

**CONTRA COSTA COUNTY MENTAL HEALTH COMMISSION  
MINUTES – SEPTEMBER 25, 2008**

<p>I. CALL TO ORDER / INTRODUCTIONS The meeting was called to order by Commission Chairperson Jacque McLaughlin at 4:30 p.m.</p> <p><u>Commissioners Present:</u> David Evans, District V Art Honegger, District V Dave Kahler, District IV Jacque McLaughlin, District II Cynthia Miller, District II Teresa Pasquini, District I Connie Tolleson, District V</p> <p><u>Attendees:</u> Clare Beckner, MHC Applicant David Cassell, Quality Improvement Coordinator Karyn Cornell, Supv. Piepho’s Office Brenda J. Crawford, Mental Health Consumer Concerns John Gragnani, Local 1, Mental Health Coalition Anne Heavey, NAMI, MHSA Family Steering Committee Bob Leyman, MHC Applicant Suzette Madrid, Supv. Bonilla’s Office Peter Mantas, MHC Applicant Kimberly Mayer, CCC Mental Health Project Manager Imo Momoh, HS Planner/Evaluator Mariana Moore, Contractors’ Alliance Colette O’Keeffe, MD, MHC Applicant Annis Pereyra, MHC Applicant Dorothy Sansoe, CAO’s Office Barbara Scott, NAMI Karen Shuler, MHC Staff Donna Wigand, CCC Mental Health Director Karen Wise, Anka Behavioral Health</p>	<p><u>Commissioners Absent:</u> Supv. Susan Bonilla</p>
<p>II. ANNOUNCEMENTS</p> <ul style="list-style-type: none"> <li>• The Contra Costa Clubhouses, Inc. is holding an Annual Fund Raiser and Open House Wednesday, October 15<sup>th</sup> at 3024 Willow Pass Road, Ste. 230, Concord starting at 6:30 p.m.</li> <li>• The Annual Advisory Body Training will take place at the BOS Chambers at 651 Pine Street on November 13 at 4:30.</li> </ul>	
<p>III. APPROVAL OF THE MINUTES FROM AUGUST 28, 2008 A motion was made to approve the Minutes as presented.</p>	<p><b>M-Kahler; S-Honegger. Carried.</b></p>
<p>IV. CHAIRPERSON’S COMMENTS – Jacque McLaughlin a. Continuation of Standing Committee Recess A motion was made to continue the recess of the Standing</p>	<p><b>M-Pasquini; S-Kahler.</b></p>

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<p>Committees</p> <p>b. Agenda for Commission Retreat on October 17<sup>th</sup>          Jacque said the Retreat will help get Commissioners on the same page regarding roles and responsibilities; how to work together; who to bring to the table to get information; how to move forward what needs to be brought forward. The Agenda will be finalized October 6<sup>th</sup>. Attending the Retreat will be members of the Commission, including new members; Lara Delaney from the CAO’s office; Donna Wigand; Facilitator Steve Ekstrom.</p> <p>In response to a question from Teresa on what we are planning for the Retreat Agenda, Jacque replied that we need to make sure we have a platform – that we identify what we want to be looking at so we can be looking at the health of the system to be kept well-informed.</p> <p>Teresa asked if the Welfare &amp; Institutions Code will be covered. Jacque replied that we’ll be looking at the W&amp;I Code along with the Board of Supervisors’ Position on Bills. Art asked if he could send in items for the Retreat Agenda (yes). Dave asked to be involved in the Agenda Planning meeting October 6th.</p> <p>c. Topic of Interest for October          Brenda Crawford requested to bring a powerpoint presentation about the services provided by Mental Health Consumer Concerns.</p> <p>d. Mental Illness Awareness Week, October 5-11, 2008 – Board of Supervisors Proclamation on Tuesday, October 7, 2008          Jacque asked all Commissioners who could attend do so. She also congratulated NAMI on being honored for 30 years of service.</p> <p>e. Jacque presented Certificates of Appreciation to Kimberly Mayer, who is leaving her employment with Mental Health Administration to work for CIMH on the MHSA, and to Dorothy Sansoe for her help during the Commission’s transition period.</p>	<p><b>Carried.</b></p>
<p>V. BOARD OF SUPERVISOR’S POSITION ON BILLS WITH AMENDMENT – Dorothy Sansoe.          Dorothy explained that the Board of Supervisors puts together a legislative platform each year, and the Commission is asked to review it and establish their platform based on these issues, as well as develop additional ones for advocacy. The Amendment, which will be on the October 7 BOS Agenda, will explain how the mandated bodies will be able to continue to advocate for issues. Lara Delaney will explain the new</p>	

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<p>process at the Retreat.</p>	
<p><b>VI. REPORTS ON CONSUMER SATISFACTION AND QUALITY IMPROVEMENTS</b></p> <p>a. Report on the Consumer Satisfaction Surveys and Quality of Life Measures – Imo Momoh for Steven Hahn-Smith</p> <p>Imo spoke about the Contra Costa County Mental Health Plan Performance Outcome and Quality Improvement Report (distributed to attendees). In response to a question about how it compares to the last survey, he said it's about the same. The ages covered are 13-17. The reports are used to create strategies to respond to the data. Art asked if we look at people below the average. Donna responded that we check on common themes. We have a monthly quality counsel to look at quality improvement issues. At the end of the year, information is distributed to providers. In response to a question about the number listed compared to the total number served, Imo said the State requires that the survey be completed over a 2-week period and must be done at the same time in every county. Donna stated the information obtained is very useful in that it brings up trends at a particular clinic, for instance, wait time. It was suggested the Commission review this data twice a year.</p> <p>b. Report on Quality Improvements – David Cassell, Quality Improvement Coordinator.</p> <p>David distributed the 2008 Annual Quality Improvement Workplan for 2008, along with the APS Healthcare Medical Approved Claims Data for Contra Costa County Mental Health Plan. The Annual QI Plan puts a large amount of data into bit-sized chunks. David reported that what stands out from the reports is that we're doing okay. Dorothy added that what stands out to her is the numbers we're higher in that other large counties. Donna responded about some of the areas where our numbers are lower, stating an example is the older adults services. However, the MHSA monies have started to come in so our numbers pertaining to the older adults should go up. Our Asian/Pacific services also need to be looked at.</p>	
<p><b>VIII. REPORT FROM THE MENTAL HEALTH DIRECTOR</b> -- Donna Wigand, LCSW</p> <ul style="list-style-type: none"> <li>• Kimberly spoke about the Prevention &amp; Early Intervention portion of the MHSA, stating the Stakeholders will be meeting Tuesday, October 14<sup>th</sup>. The P&amp;EI Public Hearing will be scheduled for late November or early December. The County is receiving an additional \$1 million from MHSA. Sherry Bradley will be taking over for Kimberly</li> </ul>	

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<p>Mayer as the MHSA Program Supervisor.</p> <ul style="list-style-type: none"> <li>• Update on Performance Improvement Projects No update at this time.</li> <li>• Update on August budget cuts and their impact Donna reported we are closing two clinics and combining one clinic. We're going to give up one floor of the clinic in Antioch and move everything to the same floor in order to save the location. The state is reducing the amount of dollars in managed care services. Dorothy said the Phase 2 cuts do not include cuts to mental health.</li> <li>• Update on status of proposed Psychiatric Health Facility (PHF) There was discussion regarding the proposed free standing PHF that would be located near CCRMC. Art: Where is the money coming from? Donna: We're looking at that – perhaps bonds or MHSA monies for voluntary services. Art: Does the Board of Supervisors buy into this? Donna: They have authorized a feasibility study only. It hasn't been done yet. Art: Would it be cheaper to use the 20 beds we have instead of building a new facility? Donna: We are looking at options for more services. Dorothy: Because of hospital regulations, it would save the County money. Bob Leyman: What is the occupancy percentage of beds and is it seasonal? Donna: It is not seasonal – although more homeless move to the Bay Area in the winter. Occupancy is 80-90%, plus we're buying overflow beds.</li> </ul>	
<p>VIII. COMMITTEE REPORTS <u>Interview Ad Hoc Committee</u> Robert Leyman, from District III, was interviewed by the Committee. No action could be taken as the Commission had not had time to review his application before today's meeting.</p>	
<p>IX. REPORTS: ANCILLARY BOARDS/COMMISSIONS</p> <ul style="list-style-type: none"> <li>• Mental Health Coalition – Teresa Pasquini Brenda Crawford, Interim Executive Director of Mental Health Consumer Concerns, was welcomed as their new representative to the Coalition. Discussed at the meeting was the state of the state and budget issues. The MH Coalition's mantra continues to be "No cuts to direct services."</li> <li>• Local 1 – John Gragnani John reported that on their radar is that county employees are going through shrinking pains. There is concern over</li> </ul>	

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<p>servicing less people with less people. They are trying to see how they can serve more people with less people.</p> <ul style="list-style-type: none"> <li>• Mental Health Services Act Steering Committee – Connie Tolleson Connie reported that the committee is continuing to hold discussions and she is still learning.</li> <li>• Contractor’s Alliance – Mariana Moore Mariana reported that Vidya Iyengar spoke about diversity at their meeting. The budget is still priority one.</li> </ul>	
<p>IX. PUBLIC COMMENT</p> <ul style="list-style-type: none"> <li>• Ann Ratilainen requested information on conservatorship responsibility and performance management. She was asked to e-mail what specific questions she had to staff for follow-up.</li> </ul>	<p><i>Staff: follow-up.</i></p>
<p>X. FUTURE AGENDA ITEMS</p> <ol style="list-style-type: none"> <li>1) October: Brenda Crawford to report on the work of Mental Health Consumer Concerns</li> <li>2) Update on Psychiatric Health Facility (PHF)</li> <li>3) Topics of Interest             <ol style="list-style-type: none"> <li>a. Discussion of 5150 process/CIT</li> <li>b. Implementation of AB1421</li> <li>c. Conservatorship Responsibilities</li> </ol> </li> </ol>	
<p>XI. ADJOURN MEETING. The meeting was adjourned at 6:30 p.m.</p> <p>The next meeting of the Mental Health Commission will be Thursday, October 23, 2008.</p>	

Respectfully submitted,  
Karen Shuler, Executive Assistant  
Contra Costa County Mental Health Commission