARIELLA WILL CONTACT EACH OTHER.

overdose training and handing out Narcan kits to the public. MEDS Coalition will conduct overdose training for employees and customers at ACE Hardware in Oakley, Antioch, and Pittsburg on Friday August 26th.

STAFF WILL SEND FLYERS TO BOARD.

Mariella shared current work countywide which includes revamping education on opioid, prescription drug use prevention, and rescue training that can be tailored to any audience. MEDS Coalition has a partnership with CCCOE for school kits and substance use prevention and mental health. Other work includes planning on presentations on overdose rescue training at SLEs a cross the County tabling event at El Sobrante to raise awareness on fentanyl education and setting up meeting with Richmond PD to assess trends in community.

LOGAN RECOMMENDED THAT MARIELLA CONTACT ANTWON FOR ASSISTANCE IN SETTING UP MEETING WITH RICHMOND PD.

Community Reports

No reports.

X. NEW BUSINESS

Alcohol/Cannabis License Initiatives

- Cannabis License: None
- Alcohol License: None

No new licenses to discuss.

Tobacco and Vaping Among the Youth

Dr. Shires shared Dr. Lynn Silvers from Getting It Right from the Start has agreed to can do a 15–20-minute presentation on her group and their work to the AODAB Board.

GUIA AND CYNTHIA JOINED LATE.

XI. PUBLIC COMMENT

THE PUBLIC AND BOARD MEMBERS MAY COMMENT ON ANY AGENDA ITEM OF PUBLIC INTEREST WITHIN THE JURISDICTION OF THE ALCOHOL AND OTHER DRUGS ADVISORY BOARD. (MAXIMUM THREE MINUTES PER SPEAKER)

There were no comments from the public.

XII. ADJOURN

Logan adjourned meeting.

THE MEETING WAS ADJOURNED AT 5:55 PM.