

MEMNTAL HEALTH COMMISSION
 JUNE 26, 2008
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<p>1. CALL TO ORDER / INTRODUCTIONS</p> <p>The meeting was called to order by facilitator Dorothy Sansoe at 4:33 p.m.</p> <p>Commissioners Present: Supv. Susan Bonilla, District IV David Evans, District V Art Honegger, District V Dave Kahler, District IV Judy McCahon, District III Jacque McLaughlin, District II Kathi McLaughlin, District II Cynthia Miller, District II Teresa Pasquini, District I Scott Singley, District III Karen Sloma, District IV Connie Tolleson, District V</p> <p>Attendees: Clare Beckner, NAMI-CC Thomas Cloney, NAMI-CC Kathleen Dowell, Family Member Patricia El Gasseir, Family Member Al Farmer, NAMI-CC Nancy Frank, CCMH Consultant Fran Kelly, Supv. Bonilla's Office John Gragnani, Local 1 Anne Heavey, Family Member Matthew Hevezi, Private Citizen Keren Levy, Consumer Peter Mantas, Guest Kimberly Mayer, Mental Health Administration/MHSA Mariana Moore, Contractor's Alliance Colette O'Keeffe, Consumer Marie Overby, NAMI-CC Annis Pereya, Family Member Manuel Reyna, Family Member Karen Shuler, Executive Assistant to the MHC Aria Taylor, NAMI-CC Gary Taylor, NAMI-CC Patricia Taylor, NAMI-CC Donna Wigand, Mental Health Director Janet Marshall Wilson, JD, MHCC, Patient's Rights</p>	<p>Commissioner Absent: Bobbie Arnold</p>
<p>2. ANNOUNCEMENTS</p> <ul style="list-style-type: none"> • Kathi announced the Town Hall Meeting on budget issues taking place at 7 pm this evening. • Kimberly Mayer announced a July 30 MHSA Community Forum. 	

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<p>3. APPROVAL OF THE MINUTES FROM MAY 22, 2008</p> <ul style="list-style-type: none"> The Minutes were approved as amended. (Agenda Item #7, p. 4— typo corrected; two sentences added: “Karen Sloma asked Teresa if she would be willing to change her motion to read ‘study’ instead of ‘support’ and Teresa declined, withdrawing the motion. Dorothy suggested sending the matter to the Legislation Committee of the Board of Supervisors.”) 	<p>M-K. McLaughlin S-Sloma Carried 8-0-4 <u>Yea:</u> Evans Kahler McCahon J. McLaughlin K. McLaughlin Pasquini Singley Sloma <u>Nay:</u> 0 <u>Abstain:</u> Supv. Bonilla Honegger Miller Tolleson</p>
<p>4. REPORTS: ANCILLARY BOARDS/COMMISSIONS</p> <p>Contractor’s Alliance Mariana Moore explained that the Contractor’s Alliance is comprised of 25 non-profit organizations. She said they have shifted their focus to the State budget and are looking at long-term budget reform.</p> <p>California Local Mental Health Boards/Commissions (CALMHB/C) No report.</p> <p>California Institute for Mental Health No report.</p> <p>Mental Health Coalition John Gragnani stated the mental health system is underfunded and unsupported. The next meeting of the Coalition is July 8th. In the absence of a currently-appointed representative to the Coalition, Dave and Teresa, who attend on behalf of NAMI-CC, said they will report back to the Commission next month.</p>	<p style="text-align: center;"><i>Place on July MHC Agenda.</i></p>
<p>5. ACCEPT MENTAL HEALTH SERVICES ACT (MHSA) COMMUNITY SERVICES AND SUPPORTS 2007 PROGRESS REPORT – Kimberly Mayer Copies of the MHSA Community Services and Support Implementation Progress Report were distributed by Kimberly Mayer. The report was accepted by the Mental Health Commission.</p>	
<p>6. CONSIDER RECESSING ALL STANDING COMMITTEES FOR THE SUMMER MONTHS A motion was made that, due to lack of committee membership because of the resignations of several Commission members, the standing committees recess for the months of July and August, and</p>	<p>M-Bonilla S-J. McLaughlin Carried 11-0-1. <u>Yea:</u> Supv. Bonilla</p>

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<p>possibly September. During discussion, Teresa said she wasn't in favor of her committee (the Adult/TAY Committee) adjourning as their membership is intact and they have issues they are discussing. She added that she wouldn't oppose recessing, though. Teresa suggested having a retreat. Dave also spoke in favor of having a retreat. Supv. Bonilla mentioned the need for New Commissioner Orientation. Cynthia said she felt it was a good idea for the Commission to change their monthly agenda and have Vern and Vic attend, with Miles and others so reports and updates can be given to the whole Commission. She also expressed the need for a retreat soon. The motion to recess the standing committees (Adult & Transitional Age Youth Committee; Children's Committee; Justice System Committee; Older Adult Committee) for at least July and August was carried. The Commission will continue to meet during the summer, as will the Bylaws Ad Hoc Committee and the Executive Committee, once it is formed.</p>	<p>Evans Honegger Kahler McCahon J. McLaughlin K. McLaughlin Miller Pasquini Sloma Tolleson <u>Nay:</u> 0 <u>Abstain:</u> Singley</p> <p><i>Send out a notice announcing the summer recess for the standing committees.</i></p>
<p>7. ACCEPT BYLAWS REVISIONS FOR FUTURE CONSIDERATION Copies of recommended changes to the Bylaws were distributed. A comparison copy noting the changes compared to the previous Bylaws will be sent out to members of the Commission. A Bylaws Ad Hoc Committee consisting of Teresa, who will Chair, Dave and David will be convened to review the proposed changes along with other suggestions that are forwarded to the committee from Commissioners, members of the public, etc. Teresa said she wanted to receive input from members of the public and all interested parties at the meeting. The committee will report back in July.</p>	<p><i>E-Mail copies of the previous Bylaws with comparison changes.</i></p>
<p>8. ACCEPT REPORT FROM THE MENTAL HEALTH DIRECTOR – Donna Wigand, LCSW</p> <ul style="list-style-type: none"> • Budget Update Donna reviewed the history of the mental health reductions. It is the 5th reduction in the last 7 years. In years 1 and 2, staff had to be cut; in year 3, contracts were reduced; in years 4 and 5 we've had to cut staff and the county-run clinics. We'll be going from 8 to 2 clinics. In West County, there is a children's clinic on 32nd Street in Richmond, an adult clinic on 24th Street in Richmond, and an adult clinic in San Pablo. 24th Street will be closing and some of the staff will be moving to San Pablo. In Central County, there are children's facilities on Bisso and Oak Grove and an adult clinic on Willow Pass Road. The Oak Grove facility is closing and the staff is moving to Bisso. In East County, there is an adult clinic in Pittsburg and a children's clinic in Antioch. The Antioch facility is closing and everyone will be served at the Pittsburg facility. There 	

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<p>will be a separate entrance and separate staff for the children moving from Antioch. By cutting these clinics, we saved almost \$1 million in staff. It will take 6-9 months to relocate the clinics. Employees have been placed in other jobs, some provided by MHSa funding.</p> <p>Jacque asked if there has been a reduction in services and Donna replied that there has. Kathi asked if kids who lose services get to go to the front of the list. Donna explained the law, which requires that AB3632 kids be served first – ahead of Medi-Cal and uninsured or underinsured kids. She said Vern is working with the SELPA’s to establish their own school-based provider network (outpatient therapy only). Donna said the County will continue to manage high-end kids.</p> <ul style="list-style-type: none"> • Update on developing a means by which consumers, families, staff, providers, contractors, etc. can be kept informed about the budget cuts and how it will impact them. <p>Donna said the website and newsletters are being utilized. They are also informing people when they come into the clinics. Staff will be laid off, but the clinics won’t be closed yet. Donna said she is looking into transportation assistance. They are tracking out-of-home placement. It is down from 62 to 58, but up from the 19 it was in 2004. The rates went up 2 years ago when staff positions were cut. Kathi mentioned that many of the kids aren’t just out-of-home or out-of-county, but are out of state. In 2004, only 1 was out-of-state. Jacque mentioned it isn’t good if the budget cuts result in higher costs.</p> <ul style="list-style-type: none"> • Update on California State Budget. None. <p>Copies of the Department of Finance California Department of Mental Health, Mental Health Services Act Performance Audit were distributed. It was critical of how the MHSa has been managed by the DMH.</p>	
<p>9. COMMITTEE REPORTS</p> <ol style="list-style-type: none"> 1. Executive Committee Did not meet. 2. Children’s Committee – Kathi McLaughlin <ul style="list-style-type: none"> • A motion was made to send a letter to the Board of Supervisors indicating that the Commission strongly recommends that mental health services at all County detention facilities, especially the juvenile detention facilities, continue to be provided by the Mental Health Division and that the Board of Supervisors direct the Health Services Department to ensure that any evaluation of the Request for Proposal include a comparison of currently provided services with those proposed by potential contractors, including ancillary services. 	<p>M-K. McLaughlin S-Sloma Carried 11-0-1. <u>Yea:</u> Supv. Bonilla Evans Honegger Kahler McCahon J. McLaughlin K. McLaughlin</p>

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<p>decision was made to have Jacquie McLaughlin sign them as representing the Commission.</p> <p>3. Justice System Committee – Karen Sloma and Judy McCahon</p> <ul style="list-style-type: none"> • Report on visit to Behavioral Health Court <ul style="list-style-type: none"> ○ Karen Sloma submitted a written report, describing their experience when visiting the Court and highlighting the collaborative efforts of presiding Judge Hiramoto, the Public Defender’s office, the District Attorney’s office, the Mental Health Division, Probation, detention Mental Health led by Dr. Marti Wilson, and the law enforcement agencies. Karen reported that the consumers who were involved in the program appeared to appreciate the support for their health and success, something they perhaps had not experienced previously. • Update on Law Enforcement Referral Cards <ul style="list-style-type: none"> ○ The cards are now in use in (Brentwood, Antioch and Pittsburg) Brentwood is on their second supply). ○ Central County and West County versions of the cards are on hold until the end of summer or fall due to program closings and phone number changes. ○ The cards will be distributed to participants at the Crisis Intervention Training in July. ○ Antioch PD has asked that the LERC information be placed on the Commission website so it can be linked to their site. <p>Teresa complimented Karen and Judy on their service on the Justice System Committee.</p> <p>4. Older Adult Committee Did not meet.</p> <p>5. Adult and Transitional Age Youth Committee – Teresa Pasquini</p> <ul style="list-style-type: none"> • Teresa reported on her participation in the NAMI Walk fund raiser on May 31st. She said Contra Costa County was well-represented and they raised \$294,000. • Report on Contra Costa Regional Medical Center Department of Psychiatry Community Forum <ul style="list-style-type: none"> ○ Teresa distributed papers covering the months of January-March 2008 on: <ul style="list-style-type: none"> ▪ CSU Data for Legal Status of Patients ▪ CSU Patients on 5150 by Agency ○ The next meeting will be July 14. <p>6. Additional discussion with Miles Kramer – David Evans, Jacque McLaughlin, Cynthia Miller</p> <p>In a separate meeting requested by the Commission, Cynthia reported that there was discussion regarding the proposed free-standing unit at CCRMC and the issue of outsourcing. David reported Miles discussed in depth the continuum of care. A</p>	<p>0</p> <p><u>Abstain:</u> Singley</p>
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<p>private organization would have a different IT system, preventing interfacing, there would be little oversight, and a different language would be used in providing care. There's not enough information to compare the current services with what would be provided because they are so different. Supv. Bonilla said the new Pavilion could function with County staff, interacting to do a cost analysis.</p>	
<p>10. CONSIDER RENEWING THE CONTRACT WITH THE COMMISSION'S EXECUTIVE ASSISTANT</p> <p>Dorothy gave a brief background of the contract renewal, stating it is due to expire Monday, June 30, 2008. She told how when the status changed from County Contract Employee to Independent Contractor, it needed to be brought to the Commission for a recommendation vote on renewal. Dorothy stated that at this time, the Commission should consider making a recommendation requesting the Mental Health Division to renew the contract of the Executive Assistant for an additional twelve-month period.</p> <p>Prior to a motion being made, Dave Kahler stated the contract should not be renewed.</p> <p>Lengthy discussion followed, during which it was asked how many votes were needed for a motion to renew to pass (7).</p> <p>Cynthia and Karen Sloma strongly urged renewal of the contract. Teresa said she was not comfortable with renewing the contract because she didn't know the terms and didn't know what the Executive Assistant's job description was. She wanted to know what other boards/commissions do for staff. She said she wasn't informed enough to vote. Donna explained that some use County employees as staff, some use part time staff and some use full time. Donna stated she did not have the resources to staff the Commission as she was having to lay off workers as of June 30.</p> <p>Several suggestions were made:</p> <ul style="list-style-type: none"> ▪ Dorothy made the suggestion to ask for the contract to come back with a resume and other resources; ▪ Supv. Bonilla made the suggestion to have the Executive Committee make the decision, waiting until the Executive Committee is in place; ▪ Dave made a motion to re-visit the issue in 1 month, Donna said the contract will end Monday; it cannot be extended for 1 month. The least is typically 6 months in order to get other applicants. There was no second to the motion. Dave withdrew his motion. ▪ Peter Mantas suggested a 3-month contract. <p>Cynthia said she's been here a long time and emphasized the impossibility of the Commission functioning without someone staffing it nearly full time.</p> <p>David Evans added that with so many experienced Commissioners resigning, continuity is important.</p>	<p>M-K. McLaughlin S-Sloma Carried 10-1-0. <u>Yea:</u> Supv. Bonilla Evans Honegger</p>

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<p>Kathi stated that staff is the liaison to the County Counsel among other things, and she agreed with Cynthia and David that losing staff support would be a significant loss. Karen Sloma mentioned the need for stability that we take for granted. Kathi stated that the contract is an at-will contract – able to be cancelled by either party with a 30-day notice. On that basis, she made a motion to recommend renewal of the contract for 1 year. Motion carried.</p> <p>Unrelated to this issue, while Scott was still available via teleconference, Donna presented Certificates of Appreciation for their service to the Commission to resigning Commissioners Judy McCahon, Kathi McLaughlin, Scott Singley and Karen Sloma.</p>	<p>McCahon K. McLaughlin Miller Pasquini Singley Sloma Tolleson <u>Nay:</u> Kahler <u>Abstain:</u> 0 <i>J. McLaughlin left the meeting prior to this vote.</i></p>
<p>11. PUBLIC COMMENT</p> <ol style="list-style-type: none"> 1. Matthew Hevezi commented regarding the need for mental health outreach efforts to veterans to supplement the V.A.'s overburdened mental health capacity. He reported that of the 600,000 with a mental illness diagnosis, only 300,000 are being served. 2. Janet Marshall Wilson stated the Conservatorship staffing violates the Bronzan-McQuoradale Act. Turnover is a problem. She also spoke in opposition to the additional Representative Payee charge being imposed by the Conservator's office. She stated she has written a letter to Vic Montoya about the SSI letter that spoke about the upcoming charges. 3. Audrey Stowell from Crestwood, Connie Steers, Mike Reber and Lisa Bruce also spoke in opposition of the Representative Payee charges outlined in a recent SSI letter. 	
<p>12. FUTURE AGENDA ITEMS</p> <p>July: Report on MH Coalition meeting from Dave and Teresa July: Report: Bylaws Ad Hoc Committee July or August: Discuss continuing recess of standing committees</p> <ul style="list-style-type: none"> • Discuss function of Committees; revisit Mission Statements 	
<p>13. ADJOURN MEETING</p> <p>The Meeting was adjourned at 7:05. The next meeting will be July 24, 2008.</p>	

Respectfully submitted,
 Karen Shuler, Executive Assistant
 Contra Costa Mental Health Commission