_		
I.	CALL TO ORDER / INTRODUCTIONS OF	
	COMMISSIONERS AND ATTENDEES	
	The meeting was called to order by facilitator Dorothy Sansoe	
	at 4:30 p.m.	
	~ ~	
	<u>Commissioners Present:</u>	Commissioners Absent:
	David Evans, District V	Supv. Susan Bonilla
	Art Honegger, District V	
	Dave Kahler, District IV	
	Jacque McLaughlin, District II	
	Cynthia Miller, District II	
	Teresa Pasquini, District I	
	Connie Tolleson, District V	
	Attendees:	
	David Cronin, Visitor	
	Jami Cronin, Visitor	
	Kara Douglas, CCC Conservatorship & Development	
	Alberto Esqueda, CCC Conservatorship & Development	
	Lisa Hillier, MHC Applicant, NAMI Board Member	
	Ralph Hoffmann, Commission Applicant	
	Keren Levy, MHC Applicant	
	Kimberly Mayer, Contra Costa Mental Health Project	
	Manager	
	Vic Montoya, Adult/Older Adult MH Program Chief	
	Mariana Moore, Contractors' Alliance	
	Colette O'Keeffe, MHC Applicant	
	Ann Ratilainen, Private Citizen	
	Connie Steers, MHCC Patients' Rights	
	Suzanne Tavano, CCC Deputy Mental Health Director	
	Lee Tullis, MHC Applicant	
	Vern Wallace, Children/Adolescent MH Program Chief	
	Donna Wigand, CCC Mental Health Director	
	Janet M. Wilson, MHCC Patients' Rights	
II.	ANNOUNCEMENTS	
	A flyer was distributed about Contra Costa County's "Project	
	Homeless Connect 3," to be held Wednesday, September 10 th	
	in Antioch at the fairgrounds.	
III.	APPROVAL OF THE MINUTES FROM JUNE 26, 2008	
	The Minutes were approved as corrected (Louis Quinonez	M-Miller; S-Pasquini.
	was listed as having been in attendance when he was not).	Carried.
NOTE	: BY AGREEMENT OF THE COMMISSION, THE ORDER	
	HE AGENDA WAS CHANGED.	
X.	ACCEPT REPORT FROM THE MENTAL HEALTH	
11.	DIRECTOR Donna Wigand, LCSW	
	 Update on County budget cuts and their impacts 	
	opanic on County ounger one und mon impacts	
<u> </u>		<u>l</u>

The new CAO starts September 8th. Donna said the Budget Cabinet reported we may have to go through a mid-year reduction, and 2009 may see a major reduction, primarily due to decreased tax revenues from the housing market.

Impact:

Consolidation of 8 clinics into 5 is continuing. Suzanne Tavano reported there are division-wide issues.

- The 10% pharmacy cut in Medi-Cal patients has raised concern about the impact on the consumers' ability to get needed medication.
- A 5150 Training film program to train police on appropriate handling and treatment of 5150 patients including appropriate treatment locations is being rolled out.
- A recent Crisis Intervention Training was very rigorous and had an intense curriculum. The officers seemed motivated and appreciative. Teresa and Dave participated on the panel as family members.
- O The California Department of Corrections and Rehabilitation is pushing to get people out of prisons. Concerns are being raised over the need of funding to support parolees.
- The County is taking on 2 new performance improvement projects.
 - Hospital recidivism
 - Most effective treatment for youth/EPSDT.

Vern Wallace reported on children's services.

- We are deep into planning for the consolidation of 2 children's clinics. Bisso is going smoothly. East County to Los Medanos is moving slower.
- We are developing best practice models of delivery, and are making sure the wrap-around services are sticking to the model.
- We are doing a cognitive development project at Chris Adams Center for Girls, as well as a sexual exploitation program.

Vic Montoya reported on adult services.

- o In West County there are 3 clinic sites. 24th Street is closing. 38th Street will be under Mental Health jurisdiction effective in July. We are doing 30-35 assessments/day.
- Vic reported that services for older adults are finally seeing the beginnings of a program. Cesar Court has been hired to be the Older Adult

Donna will send "Talking Points" to staff who will distribute them to the MHC.

Provide update at August MHC meeting.

Program Manager. There are 3 fulltime clinicians and support staff (including consumers). They are interviewing a psychiatrist and have identified a space. Vic said the program will evolve over the next 3 months, be up in 6 months, and be running as a full program in a year.

- SPIRIT Training. The SPIRIT Training Program just had a graduation. The Mental Health Services Act has opened positions. Contra Costa Community College enrolled the consumers involved in the Training in a Certificated program.
- Crestwood Patterson has been converted into a super board and care (Bridge).
- Crestwood Solano is converting like some of the Pleasant Hill beds

Kimberly Mayer reported on the Mental Health Services Act, giving an update on the Prevention & Early Intervention and Workforce Development elements of the MHSA. She distributed a Community Summit flyer.

• Update on State budget cuts and their impact to the County

Donna stated we still don't have a State budget. As of tomorrow, all Medi-Cal payments will stop. Contra Costa County has been paid Medi-Cal monies owed them only through March. Donna said we have the cash flow for at least a month.

IV. REPORTS: ANCILLARY BOARDS/COMMISSIONS Contractor's Alliance – Mariana Moore

• The Alliance is focusing on the State budget – they are looking at the issue of contractors not getting paid.

MHSA Prevention & Early Intervention Steering Committee

- Kimberly explained there are two committees that need representation from the Commission the P&EI Steering Committee and the P&EI Stakeholder Group.
 - A motion was made to appoint Connie Tolleson to represent the Commission at the P&EI Steering Committee.
 - A motion was made to appoint Connie Tolleson to represent the Commission at the P&EI Stakeholder Committee.
- California Local Mental Health Board & Commissions (CALMHB/C)
 - o Appoint a representative from the Commission.
 - It was decided to get more information on the CALMHB/C before appointing a

M-McLaughlin; S-Honegger. Carried.

M-Pasquini; S-McLaughlin. Carried.

Check on CALMHB/C meeting schedule. Place on August MHC Agenda.

representative.	
California Institute for Mental Health	
 Staff was asked to get the dates of the next training 	<u> </u>
session. Jacque asked to be provided with a	
complete list of all meetings, forums, and	Get CIMH training
conferences Commissioners might be interested in	dates.
attending.	
Mental Health Coalition	Develop list of MH
 Receive report from Dave Kahler and Teresa 	groups and their
Pasquini	meeting dates.
 Dave and Teresa reported the last meeting 	
was brief and informal as only John	
Gragnani, Dave and Teresa were in	
attendance. The next meeting will be	
Tuesday, August 26 th from 12-1 at Anka or	1
Willow Pass Road.	
 Appoint a representative from the Commission. 	M.T. II. C.M.II
A motion was made to appoint Teresa	M-Tolleson; S-Miller.
Pasquini to represent the Commission at	Carried.
the Mental Health Coalition. VI. CONSIDER ACTION REGARDING REFORM OF THE	
LANTERMAN-PETRIS-SHORT (LPS) LAW – Dave Kahler	
Dave Kahler expressed the need to look at the existing 5150	
law and tweak it to prevent circumstances that led to a recent	
event involving a consumer and the Orinda Police Departmen	t
where family pleas were allegedly ignored leading to a	
confrontation between the consumer and the police. The	
consumer's sister spoke, saying that existing laws make it	
difficult to get treatment. She gave the history that led to the	
incident. The consumer's brother-in-law also spoke. They	Dave Kahler will draft a
would like the Commission to address the issue and move it	letter regarding the
along to get the 5150 wording changed. Keren Levy	5150 issue and bring it
mentioned this is an old issue that causes problems for mental	to the August MHC
health workers. People have tried to change it but consumer's	meeting.
rights are an issue. Dorothy asked Dave to draft a letter to the	
Board of Supervisors outlining exactly what the Commission	Bring papers regarding
would like to request the BOS to do. Dave agreed to do so.	Santa Clara County re:
Donna mentioned Santa Clara County has a paper on the	5150.05 as well as 5200
5150.05. Janet Wilson, Patients Rights advocate from Menta	to August MHC meeting.
Health Consumer Concerns, said we need to implement the	
laws we have. She mentioned 5200.	Forward to Bylaws
Janet asked that consideration be given to having a Patients	Committee.
Rights Committee written into the Commission's Bylaws.	
V. UPDATE ON 2009 HOUSING ELEMENT Kara Douglas,	
Contra Costa County Department of Conservation and Development	
Development	

	D 1 6.4 6.	T T
	Requesting opinions and revisions of the current list of	
	housing programs available to mental health consumers.	
	Kara explained that every jurisdiction is required to have a	
	housing element. She distributed copies of a Powerpoint	
	presentation entitled "2009 Housing Element Update." She	
	emphasized the need for access to affordable housing. Copies	
	of the Contra Costa Mental Health MHSA Housing Program's	
	Stakeholder Input Process from March 2008 containing the	
	"Summary Results and Recommendations" were also	
	distributed.	
	Kara asked the Commission if they knew of any housing	
	needs other than those listed in the papers she distributed.	
	Jacque stated the quality of housing is an issue, and that	
	sometimes residents are hesitant to complain out of fear of	
	losing their home.	
	Connie mentioned that pets and gardens are stabilizing and	
	need to be incorporated into housing. She also suggested that	
* ***	foreclosed houses be purchased.	
VII.	REVIEW CONFLICT OF INTEREST CODE	
	Required biennial review.	
	Because of the length of the meeting and due to the fact that	Place on August MHC
	we have until October to file this paper, it was decided to	Agenda.
	carry this over to the August meeting.	
VIII.	SELECTION OF AN AD HOC COMMITTEE	
	In the absence of an Executive Committee, the Commission	M-McLaughlin;
	should consider selecting an ad hoc committee to interview	S-Tolleson.
	Commission candidates and then make a recommendation to	Carried.
	the full Commission.	
	A motion was made to appoint David Ebans, Dave Kahler and	Set date to meet to go
	Teresa Pasquini to the Interviewing Ad Hoc Committee.	over criteria.
IX.	HOLD ELECTION FOR COMMISSION CHAIR AND/OR	
	CO-CHAIRS AND VICE CHAIR. – Dorothy Sansoe	
	It was explained that those elected today will serve out the	
	current unexpired term (through December 31, 2008).	
	Elections will be held in November for the 2009 Commission	
	officers who will assume office January 1, 2009. Dorothy	
	received three nominations and she contacted each of them to	
	see if they were willing to serve. One of the suggested	
	nominees declined. The nominee for Vice Chair is David	
	Evans and the nominee for Chair is Jacque McLaughlin.	M McL aughlin:
	1 0	M-McLaughlin; S-Kahler. Carried.
	A motion was made vote David Evans in as Vice Chair of the	5-Kaillet, Carried.
	Commission.	MII
	A motion was made to vote Jacque McLaughlin is as Chair of	M-Honegger;
	the Commission.	S-Tolleson, Carried.
	Dorothy gave Jacque the option of assuming Chairmanship	
	immediately and conducting the rest of the meeting, but	

	Jacque said she'd rather wait until the August meeting.	
XI.	COMMITTEE REPORTS	
	Executive Committee	
	Did not meet.	
	Bylaws Ad Hoc Committee – Teresa Pasquini	
	A motion was made to accept the Mission Statement	M-Teresa; S-Kahler.
	approved by the Committee: "To review the Bylaws and	Carried.
	take appropriate action."	
	 Update on progress of the Committee. 	
	Teresa reported that the Committee agreed to	
	consider all perspectives.	
	Justice System Committee	
	Did not meet.	
	Update on Law Enforcement Referral Card Program	
	o Staff reported that the Martinez, Pleasant Hill, San	
	Ramon, and Danville Police Departments, along	
	with Supv. Mary Piepho's office, have all	
	requested copies of the Central County cards when	
	they come out. Brentwood Police Department and	
	Supv. Piepho's office have also requested	
	additional copies of the East County cards.	
	 At the Crisis Intervention Training Academy 	
	graduation, the Mental Health Commission was	
	thanked for their support and for the Law	
	Enforcement Referral cards, which were	
	distributed to each of the trainees.	
XII.	RECEIVE REPORT ON CONTRA COSTA COUNTY	
	REGIONAL MEDICAL CENTER DELARTMENT OF	
	PSYCHIATRY COMMUNITY FORUM	
	Teresa reported that the meeting was well-attended.	
	Discussions were held regarding the CIT Academy, the	
	incident between the consumer and Orinda police officers, the	
	accuracy of the bed count (the website showing 43 acute beds	
	will be corrected). Janet mentioned the need for more	
	discussions regarding infection control.	
XIII.	RECEIVE REPORT ON NEW COMMISSIONER	
	ORIENTATION	
	Staff distributed to all the members of the Commission the	
	revised New Commission Orientation binder she used to	
	orient new Commissioners Evans, Honegger and Tolleson.	
	Dave Kahler had also attended the orientation meetings and	
	stated staff did a good job. This was affirmed by the new	
	Commissioners. Donna Wigand mentioned that staff had	
	done a good job on compiling the binder.	
XIV.	PUBLIC COMMENT	
	1) Lisa Hillier spoke regarding AB1421, urging Contra	

		~	T		
		Costa Mental Health to create an assisted outpatient			
		treatment program in order to help the most severely			
		mentally ill persons who refuse help and deny their			
		illness. She requested implementation of AB1421 in			
		Contra Costa County. Information regarding AB1421			
		can be found at lauraslaw.net.			
	2)	Ralph Hoffmann announced that he is a candidate for			
		a position on the Commission.			
XV.	FUT	ΓURE AGENDA ITEMS			
	1)	Update on performance improvement projects	Contact Suzanne Tavano		
		 Hospital recidivism 	for update.		
		 Most effective treatment for youth/EPSDT. 			
	2)	Appoint a Commission representative to			
	•	CALMHB/C. (D/A)			
	3)	Receive draft of letter to the BOS written by Dave			
		Kahler regarding laws surrounding the process for			
		treatment of consumers by law enforcement and others			
		when they are in crisis. (D/A)			
	4)	Review biennial Conflict of Interest statement. (D/A)			
	5)	Interviewing Ad Hoc Committee			
	,	 Receive recommendations for appointments. 			
		(D/A)			
	6)	Steve Hahn-Smith and David Cassell re: CCRMC			
	,	bed census			
	7)	Report: Update on Conservatorship / LPS			
	.,	 Response to issues brought to the Commission by 			
		Ednah Friedman.			
	8)	Teresa asked to receive report on the death of a TAY			
	0)	consumer near a county-contracted board and care.	Contact Cynthia Belon		
		She mentioned her concerns regarding safe placement.	to discuss housing,		
		 Discuss process for TAY placement. 	including Calle House.		
		Donna stated that under the W&I Code she could not			
		discuss an individual case. She stated all untimely			
		deaths of clients are reviewed. She suggested			
		contacting Cynthia Belon for a generalized report.			
XVI.	ADJOURN MEETING.				
2X V 1.					
	The meeting was adjourned at 7:00 p.m. The next meeting g of the Mental Health Commission will be				
	Thursday, August 28, 2008.				
	1 114150	auy, 11ugust 20, 2000.			

Respectfully submitted, Karen Shuler, Executive Assistant Contra Costa County Mental Health Commission