



NGAAHI FAKAMATALA TOKONI COVID-19 MA'Á E TAHA KOTOA

Ko e taha kotoa pe, tatau ai pē 'a hono tu'unga tangata/fehiné, ta'u motu'a, tangata/fehiné, matakali, kalasi, tui fakalotu, 'ulungaanga fakafonua, lea fakafonua, lavame'á, sai'ia fakasekisuale, tu'unga tangata pe fehiné pe hiki fonua ma'i 'oku totonu kenau kumi 'a e tokongaekina moe ngaahi ngāue 'okú nau fiema'ú.

NGAAHI NGĀUE COVID-19

'Okapau 'oku ke fakakaukau 'oku ke a'usia e fakatu'utamaki fakavavevae ki ho mo'uilelei, ta ki he 911 he vave taha.

'Oku malava e kakai o fakamafola e COVID-19 ta'e'ilo'i 'oku nau puke. Malu'i ho famili, ngaahi maheni, moe komiuniti 'i hono puka ha tesi ta'etotongi.

Puka ha 'apoinimeni 'aki ha'o telefoni:

FAKAHOKO HO SIVI

1-844-421-0804

'Oku 'ata e ngaahi sevesi ki he fakatonulea 'i he ngaahi feitu'u kotoa pea ta'etotongi.

coronavirus.cchealth.org/get-tested

Koe ngaahi huhumalu'i 'ae taha 'oe ngaahi me'angaue mahu'inga ke faka'osi e mahaki faka'auha COVID-19. 'Oku malu, ngaue, pea ta'etotongi.

Puka ha 'apoinimeni 'aki ha'o telefoni:

'FAKAHOKO HO HUHUMALU'I

1-833-829-2626

coronavirus.cchealth.org/get-vaccinated

'Oku mahu'inga ho'o fakamatala fakatautaha. Ko ho fakamatala 'oku malu, 'ikai ke vahevahe pea malu'i.

MA'U'ANGA TOKONI KI HE MO'UI

Ngaahi sevesi Fakafaito'o Tokangaekina Konitula Kosita (Contra Costa CARES)

Koe polokalama mo'uilelei ma'a kinautolu 'oku 'ikai kenau malava 'o ma'u e malu'l mo'uilelei. Vakai ki he ngaahi feitu'u 'l lalo ki he lesisita.

Ngaahi Kamata Maama ange (Brighter Beginnings)

'Anitioke & Lisimoni (Antioch & Richmond)
510-213-6681

Tokangaekina Fakafaito'o Mo'uiloloa (LifeLong Medical Care)

Lisimoni moe Sani Papolo (Richmond and San Pablo) 510-215-9092

La Kilinika Te La Lasa (La Clinica de La Raza)

Konikooti, Pitasipeeki, 'Okali (Concord, Pittsburg, Oakley)
Faito'o & Fakatu'utamaki Fakavavevae ki he Nifo:
925-363-2000

Malu'i moe Ngaahi Fakamatala Tokoni:
1-855-494-4658

Fakatu'utamaki Fakavavevae Meti-Kale (Emergency Medi-Cal)

'Oatu e tokanga fakafaito'o ki he kakai 'oku nau fiema'u e tokoni fakavavevae 'i he ngaahi taimi 'oku hoko ai e fakatu'utamaki fakavavevae. 1-800-709-8348

Ngaahi Sevesi ki he Mo'ui lelei Faka'atamai

211 Senitaa ki he Fakatamaki 'o Konitulaa Kosita (211 Contra Costa Crisis Center)

'Oatu e ngaahi fakamatala fale'i tokoni & poupu fakaeloto 'ae ngaahi sevesi tokangaekina e mo'uilelei lokolo moe ngaahi sevesi fakasosiale 'i he 24/7. 'Oku 'ataa e ngaahi sevesi ki he Fakatonulea.

Ta ki he 211 pe Text HOPE ki he 20121

Laine ki he Ma'u tokoni ki he Mo'uilelei Fakato'onga Mo'ui (Behavioral Health Access Line)

Laine hangatonu 'i he houa e 24 ke ma'u mo fakahu ki he mo'uilelei faka'atamai pea/pe faito'o ki he kaukovi hono ngaue'aki e faito'o konatapu. 1-888-678-7277

Familiasi 'Unitasi (Familias Unidas)

Seintaa ki he Tokoni Fale'i & fakamatala.
510-412-5930

Konitula Kosita NAMI (Contra Costa NAMI)

Poupu ki he ngaahi famili 'oku uestia kinautolu 'e he fokoutua faka'atamai. 925-942-0767

Senita Hume (Hume Center)

Tokoni Fale'i moe ngaahi sevesi poupu. Ngaahi sevesi ki he mo'uilelei faka'atamai e API. 925-825-1793

'ILO'I HO'O NGAABI TOTONU

Tu'u Fakataha Konlta Kosita (Stand Together Contra Costa)

Tokoni ki hono to'o e ngaahi totonu ke malu'i & totonu fakalao. 925-900-5151

Ngaue 'i he Tokoni Fakalao (Legal Aid At Work)

Kiliniki 'oku ne 'oatu e ngaahi totonu e kaungaue. 1-866-864-8208

Tokoni Pa'anga mei he Pule'anga (Public Charge)

Ngaahi fakaikiiki 'i he Tokoni Pa'anga mei he Pule'anga (Public Charge):
keepyourbenefitsca.org

- Ma'u e sivi, faito'o, ngaahi huhumalu'i fekau'aki moe COVID-19 'e 'IKAI ke ne uestia ho'o malava o 'apalai ki he kaati nofofonua (green card), koe'uhi koe ngaahi sevesi ni 'oku 'ikai ke tanaki ia ki he sivi ki he "Tokoni Pa'anga mei he Pule'anga (Public Charge)."

Polokalama Tokoni ki hono Tokonia e Kau Fakamo'oni 'oku uestia (Victim Witness Assistance Program)

Ngaahi tokoni fakafongai 'akinautolu 'oku uestia moe ngaahi fakamatala tokoni (Victim advocacy and resources)

925-957-8650 Matinesi (Martinez) pe 510-374-3272 Lisimoni (Richmond)

Laine Hangatonu ki hono Ngaohi kovia e kau Matu'otu'a (Elder Abuse Hotline)

Lipooti fakapulipuli ki hono ngaohi kovia e kau matu'otu'a pe kakai lalahi 'oku nau mo'ua he faingata'a fakaesino 1-877-839-4347

Senitaa ki he Fakamaau'anga Fakafamili (Family Justice Center)

Senita tu'u-taha kiakinautolu 'oku Ngaahi Kovi'i kinautolu mo Uesia 'i hono ngaahi kovi'i. 925-521-6366

ME'A MALU'I/NGAAHI FAKAMATALA TOKONI

Pangike Me'akai Konita Kosita (Contra Costa Food Bank)

Lesisita ki he Tokoni moe me'atokoni & Klai Fulesi (Cal Fresh). 925-676-7543

Senita ki he Ngaahi Fakatamaki Monumeni (Monument Crisis Center)

Tokoni fakame'atokoni & ngaahi fakamatala tokoni ki he komiuniti. 925-825-7751

Fa'ahita'u 'oe Fevahevahe'aki (Season of Sharing)

Nofo'anga, nofototongi & ngaahi fiema'u vivili e famili. 925-521-5065

Seijni Viniseni ti Paulo (St. Vincent de Paul)

'Oatu e me'atokoni, vala, tokoni ki he nofototongi, & moe ngaahi me'a lahi ange. 925-439-5060

Ngaahi Potungae Tokoni Ki He Tukuhausia 'ae Katolika 'oe Pei he 'Esite (Catholic Charities of the East Bay)

Nofo totongi, tipositi, tokoni mo'ua 'iutilitii & ngaahi sevesi lao faka'imikuleisoni. 510-768-3100

Moumeniti 'Imipeki (Monument Impact)

Ngaahi poto'i fakangaue, mo'uilelei fakaesino & faka'atamai, moe tokoni ke fakafongai. 925-682-8248

Polokalama a WIC ki he Me'atokoni Mo'uilelei ki he Kakai Fefine, Pepee, & Fanau Iiki (WIC Nutrition Program for Women, Infants, & Children)

1-800-414-4942

Fakapa'anga Tokoni Vave o Lisimoni (Richmond Rapid Response Fund)

Tokoni Fakapa'anga moe poupu ki he Kakai 'oe Kolo 'o Lisimoni. 510-233-1464

Senitaa Ki he Komiuniti 'oe Ngaahi 'Umata (Rainbow Community Center)

Poupu ki he LGBTQI+ 925-692-0090

Senita ki he RYSE

Nofo'anga tu'upau 'oku malu, 'ofa'i mo malu'i fakalao ki he to'utupu kotoa 510-214-2584