

**CONTRA COSTA COUNTY MENTAL HEALTH COMMISSION  
MINUTES – JULY 24, 2008**

<p>I. CALL TO ORDER / INTRODUCTIONS OF COMMISSIONERS AND ATTENDEES</p> <p>The meeting was called to order by facilitator Dorothy Sansoe at 4:30 p.m.</p> <p><u>Commissioners Present:</u>  David Evans, District V  Art Honegger, District V  Dave Kahler, District IV  Jacque McLaughlin, District II  Cynthia Miller, District II  Teresa Pasquini, District I  Connie Tolleson, District V</p> <p><u>Attendees:</u>  David Cronin, Visitor  Jami Cronin, Visitor  Kara Douglas, CCC Conservatorship &amp; Development  Alberto Esqueda, CCC Conservatorship &amp; Development  Lisa Hillier, MHC Applicant, NAMI Board Member  Ralph Hoffmann, Commission Applicant  Keren Levy, MHC Applicant  Kimberly Mayer, Contra Costa Mental Health Project Manager  Vic Montoya, Adult/Older Adult MH Program Chief  Mariana Moore, Contractors' Alliance  Colette O'Keeffe, MHC Applicant  Ann Ratilainen, Private Citizen  Connie Steers, MHCC Patients' Rights  Suzanne Tavano, CCC Deputy Mental Health Director  Lee Tullis, MHC Applicant  Vern Wallace, Children/Adolescent MH Program Chief  Donna Wigand, CCC Mental Health Director  Janet M. Wilson, MHCC Patients' Rights</p>	<p><u>Commissioners Absent:</u>  Supv. Susan Bonilla</p>
<p>II. ANNOUNCEMENTS</p> <p>A flyer was distributed about Contra Costa County's "Project Homeless Connect 3," to be held Wednesday, September 10<sup>th</sup> in Antioch at the fairgrounds.</p>	
<p>III. APPROVAL OF THE MINUTES FROM JUNE 26, 2008</p> <p>The Minutes were approved as corrected (Louis Quinonez was listed as having been in attendance when he was not).</p>	<p>M-Miller; S-Pasquini.  Carried.</p>
<p><i>NOTE: BY AGREEMENT OF THE COMMISSION, THE ORDER OF THE AGENDA WAS CHANGED.</i></p>	
<p>X. ACCEPT REPORT FROM THE MENTAL HEALTH DIRECTOR -- Donna Wigand, LCSW</p> <ul style="list-style-type: none"> <li>• Update on County budget cuts and their impacts</li> </ul>	



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<p>Program Manager. There are 3 fulltime clinicians and support staff (including consumers). They are interviewing a psychiatrist and have identified a space. Vic said the program will evolve over the next 3 months, be up in 6 months, and be running as a full program in a year.</p> <ul style="list-style-type: none"> <li>○ SPIRIT Training. The SPIRIT Training Program just had a graduation. The Mental Health Services Act has opened positions. Contra Costa Community College enrolled the consumers involved in the Training in a Certificated program.</li> <li>○ Crestwood – Patterson has been converted into a super board and care (Bridge).</li> <li>○ Crestwood Solano is converting like some of the Pleasant Hill beds</li> </ul> <p>Kimberly Mayer reported on the Mental Health Services Act, giving an update on the Prevention &amp; Early Intervention and Workforce Development elements of the MHSA. She distributed a Community Summit flyer.</p> <ul style="list-style-type: none"> <li>● Update on State budget cuts and their impact to the County Donna stated we still don't have a State budget. As of tomorrow, all Medi-Cal payments will stop. Contra Costa County has been paid Medi-Cal monies owed them only through March. Donna said we have the cash flow for at least a month.</li> </ul>	
<p>IV. REPORTS: ANCILLARY BOARDS/COMMISSIONS</p> <p>Contractor's Alliance – Mariana Moore</p> <ul style="list-style-type: none"> <li>● The Alliance is focusing on the State budget – they are looking at the issue of contractors not getting paid.</li> </ul> <p>MHSA Prevention &amp; Early Intervention Steering Committee</p> <ul style="list-style-type: none"> <li>● Kimberly explained there are two committees that need representation from the Commission – the P&amp;EI Steering Committee and the P&amp;EI Stakeholder Group. <ul style="list-style-type: none"> <li>○ A motion was made to appoint Connie Tolleson to represent the Commission at the P&amp;EI Steering Committee.</li> <li>○ A motion was made to appoint Connie Tolleson to represent the Commission at the P&amp;EI Stakeholder Committee.</li> </ul> </li> <li>● California Local Mental Health Board &amp; Commissions (CALMHB/C) <ul style="list-style-type: none"> <li>○ Appoint a representative from the Commission. <ul style="list-style-type: none"> <li>▪ It was decided to get more information on the CALMHB/C before appointing a</li> </ul> </li> </ul> </li> </ul>	<p>M-McLaughlin; S-Honegger. Carried.</p> <p>M-Pasquini; S-McLaughlin. Carried.</p> <p><i>Check on CALMHB/C meeting schedule. Place on August MHC Agenda.</i></p>

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<p style="text-align: center;">representative.</p> <ul style="list-style-type: none"> <li>• California Institute for Mental Health <ul style="list-style-type: none"> <li>○ Staff was asked to get the dates of the next training session. Jacque asked to be provided with a complete list of all meetings, forums, and conferences Commissioners might be interested in attending.</li> </ul> </li> <li>• Mental Health Coalition <ul style="list-style-type: none"> <li>○ Receive report from Dave Kahler and Teresa Pasquini <ul style="list-style-type: none"> <li>▪ Dave and Teresa reported the last meeting was brief and informal as only John Gragnani, Dave and Teresa were in attendance. The next meeting will be Tuesday, August 26<sup>th</sup> from 12-1 at Anka on Willow Pass Road.</li> </ul> </li> <li>○ Appoint a representative from the Commission. <ul style="list-style-type: none"> <li>▪ A motion was made to appoint Teresa Pasquini to represent the Commission at the Mental Health Coalition.</li> </ul> </li> </ul> </li> </ul>	<p><i>Get CIMH training dates.</i></p> <p><i>Develop list of MH groups and their meeting dates.</i></p> <p>M-Tolleson; S-Miller. Carried.</p>
<p>VI. CONSIDER ACTION REGARDING REFORM OF THE LANTERMAN-PETRIS-SHORT (LPS) LAW – Dave Kahler</p> <p>Dave Kahler expressed the need to look at the existing 5150 law and tweak it to prevent circumstances that led to a recent event involving a consumer and the Orinda Police Department where family pleas were allegedly ignored leading to a confrontation between the consumer and the police. The consumer’s sister spoke, saying that existing laws make it difficult to get treatment. She gave the history that led to the incident. The consumer’s brother-in-law also spoke. They would like the Commission to address the issue and move it along to get the 5150 wording changed. Keren Levy mentioned this is an old issue that causes problems for mental health workers. People have tried to change it but consumer’s rights are an issue. Dorothy asked Dave to draft a letter to the Board of Supervisors outlining exactly what the Commission would like to request the BOS to do. Dave agreed to do so. Donna mentioned Santa Clara County has a paper on the 5150.05. Janet Wilson, Patients Rights advocate from Mental Health Consumer Concerns, said we need to implement the laws we have. She mentioned 5200.</p> <p>Janet asked that consideration be given to having a Patients Rights Committee written into the Commission’s Bylaws.</p>	<p><i>Dave Kahler will draft a letter regarding the 5150 issue and bring it to the August MHC meeting.</i></p> <p><i>Bring papers regarding Santa Clara County re: 5150.05 as well as 5200 to August MHC meeting.</i></p> <p><i>Forward to Bylaws Committee.</i></p>
<p>V. UPDATE ON 2009 HOUSING ELEMENT -- Kara Douglas, Contra Costa County Department of Conservation and Development</p>	

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<p>Requesting opinions and revisions of the current list of housing programs available to mental health consumers. Kara explained that every jurisdiction is required to have a housing element. She distributed copies of a Powerpoint presentation entitled “2009 Housing Element Update.” She emphasized the need for access to affordable housing. Copies of the Contra Costa Mental Health MHSAs Housing Program’s Stakeholder Input Process from March 2008 containing the “Summary Results and Recommendations” were also distributed.</p> <p>Kara asked the Commission if they knew of any housing needs other than those listed in the papers she distributed. Jacque stated the quality of housing is an issue, and that sometimes residents are hesitant to complain out of fear of losing their home.</p> <p>Connie mentioned that pets and gardens are stabilizing and need to be incorporated into housing. She also suggested that foreclosed houses be purchased.</p>	
<p>VII. REVIEW CONFLICT OF INTEREST CODE Required biennial review. Because of the length of the meeting and due to the fact that we have until October to file this paper, it was decided to carry this over to the August meeting.</p>	<p><i>Place on August MHC Agenda.</i></p>
<p>VIII. SELECTION OF AN AD HOC COMMITTEE In the absence of an Executive Committee, the Commission should consider selecting an ad hoc committee to interview Commission candidates and then make a recommendation to the full Commission. A motion was made to appoint David Ebans, Dave Kahler and Teresa Pasquini to the Interviewing Ad Hoc Committee.</p>	<p>M-McLaughlin; S-Tolleson. Carried.  <i>Set date to meet to go over criteria.</i></p>
<p>IX. HOLD ELECTION FOR COMMISSION CHAIR AND/OR CO-CHAIRS AND VICE CHAIR. – Dorothy Sansoe It was explained that those elected today will serve out the current unexpired term (through December 31, 2008). Elections will be held in November for the 2009 Commission officers who will assume office January 1, 2009. Dorothy received three nominations and she contacted each of them to see if they were willing to serve. One of the suggested nominees declined. The nominee for Vice Chair is David Evans and the nominee for Chair is Jacque McLaughlin. A motion was made vote David Evans in as Vice Chair of the Commission. A motion was made to vote Jacque McLaughlin is as Chair of the Commission. Dorothy gave Jacque the option of assuming Chairmanship immediately and conducting the rest of the meeting, but</p>	<p>M-McLaughlin; S-Kahler. Carried.  M-Honegger; S-Tolleson, Carried.</p>

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<p>Jacque said she'd rather wait until the August meeting.</p>	
<p>XI. COMMITTEE REPORTS</p> <p><u>Executive Committee</u> Did not meet.</p> <p><u>Bylaws Ad Hoc Committee – Teresa Pasquini</u></p> <ul style="list-style-type: none"> <li>• A motion was made to accept the Mission Statement approved by the Committee: “To review the Bylaws and take appropriate action.”</li> <li>• Update on progress of the Committee. <ul style="list-style-type: none"> <li>○ Teresa reported that the Committee agreed to consider all perspectives.</li> </ul> </li> </ul> <p><u>Justice System Committee</u> Did not meet.</p> <p>1) Update on Law Enforcement Referral Card Program</p> <ul style="list-style-type: none"> <li>○ Staff reported that the Martinez, Pleasant Hill, San Ramon, and Danville Police Departments, along with Supv. Mary Piepho’s office, have all requested copies of the Central County cards when they come out. Brentwood Police Department and Supv. Piepho’s office have also requested additional copies of the East County cards.</li> <li>○ At the Crisis Intervention Training Academy graduation, the Mental Health Commission was thanked for their support and for the Law Enforcement Referral cards, which were distributed to each of the trainees.</li> </ul>	<p>M-Teresa; S-Kahler. Carried.</p>
<p>XII. RECEIVE REPORT ON CONTRA COSTA COUNTY REGIONAL MEDICAL CENTER DELARTMENT OF PSYCHIATRY COMMUNITY FORUM</p> <p>Teresa reported that the meeting was well-attended. Discussions were held regarding the CIT Academy, the incident between the consumer and Orinda police officers, the accuracy of the bed count (the website showing 43 acute beds will be corrected). Janet mentioned the need for more discussions regarding infection control.</p>	
<p>XIII. RECEIVE REPORT ON NEW COMMISSIONER ORIENTATION</p> <p>Staff distributed to all the members of the Commission the revised New Commission Orientation binder she used to orient new Commissioners Evans, Honegger and Tolleson. Dave Kahler had also attended the orientation meetings and stated staff did a good job. This was affirmed by the new Commissioners. Donna Wigand mentioned that staff had done a good job on compiling the binder.</p>	
<p>XIV. PUBLIC COMMENT</p> <p>1) Lisa Hillier spoke regarding AB1421, urging Contra</p>	

