

MENTAL HEALTH COMMISSION
 APRIL 24, 2008
 MINUTES

<p>1. CALL TO ORDER / INTRODUCTIONS The meeting was called to order by Interim Co-Chairs Scott Singley and Judy McCahon at 4:30 p.m.</p> <p>Commissioners Present: Supv. Susan Bonilla, District IV Dave Kahler, District IV Judy McCahon, District III Jacque McLaughlin, District II Kathi McLaughlin, District II Teresa Pasquini, District I Scott Singley, District III Karen Sloma, District IV</p> <p>Attendees: David Evans, MHC Applicant John Gragnani, Local 1 Art Honnegger, MHC Applicant Cindy Mataraso, Crestwood Healing Center Alix Mitgang, GRIP Mariana Moore, Contractor’s Alliance Karen Shuler, Executive Assistant to the MHC Donna Wigand, Mental Health Director Janet Marshall Wilson, JD, MHCC, Patient’s Rights</p>	<p>Commissioners Absent: Bobbie Arnold Cynthia Miller</p>
<p>2. PUBLIC COMMENT</p> <ul style="list-style-type: none"> Janet Wilson mentioned a Contra Costa Times article that told of the shooting and killing of a SPIRIT student. 	
<p>3. ANNOUNCEMENTS</p> <ul style="list-style-type: none"> Judy went to the pre-opening of Villa Vasconcellos. The Grand Opening was held yesterday. 	
<p>4. APPROVAL OF THE MINUTES.</p> <ul style="list-style-type: none"> Approval of the Minutes from March 27, 2008. Approval of the Minutes from April 17, 2008 Special Meeting. Both of these items were held over to the May meeting. 	<p><i>Place on May MHC Agenda.</i></p>
<p>5. REPORT: INTERIM CO-CHAIRS. -- Scott Singley and Judy McCahon</p> <ul style="list-style-type: none"> Approve final wording of “May is Mental Health Month” proclamation. <ul style="list-style-type: none"> A motion was made to include in the Proclamation a paragraph stating: “WHEREAS, The core mission of the Mental Health Division is to serve the most seriously ill of all ages: the poor, the uninsured and the underinsured.” Jacque and Teresa brought up questions about the history of this annual proclamation and Jacque objected to the added wording, feeling it wasn’t inclusive enough. Following discussion, the motion was passed. 	<p>M-K. McLaughlin S-Sloma Carried 6-2-0. Yea: Bonilla Kahler McCahon K. McLaughlin Singley Sloma Nay: J. McLaughlin</p>

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<ul style="list-style-type: none"> • Establish an Ad Hoc Committee, Task Force or Sub-Committee to meet on a regular basis with administrative personnel at the Contra Costa Regional Medical Center. Appoint Membership to that Committee. <ul style="list-style-type: none"> ○ Judy said she feels we should wait until more members are appointed to the Commission, stating there needs to be consumer, family member and member-at-large representation on the committee. Some Commissioners stated they felt the Committee should be established now. Mention was made of a CCRMC committee that Miles was forming and that Dave Kahler would be participating on. Karen Sloma explained that was not the same as what Dr. Walker had requested of the Commission. Donna said she would check with Dr. Walker for clarification. It was decided to wait until next month. • Follow-up on Bylaws Committee/Task Force. • Review 2008/09 Budget Reductions (All cuts in all departments that may impact mental health consumers) <ul style="list-style-type: none"> ○ Donna said the final budget hearing will be May 6. She further stated she and John Gagnani (Local 1) are doing a fine-tooth comb effort to find anything that can be swapped out. The dollar figure must remain the same. Because of the hiring freeze, they have found 4 vacancies for MHCS's. There is a debate regarding a physician position. They are trying to restore some of the clinicians who are on the cut list. They have contacted County Counsel to see if we can get relief around the AB3632 issue. With this significant a reduction, she's asking if there is any way we can do selective care in order to ensure we serve the non-private insured kids. ○ John mentioned that 2 positions equals 45-50 families served. 2 full time nurses equals 2-1/2 MHCS's. He mentioned that there are issues around the restructuring and thinks we should look at internal restructuring. If we jettison 300 families, the provider network will be overwhelmed. He mentioned many of them also refuse to work with the families. ○ In a discussion about cost savings, Jacque mentioned there is savings in out-of-county placements when we have positions filled. John and Donna both said the cuts will cost more than they will save, and she and John will continue to try to save positions. ○ Citing recent news accounts, Kathi asked Donna to check to see if we have any children in bootcamps. John said the bootcamps are also a reason to look more closely at AB3632 because some parents choose them and we have to pay for them when they do. ○ Kathi stated she is concerned about children in far east county being able to get to the Los Medanos clinic in Pittsburg. 	<p>Pasquini</p> <p><i>Forward Proclamation to Supv. Bonilla.</i></p> <p><i>Place on May MHC Agenda.</i></p> <p><i>Place on May MHC Agenda.</i></p>
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<p>Donna replied that the transportation issue may be resolved through using MHSA funds (expansion dollars) to purchase a van for shuttle service in West County, then hopefully in East County and in Central County, if needed.</p> <ul style="list-style-type: none"> ○ Supv. Bonilla said the Commission should look long-term and that pressure should be place to pursue the best practices. ○ Kathi briefly reviewed the list of cuts that will impact adults and children. ● Entertain a motion to encouraging ongoing collaboration between Local 1 and Mental Health Administration during discussions regarding cuts in staffing. <ul style="list-style-type: none"> ○ (See above). A motion was made to continue discussions between Local 1 and Donna. ● Develop a means by which consumers, families, staff, providers, contractors, etc. can be kept up-to-date and informed thoroughly about the budget cuts and how it will impact them. <ul style="list-style-type: none"> ○ Jacque asked what plan is in place to ensure consumers know how to navigate the new services. Donna replied that there is a Family Steering Committee and a Consumer Steering Committee. She stated her first concern is for the clients who will be transferred to new therapists or will be discharged. She said it is more difficult to get the word out to new clients who expect services. ○ It was suggested that each standing committee address this at their May meetings and bring back suggestions relating to their age groups/areas of interest. 	<p>M-K. McLaughlin S-Sloma Carried unanimously.</p> <p><i>Place on each Committee Agenda. Place on May MHC Agenda.</i></p>
<p>6. REPORT: MENTAL HEALTH DIRECTOR -- Donna Wigand, LCSW</p> <ul style="list-style-type: none"> ● Update on Budget Process <ul style="list-style-type: none"> ○ (See item 4 above) Donna said she is putting together a planning group around the separate psychiatric unit issue (crafting a vision for the future). ● Donna gave an update of the Seneca facility on Oak Grove. There is a new C5 collaboration. In January it converted to a Level 14 Group Home. Every kid placed requires a county patch. For the last 20 years, mental health had been paying the county patch. In the new C5 collaboration, if a mental health placement is made, we pay the patch. However, getting a Memorandum of Understanding has been a problem. Probation and mental health have signed, but Child Welfare has not. Mental health is still paying for everyone. They are planning to send a bill out to probation and child welfare. Mental health finance will terminate the program if they don't pay. Donna said she met with Debi Moss to tell her about the agreement not being honored. In other counties, the money sits in a trust fund and we and EHSD draw down from that. 	

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<ul style="list-style-type: none"> • Update on MHSA <ul style="list-style-type: none"> ○ Donna said the Department of Mental Health is requiring the counties to establish a prudent reserve. It's to be set up locally in a trust fund. The amount required is 50% of the total amount for fiscal year 2007/2008. We have to dedicate \$3.8 million into a reserve instead of backfilling reductions. Donna distributed a copy of the "Notice of Intent." She said she believes it will also be 50% for 1008/2009. In 2009/2010, we have to submit an integrated plan. In response to being asked "why 50%", Donna replied that the state is trying to force counties to frontload now because of concern over the economy. ○ Supv. Bonilla said the Board of Supervisors is committed to maintaining reserves. It was asked, with this mental health reserve, if there was a potential for the BOS releasing money so this reserve would be valid? It would be like borrowing from the County. John asked if there was a suggestion that we put in \$2.8 million, then shift the rest from unrestricted reserves? Donna stated we would have to make sure there's a clear paper trail. It was suggested that there be a report on the inquiry regarding using the county reserves. 	<p style="text-align: right;"><i>Place update on May MHC Agenda.</i></p>
<p>7. COMMITTEE REPORTS</p> <ul style="list-style-type: none"> • Executive Committee <ul style="list-style-type: none"> ○ Status of Vacancies <ul style="list-style-type: none"> ▪ There are Consumer vacancies in Districts I, III, IV and V. There are Family Member and Member-at-Large vacancies in District V. ○ Recommendation for appointment <ul style="list-style-type: none"> ▪ Due to a misunderstanding regarding the time, Lee Tullis missed the scheduled interview time for the District III Consumer Representative position. An interview will be rescheduled. • Adult & Transitional Age Youth Committee. <ul style="list-style-type: none"> ○ In light of an incident brought to the attention of the Committee, send a letter to the Executive Director of Contra Costa Animal Control requesting additional training of staff and administrative personnel regarding current policy on reduction of fees and waivers, and request that a mental health professional be brought in to assist in training regarding dealing in a sensitive manner toward people with disabilities. Supv. Bonilla told of her involvement in this issue, and stated the money had been refunded. She suggested rewording the letter and say we want to hear back from him on what he has implemented with his staff. Other suggestions made for the letter included: <ul style="list-style-type: none"> ▪ Suggest posting a sign at the counter stating people with 	<p style="text-align: right;"><i>Set up another interview time with the Executive Committee.</i></p>

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<p>continuity of treatment and Teresa said it does. Janet Wilson said she does support this bill. Jacque requested a copy of the bill. The motion was rescinded pending obtaining and distributing more information.</p> <ul style="list-style-type: none">▪ Donna said she will get a summary from the California Mental Health Director's Association. <ul style="list-style-type: none">• Justice System Committee<ul style="list-style-type: none">○ Review Health Services proposal that all health and mental health services at all County detention facilities be provided by private sector firm(s). Make recommendations to the Board of Supervisors.<ul style="list-style-type: none">▪ Karen Sloma stated that the Committee is still gathering information and will present its report when appropriate. The Committee has received reports from the Offices of the Sheriff and Probation, as well as Mental Health. She stated that additional input from detention staff and consumers is also needed. Karen reported that concerns include the bundling of medical and mental health services for the jails and juvenile hall under one contract. Donna reported that in discussion with Miles that date, he agreed to researching multiple providers expert in delivering the services required for each area of focus.▪ John said he has a workgroup with the staff and would like to connect with Karen and Judy.▪ Karen listed some of the other concerns raised with the privatization of services, including the need for appropriate reporting lines for mental health service staff and the impact on the quality of services provided if we lose the currently established, trusting relationships between departments.▪ Karen raised concern about securing funding for personnel for the Behavioral Health Court. The Court is a successful program that all constituencies believe needs to continue. The Court is currently funded by the MIOCRE grant and those funds will likely end in summer. The Mental Health Division has included staffing for the program in their budget, when the grant ends. The Office of the Sheriff has not made the same provision. Karen stated that if all detention mental health programming is privatized, there needs to be a budgetary priority given to allocating funds for appropriate staffing of the Behavioral Health Court. <ul style="list-style-type: none">• Children's Committee<ul style="list-style-type: none">○ Review and make recommendations regarding services to AB3632 children in relation to proposed \$2.6 million in cuts to MediCal eligible children<ul style="list-style-type: none">• Kathi made a motion to support the continued exploration	<p><i>Place on May MHC Agenda.</i></p>
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<p style="text-align: center;">of requiring services be made available to the uninsured and underinsured, and encourage the ongoing discussions Donna is having regarding selectively referring children with insurance to their private insurance providers.</p> <ul style="list-style-type: none"> ○ Review cuts to Children’s Services, especially as they relate to East Contra Costa and make recommendations regarding possible alternatives or actions to mitigate the impact of the cuts. There was no action taken. ● Older Adult Committee <ul style="list-style-type: none"> ○ In place of the regular meeting, a Celebration Brunch was held to honor former Commissioner and Committee Chairperson Bettye Randle. ○ Bettye’s service to the Commission will be acknowledged by John Gioia in a presentation at the Board of Supervisor’s meeting. Due to no more presentation items being allowed at the May 6 meeting, it may have to be done June 17. The Commission will also be presenting a plaque to her. Commissioners are encouraged to attend. 	<p>M-K. McLaughlin S-McCahon. Carried unanimously.</p> <p><i>Place follow-up on May MHC Agenda.</i></p>
<p>8. REPORTS: ANCILLARY BOARDS/COMMISSIONS</p> <ul style="list-style-type: none"> ● Contractor’s Alliance – Mariana Moore <ul style="list-style-type: none"> ○ Mariana said the contractors want to work very closely with the county and with the Commission. She said they are very concerned over the budget cuts. ● California Mental Health Boards/Commissions (CALMHB/C) No report was given. ● California Institute for Mental Health No report was given ● Mental Health Coalition No report was given 	
<p>9. May MHC Agenda:</p> <ol style="list-style-type: none"> 1. Approval of the Minutes <ul style="list-style-type: none"> ● From March 27, 2008. D/A ● From April 17, 2008 Special Meeting. D/A 2. Co-Chairs’ Report <ul style="list-style-type: none"> ● Mental Health Coalition request that The Clubhouse become a member of the Coalition. D/A ● Establish an Ad Hoc Committee, Task Force or Sub-Committee to meet on a regular basis with administrative personnel at the Contra Costa Regional Medical Center. Appoint Membership to that Committee. Follow-up from Donna regarding Dr. Walker’s intentions. D/A ● Follow-up on Bylaws Committee/Task Force. 3. Mental Health Director’s Report <ul style="list-style-type: none"> ● Report on the inquiry regarding using the county reserves as 	

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<p>part of the MHSA prudent reserve requirement. D/A</p> <ul style="list-style-type: none">• Follow-up to question regarding the number of Contra Costa County kids who are in bootcamps. D/A <p>4. Adult & Transitional Age Youth Committee</p> <ul style="list-style-type: none">• Change one of the 2008 Focus Goals from support of the implementation of AB1421 in Contra Costa County to support of SB1606. Follow-up information from Donna from CMHDA. D/A• Send a letter to the Executive Director of Contra Costa Animal Control commending him for his quick response and requesting information on what steps have been implemented to avoid further problems. D/A <p>5. Children's Committee</p> <ul style="list-style-type: none">• Review and make recommendations regarding services to AB3632 children in relation to proposed \$2.6 million in cuts to MediCal eligible children. Follow-up from Donna regarding opinion from County Counsel. D/A <p>6. Executive Committee</p> <ul style="list-style-type: none">• Recommendation(s) for appointments. D/A• Recommendation for reappointment. D/A <p>7. Justice System Committee</p> <ul style="list-style-type: none">• Review Health Services proposal that all health and mental health services at all County detention facilities be provided by private sector firm(s). Make recommendations to the Board of Supervisors. D/A	
<p>10. ADJOURNMENT The meeting was adjourned at 6:41 p.m.</p>	

Respectfully submitted,
Karen Shuler, Executive Assistant
Contra Costa Mental Health Commission